

Kinross Newsletter

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DEADLINE

for the June Issue 5pm,

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Contributions For Inclusion In The Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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Post or hand in to:

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Colour (internal)	£19.00	£45.60	£91.20	

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Editor's Page

Cover photo: Niall MacKinnon www.etsy.com/uk/shop/TrueNorthCaptures Cover Design: Lee Scammacca of Cree8

Letter From The Editor

MAY SEEMS TO HAVE crept up on us this month out of nowhere! We've been blessed with lots of spring sunshine in recent days and it's wonderful to see the cherry blossom, daffodils and other spring colours around the towns and villages. Thanks to Kinross in Bloom and all the other in-bloom groups for the work they do behind the scenes to keep Kinross-shire looking so beautiful. We really do appreciate it.

Celebrations for the Queen's Jubilee in June are gathering pace and there will be plenty to look forward to in Kinross-shire. KLEO (Kinross Local Events Organisation) have been busy planning a community family event to celebrate this milestone on Saturday 4 June at the Market Park (which is opposite the Green Hotel) from 1pm to 8pm. Find out more on p59. It has all the makings of a great day! Thanks to all those involved in organising it.

As always, you can check the *Newsletter* monthly diary on p100 to find out what is happening near you.

After a three-year absence, its wonderful that the

Portmoak Festival is back for 2022. It has been sadly missed during the pandemic! This year the events take place in May and June. Read all about it on p20-21.

If you are reading this before 5 May, there is still time to remind you to vote in the local elections. Our Meet the Candidates article gives you the chance to find out all about your local candidates on p8-9 and see what they have to say about why you should vote for them. Whoever you vote for, make sure to get out there and vote!

Finally, a good luck wish from me for all those sitting their SQA exams in May. Exam time can be a very stressful and challenging time for young people. If you are feeling anxious, or under pressure, remember you are not alone. Talk to a trusted adult. Bottling up stress and trying to deal with it on your own can often make the stress worse. It really can help to talk. If you are struggling with stress, SHOUT are a free, confidential, 24/7 text support service. It's anonymous and won't appear on your bill. Text SHOUT to 85258.

Hannah Phillips, Editor

Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith and the *Newsletter* accepts no liability for any inaccuracies contained therein. Senders should ensure reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

Letters Policy

Senders must supply their name and contact details. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*, which accepts no liability for any inaccuracies contained therein. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. All letters must contain the sender's address, although this may be withheld from publication on request.

Note to Readers: Advertising

Inclusion of advertisements in the *Newsletter* does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council CC: Community Council

Cllr: Councillor

CCIIr: Community Councillor

About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Letters

Milnathort Town Hall Association

WE ARE REALLY EXCITED that the sound panels have now been installed thanks to funding from CIF (Community Investment Fund) and the generous work of Robbie and his boys from Nailed it Joinery. Robbie offered to do the job as a Community project and we are so grateful. It also meant that the original amount of funding required was greatly reduced so other local groups will benefit as well from the amount we didn't require, so a win-win situation.

Robbie and his boys have done a fantastic job and the difference is 'audible' (excuse the pun), with panels on the ceiling and the walls. This will make such a difference to smaller meetings, speakers etc. and we hope that Orwell and Milnathort Community Council will be holding their meetings there once again. Also during lockdown, one of our Committee fitted a sound system, given to us by Cleish Village Hall, with radio microphones which is available for use.

So onwards and upwards.

One more point, I (Rosemary Tolson) am retiring from the Committee at the AGM in September and it would be great for the rest of the committee, if some folks were willing to support and be part of the Management Team. The Committee will need a Chair along with some other jobs. We only expect folks to do what they can with the time they have but if we can't get enough people, there is a danger that the Committee will not be able to continue and this would be a huge loss for a well used facility in the heart of the village. Please do not hesitate to contact me if you want to find out more. I am sure there are folks out there who would be able to give a little time to keep things going, please give this your consideration.

Rosemary Tolson, milnathorttownhall1@gmail.com All my rides are no-drop rides. You will never be left behind!

Go to www.letsride.co.uk/breeze, type in your postcode and find your nearest ride. Looking forward to cycling with you this summer.

Kirsteen Ross, Kinross

Blue Poppies For Ukraine... Thank You

I NEVER IMAGINED THAT my brief appeal and photograph in the last *Newsletter* would get such a response.

So far, I have raised an amazing £356.25 for the Disaster Emergency Committee's Ukraine appeal. Such generosity, and I have really enjoyed chatting to the plant lovers who visited.

I still have some plants available, they are growing well, and I will again forward any additional contributions to the DEC appeal.

For expert advice with excellent photographs have a look at Kirsty Wilson's story on the Royal Botanic Gardens website: https://stories.rbge.org.uk/archives/35506. If you like gardening her website is worth a look too. Visit www.getplanting.co.uk.

If anyone would like to see how ours are getting on, then just pop in from late May to early June and you will be welcome to see. I would encourage everyone who hasn't visited Branklyn Gardens in Perth to go and see their display (they have a national collection), and enjoy tea, cake and scones on the lovely garden terrace.

Other brilliant displays are at the Royal Botanic Gardens in both Edinburgh and Dawyck – both worth a trip.

Thank you all,

Bob Pass Dalqueich Farmhouse, Kinross, KY13 ORG Dalqueich.farmhouse@gmail.com

Black Pheasant



FOR THE PAST COUPLE of

weeks a male Black Pheasant and normal coloured female pheasants have been visiting my garden in Kinross. I had never seen or even heard of a Black Pheasant before. I read up about a black coloured pheasant and the mutant gene (melanistic). This pheasant is beautiful. I'm so happy to

see him every day wandering about my garden. I thought readers may be interested that there is a Black Pheasant in Kinross.

Ian Ogilvie, Kinross

Cycling for Women

HELLO! I AM KIRSTEEN ROSS — your local British Cycling Breeze Champion. I will be leading free, women only rides this summer over a variety of distances and at different paces so hopefully there will be something for everyone. If you would like to gain confidence by cycling on quiet roads and some traffic free paths in a group of like-minded women, or you'd simply like to work on your fitness, find new places to cycle or make new friends, please sign up online. All you need is a roadworthy bike, helmet and a sense of fun and adventure.

Congratulations!



Eileen and Gareth Thomas of 50 Muirs, Kinross are delighted to announce the marriage of their daughter Emily to Michael Hayrabedian on Thursday 14 April 2022 at Piperdam, Angus.





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News



SAFETY CONCERNS AT LOCH LEVEN CASTLE

VISITORS AND LOCALS ALIKE have missed the opportunity to take the boat out to Loch Leven Castle and explore the island since the beginning of the pandemic. Sadly, it looks as though the castle will not be accessible to the public any time soon, as Historic Scotland carry out inspections and repairs on various buildings across Scotland.

The new inspection programme is designed to assess the condition and the impact of climate change on some of Scotland's most significant heritage sites and is now getting under way.

Historic Environment Scotland (HES) is rolling-out the new programme of tactile condition surveys in response to concerns over the deterioration of high-level masonry. The problems have been caused by several combined factors including the materials used during construction, age, physical location and climate change. Loch Leven Castle is just one of the buildings under review, and is categorised as 'Batch 1 - Alternative risk mitigation measures challenging or particular issues to be addressed'.

Historic Scotland say, 'Inspections and sample surveys conducted by HES last year uncovered a range of decay on high-level building fabric, creating a risk of falling masonry and potential injury. To protect staff and visitors, access has been restricted at many of the affected sites, though every effort has been made to enable visitor access where this can be done safely.'

'HES has created an indicative prioritisation which will in-

form the inspection schedule, with considerable preparatory work already underway. Priority will be given to surveying sites where it is difficult to fully mitigate all risks to public safety such as where the nature or location of a site presents a particular challenge or where adjacent land owned by a third party may be affected. Sites where access restrictions are having a significant adverse community and economic impact will also be prioritised this year.'

Dr David Mitchell, director of conservation at HES, said:

'This is a major programme of activity taking place across Scotland, involving a new approach to inspections and new skills requirements for our teams. Our changing climate since the 1960s has accelerated the natural process of decay and the nature and location of some properties makes them particularly susceptible.

Our response to this situation requires us to evolve our approach and what we are finding will increasingly become an issue for many building owners across Scotland. We have developed an approach to allow us to prioritise sites based on health and safety first and foremost, as well as the benefits that properties generate for local communities.

'It is important to note that conclusion of a survey does not necessarily mean a property will re-open in full or in part right away – it is entirely dependent on what we find. Once a site is assessed and we have an indication of what the issues are, we will then make decisions on what happens next.'

Angela McCormack Civil Celebrant



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Contact:

Email - <u>angelamcc1975@gmail.com</u> Tel - 07896639546 Facebook -<u>www.angelamcccivilcelebrant.co.uk</u>

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PLATINUM JUBILEE GAINS PACE

THIS YEAR, HER MAJESTY the Queen became the first British Monarch to celebrate a Platinum Jubilee marking 70 years of service.

Many events and activities will take place throughout the UK to celebrate and commemmorate this once-in-a-lifetime event during the special extended bank holiday weekend from Thursday 2 to Sunday 5 June 2022.



Perth & Kinross Council will be staging the lighting of seven ceremonial beacons across Perth and Kinross as part of a national network of beacons on Thursday 2 June 2022. The beacons will be lit at 9.45pm. Kirkgate

Park, Kinross has been chosen as the location of the Kinross-shire beacon.

The lighting of the beacons is part of a weekend of events being planned by Perth & Kinross Council.

The other six beacons will be lit at Perth, Pitlochry, Aberfeldy, Blairgowrie, Crieff and Auchterarder.

Fun at Jubilee Picnic in the Park

KLEO are organising a community family event to celebrate





the Queen's Platinum Jubilee on Saturday 4 June at the Market Park (opposite the Green Hotel) from 1pm to 8pm. This will be a fun event for the whole family with children's activities in the afternoon (from 1pm to 4pm) organised by Swansacre Playgroup, KYTHE and Saints in the Community, who will bring a street football unit and a Quick Feet facility. There will also be performances by local dance groups Dance Connect and Matthew Dance Academy and KYTHE youth hands

There will be a retiring cash bucket collection for SSAFA, The Armed Forces Charity. The UK Patron is The Queen, and the Local Branch Patron is our own Provost.

Enjoy some outdoor ceilidh dancing with Orwell Ceilidh Band (4pm), followed by Dirt Road–Blues party and sing along with ABBA Cadabra Tribute band at 7pm!

Other acts and bands confirmed nearer the time. For more info and a full programme go to our website. You can bring a picnic but there will be hot food stalls and a market area too.

Orwell Church Hall

(Ba' Hill, Milnathort KY13 9YU)

Celebrate The Queen's Platinum Jubilee and Milnathort during the 70 years, in pictures.

Open 3-5 June (Fri 2-4pm, Sat 10-12, & 4-6pm, Sun 2-4pm)

ECO-WARRIORS PLANT TREES FOR JUBILEE

Queen's Green Canopy Celebrated At Rachel House

TO CELEBRATE THE QUEEN'S Green Canopy (QGC) as part of this year's Platinum Jubilee, Kinross & District Rotary Club were joined by Kinross Primary School's Eco Committee to plant a dozen new trees at Rachel House Children's Hospice.

Alongside Rachel House's Maintenance Team Leader, Bert Wilson and Lyndsay Stobie, Community Fundraiser, George Lawrie and Andy Middlemiss attended from Rotary Club of Kinross & District, joined by volunteers and children Harris, Freya, Lexi and Aaron from Kinross Primary School.

Lyndsay Stobie said: 'We are delighted to have received this gift from the Woodland Trust and thanks to our friends at Kinross & District Rotary Club and Kinross Primary School for planting them. Our gardens are often enjoyed as places of comfort by families who visit and these trees will help us continue that purpose.'

The QGC is a unique initiative created to mark the Platinum Jubilee in 2022, which invites people across the UK to 'Plant a Tree for the Jubilee.'

Everyone from individuals to Scout and Girlguiding groups, villages, cities, counties, schools and corporates were encouraged to enhance our environment during the official planting season between October and March. Tree planting will commence again in October 2022, through to the end of the Jubilee year.



Rotarian and Deputy Lord Lieutenant, Perth and Kinross, Andy Middlemiss, Lyndsay Stobie (CHAS) Miss McNicoll (Kinross Primary School) George Lawrie, President, Kinross Rotary Club, with CHAS volunteers and children from the school



With a focus on planting sustainably, the QGC encourages the planting of trees to create a legacy in honour of The Queen's leadership of the Nation, which will benefit future generations.

As well as inviting the planting of new trees, The Queen's Green Canopy will dedicate a network of 70 Ancient Woodlands across the United Kingdom and identify 70 Ancient Trees to celebrate Her Majesty's 70 years of service.



DOGS TRUST TO EXTEND FOSTERING SCHEME

DOGS TRUST HAS EXTENDED its successful Home from Home Scheme into Dundee and the surrounding counties and is calling on locals to get in touch.

Megan Wilkinson has just been employed as Dogs Trust's first Home from Home Co-ordinator in Dundee and is hoping to hear from dog loving locals who are willing to become foster carers, opening their hearts and homes to dogs that await their forever home.

Megan said: 'Our Home from Home foster scheme is a very important part of Dog Trusts work finding new homes for every dog that comes into our care. Some dogs are more suited to a home environment than kennels and these are the dogs that we look to place into a foster home.

'The long-lasting impact of the pandemic means some dog owners are finding themselves having to make very difficult decisions which may include giving up their pets. We need to be there for as many peo-



ple and dogs as possible so increasing the number of foster carers we have is a positive way to increase our support during this challenging time.

'A lot of our current fosterers don't want

the long-term commitment of owning a dog but miss having a four-legged friend in their life. Fostering can be a perfect solution where you care for a rescue dog on a temporary basis. Thanks to our fosterers, we really get to know our dogs and how they are in a home environment, which enables us to match each individual dog with their perfect new home.'

Fosterers must have a love of dogs, a secure garden area, be at home most of the day and preferably not have young children. Dogs Trust will support you every step of the way providing food, bedding and any other practical things you need to make your new canine friend feel at home. The charity also covers the costs of all veterinary treatment. The length of time a dog is in foster care differs in each individual case.

Dogs Trust is currently looking for Home from Home fosterers in Perth and Kinross. Anyone interested can call Megan on 07918606722 or email HFH.Dundee@dogstrust.org.uk.

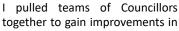
Meet the Candidates

DAVE CUTHBERT

Independent

Why Vote For Me, Might You Ask?

I have a proven track record as an Independent Councillor for Kinross-shire (2012-2017).



services and infrastructure for Kinross-shire.

I am community driven and over the last 20 years I have chaired KLEO, Kinross Community Council, Kinross in Bloom and Kinross High School Board. I put the needs of my community above any party-political directives.

If elected, I would bring a Kinross-shire focus on issues such as Council Services; Road Safety; Infrastructure (planning, roads, pavements, parking, primary schools, Loch Leven Community Campus, sports centres etc.). I have experience in delivering on all of these issues. Constituents have said, 'You want Dave on your side, he has the know-how, follow through and persistence that gets things done.'

I want to make sure that your money, whether it comes from Council Tax, the Scottish Government or Westminster is used to its maximum benefit, not for biased agendas.

Independents have provided a strong voice for Kinross-shire issues. Give Dave Cuthbert your first vote and that will continue. If you would like to contact me, please email me on: admin@kinrossfocus.co.uk

NEIL FRESHWATER

Scottish Conservative & Unionist Party

Kinross-shire has a unique and proud history and I am delighted to be standing as a candidate for the local council elections on 5 May. My main priority is to secure continued devolution for the county through the new Kinross-shire Local



Committee, delivered after many years' campaigning by Councillors Mike Barnacle and Callum Purves, both standing down. This means that important decisions like road safety and the future of Kinross town centre are taken locally, rather than in Perth. The Committee is a pilot scheme at the moment, and I want to ensure it becomes permanent. Kinross-shire is a fantastic place and it's great to see new businesses and families moving here. However, it is important to ensure that any expansion in the area, such as new housing is done appropriately and supported by suitable infrastructure and public services. I would therefore be your voice on the Council to champion this. I am originally from Dundee and have lived in Kinross-shire for many years, where I have been involved in a number of local campaigns including taking a lead role in securing wireless superfast internet to cover areas around Kinross missed out by conventional broadband. I look forward to meeting many of you over the coming weeks.

GRAHAM COX

Scottish Labour Party

Local elections are about local issues. Politics aside: we are losing 2 good councillors in Callum Purves and Mike Barnacle but thankfully keep one good one in Willie Robertson. I'm not going to run down other candidates or parties as that simply doesn't help get local



issues resolved. Whether you're anti or pro-independence, anti or pro-Brexit it doesn't matter. My job is to represent you. I am a local businessperson, having spent most of my life representing the UK as a British diplomat and Army officer. I've no interest in political power; just community service.

It's now time to focus on those who are experiencing a fragile existence due to cuts in services coupled with soaring inflation. We are all thankful for the various local support organisations including Broke Not Broken, Kinross Day Centre, Men's Shed, churches, youth groups and all those who regularly carry out valuable work throughout our communities. We need to support them and invest in our community framework.

Locally, we have great natural resources including Loch Leven, the RSPB centre and our farming community. We must compassionately build on our strengths and make life easier and better for all in Kinross-shire.

GEORGE STIRLING

Scottish Conservative & Unionist Party

Standing in the forthcoming local elections is a great honour. I'm looking forward to representing people from different parts of the county from the towns to the outlying rural areas.



Tackling local crime, including fly

tipping, is one of my main priorities in rural areas. This can be achieved by more visible policing. I would like to see Kinross police station be more accessible to the public by returning to a manned station even during the day time. This would be a big benefit to the local area.

Housing developments have expanded all over Kinross-shire in recent years but this has to be carefully monitored going forward as the local infrastructure at present is at its limit.

Roads are a continual source of problems in all areas of Kinross but with monitoring and reporting of any problems they can be maintained in a serviceable condition for all road users. For many residents of Kinross shire a car is necessity, not a luxury, and ownership should not be taxed beyond the reach of users.

I have lived in Kinross-shire all my life and I'm the third generation to farm here after my grandfather moved from Stirlingshire in 1938.

I have been involved in many local organisations over the years ranging from Fossoway church and Carnbo hall to Kinross Young Farmers and Kinross Show.

I look forward to getting the chance over the coming weeks to talk to as many local people as I can.

RICHARD WATTERS

Scottish National Party

I am very pleased to have been reselected as the SNP candidate for Kinross-shire.

Since my election as local councillor five years ago, I have supported many organisations that help make Kinross-shire



a wonderfully distinctive place. I have worked hard to safeguard the interests of residents.

Serving the community since 2017, I have been committed to finding ways to build more quality affordable housing to encourage young people to stay and work locally, so that we can protect Kinross-shire's long-term economic and social viability.

I know the importance of strong transportation links, and the role they play in allowing local residents to access nearby services, employment and education opportunities. I am working closely with bus companies and council officers to find sustainable transport solutions in our area.

I have a proven track record of addressing the climate emergency and led from the front in the council's response, ensuring our drive to net zero by 2045.

I truly believe that, under a competent and focused SNP administration, Perth and Kinross can be transformed into a tourism, economic and environmental flagship for Scotland and I hope to be re-elected so I can further that goal.

WILLIE ROBERTSON

Scottish Liberal Democrats

Willie is married with four grown up children. He owned, with his wife, an agricultural retail business in Milnathort. He has served as a councillor for the Kinross-shire ward on Perth & Kinross Council



since 1995. His hobbies include cycling, walking, gardening, golf and curling.

He has a strong record of action. He chairs TRACKS, the committee which created the Loch Leven Heritage Trail and many other paths and cycleways in the area. The LLHT is now one of the biggest tourist attractions in Perth & Kinross. As well as creating many paths throughout Kinross-shire, TRACKS also assists in numerous community projects such as the upgrade of Wallace Park, Glenfarg and the building of the toilet block at The Pier, Kinross.

Willie has a record of working with local community groups and our community councils to improve our area and provide better facilities.

He has successfully lobbied on numerous occasions for Council investment in Kinross-shire. Willie knows how the Council works and how to get things done.

He is passionate about our county and will work tirelessly to keep it a great place to stay.

ON MAY 5 GERALD O'CONNELL

Scottish Family Party

I am honoured to introduce myself as Kinross-shire's candidate for the Scottish Family Party, a resident of Kinross for many years. As your local councillor, I would put local issues first. I would dive into Perth and Kinross Council affairs, bringing a fresh voice of integrity, decency, originality and



common sense. I want to represent your views, not pursue Government and Council agendas regardless of local opinion. As the pandemic recedes, it's time to get back to normal. Care support is vital for many people so I'd resist unreasonable measures to restrict services. Individuals and families can face serious challenges, I want to understand those problems and make sure that the Council offers the best possible services to help. Our towns are growing and services need to upscale. needs challenge Someone tο complacency inefficiency and in the Council. That would be me! I will oppose any real terms council tax increases AND any new charges for council services. A vote for the Scottish Family Party is a vote for protecting children and helping families. We're pro-family, profamily and pro-life. These values are desperately needed in Scotland today. I'd love to hear from you. Gerald O'Connell 07960 007903

Perth-Dundee@scottishfamily.org

VOTE!

PAT DORAN

Scottish Green Party

I AM PAT DORAN, candidate for the Scottish Green Party. I've lived in Kinross-shire for about 21 years. I love the area, how safe it feels, the beautiful scenery, the wildlife and green spaces. Biodiversity is a focus for Perth Greens. We need



to build on the impact of Loch Leven Nature Reserve and Portmoak Moss and extend the benefits to surrounding communities to create better havens for wildlife.

As an advocate for social justice and accessibility for all, I know not everyone drives or has a car. I want public transport that is accessible, affordable, reliable, meaningful. I am a keen (but fairweather) cyclist and Perth Greens are committed to supporting active travel, 20-minute communities and creating infrastructure such as cycle paths. Cycling improves air quality, well-being, fitness and health. Many of us are feeling the stress of the energy crisis. Scottish Greens have called for greater investment in renewables for decades.

Scotland has excelled in engineering and innovation and it is well within our capabilities to be a leader for change. Think global, act local.









WANTED - LOCH LEVEN STORIES!

PEOPLES THE STUNNING landscape surrounding Loch Leven is steeped in layers of history, but what

do those stories mean to the people who live around the Loch today? What are the stories we want to tell about ourselves and our area?

Loch Leven Stories is an arts project taking place in our community throughout 2022, designated as the Year of Scotland's Stories by the Scottish GovernKinross illustrator Esther Kent is the Loch Leven Stories Creative Fieldworker and has been tasked with making connections and supporting community groups to explore and re-tell stories. Esther took a research approach to beginning the project, telling us,

'Although I've lived in Kinross for 10 years, it wasn't until I started to explore old maps of the area and look at some of the archaeology, history and traditional tales connected with Kinross-shire that I began

to see the layers of human life, the human stories, that are here. For example, I had no idea that there was once an Iron Age crannog – a house on stilts - in Loch Leven, just off Kirkgate Park. Now I know that the remains are there, I imagine it and the people living and working on the Loch, every time I walk through the park.'

Esther believes that knowing about similar historical stories and local tales helps us to feel more connected to the place we live – whether our

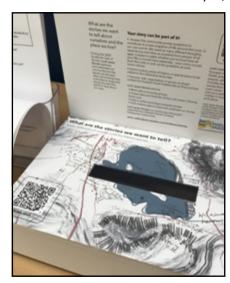
families have been here for generations or we've moved here recently. A sense of belonging to a place and a community is something most of us want, and it adds positively to our identity when we feel we can own local stories and contribute to new ones.

A website (www.estherjkent.wixsite. com/lochlevenstories) has been set up

ject, and it is hoped this will grow and fill with stories throughout the year. Esther will be working with pupils from Kinross Primary School on creative map-making and storytelling, together with locally-based oral storyteller Dougie Mackay, and is working with visitors to Kinross-shire Day Centre to record and share stories and reminiscences. Projects with other community groups are developing, and it is hoped that towards the end of 2022 a celebratory event will be an opportunity to share and enjoy the stories collected and the creative work that is made in response.

to act as a starting point for the pro-

You can contribute, too! Loch Leven Stories is collecting thoughts, stories, attitudes and memories about living in Kinross-shire from as many residents as possible. The idea is to collate and share these to give a 'snapshot' of what it is like to live here in 2022, in our own words. We would love to hear from you,



however long you've lived here and whatever age you are.

You can find the starter questions online or fill in the printed questionnaire on the next page. Responses can be returned to the postbox at Loch Leven Library or to 33 Montgomery Street, Kinross, KY13 8DZ.

Be part of shaping the stories we tell about ourselves in 2022!

For more information, or to find out how your community group or club can get involved, contact Esther Kent on 07812 757077 or via the Loch Leven Stories website.



ment. Through working with local groups, sparking conversations and listening to personal stories, Loch Leven Stories aims to draw together lots of the tales that belong to this unique area, share them with the people who live here now and discover the new stories that are important to Kinross-shire residents today.

Funded by Traditional Arts and Culture

Scotland (TRACS), similar projects are taking place in nine different regions across Scotland under the 'People's Parish' umbrella. Inspired by the Statistical Accounts of Scotland – detailed surveys of parish lives and landscapes which began in the 1700s and were usually completed by parish church ministers -People's Parish projects aim to update the picture of what it feels like to live in a specific area, but crucially this time to tell it in the voices of the ordinary people who live there.



During the 2022 Scotland's Year of Stories, **Loch Leven Stories** explores and celebrates our community and the stories we tell each other about living here. We are looking for your thoughts in your own words. Help to shape the stories we want the world to know about our area!

You can also answer these community questions online.

Scan t	the code to visit www.esthe	erjkent.wixsite.com/lochlevenstories	- 4272 (1988) P. F.
Name Date: Email	e: address or phone number:		
Don't	include my name	It's ok to include my name	
	Yes, I give my permission of Loch Leven Stories. Sig	my answers to be shared publicly by and or ned:	n behalf
1.	Where were you born,	and how long have you lived in (or r	ear!) Kinross?
2.	Tell me about your imp	portant place in Kinross-shire? Why is	it special to you?
3.	What do you like most	about living here?	
4.	Is there anything you o	dislike about living here?	
5.	What do you hope will	I change in the future?	
6.	What do you hope nev	ver changes?	
7.	What would you like the Loch Leven area?	ne world to know about Kinross-shire	or

Please return your completed questions to the post box at Loch Leven Library. Thank you!

DISAPPOINTMENT GREETS NEWS OF STAGECOACH FARE RISES

KINROSS RESIDENTS REACTED WITH predictable disgust at Stagecoach East Scotland's announcement that fares would rise by an average of 4.8%.

The rises, which Stagecoach have attributed to a combination of rising fuel and staffing costs, have not found favour with Kinrossians who have angrily pointed out that services to Perth and Edinburgh are still only half of what they were before the pandemic.

One Kinross resident, who works in Dunfermline, described Stagecoach services as 'a joke', pointing out that he cannot get a bus to Dunfermline in time for his shift.

