



Kinross Newsletter

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Contributions

The *Newsletter* welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.)

All items may be subject to editing and we reserve the right not to publish an item.

Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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Letter From The Editor

I'M DELIGHTED FOR Annie McCormack of Broke Not Broken who has been awarded a BEM in recognition of her work for the charity. I doubt there is anyone in Kinross who hasn't heard of Broke Not Broken and doesn't know what they do, and they are much admired and thanked by the rest of us in the community for their amazing work.

Just as we were going to print, we heard news about the forced closure of Kinross Beer Garden. Most people seemed to be stunned at this news and couldn't quite believe it was happening.

Hopefully steps will be taken to keep it open and the planning issues can be resolved – we have all enjoyed its existence over the last four years and it has been a much-loved space for music and for meeting up with friends.

I was saddened that anyone might feel it necessary to complain about what has become a well-cared for and much-loved community asset. Community spaces are valuable for our health and wellbeing and they need to be protected and encouraged – without them, we are all worse off. Let's hope that these paperwork hurdles can be overcome and that it can either stay open or be open again soon.

We've had a week of really hot weather and I don't think anyone was that surprised to see some heavy rain showers at the end of it. Despite the rain I enjoyed a visit to some of the beautiful gardens in Muckhart on their Gardens Open weekend and came back with renewed enthusiasm and inspiration for my own garden. There is always something happening in Kinross-shire, whatever the weather!

Next month (August) is Kinross Show month and I am looking forward to another great day out. The free buses will be running again and we will have more details for you in the August issue

about the bus stops and timings as well as more details about the show itself. It's always a great event with so much to see and do, and takes a huge amount of organisation.

Thank you to everyone who continues to support the *Newsletter*. We are so grateful to all the local businesses who advertise with us. Please do remember to tell them you saw their advert in the *Newsletter* when contacting them. All our profits go back into good causes via the Kinross Newsletter Fund, which community groups and charitable organisations can apply for twice a year in March and September.

Thank also for all your letters, feedback and your general enthusiasm for the *Newsletter*! We are always delighted to hear from you and do our best to include all your submissions.

Hannah Phillips, Editor

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PKC: Perth & Kinross Council
CC: Community Council

CLLr: Councillor
CCLLr: Community Councillor

About The Kinross Newsletter

The *Kinross Newsletter* has been informing and supporting the community for over 45 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the *Newsletter* to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

High School Reunion

I AM COORDINATING a reunion for senior pupils who attended Perth High School in the latter years of the sixties.

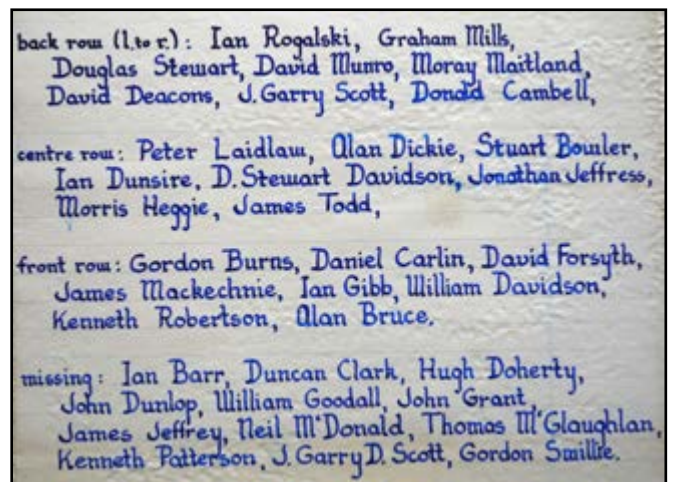
As Kinross High School was a junior secondary at that time, Kinross-shire pupils who wanted to sit Highers had to transfer to Perth High School and a fair number of pupils completed their education at Perth High.

I do not have any year group photos of girls but find attached the S6 boys' photo taken in the summer of 1969 (it is interesting to note the number of 'absentees' in the list of names).

The reunion has been booked at Perth's Civil Service Club in St Leonard's Bank on the evening of Friday 29 September with a cost of £15 which includes a DJ and buffet meal as well as the room hire costs.

Locals who know of any who might be interested in attending but have moved away from the local area are asked to help contact former pupils who will now be in their seventies. Expressions of interest to attend or contact details should be emailed to d_g_munro@hotmail.com.

David Munro, Kinross



Your Loch Leven Questions Answered

I AM GRATEFUL to your readers for the very interesting questions raised about water quality in Loch Leven