Managing director for Stagecoach East Scotland, Douglas Robertson, said: 'Stagecoach has consistently delivered some of the lowest ticket prices in the country and we are committed to continuing to keep fares as low as possible for our passengers.'

'As well as paying for the day to day running of the country's vital bus networks, ticket costs help us to continue investing in improvements for our passengers, and pay for bus workers who have worked hard to keep communities connected and services running during the pandemic.'

'Like many sectors of the economy, bus operators are seeing significant cost inflation, primarily driven by increased fuel and staffing costs. At the same time, the money bus operators receive in fares to keep services running remains significantly below pre-pandemic levels.

Critics were quick to point out that Stagecoach have hard-

ly helped their own case by cutting the most popular times on routes that were later axed completely. Not only that, but the new route frequency has resulted in fewer buses carrying more passengers, a situation that can only be more cost-effective, but at the expense of passenger needs.

With bus services being such a vital resource for many in rural areas, calls come from all quarters for Stagecoach to reinstate the hourly service at the soonest instant.





Newsletter Helps Carnbo Hall Refurbishment

IN SEPTEMBER 2021 THE new committee at Carnbo and District Community Hall carried out a review of the hall. It was decided the windows and front door of the community hall badly needed replacing.

The hall was converted in the 1980s from a village school which closed in 1976. It opened its doors to the community in 1989. The single glazed wooden framed windows and the entrance door were starting to seriously deteriorate with signs of rot and were draughty.

£300 was raised at a village barbecue and a grant of £2000 came from The Kinross Newsletter Fund. There was also a grant of £3000 from the Kinross-Shire Fund. Other fundraisers (for new doors) had to be put on hold due to Covid.

The windows were replaced in March by Steven Hutchison, a local joiner. Externally the windows look the same style as the original windows. Internally the change is more noticeable. The partial secondary glazing, that had condensation inside, has gone allowing more light in and

making the hall much more aesthetically pleasing. The windows are easier to open, being both tilt and turn and the draughts are no more. The windowsills had to be replaced and the new ones have been painted white instead of the previous dark oak.

The whole effect has lightened and improved the ambiance of the rooms and hopefully will reduce energy consumption. People have reported what a positive difference the replacement windows have made to the hall, and everyone is very pleased with the improvements.

Did you know that all profits made by the *Newsletter* go back into helping good causes? The Kinross Community Council Newsletter Fund distributes funds twice annually to groups who apply for the grant and are accepted. See details on p96.







Top to bottom: Original windows with signs of rot; first window replaced; the new windows in place







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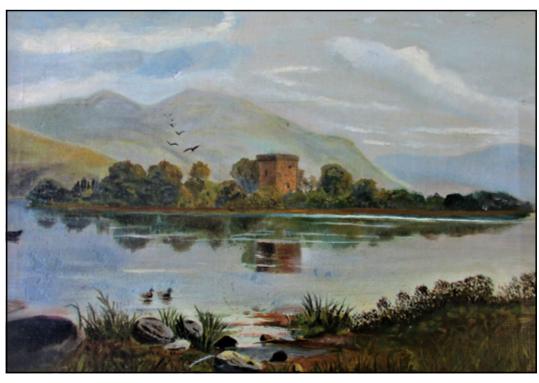


WHO IS THE MYSTERY ARTIST?

IN ADDITION TO mounting four displays, new planning new story-telling events and providing historic resources to schools, museum volunteers continued have to access items gifted to the collection at Kinross Musuem.

Among these have been several interesting local artefacts including the attached painting of Loch Leven Castle. It was bequeathed to the Museum by the late Mrs Gina Long.

Painted in oil and unsigned by the artist, this landscape shows the Castle Island set against the dramatic backdrop of the Lomond Hills.

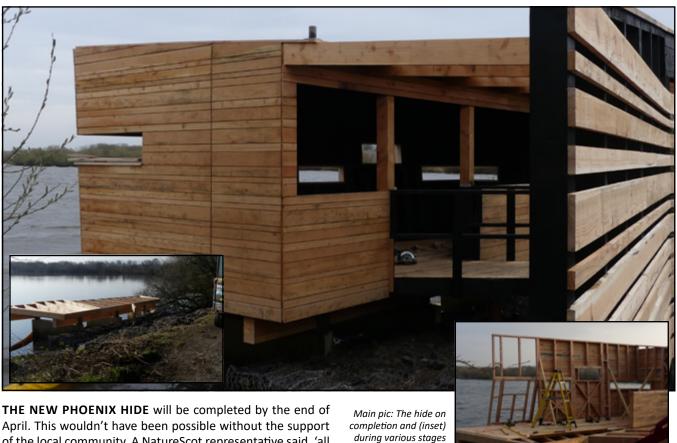


However, there is a lot of debate over who the artist might be. If you think you might be able to shed light on this mystery, do let the Museum know.





PHOENIX HIDE COMPLETE



of the local community. A NatureScot representative said, 'all of us here at NatureScot are extremely grateful for the support we received to re-build this award-winning hide.'

Thanks to our fantastic community, we can now once again enjoy the panoramic views and superb wildlife encounters that this fantastic hide has to offer.

of construction

The contractors have done a fantastic job in the construction of the hide and were lucky to have had a reasonably good spell of weather to accompany them throughout the

We hope the Phoenix Hide will provide many great memories and wildlife experiences just like the Mill Hide did before it. It will forever be a token of great community spirit!



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 - www.WellnessMentoring.co.uk __
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Caring For A Toddler Or Baby?

'STEPPING STONES' is a new venture in Kinross Parish Church on the first Tuesday of the month for toddlers, babies and their parents or carers.

The first one will be on Tuesday 3 May in the church on Station Road at 10am till 11am, but you can come and go at any time.

There will be a chance to chat with other parents and we look forward to meeting anyone who would like to come along. The next meeting will be on 7 June.

More information from Kathleen and Isobel via the Kinross Parish Church office (01577 862570; or email office@kinrossparishchurch).

The Venue You've Been Searching For

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Perform in Perth Results

CONGRATULATIONS TO ALL

the Kinross-shire winners at this year's *Perform In Perth* competition. Apologies for any omissions. A full list can be



Amy Schofield, with her awards for Xylophone and Timpani.

viewed at www.perthshire-music-festival.org.uk.

Lennox Munro, Kinross HS: Bagpipes (March) U-15; Bagpipes (Strathspey and Reel) under 15; Bagpipes (Jig) U-15 Irene McFarlane, Kinross: Burns Poems (18+); Vocal Solo - Scots Song, Soprano (18+); Vocal Solo - Scots Folk Song (unaccompanied). Perform in Perth Silver Medal as winner of the Scots Song classes (18+)

Elloise Tweddle, Milnathort P.S.: Violin Solo (Beginners)
Emma Hall, Kinross P.S.: Violin Solo (Transitional)
Finlay Rutherford, Kinross HS: Violin Solo (Intermediate)
Jessica Gardner, Kinross HS: Viola Solo (Elementary)
Juliette Sutherland, Kinross HS: Viola Solo (Transitional)
Jessica Henry, Kinross HS: Clarinet Solo (Beginners)
Lennox Ferguson-Walker, Kinross HS: Snare Drum Solo (Initial)
Zoë Neave, Kinross HS: Snare Drum Solo (Elementary);
Xylophone Solo (Elementary); Timpani Solo (Transitional)
Amy Schofield, Kinross HS: Xylophone Solo (Transitional);
Timpani Solo (Beginners)

Abigail Chaplin, Kinross HS: Timpani Solo (Initial) Andrew Steele, Kinross HS: Drum Kit Solo (Elementary) Kinross High School String Orchestra: String Orchestra, Schools (Advanced)

worship?	Chris White (LLC)	1st May
God?	Richard Gibb (LLC)	8th May
money?	David McIlroy & Stephen Jones (LLC)	15th May
poverty?	Gordon Cheung (Scotland Team Manager, Christians Against Poverty)	22 nd Ma
sport?	Dave Hampton (Scotland Staff Worker, Christians in Sport)	29th May
Heaven?	Gavin Matthews (Communications Manager, SOLAS)	12th June
the Bible?	Jim Crooks (Tayside Christian Fellowship)	19th June
sex?	Stephen Jones (LLC)	3rd July
work & rest?	Marc Heath (LLC)	10th July
marriage?	Tim Power (LLC)	31st July
rulers and authorities?	Stuart Weir (Director of CARE for Scotland)	7th Aug
Jesus being the only way?	Stephen McQuoid (General Director of GLO)	14th Aug
>	Loch Leven ?	
	Charity No: SC049050	_

LIBRARY FINES SCRAPPED

GOOD NEWS FOR BOOK ADDICTS! Culture Perth and Kinross libraries have announced the scrapping of fines on late library books. From 30 April, library users will no longer be expected to pay fines if they return their books later than the due date.

THINGS TO DO FOR YOUR BUSINESS THIS MONTH

GROWBIZ OFFER A WIDE range of support for small businesses and the self-employed in rural Perth & Kinross. Here are four things you can do this month to help you run your business even more effectively and grow it to where you want it to be.

1. Attend an Event

GrowBiz free online learning events for May include topics such as how to manage your time and an introduction to cloud accounting. We also have inspiring networking sessions and 1-1 drop in surgeries every Thursday. Come along to share experiences, be motivated and develop new skills.

2. Get Listed on REDS

REDS is GrowBiz's online directory, interactive map and gift card scheme to help small businesses doing great things be more visible. And it's free to list! Find out more at www.reds.scot

3. Join the Mentoring Programme

Is something in your own personal development holding you back? Perhaps you lack confidence, or find it difficult to make decisions. Join our award-winning mentoring programme and we'll match you with a trained mentor who can help you reach your next step.

4. Make it Happen with SEED

If you're a young person aged between 18-25 in Perth and Kinross then SEED can help you explore your ideas, develop your plans, and make your self-employed business dreams happen. You can also get a grant of up to £1000 to help you achieve your goals.

Take a look at GrowBiz's free and confidential services for rural businesses at www.growbiz.co.uk or email connect@growbiz.co.uk to request a session with one of our advisors.



THE PORTMOAK FESTIVAL IS BACK!

AFTER A THREE-YEAR ABSENCE, the *Newsletter* is delighted to hear that the Portmoak Festival is back!

Having not taken place since 2019, the organisers have been looking back at the highlights of previous festivals. They told the *Newsletter*, 'Inter-Generational Working was celebrated and this was definitely reflected in the programme. We had the usual favourites like Afternoon Teas, Pudding Club and Jazz Night all taking place in the hall. The children of Portmoak Primary school launched their inter-generational film. There were different sports and the grand opening of Benarty View. It all took place over a week at the end of June and beginning of July.

'Some of the stalwarts thought we should be finding ways to get together once again this summer with different groups organising their own events, highlighting what goes on in the area, with a view to being low budget, relatively covid safe and not quite so intense as previous years. This year events will be spread out across several weeks in May and June, giving everyone a chance to take part and enjoy what is on offer. We will not have a big raffle or fundraising events. It will just provide an opportunity for friends and neighbours to get together and feel like things are getting back to normal.'



Scotlandwell in Bloom will have their plant sale at the Well Country Inn from 10.30am to 2pm on 7 May. In addition to regular quiz nights and bar meals, the ever supportive local pubs will be hosting the Festival Quiz in the Well and a Folk Night in the Balgedie Toll.

For residents of Scotlandwell and Kilmagadwood, The Platinum Jubilee will be celebrated with an afternoon tea party in the Well Green on Saturday 4 of June. There are also teas at the hall over the weekend from 2 to 5 June and a chance to see the art work of the children of Portmoak Primary and the Under 5 group. Scotland is celebrating the Year of Stories and the children will be giving their own interpretation of stories both local and from further afield.

The hall is back in business so there will be a chance for folk to find out what is going on. To keep you on your toes Pam is hosting a Queen fitstep dance night, and Ladies Badminton invite you to come and try the game the following day. The Under 5's are celebrating the long weekend with a Portmoak Under-Fives Royal Jubilee Fancy Dress Disco which



will be held on Friday 3 June 9.45- 11.30am. The Bishopshire Friendship Circle ladies invite you to a games night or to one of their other Thursday night meetings.

The Woodland Group developed a learning area in the Portmoak Orchard, and they hope to provide an outdoor venue for summer afternoons with music. There will be a folk session with Tunes in the Trees, with Dave Bachelor and players performing some jazz a couple of weeks later. The Orchard is also the venue for an educational guided walk. These events still have to be confirmed and may be in the hall if the weather is poor.

It is hoped to invite people to sign up for a Portmoak Park Run League, based on results from the regular event at the Larder every Saturday at 9.30am through May and June. More details to be announced.

Last year the school had eight new raised beds and a polytunnel built where the children are working regularly with members of Kinnesswood in Bloom. There will be an opportunity for the public to see what is growing there on Friday 10 June at their Environment Day. The children will also be showing off their contribution to the Queen's Canopy. They have a compost tumbler which hopefully will have produced some lovely compost by then and maybe there will be a few vegetables and flowers to take away. Find out more in the June *Newsletter*.

All the villages and hamlets of Portmoak will be looking their best at the end of May and beginning of June. It will be worth your while to pay a visit and admire the floral displays. Kinnesswood have a trail for you to follow and and six very special figures dressed as characters from different times in local history. The crafty ladies have been busy.

The last event is the Michael Bruce Service of commemoration at 6.30pm on Sunday 3 July 2022. It will be conducted by locum minister Dr Robert Calvert with an address by the Very Rev Dr Angus Morrison. Dr David Munro, Chairman of the Michael Bruce Trust, will read some lines by 'The Gentle Poet of Loch Leven' and will lay a wreath on the Poet's grave at the end of the service.

There will be no leaflets so keep an eye on the Portmoak Festival facebook page or local notices to see what's on. If anyone has an idea to add to the programme or want to know more about what is going on please let us know. You can contact Norma after 7 May on 01592 841160.

prtmkfestival@gmail.com facebook:~ portmoak festival

Portmoak festival may ~ june 2022

				ds Tales" urchyard	rees folk		in Hall	Walk	mer's Day		ıly e Service th	
Sunday				22 2pm "Kirkyards Tales" D Munro - Churchyard	29 Tunes in the Trees folk tbc		2 - 4pm Teas in Hall	2pm Orchard Walk	12 Jazz on a Summer's Day tbc		Sunday 3rd July Michael Bruce Service 6.30pm Church	Sunday
	∞	~	15									
Saturday	7 9.30 Park Run challenge, Larder	10.30am - 2.00pm Plant and Bake Sale, Well Inn, SIB	9.30 Park Run challenge, Larder	21 9.30 Park Run challenge, Larder	28 9.30 Park Run challenge, Larder	9.30 Park Run challenge. Larder	2 - 4pm Teas in Hall	2 - 4pm Afternoon Tea for Scotlandwell residents, Well Green	11 9.30 Park Run challenge. Larder		18	Saturday
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Friday						9.45-11.30 Under 5s Royal Jubilee fancy dress disco. Hall	2 - 4pm Teas in Hall	2pm Orchard Walk	Environment Day School KIB			Friday
	9		13	20	27	m			10		17	
Thursday			7.30pm Bishopshire Friendship Circle. Games Night. Hall				2 - 4pm Teas in Hall		10am Ladies Badminton. Try out session. Hall	7.30pm Bishopshire Friendship Circle. Hall		Thursday
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KING OF THE SWINGERS!

RICHARD SCOTT IS BEST known as the cheery face of Loch Leven Laundry, but he is about to attempt to fulfil an ambition held since he was a child; to achieve the Guinness World Record for 'The Longest Marathon on a Swing!'

From 6am on Saturday 14 May Richard will swing into action and continue until 6pm on Sunday 15 May; yes, for 36 hours, with only a five-minute break per hour.

The marathon attempt will take place at Loch Leven's Larder. Richard is indebted to the proprietors of the Larder and the Cricket Club for their support, and Caledonia Play, Milnathort, who are supplying the swing.

Come along and spectate, maybe sympathise and, most of all, support Richard in his efforts to break the current record of 34 hours. When he makes it to the end, be there to witness his triumph and a new Guinness World Record.

If you would like to donate, you can do so online at:



www.justgiving.com/crowdfunding/marathonaswing2022.

Rotary members are grateful to

Richard for making this possible. Let's make this an all-round swinging community effort!

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Second Consultation For Devonshaw

DEVONSHAW LEISURE LTD is to host a second online consultation event in support of the proposal for a new leisure-based development at the site of the Devonshaw Quarry, near Powmill.

This follow-up consultation event will be launched on 28 April and members of the public will be able to view the updated proposals before completing an online feedback questionnaire for period of 21 days, until the consultation closes on 19 May.

The initial consultation took place from

3-24 March, with nearly 140 website hits resulting in the return of 16 feedback forms. The vast majority of responders said that the quarry site area needed to be cleaned up and protected, with 75% welcoming the proposals, saying they would visit the site more often if it was safe, accessible and welcoming.

The 39-acre Devonshaw Quarry site, also known as Powmill Quarry, has not been in commercial use for many years and now provides a well-hidden yet visually

stunning location, combining a wealth of natural and man-made features including two crystal-clear lochans.

Devonshaw Leisure's initial proposals include preserving many of the existing features which make the site so special, with the lochans providing a spectacular centerpiece to low-level visitor accommodation and leisure amenities.

For more information, visit:

www.devonshaw-leisure-park-consulta-

Dollar Museum Reopens For 2022

DOLLAR MUSEUM, a lively, award-winning visitor attraction, opened for the 2022 season at Easter. Situated at the top of the Burnside, by the entrance to the Mill Green and Dollar Glen, they are open at weekends until Christmas: from 11am-1pm and 2-4.30pm on Saturdays, and 2-4.30 pm on Sundays.

New for this season is a working model of Dollar Mine as it was before it closed in 1973, made by Mick Rice who last year presented the museum with an impressive working model of Dollar Railway Station as it was in 1964.

Their other exhibitions include: The History of Dollar, Castle Campbell, Dollar Academy, the Devon Valley Railway, Robert Burns in Dollar, prehistoric items excavated in the local area, Local Witches, and a small display entitled *Were the Romans in Dollar?*

Children will enjoy Granny's Kitchen and the Children's Corner where they may play with the Dolls' House and a collection of Victorian toys. Upstairs in the Reading Room you are welcome to browse a wide range of local books, photos and maps and volunteers can help you with research.

Entry is free and all are welcome. There is disabled access. The Museum will also open on request at other times for visiting groups and researchers – please contact dollar-museum@btconnect.com or see the museum website.





Dollar Museum



The Museum is open from Easter Saturday until Christmas

New for 2022: A Model of Dollar Mine

History of Dollar, Local Witches,
Devon Valley Railway, with Model,
Dollar Academy, Local Prehistoric Finds,
Granny's Kitchen, Children's Corner with
Victorian Toys and Dolls' House
Reading Room with photos, maps, etc.

Opening times: Saturdays 11-1 and 2-4.30 and Sundays 2-4.30

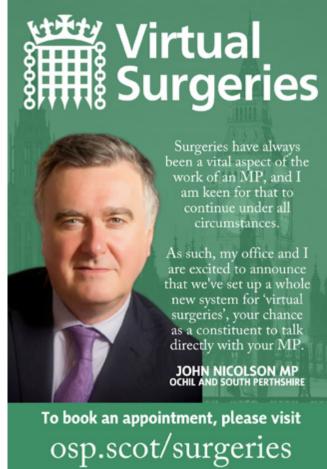
For appointments outside opening times:

www.dollarmuseum.org.uk

Entry Free











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Church News

FEED THE HUNGRY!

Christian Aid Week 15-21 May 2022



THE FOCUS OF Christian Aid Week 2022 will be on providing food for the hungry in Zimbabwe where seven out of ten women rely on farming to earn a living and provide food for their families.

Climate change has led to drought, and with no rain women can't grow enough food.

For women like Jessica Mwedzi, drought means every day is a struggle for survival. She toils on her farm, but no food can grow on her ashen dry land. She said "One year we had no rain. The scorching sun burnt my crops just as they were about to bloom. It was so painful and disheartening'.

Here's how we can help....

Based on an approximate cost of £1 for a loaf of bread, and a typical family size, every £365 we raise will be enough to provide a hungry family with their daily bread for a whole year. Let's raise enough dough to feed 5000!

Here's how you can help...

- Donate online via our Give Star page https://giving. give-star.com/online/christian-aid/kinross-bread-of-lifechallenge or use the QR code.
- Get sponsored to raise £365 to provide daily bread to a family for a year
- Visit our stall in Kinross High Street on Sat 21 May 10am 2pm
- Bake some bread for our stall
- Volunteer to help on Sat 21 May

More info - email: office@kinrossparishchurch.org

Church For The Community

AS CLUBS AND GROUPS start to meet again in person, the premises of Kinross Parish Church have once more become a community resource.

Session Clerk, Jaffrey Weir, says 'Serving the Community is part of our mission statement and our 'Growing Young' programme emphasises the importance of a practical love for the wider community. Our support for the community includes providing our premises for many of the charities, clubs and classes which help bind the community together and are so important for everyone's physical and mental health. Although we charge rent, this does not reflect the actual cost as it takes no account of the many volunteer hours by members of the congregation or the historical costs shouldered by those who built and, more recently, revived these buildings for wider community use. We see it as part of our service to the town.'

As well as hiring out the main church building in Station Road, Kinross, the congregation lets out the various rooms in the converted church in the High Street known as the Kinross Community Centre or Church Centre. The building is the base for the Kinross Centre, a separate charity supporting older people, which continued using the building to prepare and distribute lunches throughout the pandemic. These lunches and other activities are once again available in the building. Others who use the church's two premises include Boys'

Brigade and Girls' Association, University of the Third Age, Camera Club, Garden Club, Leven Voices choir, Kacophony orchestra, and keep fit and drama classes. The Church Centre even provides a public toilet for the town centre.

Details of how to hire the church or Church Centre are available from the Kinross Parish Church Office (tel. 01577 862570, email: lets@kinrossparishchurch.org).

Support For Ugandan Women And Children

KINROSS PARISH CHURCH re-

cently collected over £600 for 'Starchild', a charity founded in Scotland which aims to 'improve the health and well-being of children, vulnerable people and women in Uganda by providing a sustainable future through access to education, vocational training, food, support and love.'

By choosing this charity for its special collection at the March Communion the congregation also supported the work of its Guild. Starchild is one of the current Church of Scotland Guild projects. Treasurer Alan McGhie says: 'That this was collected in the midst of the Ukrainian war, a big diversion for charitable donation, says good things about our church family'.

Support for Ukraine

THE CHURCH OF SCOTLAND nationally and locally has been considering how best to support Ukrainian refugees. Nationally, the church's Ukrainian group has provided information and training for any congregations and individuals who are seeking to host a refugee; the Moderator, Jim Wallace, has been involved in moves to encourage peace and has urged members to support the Disasters Emergency Committee's appeal; and the Church of Scotland's own collection for Reformed Church in Hungary Aid for its work with Ukrainian refugees has raised around £200,000.

Kinross Parish Church is partnered with the Great Church of Debrecen in Hungary (pictured) and also has connections with a congregation in Moldova. Both of these churches are



relatively close to the Ukrainian border and have become heavily involved in supporting refugees, with the Debrecen church supporting refugees at the border, a reception centre in Hungary and a church in Ukraine itself.

Rev Alan Reid, minister at Kinross, says:

"Many in the congregation have expressed a desire to respond and support those affected by the war in Ukraine. A group of us recently had an on-line meeting with our partner church in Hungary to explore how best to offer support. Their first request is for prayer. They say the situation is fluid and they find that the refugees do not at present know exactly what support would be most helpful. In time, our role here in Kinross may well be to provide meaningful, sustainable support going forward, rather than immediately. We will be guided by our friends in Debrecen. In the meantime, we have commended the DEC appeal to our congregation'.

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THE WYND FALKLAND (6)

Councillor Mike Barnacle

Kinross-shire Community Transport Group

Teams Meeting 31 March 2022

Attendees: Cllr Barnacle, Cllr Purves, Cllr Watters (PKC) Margaret Roy, Glenfarg CC, Douglas Fraser, Local resident Crook of

Devon, Haigh, Local resident Crook of Devon, Dr Catriona Scott, Local resident Glenfarg, Drew Smart, Local resident Glenfarg, Phillip Lord, Muckhart CC, Malcolm McFarlane, MKGO, David Aird, Kinross-shire Volunteer Group

Apologies: Cllr Robertson (PKC), Carol Farquhar (Fossoway CC), John Fallon (Rumbling Bridge Resident)

Welcome and Apologies

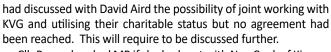
Cllr Barnacle opened the meeting and noted apologies.

Matter Arising from Minutes of last meeting on 9 December 2021 Minutes accepted. The minutes had been published in the *Kinross Newsletter* and will continue to be provided to the editor of the *Kinross Newsletter* for future publications.

Cllr Barnacle asked MR is she had re-issued the transport survey to Kinross High School. MR explained that she had not done so yet as the take up of the free U22s bus pass remained rather low and she was going to wait until after the school Easter holidays and then issue it to Sarah Brown then.

Cllr Barnacle queried if Cllr Robertson had received a response from John Nicolson MP regarding concerns raised around bus driver shortages. This is still to be clarified.

Cllr Barnacle noted his disappointment that there had been no provision in the PKC 22/23 budget for Community Transport bus service in Kinross-shire but noted that they did require a group with a constitution in order to progress this matter. Cllr Barnacle



Cllr Barnacle asked MR if she had met with Nan Cook of Kinross Day Centre as yet. MR confirmed that she had been unable to contact Nan but would keep trying.

Cllr Barnacle noted that as the Bay Travel local bus service was now in place, this had changed the situation somewhat. MR

Service 202

MR provided an update on Service 202 and advised that Perth & Kinross Council would be fully subsidising this service as from 01 April 2022. Passenger usage was steady although numbers were still rather low but noted that the current situation with the virus would be impacting on the service.

The current timetable has been extended until 01 July 2022 and in the next few months MR will undertake public consultation in conjunction with the group members, the public, elected representatives, Kinross HS pupils and Stirling/Clacks public transport unit to establish what the true travel demands are and align them with available resources from July onwards.

MR noted that she had hoped to extend the hours of operation somewhat as from 01 April but due to ongoing driver shortage issues, this was not possible.

Cllr Barnacle noted that he considered later afternoon journeys should be provided going forward. MR

Glenfarg Youth Transport Survey

Douglas Fraser provided feedback on the Glenfarg transport survey which had been undertaken at the end of 2021. Douglas noted that key requests were:

- · Improved bus services at weekends
- Improved bus services outwith school hours linking Glenfarg with other communities

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Politicians

 Availability of public transport to travel home from after school activities.

Philip Lord advised that Muckhart CC is about to undertake a survey of public transport needs and asked if Douglas could share his survey questions and format with him and Douglas agreed.DF

Local Bus Services in Glenfarg

Dr Scott noted that there was a new minibus allocated to Service 55 with a destination screen and power operated door which was greatly appreciated.

Drew Smart discussed his SBAR paper on desired improvements for local bus service provision in Glenfarg.

Key points noted were:

- · No clockface timetable
- Bus does not operate prior to start of school day
- Gap in the afternoon service when bus is undertaking school run
- Although there are ten bus journeys serving Glenfarg throughout the day, the times of operation are not all suitable
- Some journeys only serve the middle of the village
- Lack of integration with other bus services

DS confirmed that he was happy for his paper to be shared freely to whom ever was interested in the content.

Dr Scott added that many Glenfarg children attend various after school clubs in Milnathort and Glenfarg and a shuttle bus transporting these children would be more beneficial than many parent cars.

Dr Scott also added that not all buses always turn up at an app would be preferable to advise where the bus is.

POST MEETING NOTE: Real time tracking is available on the Traveline Scotland app in the Next Departures section. However, if there are problems with the real time feed then it will just be scheduled times that will show.

MR suggested that one means for Glenfarg to enjoy a more bespoke public transport facility for their own village would be to form their own Community Transport Group and operate journeys themselves. MR made reference to the Wheels in Nairnshire initiative and suggested that she could invite members of this group and Highland Council to a future virtual Kinross-shire Community Transport Group meeting to share their experience. More details on the group can be found here: https://wheelsinnairnshire.org/

David Aird mentioned that he was aware there was a similar service in Tongue.

The group were in favour of MR contacting Wheels in Nairnshire and Cllr Barnacle noted that he would be in favour of any such service that started in Glenfarg but could then be expanded throughout Kinross-shire in due course.

Such a service could then plug the gaps left by the PSV operator's local bus services and a support and complementary to these services.

Douglas Fraser, Drew Smart and Dr Scott would hold a sub discussion and seek local opinion on this suggestion. MR



Sustaining Choices 2022 Active Travel Plans Expression of Interest

Malcolm McFarlane advised that he and Alan Thompson had met with Lachlan McLean of Perth & Kinross Council in terms of submitting an expression of interest for the Sustaining Choices 2022 Active Travel Plans.

POST MEETING NOTE: Unfortunately the expression of interest was selected as part of this year's Sustaining Choices programme. They advised that they had received a large number of strong applications. On this occasion, their panel agreed that our application did not meet the required criteria (deprived and/or isolated area) as strongly as other applications.

AOCB and Date of Next Meeting:

David Aird advised that KVG and ROS had been successful in recent funding bids and therefore were in a position to offer travel free of charge to those in need.

Michael Haigh noted that on entering Glenfarg there is a 30mph metal road sign but 40mph on the road. Douglas Fraser confirmed that Glenfarg Community Council were working in conjunction with PKC roads dept to rectify this issue.

Cllr Barnacle noted as that he was retiring as an elected member, he did not consider it appropriate that he should chair future meetings so a new chair would require to be appointed after the local Council elections in May 2022.

Cllr Barnacle added that he anticipated having formed the Fossoway Community Development Trust by May and thus expected to continue attending these meetings as part of that group.

The next meeting to be advised in due course.

I will convene the virtual second meeting of the Kinross-shire Area Committee on 21/4/22. I wish to reiterate to readers that they should vote in the local elections for candidates pledged to support this "pilot" committee and ensure it becomes a permanent feature of PKC's committee structure.

Councillor Mike Barnacle

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Liz Smith, MSP

RECENTLY, MOUNTAINEERING Scotland issued a very strong warning to all of us who are passionate about the outdoors that we need to take extra care at this time of year when venturing into the hills. The warning was stronger than



usual because sadly, there have been more fatalities of late and a higher incidence of people going into the hills ill-equipped.

Following an improvement in the weather in recent weeks, and even more expected on the way as we approach summer, many more people will, rightly, want to take advantage of Scotland's stunning scenery and excellent outdoor facilities. However, as the MSP who chairs two cross party groups which cover various aspects of the outdoors; sport and outdoor education, I want to join Mountaineering Scotland in asking everyone to think very carefully before heading out. This is because I have been approached by several groups who feel not enough is being done to make people aware of what to expect.

Firstly, it is vitally important to check the weather forecast and none is better than the Mountain Weather Information Service (www.mwis.org.uk), any webcams which exist at some of Scotland's ski resorts, and to recognise that mountain conditions are usually very different to ground-level, susceptible to severe and unexpected changes in the weather. In these situations – where even the best hillwalkers may find themselves in difficulty – it is crucial that you have the right equipment, and just as importantly, you know how to use it competently.

Secondly, make sure you know the terrain of your climb and be able to read a map. GPS technology can help with so much but, as Mountaineering Scotland rightly said, a mobile phone is not enough, not least because it can switch off in very cold temperatures and you may not get a signal in many parts of the Highlands. You need a proper map and understand the importance of compass work.

Thirdly, please make sure your clothing and boots are of the right sort. Trainers, jeans and a woolly jumper won't keep you safe even if you start out in boiling hot conditions. It is not the first time I have met walkers who clearly had no idea of what dangers they would encounter and who had got into difficulty because they didn't have the right footwear. Scotland's Munros and Corbetts can hold snow far into May, and often further, so this means crampons and an ice axe should be carried if you are heading for the very high hills.

We are so lucky in Scotland to have such dedicated mountain services including mountain rescue teams. These services are manned largely by volunteers, many of whom put themselves in danger to save the lives of others. I commend all the work they do but constant call-outs over the last couple of months have stretched these services to the absolute limits. Whilst accidents can happen to anyone, some accidents are entirely avoidable and our rescue teams should not be put at risk because of irresponsibility.

Enjoying the outdoors has always been very close to my heart and I want to encourage others to enjoy the same privilege. But with that enjoyment has to come personal responsibility. We owe that to ourselves, to those with whom we climb and to all those who work so hard to keep us safe.

Liz Smith, MSP

Contributors — please send your item well before the deadline if you can

Jim Fairlie, MSP

THOSE OF YOU ON Twitter might have noticed a little spat between a Tory MSP and myself. It all started with what I thought was a rather innocuous tweet praising Lidl for the amount of produce – leeks, carrots, tatties, eggs and prime



Scotch beef – they had on offer, all packaged as Scottish produced and supporting the Scottish brand, something I think makes sense for producers and retailers alike.

I merely said that I felt there was a lesson there from Lidl for the likes of Tesco, Waitrose, Sainsbury's, Marks & Spencer etc, on the importance of keeping Scotland The Brand.

As Ruth Watson, the founder of the positive campaign for clear provenance #KeepScotlandTheBrand pointed out in her response, this MSP's conclusion is at odds with every Food and Drink industry leader she has spoken to in Scotland and that they all say the same thing – clear Scottish provenance is important for market share and research repeatedly shows the importance of maintaining Scottish branding.

Apparently, by pointing this out, I was – according to the MSP in question – ignoring all the other things going on in the world to 'bicker about flags'.

Well, it is certainly true that there is plenty going on, like the cost of living crisis which is seeing massive hikes in food and fuel prices, rising taxes on working people, a cruel cut to Universal Credit and UK inflation is now at the highest rate it has been for 30 years.

Whilst other European countries have stepped up to offer their citizens real help, the UK government made a political choice to leave families out in the cold.

Indeed, a recent report estimated that 70,000 people in Scotland, including 30,000 children, would be lifted out of poverty by 2024 if UK Government welfare reforms introduced since 2015 were reversed.

As we face those issues, a resilient well-branded food system is going to be essential. Protecting our brand is always important and localism in terms of food production and consumption is never parochial, it simply makes good sense.

It makes particularly good sense here in my Perthshire South & Kinross-shire constituency where we have real riches on offer in terms of the food that is being produced locally.

Community and localism have certainly been buzzwords for this column and with the local elections happening at the start of this month, I want to take a moment to highlight the important work that local councillors do.

Like every other area of the public sector and our economy, local government has faced an incredibly challenging time. And local councillors work incredibly hard for little recognition and scant reward.

You know who I would like you to support but the most important thing is that as many people as possible participate in this important part of our democratic process, so – get out and vote!

Jim Fairlie, MSP

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John Nicolson, MP

In Praise Of Councillors

WE ARE SHORTLY GOING to the polls for Council Elections. No—please don't turn the page—I've a confession to make. A high percentage of mail I get is about Council-related issues. As an MP, voters



think you can resolve almost anything. And it's true my job as an MP takes in a huge range of issues from immigration and foreign policy to social security and pensions.

My colleagues in Holyrood work hard on a mountain of devolved areas including farming, health and education. But bread and butter issues that affect every one of us every day of our lives are handled by Councils across the country. And specifically, by the hard-working, underpaid, and often underappreciated folk we are about to elect.

Some MPs, I hear, hand over problem-solving to their Councillors and claim credit when issues are resolved. I can imagine just how irritating Councillors must find this. After all, they don't stand for election for glory. On the whole, they don't get to pop up on 'Question Time' to talk about their triumphs.

And goodness knows, they don't do it for the money. Councillors get paid £18604 a year. (And sometimes get grief from employers when they take time off to work on council related business.) No, councillors—cross-party—stand for election because they care passionately about their communities and want to make people's lives better. They deserve every possible credit for all that they do.

Councillors wield enormous power for both good and ill. Anyone who has ever driven through central Glasgow and seen the vast areas of the city laid waste by councillors in the 1970s and 80s in an orgy of destruction will know how important it is to elect wise folk able to resist planners and developers who do not always appear to have their citizens' best interests at heart. To this day, people often say 'what were they thinking?'

But, at their best, councillors take long-term decisions that will enhance their communities for generations to come — over schools and roads, parks and leisure facilities. They plan and deliver swimming pools, ice rinks and sports fields that will nurture sports stars and Olympic champions of the future.

I've been looking at some of the candidates standing this time around. Some are very young. And to the curmudgeons who say you have to have been around the block a few times to help make multi-million-pound decisions I'd say 'why'? Our communities are multi-generational. So why not those who lead us and make decisions about our future?

For the record, I'd like to see better paid, full-time councillors and directly elected provosts. I think it would help the public engage with the work Councillors do and improve accountability. But that's a decision for another time. Our job now is to elect people we can trust on 5 May. We can't girn about the results if we don't vote. So please do. We can always girn later.

John Nicolson, MP

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Councillor Willie Robertson

QUEENS PLATINUM JUBILEE: This year, Her Majesty the Queen became the first British Monarch to celebrate a Platinum Jubilee after 70 years of service. Perth & Kinross Council will be staging the lighting of 7 ceremonial beacons



across Perth and Kinross as part of a national network of beacons on Thursday 2 June 2022. The beacons will be lit at 9.45pm in the following locations. Kirkgate Park, Kinross has been chosen as the location of the Kinross-shire beacon. The lighting of the beacons is part of a weekend of events being planned by Perth & Kinross Council. and wider More details of these will follow in due course. **KINROSS LOCAL COMMITTEE:** The second meeting of the Kinross Local Committee took place on 21 April. The reports considered were on progress on Kinross-shire road safety issues and measures to introduce measures to protect Loch Leven in planning guidance that will be part of the new Local Development Plan. As I am writing this report prior to 21 April, I am not sure what decisions were taken at the meeting.

WASTE BIN: There was a request made at April's monthly meeting of Milnathort Community Council for a dog waste bin to be located at the eastern of Old Perth Road near its junction with the Hattonburn Road. The field here is a very popular dog walking area. I have contacted the Council asking for a bin to be located here.

ROAD REPAIRS: The Council's roads department is into the new financial year and are busy trying to catch up with road repairs. The road between Mawcarse Crossroads and Balgedie Toll has recently had all the worn areas repaired. Please let me know of any potholes or sunken road drains you spot and I will try and get them repaired asap.

Councillor Willie Robertson

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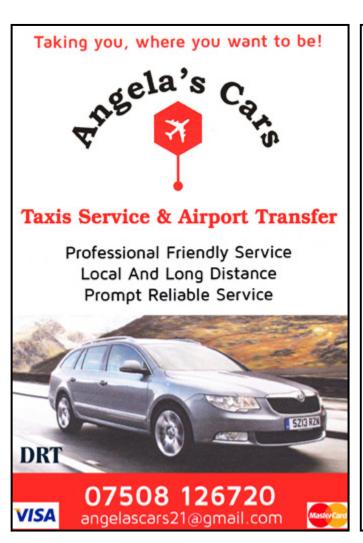
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Launch of Construction Watch Scotland

An ALERT platform aimed at tackling a rise in thefts from construction sites and fuel thefts has started.

The new ALERT platform seeks to enhance awareness between construction and trade industries, as well as police, to ensure intelligence relating to criminal or suspicious activity at one location is quickly provided to others along with prevention advice.

Construction Watch Scotland has been devised in partnership by Police Scotland and Neighbourhood Watch Scotland. It follows a rise in the thefts of plant equipment, tools and stored fuel and is supported by and supported by the Scotlish Business Resilience Centre, Secured By Design and Crimestoppers.

In February 2022 alone, almost half a million pounds' worth of equipment has been stolen across the country. The most targeted areas were the North East of Scotland and The Lothians and Scottish Borders.

Last month, over £11,000 worth of stored fuel has been stolen. The fuel thefts affect a wide range of people from individual's families heating oil tanks to small businesses and those managing land and estates across Scotland.

Similar ALERT schemes are already in place to tackle other forms of acquisitive crime as part of Rural Watch Scotland and Neighbourhood Watch Scotland.

Inspector Alan Dron from the National Rural & Acquisitive Crime Unit said: 'We know that plant equipment, tools and fuel stores are often an attractive target for criminals, as they are of high value when selling on. Often site or vehicle security is breached during hours of darkness when there are very few potential witnesses, making it easier to make off with these items.

'The Construction Watch Scotland scheme allows those who are signed up to quickly be advised of offences or suspicious activity in their area, while recommending specific prevention measures that could be taken.

'Not only do we hope this will enhance our intelligence picture when investigating these incidents, but we are also looking to reduce the number of crimes occurring, with our ability to share information and make construction sites as uninviting as possible to serve as a deterrent.

'We've already seen the successful application of the ALERT platform through Rural Watch Scotland and Neighbourhood Watch Scotland and I'm confident Construction Watch Scotland will be of similar value in addressing construction and trade acquisitive crime.

'Unfortunately we have seen a number of incidents in Perth & Kinross over recent months with crimes reported in Rattray and Perth. It only takes a minute for these crimes to occur and the impact on companies can be devastating. I welcome the introduction of this new initiative and would encourage people to sign up.

Further information can be found at www.constructionwatchscotland.co.uk

Rogue Traders - Who Should I Call...

- ...if I feel threatened, unsafe, or suspicious of a caller?
- Contact the police immediately on 999
 - ...if I see something suspicious in my area, or want more advice about bogus callers?
- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious.
 - ...if I want to contact the police anonymously?
- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at www. crimestoppers-uk.org
 - ...to find out more about home safety services?
- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Martin Gemmell.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): Sgt Mark Craig.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen**.

PC Spalding is also on Police Scotland twitter and can be followed on twitter.com/policescotland or @Kinross

Ways of Following the Police:

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Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Walking the Fife* Pilgrim Way



'There is a joy in footing slow across a silent plain'

(John Keats)

THE CLOSEST TO KINROSS-SHIRE of Scotland's official long-distance trails is the Fife Pilgrim Way which can be tackled easily in day trips from Kinross. Last August, Irene and Gordon McFarlane of Kinross Parish Church walked this recently-established route for the 65 miles from Culross, through Dunfermline, to St Andrews.

Passing as it does through the middle of Fife – it even wanders for a short distance in to our county at Keltybridge – the walk is relatively gentle and never far from villages and bus routes. Gordon says: 'We found it easy to do using one car and public transport. It would be possible to do at least the west and central sections from Kinross using only buses. Despite having lived in Fife and Kinross-shire most of my life, the route took me to parts of the Kingdom I didn't know. In contrast to the Fife Coastal Path, the walk passes through areas not normally visited by tourists. Perhaps because of that, the people we met were interested to stop and speak to us. This heightened the feeling of pilgrimage along a medieval route – Dunfermline and St Andrews were major centres of pilgrimage in the Middle Ages.'

Irene says: 'Once you get your eye in for the wee blue St Andrew signs, the route is easy to follow and well maintained. The specially-designed boards at important points on the



(*and a wee bit o' Kinross-shire)



route give you lots of interesting information and are a beautiful feature in themselves. I particularly enjoyed the later stages which use an old abandoned pilgrim road – the Waterless Way. That's where you get your first glimpse of the sea and St Andrews. I enjoyed my chats with the folk we met along the way. If you speak to people long enough, you'll find a connection. I even met up with my brother's old combine harvester!

Another member of the Kinross Parish Church congregation who walked the route in 2021 was Brenda Frier. She started at North Queensferry, the alternative starting point to Culross, and recommends the book *The Fife Pilgrim Way* by Ian Bradley: 'This is not a practical guide book in the usual sense but an exploration of the social, spiritual and historical background to the places you pass through. I found that reading it in advance was helpful background before walking each section. The mining chapter was especially enlightening.'

Further details: www.fifecoastalandcountrysidetrust.co.uk

Map: Fife Pilgrim Way by Footpath Maps

Guide book: The Fife Pilgrim Way by Ian Bradley



IN SEARCH OF SAINTS: THE PILGRIM KINGDOM

FOR 400 YEARS, St Andrews was one of the main pilgrimage destinations in Medieval Europe. Rich and poor flocked to be near the bones of St Andrew, one of Jesus' disciples. This was considered to be the next best thing to being in the Holy Land and walking in the footsteps of Jesus himself. St Andrews joined ranks in terms of importance with the popular disciple destinations of Rome (St Peter) and Santiago de Compostela (St James the Great).

St Andrews may have been the main attraction, but pilgrims were also drawn to Dunfermline to visit St Margaret's miraculous shrine within the abbey. A host of other saints were represented by churches, chapels and healing wells along the road to St Andrews. These provided perfect places to pause, as well as important destinations in their own right for local pilgrims.

Pilgrimage made a permanent mark on the landscape of Fife. Many of its roads, bridges and crossing points, including the famous Queen's Ferry, were created hundreds of years ago to ease the way for the steady stream of pilgrims. Inns, chapels and almshouses were also built to offer the travellers a place to rest, refresh and receive medical help. Providing these facilities was considered an act of piety that helped to smooth the path to Heaven. Pilgrimage changed the face of Fife forever and earned it the nickname of the 'Pilgrim Kingdom'.

The Fife Pilgrim Way follows one of the routes taken by countless pilgrims to Scotland's holy hot-spot.

Source: www.fifecoastalandcountrysidetrust.co.uk

Thanks to Jacqueline Fox for sending us these poems.

If you're an aspiring poet, why not share your work with our readers?

Email us at editor@kinrossnewsletter.org

The Robin

I hear you before I see you Singing, wild and free high above the world on branches in the breeze. Your mate calls back swiftly, a song that you both know and soon you will be nesting collecting to and fro. Sweet, enchanting little bird how you thrill my heart, dressed in your finest livery you wear your colours well, puffed out and proud warbling or trilling under the clouds. Your babies soon take over, the temporary honeymoon suite, robin redbreast parenting Is something special too see, low, below the bushes, you guard with all your might. Your flight is quite magical, as I watch you duck and dive they say you are a messenger from the other side, So blessed are we, to see you, then you swiftly fly away, using your reconnaissance to determine where to go. A life so short and busy thank you, for the times you spared, fly free!



Jacqueline A. Fox 2022



Photo: Freda Brooks

Like A Dog Off A Leash

Life!
I want to experience life,
like a dog off a leash,
into the the wild,
wind swirling above
and around,
whilst leaves rustleon the extended limbs,
of divergent trees.
I want to experience love,
as a passion, a promisea fact,
a call of the wildcoursing through tender hearts.

I want to run and seek, all, that there is, within, beyond and above me.

Ever the explorer, I want to experience life, like a dog off the leash.

Health & Wellbeing

Myalgic What?

INTERNATIONAL ME DAY is on 12 May. ME is Myalgic Encephalomyelitis, which is a bit of a mouthful, so you might be more familiar with Chronic Fatigue Syndrome, its other, more common but less appropriate name. ME is so much more than chronic fatigue though: it has a wide array of symptoms including pain, fluey symptoms, dizziness and nausea, brain fog and poor sleep. It's very disabling and not that uncommon: there are about 600 people in the Perth and Kinross are who are affected. The impact on patients' lives is drastic: international research has shown that their quality of life is worse than those affected by severe diseases which are better known but far less common.

ME often arises after a virus has struck. Sadly, one such virus is Covid-19: it seems that Long-covid and ME are closely-related illnesses. The nature of the problem is probably in the 'mitochondria': the little engine in every cell which provides the power. It seems to be running on the wrong fuel. Yes, just like putting diesel in a petrol car.

Members of Perth and Kinross ME Support, a group which exists to support anyone with ME/CFS, Long-covid or related illnesses, were asked what they'd like the public to know about their illness.

'Some folk seem to think we can be 'cured' or 'get over it' by sheer force of will'. That's certainly not the case, any more than it is for, say, Multiple Sclerosis.

'It is impossible to describe how I can walk fifty metres one day and then the next can't manage to get downstairs.' If I had a pound for every time I'd heard that sentiment I'd be sunning myself in Barbados by now.

'Say how difficult it is to have such a hidden illness but not believed or prioritised.'

'The public think it's all in your head and it's not very disabling.' Some health professionals believe the same thing although that is slowly changing, driven by new understanding of the illness among scientists and in the Scottish government.

It's not all doom-and-gloom. Perth and

Kinross ME Support are here to offer support, information, a listening ear and a good laugh. And, it has to be said, we often share pictures of our cats. (Dogs welcome too).

Perth and Kinross ME Support: www. facebook.com/groups/pandkme or contact me, Stoo Brown: stooibrown@yahoo.com

COMMON SYMPTOMS of ME/CFS include:

- extreme tiredness all the time you may find it very hard to do daily activities
- still tired after resting or sleeping
- taking a long time to recover after physical activity
- problems sleeping, such as waking up often during the night
- problems with thinking, memory and concentration

OTHER SYMPTOMS may include:

- muscle or joint pain
- headaches
- a sore throat
- flu-like symptoms
- feeling dizzy or sick
- fast or irregular heartbeats (heart palpitations)

The severity of symptoms can vary from day to day, or even within a day.

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Social Groups In For People With A Visual Impairment



With the support of Kinross Day Centre Vision PK plans to have the first group meeting for the Kinross area in The Garden room at the Day Centre.

Anyone who lives in the area who has a visual impairment is welcome to come along. The group activities will be decided by the participants, we hope groups will develop activities where people can share interests, skills and experience.

We participants will be encouraged to take ownership of the group with the help of volunteers.

Our first date is 3 May, 10am - 12noon

The Garden Room, Kinross Day Centre, 64 High Street, Kinross KY13 8AJ

For more information on participation or volunteering please contact Lidia Dye on 07900 707542 or email *lidia*. *dye@visionpk.org.uk*.













News from the Health Centre



WORLD ASTHMA DAY

WORLD ASTHMA DAY FALLS on Tuesday 3 May, and the aim of the day is to raise awareness of asthma and promote the care and support of those affected by asthma. Asthma is a condition which affects the airways – the small tubes which carry air in and out of the lungs. When asthma flares up the usual symptoms are wheezing, coughing, shortness of breath, and tightness in the chest. The symptoms can range from mild to severe and not everyone will get all of the symptoms. Some people experience symptoms all the time because they are not taking their medicines, or not taking their medicines correctly.

We have been running asthma clinics for many years at the Health Centre. The clinic is run by our practice nurses and they provide help and support to patients affected by asthma. Patients are invited for a review at least annually but reviews may be more frequent if medication is changed or if a patient has had a severe asthma attack. During the review, the nurses will assess whether the patient's asthma is under control by discussing their symptoms and whether these symptoms

affect sleep or daily activities. The nurses will also discuss and prescribe medication and they will ensure that patients know how to use their inhalers properly. A recent study has shown that a third of patients using an inhaler are not using it correctly.



Our nurses are keen to help patients manage their asthma better and stop the symptoms having a negative impact on life. Failure to manage symptoms can lead to severe asthma attacks which could lead to hospitalisation and be life threatening. They would therefore strongly encourage all those who have asthma to attend their review appointments. The nurses review all requests for asthma medication/inhalers and will contact patients who are requesting medication more frequently than anticipated and invite them for review as this can be an indication of poor control.

The Asthma UK website has a lot of very useful information about asthma and it can be found at www.asthma.org.uk.

Kinross Hub Calendar

0800 121 4820

2	3	4	5	6
	AM -	AM	10am to 12.30pm	10am to 12.30pm
CLOSED	booked	HomeStart Breast Buddies group	Broke not Broken	Declan Jones, Social Prescriber -
		If you need more info call -	Danielle will be there to offer advice, connecting to	Community
		01738 638847	support and also for foodbank referrals.	Connecting/Signposting
		1.30pm – 3.30pm	07518 913107	07557 488902
		Helen from CATH will support with form		
		filling – PIP, Universal Credit etc 07739		
		858987		
9	10	11	12	13
		AM	10am to 12.30pm	
AM - booked	AM -	HomeStart Breast Buddies group	Broke not Broken	10am to 12.30pm
	booked	If you need more info call -	Danielle will be there to offer advice, connecting to	Declan Jones, Social Prescriber -
PM		01738 638847	support and also for foodbank referrals.	Community
Lighthouse		2pm - 4pm	07518 913107	Connecting/Signposting
Offering drop-in crisis		PKC Social Work for signposting and	2000 Anna Annadaturant ank	07557 488902
support for mental health		support.	2pm – 4pm Appointment only Citizen's Advice Bureau offering advice and	
0800 121 4820		01577 867300	information. 01738 450581	
16	17	18	19	20
10	''	AM	10am to 12.30pm	20
	AM -	HomeStart Breast Buddies group	Broke not Broken	10am to 12.30pm
	booked	If you need more info call -	Danielle will be there to offer advice, connecting to	Karen from PKC Skills &
AM - booked		01738 638847	support and also for foodbank referrals.	Employment offers support &
			07518 913107	advice re CVs, Job search,
		1.30pm – 3.30pm		support after redundancy etc.
		Helen from CATH will support with form	1.30pm to 3.30pm	07867 351268
		filling – PIP, Universal Credit etc	Lynne from Tayside Hearing Voices will offer	
		07739 858987	information and support for anyone experiencing symptoms	
			of psychosis, unusual beliefs or paranoia, also signposting to	
23	24	25	their service for carers and resilience. 07394 418429	27
20	24	AM		~ !
AM - booked	AM -	HomeStart Breast Buddies group	10am to 12.30pm	11am to 1pm
	booked	If you need more info call -	Broke not Broken	Social Security Scotland offering
		01738 638847	Danielle will be there to offer advice, connecting to	advice on their benefits – Carers
PM - Lighthouse		0 4	support and also for foodbank referrals. 07518 913107	Allowance Supplement, Child
Offering drop-in crisis		2pm - 4pm PKC Social Work for signposting and	0/310 31310/	Disability Payment, Funeral
support for mental health		support.	2pm -4pm	Support Payment, Best Start
0800 121 4820		01577 867300	Louise from PKC Housing Team for	Grants etc.
		01377 007300	housing advice and signposting to their service.	0800 182 2222
			07917 552231	
30	31	While these sessions a	re usually drop-in, currently you must either	phone the number for
PM - Lighthouse	444	LOCAL ADVICE NOB	connect with or contact:	•
Offering drop-in crisis support for mental health	AM - booked		hona.fowler@nhs.scot Declan 07557 488902	declaniones@nkc any uk
apport for intental nealth	DOOREG	Jilolia 07030 200043 3		acciailjolies@phc.gov.uk

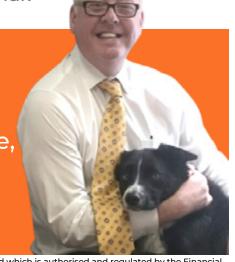






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EMOTIONS: What Are They Good For?

Winning Ways by Jo Middlemiss

I AM, FINALLY, a statistic. After two plus years of dodging this clever little virus, I have succumbed, and the experience, although not earth shattering, is not pleasant. I know many, many people have had it, and will have it worse than me, but still it is interesting to be in the disruptive mix that being infected with 'The Rona' causes.

I have an inkling that I caught it in Kings Cross Railway Station where you see more people in 5 minutes than you do in a week in Kinross. It has followed the usual pattern of no symptoms to feeling a bit off colour, – to coughing, – to better test. 'Oh good, negative, it's just a cold.' Next day feeling worse, test again, 2 Red Lines!

The Disadvantages:

My husband, one of the fittest people I know, is immune suppressed and needs to avoid it, so the house has to be zoned and masks worn. Very weird and unnatural. Although despite being a very good tray boy, I think having the TV to

himself is not a hardship.

Our house was to be full over Easter, with two lots of grandchildren who rarely meet, getting to know each other. The fridge is stocked, the plans made, the Easter tree decorated and the treasure hunt planned. All cancelled.

Unpicking



commitments and a feeling of letting people down

The Advantages:

It's quite a thing to be told to rest, when I am used to getting up at 7 am and buzzing around all day, so embrace it.

It's lovely to know that family, friends and neighbours want to rally round and help out.

I usually finish one book a month if I'm lucky, and to date I've finished two in four days.

Time to catch up on phone calls and just to be.

The Lessons:

- You never know what's around the corner, but it's bound to be a surprise.
- There is always someone worse off than yourself.
- I have comfort, clothes and food.
- I do not have tanks and bombs at my door.
- I do not have separation and heartbreaking losses, and desperate fear as part of my everyday experience.
- Whatever happens I expect we can handle it.

We were sad that the children weren't coming, but we might as well demolish their eggs. Chocolate anyone?

Jo Middlemiss MBE













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Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council News from the March meeting

Present at the meeting held on 22 March were CCllrs L McKay, (Chair), D Colliar, W Freeman, T Stewart, Cllr R Watters, minute-taker Mrs Caron Aird

Apologies: Cllr M Barnacle, CCllr H Phillips, Cllr C Purves, Cllr W Robertson, CCllr M Wood and Police Scotland.

Police Report

Police Scotland had submitted their apologies for the meeting, but a report had been received and had been circulated to members. It was noted that PC Ashley Mitchenson was moving to a new area at the end of the month and members wished to place on record their thanks for her support.

Matters Arising

Surplus Funding - Provost's Lamp

CCIIr D Colliar advised that there had been no response yet to the request made to the Trust in respect of purchasing seat(s) for the area around the Lamp.

Parking At Co-op

No update was available in respect of parking due to CCllr H Phillips absence.

Kinross-shire Partnership/Website

CCllr Mckay advised that while a meeting was to be arranged between both groups, members of the *Newsletter* had advised that this was no longer an option. The Partnership were advised of this decision.

Kinross Town Centre

CCIIr Mckay raised concerns around the state of the town centre with members noting concerns around parking infringements, the apparent lack of road sweepers, an increase in the amount of dog mess. CIIr R Watters agreed to write to PKC and request a copy of the cleaning schedule for the area.

Members noted that the results of the review of the High Street survey were still to be received.

Planning Matters

Planning Applications Received

22/00295/FLL Extension to dwelling house to form a garage at 25 Montgomery Way, Kinross

22/00254/FLL – extension to dwelling house and erection of a fence and gate at 4 Gallowhill Road, Kinross

22/00235/FLL — extension to car park, reinstatement of window and alterations to boundary treatment at Bank of Scotland, 2 High Street, Kinross

22/00236/FLL – alterations at Bank of Scotland, 2 High Street, Kinross

22/00083/SCRN – extension to sand and gravel extraction area at Balado Quarry, Balado This application is closed.

22/00345/FLL – extension to dwelling house and formation of roof terrace at 51 Muirs, Kinross.

22/00342/FLL – alterations and extension to dwelling house at Chance Inn Cottage, Kinross.

22/00386/FLL – change of use of open space to form outdoor seating area/event space, erection of marquees, formation of parking area and associated works (for a temporary period) at land 140 metres east of Green Hotel, Muirs, Kinross

Planning Applications Determined

21/02188/LAW – extension to dwelling house at 12 Wilson Court, Kinross, approved

21/02189/FLL – alterations and extension to dwelling house at Mulberry Cottage, Easter Balado, Kinross, withdrawn

21/02149/FLL – formation of storage compound at land 80 metres west of Nelson Car Transport Yard, Balado Bridge Poultry Farm, Balado, approved

21/02124/FLL — erection of 2 dwelling houses (change of house types — plots 7 and 8) at land 110 metres south east of Beaufield, Balado, approved

22/00083/SCRN – extension to sand and gravel extraction area at Balado Quarry, Balado, closed

22/00010/FLL – alterations to dwelling house at Woodside, St Ronan's Drive, Kinross, approved

22/00009/LAW – installation of replacement conservatory roof (proposed) at 2 Sandport Gait, Kinross, approved

21/02203/FLL – extension to dwelling house at 108 Argyll Road, Kinross, approved

21/02027/FLL – erection of 2 dwelling houses and garages (revised design) at land 20 metres south west of 16 Curate Wynd, Kinross, approved

21/02013/LAW - Erection of an office and fence (proposed) at 47 Green Park, Kinross, refused

21/01886 FLL – erection of 3 dwelling houses and associated works (revised design – change of house types – plots 1, 2 and 3) at land 110 metres south east of Beaufield, Balado, approved

21/01724/LBC – reinstatement of fire damaged roof at top flat, 111 High Street, Kinross, approved

Other Planning Matters

CCIIr Colliar raised concerns about the number of developments being carried out in conservations in the town and gave examples of signs erected on listed buildings, the wall at the TSB Bank being out of character with the other walls as well as the wall and pillar at the Bank of Scotland being knocked down to allow vehicular access during renovations.

Cllr Watters was unaware of the signs on the listed building but commented that PKC had brought in a new term, 'planning harm' which was resulting in a number of applications being made retrospectively therefore creating more work for PKC. It was agreed that CCllr Mckay would visit the various areas in order to take photographs and forward these to Cllr Watters for him to discuss issues with PKC.

Reports From PKC Councillors

Cllr R Watters advised that the PKC budget had been agreed as £52 million, of which £9.5 million had been allocated to Covid-19. He also advised that the national planning framework was out for consultation.

Reports From CC Representatives

CCllr Mckay raised several items:

Enterprise Car Space – it has been confirmed that the car would have a permanent base location in the town centre.

Cones at Kirklands Garage – CCllr Mckay advised that the cones would remain in place until the contractor had completed the work.

Kirkgate Park – the whole area is in a state of disrepair, particularly the area near the public toilets. It was noted that

Community Council News

while this issue had been raised at a previous meeting and CCllr Phillips was to write to PKC, there did not appear to have been a response. CCllr Mckay was to chase this up.

The next meeting of Kinross Community Council will be held on on 24 May 2022 at 7.30pm.

Milnathort And Orwell Community Council

News from the April Meeting

Present at the meeting held on 14 April were M Thomson (chairman); N Bingham, A Macrae, Cllr W Robertson, Cllr R Watters and two members of the public.

Apologies were received from K Heneghan (associate member); E Rougvie (minute taker), A Ward, F Brooks, P Britton and Cllr C Purves.

Matters Arising

Platinum Jubilee: Cllr Robertson reported that PKC were to fund beacons throughout Perth and Kinross to mark the Queen's Platinum Jubilee. A number of CCs had hoped to install beacons but the cost was proving to be prohibitive and it was difficult to find suitable sites, so one will be lit in Kirkgate Park on June 2 at 9.45pm. However it was agreed to proceed with plans to site a beacon in Milnathort and N Bingham will take this forward. It was also agreed to source commemorative coins to give to primary school pupils as a memento and to liaise with the primary school with a view to planting trees in Tillywhally Woods to mark the occasion. The CC will pursue funding, but in the meantime any sponsorship from local businesses or individuals would be greatly appreciated.

Police Matters

Neill reported on a new initiative called Construction Watch Scotland, aimed at tackling the rise of thefts from construction sites. For more information, visit *constructionwatchscotland.co.uk*

Correspondence

Emails were received from the following -

Electoral Commission: Raising awareness of entitlement to vote in the forthcoming local government elections. www. electoralcommission.org.uk

Vision UK: This is a new group for people in Kinross-shire who have a visual impairment. The first meeting will be in the Garden Room at Kinross Day Centre on Tuesday, May 3, from 10.30amnoon. Further information is available by phoning Lidia Dye on 07900 707542 or emailing *lidia.dye@visionpk.org.uk*.

Kinross-shire Volunteer Group and Rural Outreach Scheme: As this service is expanding, more volunteer drivers/befrienders are needed. For further information about volunteering, or to book



a driver, email *administrator@kvandros.org.uk* or call 01577 840196. The CC acknowledged the valuable work of the scheme. **Strategic Transport Project Review 2:** The formal consultation closed on April 15.

Planning Matters

Applications submitted:

 $\it Ref~22/00606/FLL~{\rm Alterations}$ to Windrush, 10 Burleigh Road. Noted.

Ref 22/00563/FLL Alteration to house and erection of garage at 12 Bowling Green Avenue. Noted.

Core Paths:

The chairman gave the following update on behalf of Kevin Heneghan:

The core path at Castle Field, east of Burleigh Castle, is to be flailed once the pedestrian flail is repaired. Alistair MacLeod of Greenspace will advise.

The two largest depressions on the path running east past the golf course will be assessed to see what material is required for infill. Kevin and Alistair will action w/c April 25.

The vegetation beginning to encroach on core paths will be cut back at the beginning of May.

Kevin will investigate costs of benches using recycled plastic uprights and wooden boards.

Kevin will contact TRACKS with a view to progressing the Platinum Jubilee Path.

Other Matters:

Parking on Stirling Road: Some householders have reported an issue with cars parked with their engines running in the vicinity of the dance studio. Drivers are asked to park in the nearby car park if possible, and to switch off engines while waiting.

Gingko biloba tree: Milnathort Golf Club is to plant the tree on the golf course, which is appreciated.

Broken fence: Cllr Watters advised that he had approached PKC about repairing the fence between Stirling Road and Marshall Place.

AOCE

Thanks to councillors: As Cllr M Barnacle is retiring and Cllr C Purves is not seeking re-election, the CC wishes to acknowledge the hard work and time that both have devoted to the Milnathort area. They will both be sorely missed and the CC wishes them both well in the future.

The next meeting of Milnathort and Orwell Community Council will be held at 7.30pm on 12 Thursday May, 2022, in Milnathort Town Hall.

Fossoway and District Community Council

News from the April Meeting

Present at the meeting held on 5 April were CCllrs S Bruce-Jones, A Cheape, T Duffy, and N Marchant; Assoc. Cllr C Farquar; Cllrs C Purves, W Robertson, R Watters, M Barnacle.

Apologies: CCIIrs G Mudie, F Hansraj-Jackson and G Pye

Police Report

There were no incidents to note since the last CC Meeting from the Commander's Reports. A MoP stated that a quad bike had been stolen.

Matters Arising

Community Development Trust: Steering group met on 23rd March and agreed a target of 11 May to get three Board Members and 20 members from the Fossoway District Community. Membership will be £5 per household. Cllr Barnacle will email possible members. Draft constitution is ready for approval for members and will then be submitted to OSCR.

Fossoway Area Transport/DRT: 202 bus service trial timeline has been extended to end of June. Disquiet has been raised that the timings of the service are not joined up with other buses to facilitate commuting to work. Kinross-shire Go Greener is seeking funds to support improved commuter transport. Rural outreach, an established charity, has agreed to provide support to the DRT. There is an initiative to design a sustainable travel plan for Kinross-shire.

A977 Mitigation Measures: Cllr Purves had made an application to request speed measuring lines to the west of Crook of Devon and east of Drum – this has now occurred, and we will be sent results. CCllr Duffy has emailed Mark Craig regarding regulations for red-light cameras for the traffic lights. Ashley Mitchinson has moved to another area.

Crook Moss Travellers Site: There has been a change of ownership of one of the plots. PKC have informed us that there are no breaches of planning at any of the sites. Cllr Barnacle will write to PKC regarding this. We remain unhappy with the lack of landscaping and screening, which was one of the conditions. **Speeding in Carnbo:** MoP informed us that the solar panel has now been repaired and speed alert now works.

Community Speedwatch: CCllr Mudie is taking the lead on this; names and locations have been forwarded to Mark Craig, who has taken over from Ashley Mitchinson. All volunteers will undergo a police check; we now have the forms and CCllr Mudie will distribute them. We are still looking for more people.

Devonshaw Whinstone Quarry: CCllr Marchant submitted the CC's response on 24 March including: Support the concept of developing it as a tourism site that builds upon natural features and safeguards the environment; Encourage partnering with local businesses e.g. farm shops to provide goods to visitors; Encourage carbon neutral – green tourism e.g. car chargers, solar panels, wind turbines.

Rumbling Bridge Gorge Bridge: There is no update as yet on the Otter and Tree surveys.

Crook & Drum Growing Together: CCllr Duffy reported that six trees were planted as part of community orchard and intends to do a grant application for more trees, a bench and an interpretation board. The orchard is situated on the left of the path from the Hall to the Church. Crook and Drum Growing together have liaised with the church.

Hedges from Rumbling Bridge to Muckhart: Still waiting for a response from Muckhart CC; we are disappointed with the lack of communication.

NPF4 Consultation: CCIIr Marchant had developed the CC response and submitted it on 31 March. The focus of our responses was to ensure that rural developments were always supported by co-developing infrastructure. We did not support developments on prime agricultural land.

Community Ditches: CCllr Marchant had emailed Cllr Robertson about several ditches being blocked and he has reported that it has been put into plans for this year. A MoP has offered to help. Possible Adoption of Spur of U241 Road, Drum: Cllr Barnacle will ask Andy Brown of PKC whether it is currently adopted or not, and ask Community Greenspace if they own the trees.

New Business

CCllr Duffy received an email raising concern that primary school gates were closed outside school hours which blocks access to children to play. PKC reported that this was due to unsociable behaviour. Cllr Purves noted that the Lifelong Learning Committee was looking into making school playgrounds more accessible. Cllr Robertson stated that access is down to head teacher and advised that the CC should write to them.

Community Council Business:

Use of Social Media: In future, all Facebook Messenger queries will be responded to by requesting that the author use

the CC's email address and thereafter any correspondence will be via email or will be added to next meeting agenda.

Minutes Secretary: The search for a volunteer continues, but with no candidates. In the interim the CC members will continue to undertake the task in rotation.

Councillors' Reports:

C Purves: Nothing not already covered above.

W Robertson: A constituent has asked why we don't use the former Devon Valley railway line to link Rumbling Bridge to the cycleway at Dollar. It passes over the amazing Gairneyburn Viaduct. Apparently when raised previously landowners objected. CC would support this.

R Watters: Broke not Broken reported the pressures they are under as more people, even those in more affluent areas, are being pulled into the poverty trap. People don't necessarily know that help is available.

M Barnacle: Blairingone War Memorial – PKC is funding strengthening the cemetery wall and Profile Projects has pledged money to move the memorial. Planning has been given. PKC's contractor will then move the memorial.

Drummond Park adoption scheme: all residents have signed up to it. Legal agreement is being drawn up. Currently there is a shortage of bitumen which may delay this being done.

West Crook Way has houses that border Glebe field owned by the Church. Scottish water put in a pipe and drain across the field which has resulted in flooding of some houses in West Crook Way. The bridges near the Aldie Road and the Naemoor Bridge need attention, some of the parapets are damaged.

B9097 fly-tipping now occurring in layby near junction of Aldie Road. Also occurring on A91 near Carnbo. **CCllr Bruce-Jones** asked whether or not PKC would reconsider definition of commercial vehicle for purpose of refuse tips.

The CC is disappointed that fly-tipping is not pursued more rigorously; despite finding evidence of addresses in the waste there are very few prosecutions.

Planning

Note that the first application below was discussed by email as the comment due date was before this meeting.

New Applications:

22/00229/FLL Erection of a dwelling house and office (class 4) (revised design) at Burn View, Rumbling Bridge, Kinross, KY13 0QG. No CC Comment.

22/00448/FLL Erection of a dwelling house and garage with ancillary accommodation at Land 40 metres north west of Dunollie, Fossoway. No CC Comment

22/00541/FLL Erection of 3 agricultural buildings and stables, formation of access track and associated works at Land 360 metres south west of Craigton House, Rumbling Bridge. No CC Comment



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Appeals:

21/00001/FLL S42 application to delete condition 6 (access upgrade) of permission 20/01319/FLL at Land 180 metres south west of Powmill Cottage, Rumbling Bridge. At 14 September LRB meeting the application was deferred pending a view from the legal team.

Decided Applications:

22/00105/IPL Erection of dwelling house (in principle) at Land 50 metres west of Hallhill Farm, Carnbo. The application was approved, the CC had made no comment

21/02069/FLL Erection of 7 dwellinghouses, garage, formation of landscaping and associated works at Land 480 metres south east of No 4 Pitfar Steadings, Powmill. The application was refused as contrary to Policy 19 Housing in the Countryside of the Perth and Kinross Local Development Plan 2 (2019) and the associated Housing in the Countryside Supplementary Guidance — The CC had made a neutral comment.

Enforcement Issues:

20/00809/FLL Craigton Farm Lane: David Rennie (PKC's Enforcement Officer) had advised the CC that the enforcement notice had not been appealed. Further, the owner's architect is working to discharge the conditions relating to the planning permission for the houses on the adjoining land and the owner intends to commence development thereafter. David Rennie notes that when the building of the houses commences, the unauthorised development subject of the notice is likely to become lawful as permitted development rights allow temporary development on adjoining land during construction works.

20/00972/FLL Erection of two dwelling houses and garages at Land 100 metres south west of Easter Muirhead, Blairingone (enforcement ref: 21/00236/PLACON). The agent has been in contact with Transport Planning regarding the widening of the road. CCllr Pye had asked David Rennie for an update as houses are almost complete.

The next meeting of Fossoway and District CC will be on Tuesday 3 May 2022 at 7.30pm, Carnbo Village Hall. All welcome!

Portmoak Community Council

News from the April Meeting

Present at the meeting held on 12 April were Cllrs C Purves, R Watters, and W Robertson; Cllrs: A Miller (Chair), D Morris (Vice-Chair), S McGregor (Secretary), K Donaldon, S Forde, and D Paterson and 4 members of public.

Apologies: Cllrs A Davidson (Treasurer), and G Smith.

Matters Arising

Kinross-shire Committee (KC) – update: The intended meeting of KC had been delayed, and the Chair explained there was therefore little movement to report. The Chair expressed dissatisfaction regarding timing of afternoon meetings which are untimely for KC representatives who work full or parttime. Distribution of minutes, only released immediately before the next meeting, is unsatisfactory in terms of making decisions and informing and consulting community prior to the next meeting. Cllr C Purves agreed these points were valid, pointing out the KC is in a pilot phase and some procedural elements may need to be sorted out. The minutes procedure was standard for council meetings, but this did not mean that the KC had to follow the same process. Meeting times could be changed to be more work-friendly. The intended process is to get advance notice of KC meeting agenda so that the CCs can discuss agenda items at the local CC meetings. C Purves emphasised the need to focus on the benefit of having these KC devolved powers, rather than the protocol, while the pilot is developed, as having the devolved powers and representation is a positive for the Communities. The Chair and CC Members agreed as to the benefit of devolved powers, though there was initial frustration at the current processes. Cllr C Purves highlighted that there will be a formal external evaluation of the KC pilot. Cllr W Robertson voiced his agreement with C Purves of the need to focus on the benefits of the KC and trying to make the pilot work. Cllr D Morris suggested the KC meeting dates should be formalised for the forthcoming 12 months in advance. C Purves confirmed meeting dates were discussed at the last meeting, and PKC will have KC meetings diarised in the future.

Road Safety Action Update: There was a discussion about the route action plan on which Cllr WRobertson noted the speed monitoring points along the A911 that were collating data for the route action plan, and that process seemed to be moving forward behind the scenes. PCC members from Scotlandwell highlighted noted excessive traffic speeds leaving Scotlandwell along The Causeway. In response Cllr W Robertson noted a previous request to PKC to relocate speed cushions lifted from Kinnesswood to the end of Causeway in Scotlandwell. A Miller noted a comment emailed to PCC from a resident as to the inefficacy of the changing speed signs. A member of the public flagged a number of informal 30mph signs that had appeared through in W Balgedie and the non-concurrent painted road signage not matching the roundels. Cllr C Purves explained that during the pandemic, policy for 'Spaces for People' enable fast but temporary changes to speed limits, and while the changes had been made permanent there was still a lag in correcting the road painting.

Glenlomond sewage, and Water Supply to Glenlomond and Wester Balgedie: The Treasurer had provided a report in advance of the meeting: a new contractor had been appointed to maintain the sewage works and this appointment was working well, however, the long term aim is still to get Scottish Water to take over responsibility for the Glenlomond sewage system. There was no update on FOI requests made to Scottish Water or PKC.

Glenlomond tree felling & clearing at entrance to village: Again the Treasurer had provided a report in advance of the meeting: on this matter there was no change onsite and no update over the last month.

Scotlandwell to Portmoak Church Path: PCC members were to meet on 13/04/22 to walk and discuss routes for path and decide a 'best route' for the feasibility study, this would be a PCC meeting and not a public. Cllr W Robertson suggested that in agreeing a best route the report should include landowners and likely attitude to the path going through their land. Cllr D Morris disagreed that the landowners should be considered, and that the best route should be the best one for the Community with compulsory purchase legislation used as necessary to obtain land. There was a discussion regarding ScotGov current Compulsory Purchase legislation and if it was fit for purpose, Cllr W Robertson advised that while PCC could approach the route plan as they saw fit, but that those path requests where the routes were contentious and where PKC did not own land were the most difficult and costly ones to create. Cllr R Watters confirmed PKC's hesitancy to use compulsory purchase orders, but one instance where they had been used was in the creation of the much needed Comrie to St Fillans footpath. Cllr D Morris commented that compulsory purchase powers can have a leverage effect on landowners to cooperate with Councils to enable paths. Cllr S Forde commented that the Scotlandwell to Portmoak Church Path was not just a leisure path, but a path to connect communities and safely allow Scotlandwell residents to get to the Portmoak Hall, the church, the graveyard, or to enable families to safely travel by foot or bicycle to Portmoak Primary School. Also the existing path was not accessible for mobility scooters. A member of the public who had architectural expertise offered help in creating a CAD map of the best route for Sustrans, and PCC are grateful for this offer of help.

Wester Balgedie Farm development – correspondence to PCC from Developer: The Secretary had followed up with the Developer but no date had as yet been identified for a pre-planning Community Liaison meeting regarding the farm development. The Developer had commented on the minutes of PCC meeting on 08/03/22, in which the Treasurer had highlighted damage to old walls and pre-planning tree felling in a Conservation Area and photos of which had been sent to PKC Planning Enforcement. The Developer asserted no such damage had taken place.

Core Path signage on MTHT/126, MTHT/127 and PTMK/115: Regarding MTHT/126, MTHT/127 Arlary to Orwell paths. Cllr W Robertson updated: Dave Stubbs had written to the landowner on the issue of reinstating the path following ploughing, but had not received a response. D Stubbs had suggested that a stronger worded letter could be sent. Cllr D Morris highlighted that to plough up and not restore a Core Path is a criminal offence, and this action could be reported to the police. The Chair suggested Cllrs could request D Stubbs to escalate to the police. Cllr W Robertson offered to arrange a negotiation with the landowner and PCC members to resolve the issue. Cllr D Morris accepted this possibility for a tri-partite agreement process towards the path reinstatement.

New Matters:

Cllr S Forde had highlighted the need to upgrade the play facilities at Scotlandwell Green, commenting that the play area in Kinnesswood had been upgraded, but those for Scotlandwell had not. While some upgrades and improvements had been promised, nothing had been actioned. Due to the difficulties of walking from the village and the unsuitability of the A911 footpath for pushchairs and walking with children to go to the Kinnesswood play park, the local play areas in Scotlandwell were important. The Chair raised issue of scheduling regular grass cutting.

Police Reports

There was no police report provided in advance of the meeting Police Community Liaison officer change: PCC Ashley Mitchinson was leaving her post as Community Liaison Officer. Another officer would be appointed, but PCC Mitchinson had apologised for any inconvenience in the interim.

Planning

New Applications

22/00396/FLL: Alterations and extension to outbuilding to form ancillary accommodation: Hill Cottage Main Street Kinnesswood Kinross, no CC comment

Existing Applications:

21/00997/FLL Erection of 22 dwellinghouses, 3 garages and a garage with ancillary accommodation, formation of SUDS pond, landscaping and associated works (LDP site H54), Land 100 Metres South East Of Cragton Villa Rost Gardens Scotlandwell. Included for updates only.

The Secretary had received an email from Ardbeg Homes for a provisionally booked Community Liaison meeting. Secretary to circulate email to PCC members.

Planning Decisions

Progress with Developments: Westfield Community Liaison Committee: Cllr K Donaldson updated on the work that was currently taking place. Also commented on the excessive speed of the large lorries on the road, and mud being carried onto the road from the site. A resident had emailed PCC asking if it were possible for other residents to attend the Community Liaison meetings. Cllr D Morris explained that liaison meetings allow for only one representative from each CC to attend.

Paths Group update: Cllr D Morris updated on behalf of Anne MacIntrye: the Paths Group had been very busy clearing

vegetation. The Group are keen to have other volunteers to come forward and help with work to help keep the lovely local walking paths clear. The team work once a week and drop in volunteers would be welcome.

Treasurer CC Accounts: The Treasurer had provided an update: there was no movement on the PCC or Michael Bruce Way accounts in the past month. Confirmation from the Credit Union on the new account set up was still pending.

Councillors' Reports:

W Robertson: Prior to the forthcoming elections PKC departments are still operating but are in a period of quiet so few committee meetings are currently being held. The KC meeting on 21/04/22 is the last meeting, and the last full PKC meeting will be held on the 27/04/22.

R Watters: Highlighted the Pavement Parking Bill which will come into enforcement nationwide probably late in 2023. PKC are already making provision for this and asking for problem areas to be highlighted. If anyone notices any problem areas they can get in touch with one of the local Cllrs for escalation to PKC (phone numbers and email addresses in Newsletter). Cllr R Watters expressed concern about the current financial difficulties for many people, commenting that in areas that may seem affluent, people are still experiencing difficulties and may additionally find it embarrassing to come forward to ask for help. Broke not Broken and PKC are available to provide assistance and should individuals need help they should not hesitate to do so. Anyone in need can also contact PCC confidentially who will field their case to the right groups. Donations to the Food Bank can be made to Broke not Broken at Sainsbury, Kinross.

C Purves: C Purves also thanked the current and past members of CC for their help and cooperation over last 5years, as he steps away from his role as a Cllr. Hoped that people can continue to work together. The Chair also expressed thanks on behalf of all PCC to Cllr C Purves for all his hard work assisting PCC over the years. Cllr D Morris also noted the PCC thanks to all the Cllrs for their work with PCC, and particularly to Mike Barnacle who was retiring.

Matters Notified To The Secretary:

Road closure of B919 – Balgedie Toll to Mawcarse effective from the 12/04/22 for two weeks. The road works had commenced. There is access to properties but access through the road. The roadworks will proceed along the B919 and access only from either end will continue.

AOB

Council Elections Hustings: Cllr D Morris had raised this suggestion at the Mar22 and had received a communication from Fossoway District CC in support of the idea. Cllr D Morris indicated he would not be able to organise this due to prior commitments. The Chair volunteered to explore the possibility of arranging a hustings, but was mindful of the short time available for organisation and communication to the community.

Rookery at Scotlandwell Washhouse: A resident had complained to PCC about the Rookery causing noise and mess from droppings in the Wash House area. The Chair had also been approached about this separately. The Rookery has recently grown considerably in size. It was noted that Rooks are protected by law. The Tree where the Rookery has formed is on land owned by PKC.

The next meeting of Portmoak Community Council will be at 7.30pm on Tuesday, 10 May 2022, online (to be confirmed).



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Club & Community Group News



Kinross Trishaws



Ready, Steady, Trishaw!

their stories with our trained pilots.

After lots of preparation we are delighted to announce that the trishaws are back on the road doing community rides again! For those not familiar with our project, we are a voluntary group with the aim of taking local residents who are not able to cycle themselves, out for free rides on local paths. We use risk assessed routes and take our passengers out in the fresh air to allow them to feel the benefit of our beautiful local scenery and nature and to share

We are very excited to be seeing all our lovely passengers again. Thank you to venue co-ordinators at the Day Centre, Causeway Court and Ashley House who help make the process all come together. We also offer bespoke rides. So, if there is anybody who could enjoy this, but is not based at the venues above, please do contact us by email (address noted below).

We really want to give a big thanks to local business, Gutters to Glory, who assisted us with power washing thestorage container where we hold our trishaws. This preparation work was really required as we need to paint the unit and they carried this out without any fee and in horrible hailstone weather. They are stars, thank you so much!

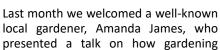
If you would like to become a pilot (cyclist), we are actively seeking new volunteers at present. If you are interested, please do contact us on our email noted below. This is our only planned recruitment session for 2022. Free PVG checks are carried out for any new potential volunteer and the expectation is to do a minimum of one ride per month. Full training on the trishaws will be provided and our super friendly pilots will buddy up with you until you are completely comfortable and confident to take passengers out yourself. If you think this is something which would be of interest to you then we would love to hear from you. Don't let the thought of the heavy cycle put you off; we'll let you into a secret....the bikes are electric. Ssshhhh!

If you do see us out and about, we only have one golden rule, give us a wave and a smile.

Please get in touch by email at KinrossTrishaws@gmail.com.



Kinross Climate Cafe





helps people's health and well-being and how gardeners can support wildlife and the environment. There are 22 million gardens in the UK which provide an important function for locking in carbon and reducing climate change.

From a young age Amanda has been a keen wildlife observer and plant grower. Her love of gardening has led to her engagement with the local community by running the Potager Garden in Kinross, the Little Seedlings club at Dobbies and being an active member of the Milnathort and Kinross Allotment Association.

Amanda talked about her experience of a need for being outside and having a garden. This need for access to green spaces is important to everyone for their mental and physical health. Particular benefits come from working outside, observing the change in a garden throughout the seasons, and being in close contact with nature.

Amanda showed how, through growing a wide variety of plant species, we not only help to minimise climate change but also can improve biodiversity. This is achieved through a reduction in the use of chemicals, fertilisers and pesticides, using peat-free compost, an introduction of biological pest control, and ecological gardening methods (e.g. composting



kitchen waste). The end result is a more balanced garden ecosystem where, for example, pests like slugs provide food for mammals such as hedgehogs or frogs. More information can be found online at https://www.zerowastescotland.org.uk/organics/composting.

If you are in need of a garden, but do not have one, there is now an option to borrow a space in someone else's garden. More information can be found online at https://www.lendandtend.com/

This month our group is meeting on Monday 2 May at Milnathort Town Hall at 7pm. We will discuss green energy and practical solutions for individual householders in view of the huge surge in gas and electricity bills. Our guest speakers are two local residents, Claire Martindale and Joe Giacopazzi, who have successfully switched to sustainable energy sources. Everyone is welcome. For more information contact Gosia Stanton by email at climatecafe@kleo.org.uk.

Kinross Camera Club

kinrosscameraclub.org.uk/wp/ www.facebook.com/KinrossCClub



Find us on Facebook

Our final meeting at the end of April brought our 2021/22 season to a close. Attendees enjoyed a face-to-face meeting in Kinross Church Centre where we got together to enjoy a fun quiz night and a raffle. We are pleased to report that, despite Covid-19 restrictions preventing most of our in hall meetings, we have still managed to run a full and varied schedule all year with most of our meetings being held via Zoom. The great advantages of Zoom has also meant that we enjoyed presentations from speakers far and wide who would not usually be able to join us due to distance. We have enjoyed many presentations from all over the UK and even one from Namibia.

Where restrictions allowed, we have had a few face-to-face meetings in Kinross Church Centre. We preferred to hold competitions in person when possible in order to appreciate the fantastic mounted prints many of our members entered. Several club members are continuing to shield and isolate so we have decided to schedule a combination of Zoom meetings and in person meetings next season beginning in September. This will allow all members of the club to participate in as much of the programme as possible.

Our annual dinner will be held on 7 May. This is always an enjoyable get together bringing the season to a close. Hard earned trophies for competition winners will also be presented. This is definitely an event to look forward to as we have not been able to hold the dinner for the last two years.

Work is already underway to create the 2022/23 syllabus and this will be available on our website later in the year.

If you would like to learn more about Kinross Camera Club and the activities and events coming up later in the year please contact us by email at secretary@kinrosscameraclub.org.uk.

Kinross Garden Group

Our speaker for April was Dr Greg Kenicer from the RBG at Edinburgh and he certainly knew his stuff about plants. He gave us a very educational and amusing talk about how we could use them to best effect in our own gardens. That is the end of the winter season except for the postponed festive lunch. This will now take place on Thursday 12 May at The Green Hotel, meeting at 12.30pm for lunch at 1pm. All those attending should have chosen their menu and paid the treasurer.



Leucojum Aestivum by Ian Jones

We shift into summer mode from June to September when we have a series of garden visits planned, starting off on 9 June with a trip to Traquair House at Innerleithen. For more details contact Caroline Anderson on 01577 864589.

Circle Dancing

We continue to hold classes each Tuesday and Wednesday in the Dance Studio in Kinross. If you would like to know more about circle dancing, please get in touch by email at lynne244@btinternet.com. I would be delighted to answer any questions you might have.

Common Grounds

www.spanglefish.com/ commongroundscharitycafe



We continue to welcome old and new friends for our coffee mornings on Tuesdays and Saturdays. An extra coffee morning is to be held on Friday 6 May, at the usual time of 10am-12.30pm and everyone is welcome. If this proves to be a popular day then it will be extended in the future and may well become a permanent fixture, so please come along!

Our next big event will be on Saturday 4 June to celebrate the Queen's Jubilee. We hope to celebrate in style and ask you to dress up for the occasion with either a hat or dress if possible. Hopefully a good party can take place!

Common Grounds contacts outside opening hours are Elaine Mathew (Co-convenor) on 01592 840266 or Gaylor Hoskins (Co-convenor) by email at gaylorhoskins@hotmail.co.uk.



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Kinnesswood in Bloom

We are now well into Saturday work parties with recent ones held at Gamekeepers, the Picture Garden, the Rose Garden and Portmoak Primary school. It is fine to be out



and about again and meet folk from the village as we get down to weeding, cutting back and planting.



Our first three afternoons in the school grounds have gone well with the three older classes learning about composting, checking out the lights operated by the solar panel on the shed, being able to name tools and planting seeds and the first of the seed tatties. The polytunnel will certainly be full by the end of the summer term. You never know, there may even be some grapes from the vine in the autumn. The children are enjoying the practical work and will soon see progress in what they have been planting.

We had our first face-to-face meeting in the Well Country Inn on Thursday 7 April. Jan welcomed everyone back and we agreed it was good to be back. Since we last met considerable funding has been awarded to the group and new equipment bought. It was agreed that the Friends of Kinnesswood in Bloom leaflets and sponsorship letters would go out in early

We have learned that the local competition is to be judged in the autumn this year and Beautiful Scotland judging starts the week beginning 4 August.

The 'village people' are now ready to set out at the end of May. We are very grateful to all the people who have knitted, sewn, crocheted or used artistic skills in dressing these figures and making bees and honeycombs. It will certainly be a colourful display. As usual there will be a trail to follow and questions to answer.



Cherry Blossom (Sakura) is the unofficial flower of Japan

Recipe



Supplied by Kinnesswood in Bloom

We go back to the 1950s for this well-known recipe. It says to use curry powder and maybe nowadays people will be mixing their own curry powder.

Quick Coronation Chicken Salad

Inaredients

- 5 tbsp mayonnaise
- 1.5 tsp medium curry powder
- 2 cooked chicken breasts, shredded
- 100g bag salad leaves or watercress
- Half a cucumber, halved lengthways and sliced
- 100g cherry tomatoes, halved
- Juice of one lemon
- 1 tbsp mango chutney
- 3 tbsp olive oil
- 2 naan breads toasted and torn into large chunks
- 2 tbsp toasted flaked almonds

Method

In a bowl mix together the mayo, curry powder, chicken and some salt and pepper.

In another bowl toss together the watercress or salad leaves, cucumber and tomatoes. In a small bowl whisk together the lemon juice, mango chutney, olive oil and season to taste.

Toss half the dressing with the salad and arrange on a plate then add the chicken and naan chunks on the side. Drizzle with the remaining dressing and sprinkle with the toasted almonds.

Lomond Antique & Collectors Club

On Wednesday 13 April we welcomed Mr Tom Bryson to our meeting. Tom offered as his topic 'Sakura - The Blossoms of Japan,' and shared with us his photographic tour of Japan undertaken in March 2014.

Planning a holiday based upon the likelihood of seeing the famous cherry blossom in full bloom can be a risky undertaking given that the cherry is in full bloom for only a period of two weeks or so and that the flowering times vary depending upon which part of Japan is visited. Tom, with the accurate assistance of the Japanese Weather Association (who publish annual predictive maps of when blossom will be at its best) hit the dates perfectly. His talk, interspersed with photographs of major tourist sites of interest, gave us an insight into the importance of 'Hanami' (flower watching) and the length people will go to secure a favourable spot to view the blossom festival where businesses and families gather for outdoor celebration accompanied with food and the traditional Saki (rice wine) of Japan.

Cherry Blossom (Sakura) is the unofficial flower of Japan and blossom time becomes a good luck symbol for the people.

Club & Community Group News



Scottish Schools Championship KHS Kinross Curling Team members

Marriage ceremonies during the period are very popular providing colourful photo opportunities. Tom managed to capture several such occasions in film. Travelling extensively in pursuit of the blossom he saw a snow-covered Mount Fuji, the bullet train, memorials for the bombing of Hiroshima and much more. Matsumoto Castle (the Black Castle) was of particular interest for its method of construction using only timber and rope joints; intricate and very skillful use of rope to join timbers together to form the framework and showcased the ancient building art of the country.

The practice of supporting ancient trees using wooden poles was also displayed maintaining the Japanese love of trees and highlighting the delicacy with which tree pruning and management is approached.

Members enjoyed a fascinating afternoon and our thanks go to Tom Bryson for his enthusiasm and obvious photographic

The next LACC function is hoped to be an outing to the newly refurbished Burrell Collection on Wednesday 25 May.

> Contributors – please send your item well before the deadline if you can



Kinross High School

will succeed during their final exams.



Our young people in S4 to S6 are currently participating in exams. This year is the first time that exams have taken place since 2019. In January over 2000 prelims were sat by these pupils. We are so pleased with what they achieved and are sure that they

Some pupils represented our period inclusive initiative called 'Go With The Flow', at Kinross Famers' Market at the end of April. We are happy to say that we have distributed over 2000 free period pads and tampons to pupils since the launch to pupils in September 2021. Lots of free period products were available at our stall and there was also a chance to win a Swedish neck and shoulder massage from The Complete Look.

Before the April break our pupils took part in virtual activities in school and excursions leading to exciting competitions.

Around half a dozen pupils took part in the Enterprise Academy in March. They were supported virtually by industry professionals who took them through selling different types of products including fast food and flowers. Pupils had to adapt to the changing environment and trending items so that their businesses did not fail.

'Perform in Perth' was an opportunity for the school to show off some our talented musicians. The competition was strong but we won the advanced string category; the string orchestra won with their highest score to date (they scored 93)!

Amy in S2 also won her classes and the trophies for 'Most

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KHS String Orchestra

Promising Player of Xylophone' and 'Most Promising Player of Timpani'. For those who are not musically inclined, timpani (also known as kettledrums) are musical instruments in the percussion family.

The Kinross Curling Club took part in the Scottish Schools Championship in March. Held in Aberdeen, they made it to the semi-final! Unfortunately, that was the point where they encountered the team that went on to win (and contained a couple of performance academy curlers!). However, they were an absolute credit to the school and Kinross Curling Rink. The team included four of our pupils, namely Hannah (S6), Calum (S5), Holly (S1) and team Skip, Finlay (S1).

Milnathort & Kinross Bridge Clubs

Our summer bridge sessions begin on Monday 2
May at the usual time of 6.45pm in Orwell Church
Hall. The now well-established pre-booking system will
remain in place and we look forward to welcoming some
members from Dollar Bridge Club, as in past years.

The number of tables permitted is limited and we operate a first come, first served system. Therefore, it is essential that any member from Dollar club, and indeed the home club, informs Gloria Wilson at least one week in advance of the date they intend to play.

Results: Winners, North/South, East/West, 4 April, Sandy Greenhill/Nicol Tomney, Jessie Mitchell/Liz Pottie; 11 April, Willie Young/Jane Smith, Cath Ballantyne/Marion Forbes; 18 April, Willie Young/Jane Smith, Jan Hill/David Poole.

The final evening of the winter bridge is party time with supper and prizes provided.

In March two pairs from the club expanded their experience and entered the online Central District qualifying heat in the Scottish Bridge Union (SBU) National Pairs competition. From 27 pairs, Sandy Greenhill and Jim Marshall came 8th and, to their surprise, qualified for the national final. Jan Hill and Richard Melville narrowly missed out, finishing in 11th place.

On 9 April, 24 pairs contested the final. This proved to be a marathon affair lasting over 6 hours. Competing against some of the top players in Scotland, Sandy and Jim admit that they did not play their best but they did not finish in last place; in fact they are now proudly claiming to be the 23rd best pair in the country! Well done Jim and Sandy.

Kinross Bridge Club started playing face to face bridge again in February on a Thursday afternoon in their new venue at Orwell Bowling Club in Milnathort. Everyone was delighted to get together after nearly two years and enjoyed some challenging hands with varying success! As previously, Kinross do not play over the summer months but look forward to resuming again on Thursday 22 September.

New members and visiting guests are always most welcome to join the play. For further information contact Gloria Wilson (secretary) on 01577 862553.

Kinross and District Art Club



www.kadac.co.uk

Members recently enjoyed a demonstration by Bridge of Earn artist Barry Allan Scott. A graduate of Duncan of Jordanstone and the University of Maryland USA, Barry has an impressive record of creating works of art in various mediums and on a wide range of subjects including portraits, landscapes and life drawing. He has also received awards for his studio practice and teaching skills and has taken part in artist residency programmes in Florida and Vermont in the USA.

From his studio in Bridge of Earn he now teaches classes and takes commissions. For his demonstration at KADAC he chose a dramatic view of the iconic Kinnoull Tower near Perth and which



Club & Community Group News

he painted in acrylics. His artistic talent and skill, combined with his engaging personality and excellent communication skills had members transfixed for the duration of the two-hour session (with a short break for tea or coffee!)

Learning how to prepare a canvas for painting and how to build up a landscape in acrylics were incorporated seamlessly in this comprehensive presentation which allowed members to comment and question throughout. Details of Barry's classes and commissions are on his website at barryallanscott.art

The Kinross and District Art Club meets every week on Tuesdays and Fridays (2-4pm) in Millbridge Hall. If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.

Kinross Cubs

In mid-March the cubs took part in spaghetti challenge which required them to build a bridge using spaghetti. They then tested their bridge to see how strong it was using bottles of water with different amounts of water in them. The cubs were also getting creative as they made Mother's Day cards.

As the term progressed towards the Easter holidays the cubs were working on the Disability Awareness badge. They were learning their names, greetings and the cubs promise in British Sign Language, converted words into and out of braille, were understanding the difficulties of being blind as they tried to draw an object whilst blindfolded. They also took part in a disabled assault course. A great time was had by all.

For the final meeting of the term the cubs made dreamcatchers and also did some aboriginal dot painting. We also managed to squeeze in a game and ended the evening with the cubs being presented with the badges that they had achieved this term.

We have also been busy this term with some special presentations. Congratulations to Andrew, Ewan and Euan who were presented with their Chief Scouts Silver Award (pictured above right). Bravo!

We said goodbye to Benjamin and Gareth who are moving on after spending the last couple of years with the Pack. We hope you have a great time on your next adventure!

Finally, we also said goodbye to our cub scout leader Sandy, who is taking a step back from the cubs leadership team. Thank you for everything you have done for cubs over the last couple of years. It is very much appreciated!

We currently have some spaces for young people aged between 8 and 10 years old. If your child would like to join us then please send an email to the address below for more information. If you would like to get involved with 1 Kinross Cubs and see how far your young one can grow, then please email kinrosscubs@hotmail.com for more details.

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Chief Scout Silver Awards

Kinross Beavers

As the programme rolled into mid-March the beavers had a great night learning about first aid. We learnt how to deal with cuts, how to place someone in the recovery position and role-played phoning an ambulance. All the beavers did really well, especially knowing how to speak calmly and clearly when talking to emergency services and describing the situation. Well done to all.

The weather was nice the following week, so we decided to start the night off with some games outside in the late evening sun to burn off some energy. We then went back inside to discuss CHAS; watching a couple of videos to learn how they help families in need. We even got a virtual tour of Rachel House, which generated a lot of discussion. At the end of the evening the beavers discussed what they could do next term to help raise monies for CHAS. Look out for a sponsored walk coming up in the summer programme.

And so, to the last night of term, which saw the beavers discuss and answer questions on their hobbies. There was a great range of hobbies, from football, to lego and gardening plus plenty others and the beavers articulated their hobbies very well. We also had loads of games outside so plenty of energy was used up. Last, but not least, we handed out lots of badges to everyone.

Are you interested in volunteering with Scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, but you will also learn some brilliant skills transferable to the workplace and further education. Please contact us by email on kinrossbeavers@hotmail.co.uk for more information.



Kinross-shire Local Events Organisation

www.kleo.org.uk



Fun at Jubilee Picnic in the Park

This year is, of course, the Queen's Platinum Jubilee and KLEO are organising a community family event to celebrate this milestone on Saturday 4 June at the Market Park (opposite Green Hotel) from 1pm to 8pm. This will be a fun event for the whole family with children's activities in the afternoon (from 1pm to 4pm) organised by Swansacre Playgroup, KYTHE and Saints in the Community, who will bring a street football unit and a Quick Feet facility. There will also be performances by local dance groups Dance Connect and Matthew Dance Academy and KYTHE youth bands.

Quick Feet facility

Enjoy some outdoor ceilidh dancing with Orwell Ceilidh Band (4pm), followed by Dirt Road–Blues party and sing along with ABBA Cadabra Tribute band at 7pm!

Other acts and bands to be confirmed nearer the time. For more info and a full programme go to our website. You can bring a picnic but there will be hot food stalls and a market area too.

Kinross Farmers' Market

The next market is on Saturday 28 May from 10am-2pm on the High Street of Kinross. The market is a great place to buy high quality, fresh food from local producers and artisan traders and to shop at the High Street's established businesses. The markets will be on every fourth Saturday of the month from April to October (apart from the July market, there will not be a market that month). The dates are as follows: 28 May, 25



Kinross In Bloom 200 Club

April Draw

1st	No 86	Denise Stephenson
2nd	No 83	Catherine White
3rd	No 17	John Davidson
4th	No 15	Molly Dobson

June, 27 August*, 24 September and 22 October from 10am-2pm. On market days the High Street will be closed from entrance Burns Begg Street to entrance Montgomery Street.

*Like last year, the August market will be a bigger market and will take place at the Market Park.

Community Choir Leven Voices

Leven Voices is a fun, informal drop-in singing group which you can join anytime. No music reading or singing experience is necessary, just come along, sing and enjoy on a Tuesday evening! The current block of 10 sessions with Horsecross Arts tutor David Mclean will run until Tuesday 21 June, 7pm-9pm at Kinross Parish Church. The fee is £4 a session.

Kinross Kacophony Orchestra

This is an orchestra for adults who like to play their instruments in a group with conductor Dougie Flower. All abilities are welcome but it is handy if you read music. Please do not worry if you have not played for a while as we are a very friendly and informal bunch. Sessions take place on Wednesday evenings from 7pm to 9pm in Kinross Parish Church and the fee is £5 a session.

For more information about Leven Voices or the Kacopony Orchestra please contact Bouwien Bennet on 01577 863107 or by email at bouwien@kleo.org.uk

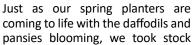
For more information about KLEO events visit our website.



Club & Community Group News



Kinross in Bloom





of over 2500 plug plants for our summer displays. At our last meeting we decided that, as a group, we will plant and hang another 20 hanging baskets this summer. The colour theme for our plants is based on the Queen's Platinum Jubilee; red, white and blue.

Over two days these plants were then transplanted into their own little pots. We now have to make sure that they are well watered and looked after until we plant them into the hanging baskets and planters around the town.

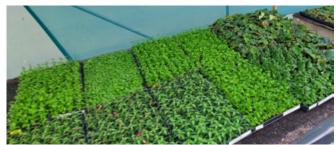
As part of the celebration for the Queen's Platinum Jubilee, we will be working with Broke not Broken in planting 15 sapling trees. If you have any suggestions on where to plant them around the town, please email susan.mitchell50@gmail.com.

Brian Darcy from the Raingardens Challenge Project came to our April meeting and gave an informative talk on the recent work which has been carried out at the Park & Ride. We will be working with the project in certain areas and helping where we can.

Our next meeting will be at 7pm on Wednesday 4 May. Anyone can attend, we would love to see you!

If you would like to help in any way (formally or informally)





please contact susan.mitchell50@gmail.com. If you can drive, we are looking for people who can drive the buggy and water the hanging baskets and planters. This will be a few times from June to September.

Kinross & District Rotary Club

www.ribi.org



With signs of spring we have been out and about, and trying some new meeting ideas.

Falklands Memories

On Monday 21 March, we tried something different; a drinks reception, a VIP talk then tea and coffee (no sit down meal), as a new way of attracting more members. The Kirklands Hotel was packed to hear Major General Adrian Freer OBE, Parachute Regiment, an old friend of one of our members, give a fascinating account of his time as a young para in the Falklands war, 40 years ago this summer. He described the appalling terrain, the bitterly cold nights, and the long hard marches onto the objective, which for them was Mount Longdon, taken from the Argentinians at a cost of over 20 young paras lives. Sgt MacKay was to win a posthumous VC. Adrian was descriptive, moving, and impressed upon everyone how it had been a 'close run thing'. The club was privileged to hear this first-hand testimony, as did over 20 veterans from all three services in the local area who were

TOP SOIL

specially invited in for the evening. President George Lawrie

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gave an excellent vote of thanks and also thanked those present for their service for their country.

Queen's Green Canopy

On Tuesday 29 March, the club participated jointly with Kinross Primary School in a tree planting event in the grounds of Rachel House. We are delighted to work with community partners. See the full story on p7.

Annual General Meeting

On 4 April we met on Zoom to conduct our AGM. Our outgoing president summarised the year's events and achievements and introduced Jo Middlemiss as incoming president. Despite continuing pandemic effects, we have manged to organise a number of community events and support both local and international communities. We are eager to increase our engagement with the community as restrictions continue to ease. Look out for us and come and say hello!

The Treekly Challenge

There is no single easy solution to climate change but planting millions of trees is a key part of it. The Treekly challenge is to maintain a daily walking habit of 5000 steps. Hit the target 5 days in a week and, in return, one mangrove tree is planted on your behalf in Madagascar. Steps recorded on your phone or Fitbit are linked with the Treekly App. Sustainable brands sponsor the app one week at a time and fund the trees earned by completing the Treekly challenge.

The Treekly Forest is in Moraharivo where we have committed to planting half a million trees. The site is managed by Eden Reforestation Projects who have, to date, planted over 830 million trees across 249 sites. Furthermore, their work has provided 11,500 local people with fair wage employment.

The club has agreed to take part in the Treekly challenge

along with other Rotary clubs across the UK. The daily walks of our members will help create livelihoods for people living in extreme poverty, educating and empowering them to restore and protect forests on a massive scale.

If you are interested in joining the challenge, visit the website at www.treekly.org/.

Young Writer

First, we offer a huge apology as we sent the story by Grace Harley for the April edition of the Newsletter. Grace's story was, indeed, superb and we thoroughly enjoyed it; we hope that you did, too. However, it was Grace's twin, Chloe, who was the final winner of the intermediate section in the club heat.

The good news is that Chloe has received a certificate from Rotary district as a finalist in our huge district; well done Chloe! Her story, 'Earth S.O.S' is below for you to enjoy:

Earth S.O.S by Chloe Harley, Fossoway Primary School

'News just in, a new planet has just been discovered, called planet earth. Our space tec is telling us that there is also human life on earth. But it has been confirmed they are destroying their planet we need to save them...

First, I am going to get closer to planet earth to see what is happening down there but before I do that, I need to put my invisibility suit on or else the humans will see me and try to get rid of me. Anyway, time to go in the teleport machine see you there. Teleporting... finally I have made it but all I see is plastic rapidly flying through the sky hmm... what can I do to take away all bad plastic and replace it with recyclable materials but for that I will need to get some robots. Luckily, I came prepared and brought 10,000 of them. I have programmed them to get all the plastic gathered up and properly disposed of. Now I can go on to the next mission.

Woah, that was close there are so many metal boxes whizzing







t 01577 861440 e info@kinrossstovecentre.co.uk

www.kinrossstovecentre.co.uk







all over the place, but humans call them cars. I know, right, how bizarre but anyway they are bad for the environment. They are spewing out toxic gasses, but I am here to help so I will make them a new car... a car that is electric and gives no toxic gasses, but I need a name for this new car how about... Lamborghini no to long how about Ferrari Hmmm... oh I know Tesla yes that is good now.

Wait what is that?? creatures with four legs and makes a sound that goes 'moo.' I am going to get a closer look, oh wow it's eating the ground how unusual. And the smell according to my nose senses that smells like methane to me. I told the creature to stop eating the ground, but it just walked away going moo maybe, I cannot help this one.

Now that I am back in the studio and I can report that the Humans are starting to make changes to help their environment, let us hope they can make the difference. Maybe one day they will have restored Earth back to just as beautiful a planet as ours. Now over to Frank with this week's space weather...'

Young Writer National Finalist

Some more good news is that Isabelle Gallier, also from Fossoway Primary School, has won the district junior round and her story, 'My Diary', has now gone forward to the national final! Very well done, Isabelle, and good luck!

Swing Fever

Club members will be providing support to Rotarian Richard Scott in May during his Marathon Swing Challenge (see details on page 22.)

Richard is one of our associate members. This allows an individual to become associated and acquainted with a Rotary Club, its members, its programmes and projects and the expectations of club membership with the intent of becoming an active member when circumstances allow. This option ideal for anyone interested in becoming involved, but whose working and family life may not be presently compatible with more regular meetings. Our associate members often find that the monthly breakfast sessions are ideal times to attend some meetings and enjoy getting involved with activities that

are manageable along with other commitments.

Richard has invited us to raise funds alongside his personal challenge. The club are hoping to raise £1000 in support of 'Rotary Covid-19 Response to Vaccination' and continued preventative measures worldwide. Tapping into decades of experience in bringing polio to the brink of eradication, Rotary members worldwide are helping health authorities communicate lifesaving information about Covid-19 and vaccination, combatting misinformation, supporting fair and equal access to vaccines, and curbing the spread of the virus by donating protective gear and other supplies to clinics and hospitals that are under strain.

Get Involved

With a variety of meeting styles, times and content, and a range of activities to get involved with, our club is inclusive and welcoming. You may be wondering what joining the club offer you and what can you contribute? Do you want to find out more? Contact us by email at secretary.kdrc@gmail.com for more details.

Anyone wishing to attend any of our meetings should contact secretary.kdrc@gmail.com

Portmoak Community Woodland Group



www.portmoakcw.org.uk

We have had a lot of questions about the poles topped with yellow strips which are dotted about Portmoak Moss. They clearly mark out special areas but why?

Well, they have been there for a series of events. Bog snorkelling might seem the most obvious one but we are not that interesting! Regular readers will know that the most fun we have in the centre of the Moss, is pulling birch saplings out of the peat.

It is very tough work on your own (although it is a good excuse to commune with nature) but when a whole bunch of volunteers turn up it can turn a grey Sunday into a really good opportunity to meet a lot of folk and do some good for the planet. We are helping to restore the peat bog as it traps



Club & Community Group News

and stores carbon. So, yes, the markers have a crucial role to play in telling us which areas are suitable for tree removal.

At the beginning of April two teams of volunteers joined us; the wonderfully named Bog Squad, based in Stirling, and the Lothians Conservation Volunteers, from around Edinburgh. Both groups are highly professional and experienced and it was great to survey the site at the end of the day and see the long swathes of peat bog, between the marker sticks, beautifully clear of the wee trees which suck water off the bog and dry out the peat.

You can read more about why we're doing all this work in the new blog section of our website but, in brief, we need to keep the peat as wet as possible to encourage sphagnum moss (a plant unique to bogs which eventually dies and rots down) to form more peat.

We have now finished birch pulling for the summer because it is time to leave the centre of Portmoak Moss and allow ground nesting birds to move in. Some meadow pipits were keeping a close eye on us while we worked and they may be the first to take up residence.

Apart from clearing another area of bog, the fruits of our labour can be measured by the large heap of spruce and birch piled up next to the main path across the peat dome. It looks as though we are creating a new racecourse jump, like Becher's Brook, but it is there for no purpose other than to demonstrate how much effort we have all been putting in.

There is nothing we enjoy more than feeling smug after a hard days' work and savouring a pint. On that note it is good to report that meetings have resumed every third Tuesday of the month at The Well Inn, Scotlandwell, starting at 7.30pm. Feel free to join us.

Kinross Centre

The weather is getting so much better and spring is definitely in the air. The daffodils look amazing.

We were busy last month with lots of activities and an afternoon trip to Glendevon. Unfortunately, we were a bit constricted due to staff shortages but are now back to normal and thank everyone for their understanding and support.

We had to cancel our barge trip in April so our first one is now on 6 May. We all love the barge trips; relaxing along the canal, having a picnic, and watching all the wildlife. It truly is amazing.

Our day trips for this month are yet to be arranged. We are also planning our Queen's Jubilee event which will start on Monday 30 May and finish on Thursday 2 June with a

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concert. Events will include bingo and a quiz with royal themes and much more.

Meanwhile, please stay safe.

We would love you to be involved with the Kinross Centre, either as a service user, a volunteer or as a supporter. If you would like further information, please contact Nan Cook on 01577 863869.

KYTHE

We celebrated the achievements of our young people by holding the inaugural Youth Scotland Awards celebration in March.



Youth awards are individual learning awards that provide a framework to support quality work with young people aged 10 plus. They can be tailored to support any activity and offer formal recognition and accreditation for the achievements of young peoples.



Following a plan-do-review process and recording their activities and learning over the last 18 months, 14 young people achieved these awards; 5 at Hi5 level and the other 9 at Dynamic Youth level. However, due to the various restrictions of Covid-19, this was our first opportunity to celebrate their achievements.

John Duffy, from Youth Scotland, joined Gillian Lindsay (who leads the Youth Awards Support Group each week) for the evening, noting that these awards are tailored to the individual and are as diverse as art and crafts, music, guitar repair, outdoor activities, photography, graphic design and volunteering to support other young people at KYTHE.

The young people were delighted to receive their awards and have their hard work recognised and their parents were equally pleased. Here are some of the comments:

'It means a lot to me with all the work that I've put in.'

'It's made me more confident in myself and what I do.'

'I can't say enough just how much KYTHE inspires him, it's great for the kids and they absolutely love it.'

'The activities at KYTHE tapped into her strengths, with the right pace and encouragement. It's great for her to have an achievement out with school. She has grown in confidence and is much more independent, and we are very, very proud of her.'

This is sure to be the first of the Youth Awards celebrations, as many of these young people are on target to complete their Youth Achievement Gold award (equivalent of SQA Higher level) and even Platinum (Advanced Higher level!) We expect more to join them, as this is an alternative means for young people to achieve a recognised award, that is not academic.

For more information on Youth Scotland Awards at KYTHE, or if you want to support more young people to increase their confidence, abilities and therefore wellbeing get in touch by email at gillian@kythe.org.uk.

We were delighted to welcome Eileen Rock to the KYTHE Team as Head of Development. Her role involves raising funds to finance future new initiatives and projects. Over the coming months she will be building a calendar of events and challenges which we hope you and your family and friends may wish to support. So, if the idea of a 5k run, a 13,000ft sky dive or perhaps hosting a gentler cake sale sounds an appealing way to raise funds for KYTHE, then we'd love you to get involved! The team, will, of course, be on hand to offer advice and provide fundraising support. However, if you wish to support with direct financial input, this is always required. The greater the input, the greater the impact on our young people in transforming their lives.

If you would like to discuss how you can support KYTHE and help to make a difference, please email us at fundraising@kythe.org.uk.

Loch Leven Community Library



www.culturepk.org.uk

Naming Competition

Members of the public now have the opportunity to become part of history, and future, by naming the new national museum currently under construction in Perth's City Hall.

Opening in 2024, the new museum will house the Stone of Scone, also known as the Stone of Destiny, an object of UK and Scottish importance used to crown Kings and Queens since the ninth century.

Suggestions for the new name can be submitted online at www.surveymonkey.com/r/cpkmuseumnaming

Book fines

Culture Perth and Kinross Libraries are to bring some good news to the many library users across Perth & Kinross by scrapping library book fines! From 30 April, library users will no longer need to pay fines if they return their books later than the due date.

Storytime

Storytime sessions are back at Loch Leven Community Library! Come along and join our fun storytelling session with your child on Friday mornings. Sessions will run weekly, every Friday from 11.30am—12pm. These drop-in sessions are for pre-school age children and there is no need to book. For any queries, please get in touch with Loch Leven Community Library.

Bookbug

These sessions are held at Loch Leven Community Library every Wednesday afternoon from 2–2.30pm and Saturday morning from 10–10.30am. They offer fun, friendly sessions of songs, rhymes, and stories. These sessions are suitable for babies, toddlers, and pre-school children to enjoy with their parents and carers. To book a spot at any session, please contact Loch Leven Community Library.

PKVAS Drop-in

This session for unpaid carers will be available in the library from 10am–12noon on 4 May. PKAVS support over 1,400 carers of any age in Perth & Kinross, who look after family, partners, or friends, improving the quality of life for many in the local area. Pop in to find out more.

Café Books

The café returned on 30 April at 1.30-2.30pm in Loch Leven Community Library (please note that this takes place outwith



Club & Community Group News

regular library opening times). We will be re-launching our 'Café Book Club' which is a monthly, informal get-together over a coffee to chat about our favourite books and pick up some recommendations on what to read next. This is an opportunity to meet with other book lovers and share your passion for books. Please contact the library in the first instance if you intend to come along.

Digital Maker_Space

You can have free access to the latest cutting-edge technology and the entire Adobe creative cloud at Loch Leven Community Library. Our space offers a creative working zone for everyone, including community groups, creatives, small businesses, and individuals. Please contact us if you would like more information.

LLCL Opening Times

Monday Closed
Tuesday 10am-7pm
Wednesday 10am-6pm
Thursday 10am-7pm
Friday 10am-6pm
Saturday 10am-1pm
Sunday Closed

You can contact us by phone on 01577 867205 or by email at lochlevenlibrary@culturepk.org.uk.

Glenfarg Folk Club

Glenfarg Folk Club

www.glenfargfolkclub.com

Our 'Movable Feast' folk festival took place on 8-9 April and it was a great success. On Friday

we had a 'Gaitherin' where we were entertained by club members who gave us a wonderful mix of song. We also featured two special guests, Jack Law and Allan Hunt, both of whom treated us to more modern folk and Americana. Everyone sang along and we thank them.

On Saturday we had a singaround, floorspots and then the song competition. Ray Kelly was this year's winner of the Salver for her original 'Travel' song; a bluesy number featuring a Harley Davidson. The collection taken for Ukraine netted just short of £100 which the club will round up.

In the evening we welcomed Dave Gibb who had us both laughing and feeling sad with his mix of songs. Dave was followed by Rallion, a great folk band, then Christine Bovill who is renowned for her Piaf and Paris shows. Christine credited the club with setting her on the road to becoming a full time performer. While it is her talents that have ensured her fame, it was nice of her to say that. She was accompanied by her equally talented pianist sister, Carissa Swan. A great time was had by all with plenty of fun and laughter, and it was even better after the last two years of Covid-19.

This coming month we have a full programme of artists coming to our sessions; Luke Daniels, Paul Walker and Karen Pfeiffer, Gnoss and Forgaitherin. (see our website and Facebook page for full details) We hope you will come along but, in these uncertain times, please check out our Facebook page or contact us by email at info@glenfargfolkclub.com to

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ensure there have been no late changes. We meet in the Memorial Hall in Gateside on Mondays for an 8pm start.

Diary Dates

2 May Singaround9 May Luke Daniels

16 May Paul Walker and Karen Pfeiffer

23 May Gnoss30 May Forgaitherin

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Kinross Park & Ride Raingardens Update

Rain at last! Well at least some of us were pleased... the seeds sown in the dry and very well drained soil at the transformed Park & Ride are now growing and the first flowers have appeared on some of the plug plants.

The earliest flowers to emerge were Lady's Smock, an attractive plant of wet grassland, formerly widespread but the extent of suitable habitats has been shrinking as drainage work destroys its habitat requirements.

Over the coming weeks and months there should be a good show of wildflowers in the two new raingardens. The biggest issue that might affect that is the risk of cars parking on the plants. We await revised demarcation lines from the council, to make it clear to drivers that the parking spaces end well before the edge of the tarmac.



Lady's Smock, the first wildflower to appear in the new raingarden at the Park & Ride

Annual General Meeting

We will again hold this year's AGM by email and electronic survey, as we did in 2020 and 2021. This will take place in May. It is hoped that we may be able to have an in-person event of some sort later in the year.

Portmoak Hall 100 Club

March Draw

1st No 108 Mary Nisbet Kinnesswood

2nd No 72 Joan Smith Scotlandwell

3rd No 47 Stuart Arbuckle Scotlandwell





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Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

www.ramblers.org.uk/kinross-ochil

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser-known places that surround us. We are a friendly, relaxed group and, if you'd like to try a walk with us, you will be made very welcome.

Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm shop or pub for refreshments, but this is entirely optional.

Tuesday 10 May, Glenfarg Ramble

A gentle walk on the hill to the east of Glenfarg, followed by

a stroll through the village. We return through the park and the delightful community garden.

Tuesday 24 May, Blairadam Forest

The walk proceeds north past Blairadam House and continues anti-clockwise on forest roads, along a riverbank and back to the start.

Tuesday 7 June, Cupar to Cairnie Fruit Farm

After a slight incline at the start, this then becomes an easy country walk on quiet roads and tracks. The walk is 5 miles long, but we break for refreshments at Cairnie Fruit Farm and then return to Cupar taking the same route back.

Contact

For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Edna Burnett on 01577 862977.



Weekend Longer Walks

Weekend walks are a degree more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink and also that you have appropriate outdoor clothing and footwear.

Sunday 1 May, Muckhart and Crook of Devon, 9 miles

This walk uses a mixture of small private roads and paths between the villages of Pool of Muckhart and Crook of Devon. Saturday 14 May, Gargunnock Hills west of Stirling, 8.8 miles A circular walk around the Gargunnock Hills with spectacular views over Stirling.

Sunday 12 June, Glen Quey and Dollar Glen circular, 11 miles Starting from Castlehill car park, the walk goes through Glen Quey, Dollar Glen and then into Dollar. The return journey takes in views of Castle Campbell above Dollar, circling back from there to the starting point. This is a relatively long walk which also includes a few ups and downs. In addition, there is a steep descent into Dollar Glen, so the use of walking poles is advised.

Contact

For further details of where to meet us for weekend walks, or for general enquiries, please contact Sandra Wilkinson on 01577 865472.

Fairtrade in Kinross-shire



Many of you may have watched the recent documentary about child labour being used in the

production of chocolate. If you would like to ensure that the chocolate you are enjoying is produced using sustainable farming practices, no child labour and that the farmers who grow the cacao beans have been paid a fair price then please make sure you buy chocolate with the Fairtrade mark. One of the brands sold locally is Divine Chocolate which is a company which is co-owned by farmers from Ghana. We are very grateful to the local shops which

stock a great selection of Divine Chocolate for us (Hunters in Kinross and Wintons in Milnathort) so please buy some when you are shopping locally!



Please contact us through Kinross Parish Church Office if you would like to purchase some Traidcraft goods, or go online and purchase directly from www.traidcraftshop.co.uk.

Scotlandwell in Bloom

We will be hosting a plant and bake sale on Saturday 7 May at the Well Country Inn, Scotlandwell from 10.30am-2pm. This will be an outside event and various stalls will be set up in the car park. There will be a



variety of plants (flowering and vegetable) for sale, plus stalls of delicious home baking, home-made jams and chutneys. Coffee and cake will also be on sale indoors, so it is a great opportunity to shop locally and catch up with friends for coffee, cake and a chat. We look forward to welcoming you on 7 May.

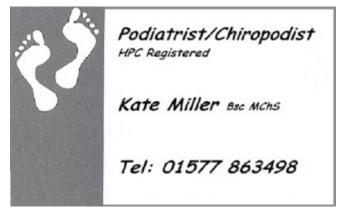
Kinross and District Men's Shed

The men at KDMS are working hard to try and get back to normal after the last lockdown. We have reopened the social area for tea and coffee, the cycle workshop continues to repair and convert bikes to electric, as well as repairs to mobility scooters. The woodwork workshop is now completed with machinery, tools and dust extraction and is being used for new wood projects as well as restorations.



Handmade wooden model of a Volvo truck lovingly restored by Jack to help bring back precious memories

We know it has been hard for all and for some it has been difficult to get back out and mix again but we would encourage all the men in the area to venture along to see our new premises and see what we have for you. You might want to learn new skills (computing, woodwork, metalwork or bike maintenance), or share your skill with others. Play Boccia, pool, darts or dominoes. Or 'chew the fat' over a cup



Club & Community Group News



Duncan posing with our new painting by KADAC

of tea. We would love to see you. Face masks and regular hand cleaning are still advised to keep everyone safe.

In March St Andrews First Aid held an 'Emergency First Aid course' in the shed for our members. We had brilliant day and enjoyed fantastic instructions and demonstrations. It was an excellent and informative course in emergency first aid which we would strongly recommend; so much so that we plan on running another course. If you are interested please get in touch.

With the assistance of a P&K CIF funding we are now in the process of purchasing a box trailer to allow us to attend local markets which will help us raise funds by selling our goods, projects and products made by the men.

Last month we hosted the quarterly Perth & Kinross and Clackmannanshire Sheds network meeting with over 30 men representing sheds from the area. We discussed how to get back to normal after Covid-19 and each shed shared encouraging

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news of their own. Alan and Jim gave demonstrations with the 3D printer and their homemade CNC machine.

A new video produced by Marc Heath at D3 Audio and Visual can be seen on the 'We Love Loch Leven' Facebook page and also on our page.

Kinross & District Art Club generously gave up their time to paint a beautiful mural (3m by 1.5m) of Loch Leven on a wall in the social area. We are absolutely delighted with the painting and we are extremely grateful for all their hard work. All the artists have done a wonderful job of painting the mural and everyone who has seen it has commented on how fantastic it is. It will become a very popular and meaningful focus point for us all. We would like to relay our gratitude to Dallas, June and Glenys and to all the artists who applied their skills and contributed to this fantastic artwork.

Duncan continues to take on all comers at Boccia; so much so that he has started a tournament where the men enjoy the banter as well as the competition.

Our doors are open to all men, young and old. We are now open on Monday, Wednesday and Saturday, 10am-1pm. Come and see what is there for you. We may be retired from work, but we are not retired from life. For more information, or to get in touch, visit our website or find us on Facebook.

Kinross Inner Wheel

The club held its AGM on Monday 11 April, discussing the future programme and various points of business. This was followed by a very pleasant afternoon tea and we are grateful for the hospitality shown us by member Margaret Timms.

The next meeting, programme to be confirmed, will be on Monday 9 May at the new time of 2 30pm. Anyone wishing information on the club, please email jenny101@icloud.com.





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SWI



Carnbo SWI

President Heather Dennis welcomed everyone to the April meeting with a special welcome for Stephanie Wilks from Chest Heart and Stroke Scotland who gave an interesting talk on the work of the organisation. Edith Sands gave the vote of thanks.

Competitions

Flower Of The Month: 1st Barbara Nicol,

2nd Linda Band;

Easter Bonnet 1st Angela Browning,

2nd Linda Band.

The next meeting is the AGM on Monday 16 May at 7.15pm in Carnbo Village Hall.

Glenfarg SWI

At our April meeting, president Margaret Scott welcomed members and visitors, including six from Carnbo SWI. They entertained us by presenting an interesting and informative demonstration on découpage, carried out by Angela Browning. Angela showed a great variety of articles she had decorated, including a piece of bark, candles, soap, a mirror frame and demonstrated how to cover the outside of a clear glass bowl, using wallpaper or single ply decorated napkins, before applying pearlised paint. The end result was a beautiful bowl and, as the decoration was on the outside, this could be used for displaying or serving food. The vote of thanks was given by Margaret Scott and Glenfarg members were reminded that the AGM will take place on Thursday 12 May at 2pm in Glenfarg Village Hall.

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Competitions

Easter Bonnet 1st Alison Harrison

2nd Sheena Chisholm3rd Lynda Stewart

Three Rock Cakes 1st Margaret Scott

2nd Linda Martin
3rd Lillias Johnston;

Flower Of The Month 1st Lynda Stewart

2nd Helen Quartermaine **3rd** Lillias Johnston.

Cleish SWI

President Agnes Thomson welcomed 24 members and two visitors to our April meeting. After business Agnes introduced Wilma Carragher who presented an interesting and informative slide show on her experiences in India. Wilma has visited Calcutta in India twice doing volunteer work with abandoned children in Mother Teresa's home. There are 700 Mother Teresa's homes in the world and three are in Scotland (Dundee, Glasgow and Edinburgh). Helen Buchanan thanked Wilma for the most interesting talk learning about the good work she did while out in Calcutta.

Competitions

Flower Of The Month, Judith MacLaren

Easter Card Alison Morris

Decorated Boiled Egg Marion Laird



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DOG OF THE MONTH



Blue

Could YOU give Blue a home?

Blue is a gorgeous, wee blue boy. He is an endearing lad who tries to keep his kennel clean and is non destructive in it. He walks nicely on the lead and seems to get on well with his fellow hounds but not with small dogs. He is a friendly chap who loves to stand at his kennel gate and enjoy chin scratches from passers by. He will make a loving wee pet.

Adopting A Greyhound

GREYHOUNDS ARE NOT SUITABLE for homes with children under five years old, or for homes with cats or other small animals. They should not be left alone regularly for periods over five hours. Greyhounds should NEVER be let off the lead in a public place.

Greyhound Rescue Fife

CELIA AND JIMMY FERNIE set up Greyhound Rescue Fife in 2005 in response to the sheer number of unwanted greyhounds reaching the end of their racing careers in the area. Their sanctuary is capable of kennelling nearly 50 dogs. The dogs are usually vaccinated, wormed, treated for fleas and often neutered.



The kennels are at Baltree Country Centre, Gairneybank, Kinross, KY13 OLF. However, before coming to Baltree please contact us to arrange a suitable time to call.

You may be wondering why, if greyhounds are so wonderful, there is such a problem finding homes for them. The answer is quite simply down to the huge number of dogs involved. There is no way that homes can be found for the 30,000 plus dogs that are surplus to requirements each year. If you require any more advice, call us for a chat: *Celia Fernie:* 01577 850393 or 07826 244765



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Sports News

Kinross Cricket Club

After over two years of Covid-19 closure, cricket is properly back in Kinross for 2022!

Primary schools across Kinross-shire have started to bring cricket back into their afterschool programme. This is delivered in conjunction with the cricket development team at Live Active and club coaches with the primary school's tournament being run at the Loch Leven cricket ground in in May. Full details will feature in next month's *Newsletter*.

Hard ball and senior cricket return from the end of April with Wednesday evening training and matches running throughout the summer. Sessions start at 6.30pm and are open to teenagers and seniors. New players are always very welcome with our coaches on hand to get you started. No equipment is required as the club can provide everything you need.

We have a full schedule for the season with a mix of T20, 40 overs, timed double-innings games and the hugely popular 100 series evening games. We also have our tour to Vienna, Austria, in August. Most weekend home games have a family barbecue run by club members.

May Fixtures

Sun 1 May	KCC practise game (8-aside)	1pm Home
Wed 4 May	Pre-season training	6.30pm
Sun 8 May	KCC practise game (8-aside)	1pm Home
Wed 11 May	P&K 100 League	6pm
Sun 15 May	Doune CC	1pm Home
Wed 18 May	Training and nets	6.30pm
Sun 22 May	Edinburgh South	1pm Away
Wed 25 May	P&K 100 League	6pm

Get in touch

More information can be found on the club Facebook page or by emailing secretary@kinrosscc.co.uk

Kinross Bowling Club

We are pleased to say that, all going well, we will have an outdoor bowling season this year! As there has been very little bowling for the past two years, we are keen to get back to the green.

We are located at the Muirs (next to the brewery) and hope to recruit some new members. Men and women of all ages are welcome and anyone interested in taking up bowling will be made very welcome. We are a friendly club; if you want to have a go, or have previously played, come and join us. Bowling is a healthy outdoor recreational activity.

Contact George Rennie (president) or Sheila Rennie (secretary) on 01577 864727 or by email at georgemrennie1@btconnect.com.

Kinross Road Runners

https://kinrossroadrunners.weebly.com

April was an exciting time for the club. Our members pulled together to organise one of our biggest events yet. Run24Ukraine was a

24-hour running challenge held by the club, to raise money for the DEC Ukraine Appeal. It took place on the 2-3 April and started on 9.30am on the Saturday morning with the Loch Leven Park run, finishing 24 hours later at 9.30am on





the Sunday morning. Thanks to Caroline Jones for all her organisation, and for all members who took part and helped to raise money. A big thanks also to Loch Leven's Larder and the Kinross Cricket Club for their help and use of their facilities and pavilion. The results were amazing, with a total of 900 miles run over the 24 hours between 60 runners (plus family and friends). A special mention goes to Scott Strachan who ran for the full 24 hours and did a mammoth 110 miles! Just over £5,500 was raised from fundraising (including bucket collecting on the day) and a donation from our own club committee. Well done to all for this amazing effort to raise funds for those who desperately need it. Our photos this month are dedicated to this fantastic day and show a group of the runners raring to go, our champion runner Scott and also a cake made to celebrate the event. If you still wish to donate you can do so online at www.justgiving.com/ fundraising/krrrun24ukraine

Just a reminder that we have some great races coming up over the next couple of months, with the Loch Leven Half





Marathon not far away on 14 May and the Milnathort Dash on 23 June. Full details are on our website so why not register and set yourself a new goal for 2022?

Race season is now well underway, and there are a number of races to report on this month namely Callander 10k, Inverness Half Marathon, Cupar 5, Alloa Half Marathon, Truwealth Scottish Athletics Road Relays, Birnam Hill Race, Lochore Meadows Trail race, Hardmoors 55 Ultra (well done to Karen Ritchie for 15 hours 36 mins and 15 secs of running), St. Andrews triathlon, Dalmeny Estate trail half marathon, Therme Manchester Marathon and the East Fife Triathlon. A great mix of distances from the short to the completely mad.

Our scenic visits to Parkrun continued with attendance at Gunnersby (West London), Sandringham, Caffarella (Italy), Ellon, Strathclyde, Girvan Prom, Forfar Loch, Fontainebleau, York, Levengrove, Agnew, Chateau de Pierre de Bresse, Cramond, Portobello, Keswick and Milano Nord. Well done to all for trying out the Parkrun at some exotic locations.

Training sessions included the normal informal street lit chatty runs and also trail runs on the Loch Leven heritage trail, Lochore Meadows, and the Michael Bruce trail. There were also specific speed training sessions including 10 x 90 sec intervals, 5 x 4 min intervals, 8 x 45 sec intervals and our normal monthly 2 mile time trial. Thanks to all coaches for organising these events.

Remember that the club training sessions fit all abilities and involve a variety of running activities as you can see from the list of this month's sessions. Interval sessions improve running speed, trail runs build up strength and stamina, and slower chatty runs are good for socialising. The club welcomes all abilities and, whether you are new to running or experienced, just looking for new routes to try out, or to meet new faces, there is something for everyone. If you fancy getting involved or trying out a run with the club, visit our website and get in touch. Most importantly, however you run, enjoy it and stay safe.

Milnathort Golf Club

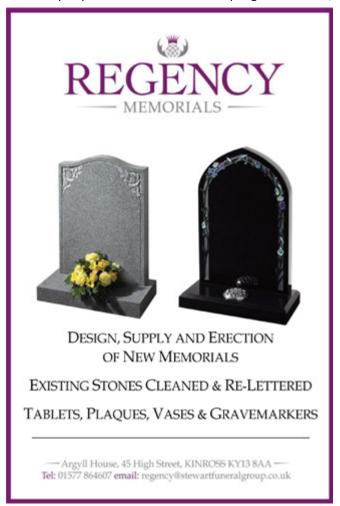
With the new season well underway, we look forward to a new year of excellent golf and competition with old and new members alike.

Building on the success of last year, the club would like to take the opportunity to acknowledge our club champion, Cameron Wallace, whose outstanding season has been rewarded by the opportunity to join Ladybank Golf Club as assistant professional. We wish Cameron every success in the next stage of his golfing career.

We also proudly recognise the success of our other champions and congratulate their achievement in a memorable season with Jaqueline Sneddon winning the ladies section and Ramsay Scott the juniors.

Given the difficulties and challenges of the pandemic, the club wish to acknowledge the leadership of Alastair Wallace who has served as both captain and chairman and has been instrumental in helping to steer the club through such a difficult period. Likewise, the club is indebted to Alistair's wife Gillian who is standing down after a number of years dedicated to supporting and developing our junior section. Further thanks, and best wishes for the future, to Abbi Cook, bar supervisor and Callum White, assistant greenkeeper, whose dedication to the club is highly regarded and appreciated by all members and staff.

With the prospect of better weather in spring and summer,



the club looks ahead enthusiastically to the new season; especially as the quality of our course has been recognised formally by the Scottish Golf Tourism Awards 2021 as one of the top nine-hole courses in the country. As more and more players value the opportunity to choose either 9 or 18-holes we are open to all new members and invite people to come along, give it a go and join our friendly club. Check out our website for further information including our special membership rates of only £180 for 19 to 24 year olds.

The new season is well under way. The opening day Texas Scramble took place on Saturday 26 April and 60 members took part. Club captain, Jan Gibson, hit the first shot of the day in glorious weather. Weekly medals for all sections have now commenced with the first open competition, the Ladies TriAm, on 1 May. An open day will be held to welcome our new 'Get into Golf' members on the 24 May with a further one for all new members planned for late May.

Kinross Tennis Club

www.kinrosstennisclub.org.uk

https://clubspark.lta.org.uk/KinrossTennisClub

Now that the weather has warmed up (even if just a little) and the clocks have changed, it is the perfect opportunity to get on the courts and social tennis is starting to pick up again. All members are welcome to come along to Wednesday, Thursday and Sunday social sessions. Or, if you would like to book courts for yourself, you can download the free club spark booking app to easily select slots on court.

Membership 2022/23

There is still time to join the tennis club. Our membership fees are remaining half price and all information is available online.

Open Day

Thank you to everyone who helped to clear up the club house and courts before our open day. We have cleared leaves, litter and weeds and given the club house a spring clean!

Our open day was a great success with friendly matches, kids' games and lots of cakes enjoyed by all. It was lovely to see new members coming along to meet new people as well as potential members trying out tennis for the first time.

Club Hoodies

We are going to be placing a new order for Kinross tennis hoodies for anyone interested. Keep a lookout on the Facebook page and website for more information coming soon!

Adult Tennis Coaching – New Players Welcome

Have you always fancied giving tennis a go but lacked the confidence to get on court? Or did you enjoy playing a long time ago and would love to get back into the game?

At Kinross Tennis Club we offer a range of classes for adults of all ages, experience and ability. New players are always welcome and it is a great way to meet other players and get the confidence to play with friends and family. The lessons only cost £6 per session with a fully qualified LTA accredited coach and all equipment, including a racket, is provided.

Our next term will started on Sunday 24 April and runs for just 6 weeks; an ideal introduction for newcomers!

The classes on offer are as follows:

Beginners Tennis Xpress: for complete beginners or those fairly new to tennis who are looking to learn the basics of the game through fun drills and games.



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Improvers: for those who have been playing for a while or are returning to tennis from a break and are looking to improve their technique and learn some doubles and singles tactics.

Advanced: for the more experienced player looking to improve their technique and tactics through more high intensity drills and matchplay.

The class timetable is detailed below:-

Sunday 6-7pm, Tennis Xpress; 7-8pm Improvers; 8-9pm Advanced.

Monday 9.30-10.30am, Tennis Xpress; 10.30-11.30am, Improvers; 11.30-12.30pm, Advanced.

Players aged 13 and over are welcome at any of the Sunday evening sessions as long as they are accompanied by a playing adult.

Tots and Junior Summer Term Coaching

Our summer term of coaching for youngster started on Saturday 23 April and new players are very welcome!

Classes cost only £4.50 per week, all equipment is provided and all sessions are run by fully qualified LTA trained coaches. The session times are as follows:

Saturday 9.30-10.15am, Tots and Parents (3-5 years); 10.30-11.15am, Red Ball (5-7 years); 11.15am-12pm, Orange Ball (7-9 years); 12-1pm, Green/Yellow Ball (9-12 years).

Monday 3.30-4.15pm, Red Ball (5-7 years); 4.15-5pm, Orange Ball (7-9 years); 5-6pm: Green/Yellow Ball (10-16 years).

Tuesday 3.30-4.15pm, Red/Orange Ball (5-9 years); 4.15-5.15pm: Green/Yellow Ball (10-16 years); 5.15-6.15pm: Yellow Ball Matchplay (10-16 years).

We want to ensure that every child who wants to play tennis gets the opportunity to do so! If the cost of sessions are a concern please get in touch to discuss in confidence as we would like to help. To book any of our coaching sessions, please visit https://clubspark.lta.org.uk/SiobhanMacleodCoaching/Coaching.

Alternatively, get in touch with our coach, Siobhan MacLeod,



who is LTA accredited. Contact her by texting 07443223408 or by email at kinrosstenniscoaching@gmail.com. You can also find us on Facebook.

Orwell Bowling Club

Bowling Green Avenue, Milnathort, KY13 9YN 01577 863739 orwellbowlingclub.weebly.com Find us on Facebook

The bowling green opened on Easter Sunday and 27 members turned up on a nice spring (almost summer) day. We also had 5 new members who came along to join the club; new members pay half fees for their first year. The president's wife, June Whittet, delivered the first jack and 20 members went out to play 12 ends of bowls in a 'President ν Vice President' game. When the scores were tallied at the end of the game the president came out on top with 52 shots to 37 shots for the vice president. This was followed by a welcome cup of tea or coffee and biscuits when everyone could chat and catch up after a couple of challenging years.

The raffle and donations raised £196. This money will be added to the monies raised at the closing game in September and divided between the Blind Bowlers and the RLNI.

Everyone is looking forward to a full and busy season of bowling this year. If anyone would like to come along and try bowls, they would be very welcome. Our contact details and website address are above.

Kinross Volleyball

It has been a busy month for Kinross volleyballers past and present. With the bulk of our local teams now consisting of youngsters still at school we are very pleased about the progress they are making, competing at both recreational and premier league levels.

The young boys have been playing at both levels with their team finishing 3rd in the Covid-19 compacted Perth & District recreational league.

The Kinross High School girls' team's performances have also improved through the short season against adult mixed teams and playing at men's net height.

Special congratulations are due to two former Kinross Volleyball Club members Mark Cathro and Mitchell Brown (pictured) who, playing for Edinburgh City, won the league and cup double this season. Both Mark and Mitchell started playing volleyball with the Kinross Boys' Brigade team while they were in primary 7 at Kinross Primary School and compete in the adult Perth District recreational league. Two other former club members Connor Boyle and Kieran Small





also won league and cup medals playing for Edinburgh City.

Connor, Mark and now Newcastle based Jack McKelvey (another ex-Kinross player), are hoping to be selected for the Scotland men's squad who will be competing in the Faroe Islands from 13-15 May in the Small Countries division of the European

Cup competition.

Indoor training continues at the campus large games hall on Monday evenings at 8-9.45pm. Teams are preparing for the Scottish Open Volleyball Tournament on Perth's North Inch on 28-29 May.

The partnership with KYTHE led to two successful afternoon sessions during the school Easter break and a number of new youngsters were introduced to the fun of volleyball.

We hope to have junior and adult teams compete at Darnhall's Perth Beach Volleyball Club courts once they open for business after the Easter break.

Travel arrangements to De Haan in Belgium, are under consideration for our two teams travelling this August. The usual route via the Hull to Zeebrugge crossing no longer exists and, with the current difficulties being experienced by P&O Ferries, a final decision on travel arrangements has been put on hold until the overall travel picture becomes clearer.

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Weekly Programme For May 2022

	- · ol	44.00
Monday	Exercise Class	11.30am
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.30pm
	Queens Jubilee Royal Bingo (30 May)	1.30pm
	'Stride for Life' Walking Group	2.00pm
Tuesday	Carers Cafe	10-12pm
	Exercise Group	11.30am
	Games (with safety measures)	
	Indoor curling, quizzes, Scrabble	
	Queens Jubilee Royal Games (31 May)	1.30pm
Wednesday	Church Service	11.15am
rreamesaay	(Only for our own service users)	
	Games – with safety measures	
	-	1 20nm
	Indoor curling, quizzes, Scrabble Tai Chi	1.30pm
	101 0111	1.30pm
Thursday	Interactive Games	11.30am
	Games – with safety measures	
	Indoor curling, quizzes, Scrabble	1.15pm
	Art Group	1.30pm
	Exercise Class	2.00pm
Friday	Exercise Group	11.30am
	Bingo – with safety measures	1.30pm
	Games – with safety measures	
	Dominoes, Scrabble etc	1.30pm
	Barge Trip (Fri 6 May)	10-4pm
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Greyhound Rescue Fife

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at <code>info@kleo.org.uk</code> or call 01577 863107.

Guide Dogs Kinross

Support group. We are always looking for new volunteers. Contact Sheila at She61@hotmail.co.uk.

RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks—if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum

The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk

Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds

Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldow on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans. Volunteering for Seamab makes a huge difference to the lives of the children and is a great way to meet people and develop new skills. For more information contact Melloney Flinn at *mflinn@seamab.org.uk* or call 01577 840307.

SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising when back on stream, or PR/media work. Contact the Branch Secretary 07594 650900.

Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

Milnathort Town Hall Committee

Can you spare a couple of hours a month? We are looking for volunteers to join us. For more information please contact us at milnathorttownhall1@gmail.com.

Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in Perth and Kinross we would love to hear from you. To find out more, visit www.aberlour. org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKS

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health and wellbeing. Volunteers will be supported by workers Roseanne Gray — P&K Community Learning & Development Worker and Shona Fowler — NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group was established over 13 years ago as wholly parent run group. Everyone is a volunteer and we are licensed to run the Duke of Edinburgh's Award programme for young people in the area via Perth and Kinross Council.

We have a wide range of adult volunteering opportunities available, be that help with admin and fundraising to those who want to lead expeditions out in the hills. There is something for every parent or adult here.

We also welcome back those participants who have completed their awards, are over 18 and wish to give back to the Group. We can arrange all necessary training and also support adult volunteers financially to complete any relevant qualifications that they may require.

Contact us at dofekinrossshire@gmail.com or visit www.dofe. org/run/volunteer for more information.

The Potager Garden

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please

contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Interested in Guiding?

Girl Guide Troops In Milnathort, Kinross & Portmoak Need Helpers. Volunteer with Girl Guiding and help make a difference to the lives of girls. Be an inspiration for girls and young women and help them realise their full potential and share some unforgettable moments along the way. Register on line at *go.girlguiding.org.uk* and I will get back to you. If you would like to volunteer and would like a little more information, please just give me a buzz. Call Alison on 07764 750212

Friends of CHAS Kinross

Friends of CHAS Kinross, a local volunteer fundraising group, came together in 2020 to help raise funds for Children's Hospices Across Scotland. Their first fundraising initiative (an online raffle) was a resounding success, raising an amazing £2,500. Led by local entrepreneur Beth Gibson, the group are now looking for new members to help them plan their next fundraiser.

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them.

If you'd like to learn more about the group or are interested in joining, please contact community fundraiser Lyndsay Stobie at: lyndsaystobie@chas.org.uk or 07557 370746.

Kinross-shire Volunteer Group and Rural Outreach Scheme

Could you spare a few hours and become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme?

KVG/ROS has been operating for over 40 years and delivers a vital service to help the elderly and disabled attend Hospital/Health Centre/Dentist appointments.

We are looking for additional drivers to ensure we can meet the demand for this very popular service

If you are interested contact David Aird on 01577 830370 or email: d.aird@outlook.com

Guide Dogs Kinross

We are looking for a volunteer coordinator to take over from myself to help run our small, but perfectly formed fundraising group, please get in touch.

Also looking for fundraising volunteers to help man our stalls at marker or other events. Give an hour or more. You will be made very welcome.

Email she61@hotmail.co.uk

1st Kinross Cubs

1st Kinross Cubs is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. Every year the Scout Association help over 450,000 young people in the UK enjoy new adventures; to experience the outdoors, interact with others, gain confidence and have the opportunity to reach their full potential. It's not just young people who can get in on the action. Working alongside our youth members are thousands of adult volunteers, with a huge variety of roles and opportunities available. Why not strengthen your CV while making a real impact on the lives of young people? How much time you give is up to you, and you don't need any previous experience. We currently have several volunteering roles available with the cub section, and whatever you choose, we'll make sure you're properly trained and supported. If you are interested and would like more information about our volunteering opportunities, then please contact Daryl on 01577830346 or email kinrossbeavers@hotmail.co.uk

Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact *susan.mitchell50@gmail.com*

RSPB

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve!

Become a Schools on Reserves Leader and help us inspire children through outdoor learning.

Share in the excitement as a volunteer and help deliver our education programme to visiting schools, where activities range from hands-on exploration of meadows, woods and ponds to playing environmental games.

This opportunity is flexible and allows you to start in a more supporting role if you wish.

Work with a friendly team of staff and volunteers, learn new skills and gain valuable experience in outdoor education.

For more information, contact Learning Officer Sarah Cooper on 07729 105 725 or email sarah.cooper1@rspb.org.uk

Apply here: https://volunteer.rspb.org.uk/opportunities/26507-schools-on-reserves-leader-loch-leven-2022-03-01

Fossoway and District Community Council

Fossoway is located within Perth & Kinross and includes the settlements of Blairingone, Powmill, Crook of Devon & Drum, Rumbling Bridge and Carnbo. The Fossoway and District Community Council is a group of volunteers, elected by the Community who work together for the benefit of the Community. We meet with members of the public on the first Tuesday of every month from 7.30pm to 9pm and discuss issues that affect the community which can range from planning applications to local crime to concerns about community facilities. Our meetings rotate around public buildings in our villages.

We have a volunteering opportunity for a young person ideally in the higher years to join us as an associate community council member for the period of 1 year.

- •The individual would be asked to attend our monthly evening meetings to act as minute taker. They would have an opportunity to see how a community council operates and meet a diverse group of people.
- •We are also seeking the individuals help in considering new opportunities for us to enhance our engagement with the community especially through the use of social media. This could be in the form of a project led by the individual with outcomes reported to the Community Council. The project could be used as part of their exam submission for subjects such as Business Management or contribute to volunteering for a Duke of Edinburgh award.
- •The Fossoway District is also in the process of establishing a community development trust. Presently we are looking for community engagement opportunities to seek members of the trust and again the individual could support these events and help raise our profile with the younger generation.
- •Ideally the candidate would be confident using Microsoft Office and social media tools.
- •Training and mentorship will be provided

If you are interested please send us an email – fossoway.cc@gmail.com stating why this would be of interest to you.

You can find out more by looking at www.fossoway.org/dcc:about

CHAS

CHAS are looking for volunteers in our Housekeeping, Complementary Therapy and Garden teams at Rachel House, Kinross.

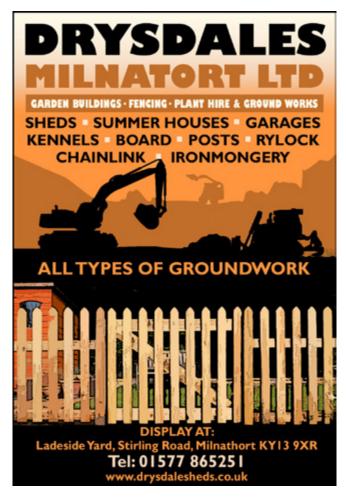
For further information please email *volunteering@chas.org.uk*

To apply online please visit our website https://www.chas.org.uk

Organisations: If you would like a volunteer appeal to be added to the list above, please email the *Newsletter* Editor. Please let us know if you no longer need your appeal to be listed.









NatureScot Loch Leven NNR



The Early Bird Catches The Ear!



MAY IS A MONTH buzzing with wildlife. The warm weather has brought out the pollinators; hoverflies, butterflies, bees and moths are out in abundance. When walking around the loch, look out for butterflies such as orange tip, small copper, common blue, peacock, small white and green-veined white.

The dawn chorus is at its peak in May. Early mornings around the loch are accompanied by the cacophony of bird song. Whitethroat, sedge warbler, blackcap and willow warbler have joined the chorus after arriving from further south. If you are reading this before 7 May, then there is still time to book on our dawn chorus walk. Email LochLeven_NNR@nature.scot for more information and booking.

Many of our swans, ducks and geese will be on eggs or will even have the first small broods out on the loch. Out on St Serfs, mallard and gadwall will be nesting. These birds lay around 8-12 eggs a couple of days apart. They will be incubated for 28 days and the chicks will hatch. The chicks will stay in the nest for 12 hours or so, then they will head out onto the loch and learn to feed and survive under the careful watch of the mother.

These broods (young ducklings with their mother) will often

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Contact LINETTE MANN – 07732 902419

be seen around the shoreline, under the willows and in the reeds. A reminder that if you are planning on going out onto the loch in a kayak or canoe then please keep away from the shoreline for this reason. Disturbance to broods can be extremely detrimental to their survival as they can be flushed from their mothers and be taken by predators. On top of this, don't land on any islands as we have hundreds of nesting wildfowl which are extremely susceptible to disturbance.

The last of our summer migrants can be seen around the loch now! Listen out for the interesting 'reeling' song of the grasshopper warbler. Mary's Knowe (next to Mary's gate) historically has been a good spot for this. Look out for the first swifts over the lochs in May. Listen out for their screaming calls and acrobatic flight over your local village. Swifts are truly amazing birds, only landing to nest. That's right, they eat, mate, drink and sleep on the wing. They can often go 10 months without landing!

This year we are holding a 'Loch Leven Discovery Day' at Kirkgate Park on Sunday 29 May at 12pm. This is a free event with stalls, nature activities and crafts. Feel free to come along and learn about how we manage the loch and have a chat to other organisations that are involved with the conservation and management of Loch Leven.

We will also be running a whole host of events throughout the season – keep up with these through our blog (Loch Leven WordPress), Loch Leven NNR Facebook page and the Loch Leven NNR Instagram.

Latest wildlife highlights include; a lingering drake smew, green woodpecker, hundreds of sand martin, displaying great-crested grebe, displaying shoveler, cuckoo flower and blackcap singing.

Cheers!

Simon Ritchie Nature Reserve Officer, Loch Leven National Nature Reserve

RSPB Loch Leven

 $facebook.com/RSPBT ayside Fife \\ www.rspb.org.uk/lochleven$



Lapwing Love

AS WE MOVE INTO May, we're very excited to start seeing the reserve come alive with activity as we enter the breeding season at RSPB Scotland Loch Leven.

Lots of lapwing have arrived, moving to the various nesting areas around the reserve and we have been seeing a lot of courtship displays taking place. It is all very exciting to see! We are hopeful that they could be on eggs soon. However, with the cold and wet weather we've been having, it is unsurprising that they are currently holding off settling down fully. With the



arrival of the lapwing, we are also very happy to welcome some new volunteers to the team that have joined us to help keep an eye on our lovely lapwing visitors. In addition to the arrival of the lapwings, there have also been some redshank seen from the hides plus some oystercatcher who are a regular breeder here. Breeding wildfowl such as gadwall, mallard, shoveler, tufted duck and a few

shelduck have also started to pair up so, we are hoping they have a good breeding season this year too. Each year, we also have hundreds of nesting pairs of black headed gulls, and this year is no different with the islands and rafts on the flood now filling up with their raucous sound.

There are still plenty of pink footed geese about, with our last count at the end of March resulting in nearly 5000 using the loch to roost. Although these numbers will start falling as they head back to their breeding grounds in Iceland in the coming weeks, it is still an incredible sight to see.

Other memorable sightings around the reserve include a greenshank, grey partridge, and a hen harrier. There have also been some hare out on

the wetland trail, plenty of roe deer out on the bog and kestrels hunting over the grassland.

As always, we could not do all the things that we do without our amazing team of volunteers, and this month is no different. They have been busy planting wildflower seeds in the bumblebee meadow, putting out our new willow sculptures, building a new shed for our moth trap, making some wildflower planters for the compound, planting trees in the car park, helping to main-

tain our predator fence, assisting with our monthly bird counts and lots more to help keep the reserve running as smoothly as possible. When exploring the reserve, do be sure to keep your eyes peeled for the incredible willow sculptures by artist Trevor Leat.

In the world of events, we're looking forward to our upcoming Dawn Chorus walks on Sunday 1 May and Monday 2 May alongside our monthly Awake in the Wild mindful meditation session and Nature Tot activities. For more information on our events, head to events.rspb.org.uk/lochleven.

Darran Dixon (Assistant Warden) & Freya Playford (Visitor Experience Officer)



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Farming



Fond Farewell To A Farm Workhorse

I SOMETIMES THINK I give away too much information in this column but I keep coming up with more tales from our farm life and this time I'm sharing a wee secret about our farm machinery... it's part of our farming family. It's not a huge fleet, (very small actually), not much of it is very new (that means it's all old) but it's all bought and paid for and each machine has its own role and its own place in Andrew's heart.

I think the two green dinosaurs aka the Claas combines are probably his favourites, but he is also very fond of his first ever new tractor, a Ford 7740. It was purchased in 1996, the same year we got married, and it turns out, like both of us, it is here for the long haul, till death do us part, as we will never sell it. Andrew operates and maintains most of the farm machinery and he will tackle all repairs only calling on help when he is really stuck. So maybe it's not surprising that he gets attached to the machines as he knows them so well. For example the grain drier: this machine predates me, it's been in his life for 32 years and each harvest season has faithfully dried the wet barley or wheat to a state where it can be stored safely. However this particular machine has come to the end of its life on our farm, so a newer model has been purchased, it's bigger so

Weather



(1 Mar)

Recent Weather Reports From Kinross

March 2022

Total Rainfall	28.8mm/1.15	in
Heaviest Fall	7.4ml/0.29in	(2 Mar)
Total Sunshine Sunniest Day	157.7 hrs 9.7 hrs	(27 Mar)
Max Temp Average Highest Temp	11.46c 18.5c	(23 Mar)
Min Temp Average	-2.84c	

-7.4c

can dry the grain quicker, will be easier to operate and hopefully break down less that the old one. But what to do with a three decade old grain drier that was still too good to scrap?

A for sale post on Facebook yielded very few responses, it's a bit long in the tooth for most Scottish farmers but a message came in from a chap who was keen to snap it up for export. Without even a viewing of the old machine he transferred the funds and said he would send a lorry to pick it up to take it to Poland. That seems very easy we thought and Andrew gave it a power wash in anticipation of the pick up date.

The lorry duly arrived at 8am and looking out from the lambing shed we noticed it was a curtain sider. The driver popped out his cab, said hi and took a walk round the drier, jumped up on to the drier and got out his measuring tape, scratched his head a lot, measured the lorry, returned to measure the drier and again to the lorry. It's not going to fit we thought and over came the driver to tell us what we both knew. However the Polish driver smiled and we smiled, but we don't speak Polish and he didn't speak English so no more was said.

What followed was more measuring and our realisation that the driver had to make the drier fit in the lorry and that Andrew would have to help make this happen. In quite an amazing way the two of them started to dismantle the machine, communicating with only one or two words such as 'okay', 'perfect' and the occasional thumbs up. Initially the top auger was unbolted and shafts and wiring disconnected, however it was still too big to fit so the next move was to cut the chassis, dividing the machine into two. With the burner already loaded, the grain tub was then tipped onto its side and fitted neatly into the back doors of the lorry.

We waved it off at 6pm, off to Hull to cross the North Sea to Rotterdam, down through Germany and into Poland. I believe the farmers in Poland are very resourceful so it will be a straightforward process to put the drier together again and hopefully it can give long service to its new owner. As for the driver, we didn't even catch his name, we have so much admiration. Arriving on a farm in foreign lands with an immense task to complete and no English, he tackled the operation with a smile on his face and can do attitude that made us humble. As he pulled the last strap tight on the lorry, he looked up and surveyed Kinross-shire, 'Scotland is perfect' he said and that's something for us all to appreciate a bit more this spring.

Fiona

Lowest Temp

Carry On Weeding!

D'YOU THINK IT'S ever going to warm up? We had a few nice days many weeks ago, and since then it's been cold and drizzly. That hasn't stopped things growing in the garden though – right on cue the tulips are about to flower, the Aubretia is in full bloom and things are sprouting all over!

It's been a productive few weeks, many seedlings have been pricked out, beds have been weeded, plants have been divided and shrubs have been pruned.

In previous years at this time, I've noticed Ranuculus plants for sale, usually at extortionate prices, and I've vowed that 'next year I'm going to buy some



corms and grow some.' You'll have seen them, very colourful with buttercup or rose-like heads. This year I finally remembered and bought some corms, potted them up and popped them in the heated propagator. I had a wee Google and found that they were really easy to grow, which is great. Also, that I had planted the corms upside down. And they don't like heat. They're now out of the propagator, still upside down



but seem to be coming along nicely. The corms can also be saved for subsequent years so work out very cheaply over time.

You may remember that I'm trying to grow all of my hanging basket plants from seed this year. It's a bit of a mixed bag so far — some seeds have germinated, grown away quite the thing and now been potted on. Some seeds have germinated and have now not done anything else for the past two or three weeks. I did a bit of research and have now given them some liquid feed in the hopes that they may do something. The compost this year was really poor, so this should help. I also gave them a good talking to — you never know, it might work.

As regular readers know, I'm a big fan of pots in the garden – you can plant different things in them, they're cheery and can be moved to fill in any gaps. Of course, some things work better than others – Delphimiums after a couple of years take a bit of a huff and die and Azaleas just straight up die on me – maybe it's just me. I'm a great believer in trial and error though and have discovered that Camelias love a (large) pot against a west-facing wall and a Magnolia tree will grow

position. So, jobs to do in the garden this month.

very well in a huge pot in a sheltered

So, jobs to do in the garden this month. More pricking out of seedlings and growing on in the greenhouse. You can also direct sow hardy annuals outside now that the soil is starting to warm up for a great show in a couple of months. Carry on weeding, feeding and dividing – all plants will benefit from being weed free and you can mulch around them to slow weed growth down too.

It's also a good idea to feed tulip and daffodil bulbs this month to encourage a good display next year. May is also the time to start hardening off your annual plants — put them outside during the day and take back in at night to get them used to outside temperatures. If that seems like a lot of work, cover them well with fleece at night for some protection. Next month we can start planting stuff out!!

Whatever you're doing in the garden this month, enjoy yourselves and don't forget to stop and smell the flowers.

Teresa Stirling



Grass Cutting, Rotovating, Hedge Trimming, Tree Pruning, Turfing, Slab Laying & Fencingwork undertaken

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Telephone: Fossoway 01577 840526

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc photo library

Subjects include: Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.





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Kinross-shire Churches Together



Kinross Parish Church

Church of Scotland (Charity no SC012555)

Following Christ I **S**preading the Word I **S**erving the Community

10 Station Road, Kinross KY13 8TG Website: www.kinrossparishchurch.org Facebook: Kinross Parish Church of Scotland

YouTube: Kinross Parish Worship

Instagram: kpcscotland

E-mail: office@kinrossparishchurch.org

Office Tel: (01577) 862570

The Church Office is operating remotely. Leave a phone

message or email.

Minister: Rev Alan D. Reid MA, BD

Tel: (01577) 862952

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

KEEPING IN TOUCH: contact the Church Office to receive our

weekly email of events.

CHANGES: All events are now in the church, apart from House Groups or where otherwise indicated. Check the church website,

or weekly email.

Regular Services and Events:

Sundays

9.15am Choir Practice

10.30am: Morning Service, gathering song about 10.25am. The theme in May is people from John's Gospel. Children's and Young People's groups meet during the service. Refreshments and Traidcraft stall after the service.

Sunday morning services are also available live on the church website, YouTube and Facebook. Thereafter available to view on YouTube, Facebook and the church's website. Listen by phone on 01577 528270, or request a CD from the church office.

6pm: Sunday Evening Prayer, on Zoom*

Mondays

8pm: House Group – Bible study and fellowship

Tuesdays

1.45pm: House Group

Wednesdays

1.30pm: Craft Group

7.45pm: Men's House Group 8.00pm: Women's House Group

Thursdays

10.30am: House Group

11-12pm Table Talk – Chat and coffee on Zoom*

Fridays

Boys' Brigade and Girls' Association in the church centre.

Anchors 6pm; Juniors 7pm; Company and Seniors 7pm

Other Services and Events:

May

Sun 1 10.30am Morning Service, followed by informal

Communion

2pm: NEW - Family Walk. Meet at Vane Farm

Mon 2 8am: Silent Meditation

Tues 3 10–11am NEW: 'Stepping Stones' for toddlers,

babies and their parents and carers.

Sun 8 2.30pm – Let's Sing – for those with dementia and their carers

their carers

Sat 14 All Friends Together - no meeting this month. AFT will join in the national get-together of Prospects for Scotland in mid-May

Sun 15-21 Christian Aid Week, supporting those impacted by drought in Zimbabwe.

Thurs 19 9pm: Evening service of Compline

Sat 21 10am–2pm: Bread of Life / Dough for Dough Challenge for Christian Aid Week, at church

entre.

Sat 28 10am–2pm: Farmer's Market, High Street. The church and Traidcraft will have stalls at the market.

Sun 29 2pm: Family Walk. Meet at Blairadam Forest car park.

Fossoway, St Serf's & Devonside Church

Church of Scotland

(Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 OUY

www.cleishandfossowaychurches.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

May 2022

Sunday, 1 May

9:45am Morning Worship, followed by refreshments and fellowship 12.30pm: Joint Cleish and Fossoway Churches Morning Worship by Zoom

> Sunday, 8 May 9:45am: Morning Worship.

Saturday 14 May

1pm: Cleish Fete and Classic Car Show 1-3pm **Sunday, 15 May**

9:45am: Morning Worship, Christian Aid Week

Sunday, 22 May 9:45am: Morning Worship. Sunday 29 May

9:45am: Morning Worship, Celebration of Holy Communion **12.30pm:** Joint Cleish and Fossoway Churches

Fossoway Crafts

Monday evening 'Refresh' meets every Thursday at 2pm, in the Elizabeth Wilkie Hall

All are welcome for tea/coffee, cake and a blether

Fossoway Babies and Toddlers meet every Friday, 9.30 – 11.30am

The first Friday in every month is our Film Night at 7.30pm. Our May film is '6 Minutes To Midnight'

Also, our hall and rooms are available for hire.

For more information, please contact Rev E Stenhouse on 01577 820128 or our Session Clerk Janet Harper 01577 840225

Church Information

Cleish Parish Church

Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishandfossowaychurches.org.uk

We are very pleased to announce that our church building is open and we look forward to welcoming you to worship with us once again in Cleish Church.

Updates and changes to the dates below can be found on our church website https://cleishandfossowaychurches.org.uk

May 2022

Sunday, 1 May

11.15am: Morning Worship,

12.30pm: Joint Cleish and Fossoway Churches

Morning Worship by Zoom

Sunday, 8 May

11.15am: Morning Worship.

Saturday 14 May

1pm: Cleish Fete and Classic Car Show 1-3pm

Sunday, 15 May

11.15am: Morning Worship, Christian Aid Week

Sunday, 22 May

11.15am: Morning Worship.

Sunday 29 May

11.15am: Morning Worship, Celebration of Holy Communion 12.30pm: Joint Cleish and Fossoway Churches Morning Worship by Zoom

If you would like any more information or to join with us for any of the Zoom services, please contact the Rev Lis Stenhouse (01577 84212) who will be happy to send you the link.

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com

Email: Fr.MartinPletts@gmail.com facebook.com/parishpriestkinross/ facebook.com/stjamesprayergroup/

Saturday Vigil Mass - 7pm

Sunday Mass - 9am

Catechism Class (during term-time) on Monday after school till 4.30p.m.

Tuesday 5.45-6.45pm Holy Hour (with Holy

Rosary and Adoration of the Blessed

Sacrament), followed by Holy Mass at 7pm.

Wednesday 10am Holy Mass **Friday** 10am Holy Mass

Holy Rosary or Seasonal Devotions:

Wed and Fri 9.15-9.45am

Confessions: After the Saturday Vigil Mass and after

weekday Masses and on request.

For the full parish timetable see the newsletter section on the

parish website: www.catholickinross.com

St Paul's Scottish **Episcopal Church**

Cleish

(Part of the Worldwide Anglican Communion)

Muirs, Kinross, KY13 8AY

Fr David Mackenzie Mills, Rector.

01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook www.facebook.com/stpaulsepiscopalchurchkinross

NB - The Rector will be on Sabbatical from Easter Monday until the Autumn. Whilst he is away, in the first instance, please contact Rev. Fliss Shaw (01577-861655 or 07546-219938) in relation to services or Malcolm Strang Steel (07970 744102; steel@greenheadfarm.co.uk) for services and other matters relating to St Paul's.*

*The church building is open for services in person. Our Sunday morning services begin at 10am, unless otherwise advertised. (Our church bell rings from 9.45am.) We will provide regular updates on our website. Please do refer to it regularly. Although government guidelines removed the need for social distancing, we maintain a 1m distancing policy in the church building and face coverings may be worn. We look forward to seeing you!

Our services are also broadcast from the church building as livestreams via 'Zoom' and Facebook Live. Thereafter, recordings of these services can be viewed on our Facebook

Please be assured of our prayers and intercessions, especially if Covid-19 has directly affected you and your family.

May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face; the rains fall soft upon your fields and, until we meet again, may God hold you in the palm of His hand.

Events and Services in May

Sun 1: (Easter 3)

10am **Sung Eucharist Celebrant**

Preacher: Rev. Peter Bellenes

Sun 8: (VOCATIONS SUNDAY)

Sung Eucharist Celebrant 10am

Preacher: Rev. Peter Bellenes

Sun 15: (Easter 5)

10am Sung Eucharist Celebrant

Preacher: Rev. Felicity Shaw

Sun 22 (Easter6)

10am Sung Eucharist Celebrant

Preacher: Rev. Felicity Shaw

Sun 29: (Easter 7)

Sung Eucharist Celebrant 10am

Preacher: to be confirmed

Orwell and Portmoak Parish Church

Church of Scotland (Charity number

SC015523)

Interim Moderator – Rev Alan Reid Telephone 01577 862952

 ${\it Email: are id@churchofscotland.org.uk}$

Locum – Rev Dr Robert Calvert
Sunday Worship, and Junior Church:

10am Portmoak Church **11.30am** Orwell Church All children welcome.

The wearing of masks in church is no longer a legal requirement, but masks can still be worn if desired.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10:30am.

1 May Joint family service in Portmoak Church at 10:30am

No morning service at Orwell Church

5 Jun Joint family service in Orwell Church at 10:30am

No morning service at Portmoak Church

Please check the church website or Facebook page for further information on all services in case things change.

Church Office

The Church Office and Shop is once again open from 10am to 12pm, from Monday to Friday.

 ${\bf Office\ email:}\ or well and portmoak church@gmail.com$

Website: orwellportmoakchurch.org.uk

Kinross Gospel Hall

8 Montgomery Street, Kinross www.kinrossgospelhall.info contact 0781 805 0785

News Update! At last!

We plan to recommence Friends and Neighbours Teas on the first and third Sundays at 4pm starting 1 May.

All necessary precautions will be observed to maintain safe conditions. We look forward to seeing old friends and welcoming new ones. Everyone Welcome.

Loch Leven Church

(Charity No: SC049050) Loch Leven Church meets at Loch Leven Community Campus, at 10:30am each Sunday. Our sermon series from May to August



is 'What does the Bible say about...?' and we'll be hosting the following services in May:

1 May: What does the Bible say about worship?

Chris White (LLC)

8 May: What does the Bible say about God?

Richard Gibb (LLC)

15 May: What does the Bible say about money?

David McIlroy and Stephen Jones (LLC)

22 May: What does the Bible say about poverty?

Gordon Cheung (Scotland Team Manager, Christians

Against Poverty)

29 May: What does the Bible say about sport?

Dave Hampton (Scotland Staff Worker, Christians in Sport)

Everyone, of all ages, is very welcome and there are separate activities for children during the service. To find out more about us, please visit our Facebook page 'We Love Loch Leven', our website www. lochlevenchurch.com, or email us at info@lochlevenchurch.com



BARTON: Pauline, Rachael and family would like to express their sincere thanks to everyone who sent cards, flowers and messages of support after their recent loss of Neil on 3 March 2022, following a short illness. Thanks, also to Denis Madden for the fitting service, Alison and Nathan of Stewart Funeral Directors for all their patience and support and The Green Hotel for hosting us all. We were overwhelmed with the turn out to give Neil the send off he deserved and, in lieu of flowers, an amazing total of £1500 was raised and donated to KYTHE, a local youth organisation.

Death Notices

GREEN

d 21 March 2022

Peacefully, at Catmoor House Care Home, Scone on Monday, March 21, 2022, Sheila Green, aged 77, of Kinross, beloved wife of the late Keith, dear mother of Nathan and Martha and loving gran to Lily, Astrid and Lyle. Funeral service was private.

Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Biblebased preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and taste and see that the LORD is good.

KCF also runs the Talking Donkey cafe. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

CONTRIBUTORS

PLEASE SUBMIT YOUR ITEMS WELL BEFORE THE DEADLINE

EMERGENCY CONTACTS are in our Notices section



Fresh Fish daily from Peterhead OVER 60 CHOICES

FRESH, SHELLFISH, FROZEN RANGE and MARINADE

Follow us on Facebook page for Great Reviews



Photos of Customer Dishes
And Delicious Recipes



01577 208761 167 High St, Kinross KY13 8DA

Open Tues. - Fri. 9am - 4:30pm Sat. 9am - 3 pm Closed Sunday and Monday



Bayne's Morning Roll

Unique in taste and freshly baked every day by our skilled craft bakers

Always baked and sold the same day!

Visit our shop at

101 High Street, Kinross

www.baynesthefamilybakers.co.uk



Notices



Notice of AGM

The Annual General Meeting of Orwell 70 Plus will be held in Milnathort Town Hall, on Wednesday 8 June 2022 from 7–8 pm.

All are very welcome to attend.

We are hoping to restart some of our activities again shortly. If you are 70 or over, live in the parish of Orwell and are not currently on our members list, please get in touch with our Secretary, Carole Anderson, tel: 863175.

Thank you.

Cleish Fete and Classic Car Show

(Postcode KY13 OLR)



Saturday 14th May 2022

Cleish Village Hall - 1.00 - 3.30pm



BBQ ("Rootin & Roamin"), Teas, in the Village Hall
Produce, Cake & Candy, Tombola, Plant Stall, Cards, Books,
Media and Children's games

Classic Car Show

All pre-2000s cars welcome – Please be in field by 12.00pm
Entry to Classic Car Show free but contact
David Leslie on 07778772349 or at cleish.carshow@cleish.org
to confirm car details and entry.

you have a pre-2000s car please come, and let your local ca contacts know too.

All proceeds in aid of Cleish Church (Charity No SCO03168)

Sunday Ceilidhs Milnathort Town Hall 2-5pm

May 29 Declan Aungier June to be confirmed July 17 Johnny Duncan Aug 28 Gavin Piper Sept 25 Alan Small

Oct 23 Nicola Braid and Gordon Haddow
Oct 30 Concert Leonard Brown supporting
artist Fin Hope

Nov 20 George Rennie **Dec 11** Wayne Robertson

MUSIC IN DOLLAR

On 7 May at 7.30pm (pre-concert performance 7.15), we have Sirocco Winds, a prize-winning, dynamic wind ensemble who came together at the Scottish Conservatoire. They play a huge variety of music ranging across classical, jazz, show tunes, folk and contemporary music. A concert not to be missed. Tickets cost £10 either on line or at the door, £7 for members and free to under 18s and those in full time education. This is the final concert of the season.

All concerts take place at the Gibson Hall, Dollar Academy, FK14 7DU. Further information from the Concert Secretary on 01577 864589 or the Society website www.musicindollar. org.uk.



The Gaelic Society of Perth

The Gaelic Society of Perth will hold their second Cèilidh in preparation for the Royal National Mòd coming to Perth between 14 and 22 October 2022. This will be held at St Matthew's Church Hall, Tay St., Perth on Friday 13 May at 7.30pm. There will be a variety of Gaelic singers and some instrumentalists. Admission is £5 – for an evening's entertainment plus refreshments!

Further information can be obtained from the Secretary on 01577 864589. You can also access our website at *www.gaelicsocietyofperth.com* and find us on Facebook – we are Gaelic Society of Perth. On the Facebook page you can also find lots of information about Gaelic events in Fife as well as in Perth and Kinross.

MOBILE LIBRARY 11, 25 May (Fortnightly, Wednesdays)

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	Kinnesswood (Opposite Shop)	09.30 - 10:00	Powmill (Mill Gardens)	13:20 - 13:40
	Portmoak Hall	10:05 - 10:20	Crook of Devon (Village Inn)	13:45 – 14:45
	Scotlandwell (Leslie Road)	10:25 - 10:50	Carnbo (Pitcairnie Lane)	15:00 – 15:30
	Levenmouth Farm	11:00 - 11:20	Whyte Court (Kinross)	15:45 – 16:15
	Hatchbank Road (Gairneybank, Kinross)	11:40 - 12:00	Contact us by phone on 01577 867205	

Grants For Good Causes

Kinross Community Council Newsletter Limited (KCCNL), Charity No. SC040913

All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the *kinross.cc* website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email *barrydavies57@btinternet.com*

Perth & Kinross School Term Dates 2022

Summer term 2022

Jubilee holiday: Thursday 2 June & Fri 3 June 2022

Term ends: Thursday 30 June 2022

In-Service days: Monday 15 August 2022 & Tuesday

16 August 2022

Term starts: Wednesday 17 August 2022

Grants and Funding Websites

www.pkgrantsdirect.com www.foundationscotland.org.uk

ST PAUL'S CHURCH NEEDS A MUSICIAN.

If you can play the organ, piano, or guitar, we at St Paul's Episcopal Church, would love to hear from you and to meet you.

We need someone to play simple familiar hymns for our 10am. Sunday Morning Service.

Remuneration available.

Contact : Jo Middlemiss 01577 862041

LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon – Fri **9am-6pm**Saturday **9am-5pm**Tel **01577 862422**



Davidson's Chemist, Milnathort

Mon – Fri: 9am-6pm (Open lunchtime)
Saturday: 9am-12.30pm

Tel: **9411-12.30pm**

Sundays: Nearest open pharmacy: Asda, Dunfermline

Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Advice line: 01738 450580 Appointment line: 01738 450581

Clients can access advice in the following ways:

- By calling us on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- Webchat from our Perth CAB website www.perthcab.org. uk/ this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- Via e-mail to advice@perthcab.org.uk

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

NEWSLETTER DEADLINES

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* website for latest information: *www.kinrossnewsletter.org*

Issue	Deadline	Publication Date
June	Friday 20 May	Saturday 4 May
July	Friday 17 June	Saturday 2 July

100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their **60th**, **65th or 70th wedding anniversary?**

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045.

Email: linda.freeman_64@btinternet.com

Situations Vacant

Part time Church Office Coordinator, Kinross Parish Church

20 hours per week over 5 or 4 weekday mornings to include Monday, Thursday and Friday, with an element of remote working considered.

Our current postholder is stepping down after a fantastic effort steering KPC through the challenges of Covid-19 over the past year and we are looking to fill this key role. Do you have previous office experience, good IT skills, along with excellent organisational and communication skills and enjoy working with people?

Since its establishment in 2010, the church office has been functioning as administrative support for KPC's active ministries, for all users of the office and in coordinating the hire of the church and church centre. This is undertaken by a paid office coordinator with some volunteer support. The tasks are wide ranging and no two days are the same!

Like all jobs, the role had to adapt and develop during the pandemic requiring acquisition of new, more technical, skills and agile responses to changing situations. Thankfully, we are now returning to a more consistent pattern of work.

You will be a key point of contact for the congregation, community and beyond so, if you are talented in ensuring that an organisation runs smoothly, have a heart for getting alongside people and helping make things happen, we would love to hear from you.

For informal enquiries, please contact Alice Getley on 01577 863395. Job description and salary details available from Alison Brown by email at alisonmdollar@hotmail.com.

Closing date for applications (CV with names of 2 referees please) is Monday 6 June at 12 noon toalisonmdollar@hotmail.com.



For Sale

Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Dell C1660w Laser Printer

£50

A4 colour laser printer in very good condition.

Includes black, cyan and magenta ink cartridges.

Seller Details:

Jane Morrison

07859 403911

Curtains Free to collect

Top quality, lined, pencil pleats. Large pair 167×330 cms, slightly faded at one end. Small pair 140×192 cms.

Seller Details: Bill Cooper 07814 707659

bill cooper 2000@yahoo.co.uk

Curtains £75

Quality lined and interlined handmade curtains, 2.5m drop, 2.5m wide but deep pleated top 1m wide. Ivory background with light grey, navy, yellow and salmon pink. Photograph available and offers considered

Seller Details: J Gibson 01577 862091

Carrera Star 16in kids bike

trealaich1@gmail.com

m

Really good condition, Kenda tyres. A great wee bike.

Seller Details: Jane 07859 403911

Free range duck eggs

£2

£20

£20

£50

A regular supply of duck eggs from a small flock of lovely, healthy birds.

Seller Details: Marion Hutt 01577 861741

stephen950@btinternet.com

Unused and still in box.

Russell Hobbs Citric Juicer

Seller Details: Kate Dally 07788 410388

VonHaus 3000W Leafblower

With collection bag, in good condition.
Seller Details: Ian Hay 07901 737679

BANK OF SCOTLAND MOBILE BANKING

Service operates fortnightly on a Tuesday 10am to 1pm 3 May 2022

17 May 2022

31 May 2022

At the Green Hotel, 2 Muirs, Kinross

www.bankofscotland.co.uk/contactus/mobile-branch/ perth.html#kinross

MOBILE POST VAN AT BUCHAN AVENUE, KINNESSWOOD

MONDAYS 13.45 till 14.45 WEDNESDAYS 12.45 till 13.45

KINROSS DELIVERY OFFICE ROYAL MAIL 87 High St, Kinross KY13 8AR OPENING TIMES

MONDAY 8-10am
TUESDAY 8-10am
WEDNESDAY 8-10am

THURSDAY 8-10am and 4-7pm

FRIDAY 8-10am SATURDAY 8am-12pm SUNDAY CLOSED

Homes For Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



0345 988 1188

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times:

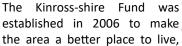
Mon - Fri 9am - 7pm Sat - Sun 9am - 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste. Bikes and bike parts will be recycled.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

The

Kinross-shire Fund





by making grants to a wide range of local charities, organisations and projects which make a positive difference to the community.

To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

EMERGENCY CONTACT NUMBERS

Medical 01577 862112 Loch Leven Health Centre Loch Leven Health Centre Out of Hours 01577 865252 **NHS 24** 111 Perth Royal Infirmary main switchboard 01382 660111 Perth Royal Infirmary (Admissions and Enquiries Desk) 01738 473734 Ninewells Hospital, Dundee 01382 660111 Victoria Hospital, Kirkcaldy 01592 643355 Queen Margaret Hospital, Dunfermline 01383 623623 Rowlands Pharmacy, Kinross 01577 862422 Davidson's Chemist, Milnathort 01577 862219 Police, non-emergency 101 Police, Fire, Ambulance & Coastguard Emergencies 999 Gas (worried about gas safety) 0800 111 999 Water (loss of supply, foul water emergency) 0845 600 8855

Perth & Kinross Council (PKC)

Kinross High School

Customer Service Centre (Mon- Fri, 8am-6pm)

01738 475000

01577 867100

Reporting non-emergency Road and

Lighting faults (CLARENCE) 0800 232323

PKC Out of Hours emergency numbers

Adult care services 0345 301 11 20
Anti-social behaviour helpline 01738 476173*42*

(*42* telephone and leave a voicemail)

Child protection 01738 476768 Council housing emergency repairs 01738 476000 Dangerous buildings 01738 476476 01738 476476 **Environmental Health** Flooding 01738 476476 0800 917 0708 Homelessness Mental health services 0345 301 11 20 01738 476476 Roads (e.g. reporting blockage) 0871 200 22 33 Traveline Scotland **Loch Leven Community Campus** 01577 867200

Floods SEPA Floodline recorded messages

Community Councils

Kinross: Chair: Lynne McKay, 01577 531076

Email: kinrosscommunitycouncil@gmail.com

Milnathort Chair: Malcolm Thomson, 07980 885175

& Orwell: Email: communitycouncilmilnathort@gmail.com

Portmoak: Email: portmoakcommunitycouncil@pkc.gov.uk

Fossoway Chair: Trudy Duffy-Wigman, 01577 840669

& District: Email: fossoway.cc@gmail.com

Cleish Sec: Patty Fraser, 01577 850253

& Blairadam: Email: cleishcommunitycouncil@pkc.gov.uk

Kinross Community Councillors

David Colliar10 Rannoch Place01577 864037Bill Freeman64 Muirs01577 865045Lynne McKay (Chair)5 Springfield Road01577 531076Thomas StewartGellybank Farm01577 864603Hannah Phillips9 Lomond Mews07591 228884

Malcolm Wood The Woodlands, Hatchbank

Portmoak Community Councillors

S McGregor (Secretary)
A Davidson (Treasurer)

 Susan Forde
 01592 840128

 Dave Morris
 01592 840500

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

Cllr MIKE BARNACLE (Scottish Conservative & Unionist)

Tel/Fax (home): 01577 840516. Email: *michaelabarnacle@gmail.com*

Website: mikebarnacle.co.uk

Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 OUZ

Clir CALLUM PURVES (Scottish Conservative & Unionist)

Tel (office): 01738 475092. Mobile: 07557 812570.

Email: cpurves@pkc.gov.uk

7 Boreland Steading, Cleish, Kinross-shire, KY13 OLT

Clir WILLIE ROBERTSON (Scottish Liberal Democrats)

Mobile: 07909 884042

Clir RICHARD WATTERS (SNP)

Mobile: 07557 812513. Email: rwatters@pkc.gov.uk

Applegarth, Sunnypark, Kinross, KY13 8BX

John Nicolson MP Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000

Email: john.nicolson.mp@parliament.uk
Twitter: https://twitter.com/mrjohnnicolson
Facebook: https://facebook.com/JohnNicolsonSNP

Instagram: https://www.instagram.com/johnnicolsonmp

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 OPE

Telephone: 01738 620540

Email: Jim.Fairlie.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address: The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769 Email: claire.baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293 Email: murdo.fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993 Email: dean.lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826 Email: alex.rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468 Email: mark.ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762 Email: *elizabeth.smith.msp@parliament.scot*

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134 Email: alexander.stewart.msp@parliament.scot

Mobile Library Service

See p95 for details. For more information, see: www. culturepk.org.uk/libraries and click on 'Services in the Community'

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone: 01738 626666 or 08457 909090

email: jo@samaritans.org

Visit us at 3 King's Place, Perth, PH2 8AA

 $\begin{array}{cccccc} \mbox{Mondays} & 1630 - 2130 & \mbox{Thursdays} & 1630 - 1900 \\ \mbox{Wednesdays} & 0830 - 1100 & \mbox{Fridays} & 1000 - 1630 \\ \mbox{\it and} & 1930 - 2130 & \mbox{Sundays} & 0800 - 2130 \end{array}$

No pressure, no names, no judgment. We're here for you, anytime.

Enquire

Are you looking for information about your child's rights to support in school? If so, contact Enquire, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

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The Kinross Community Council Newsletter

is available from:

Greens of Kinross High Street, Kinross **Baillies** High Street, Kinross Sainsburys Station Road, Kinross Giacopazzis Lathro, Kinross **Keystore More** Green Road, Kinross Giacopazzis New Road, Milnathort Stewart & Smart Stirling Road, Milnathort **Heaven Scent** South Street, Milnathort

Buchan's Garage Shop Fossoway Store Fossoway Garage Mona's Coffee Shop Powmill Stores Loch Leven's Larder Main Street, Kinnesswood Main Street, Kinnesswood Crook of Devon Crook of Devon Muckhart Powmill Near Wester Balgedie

Glenfarg Village Shop Glenfarg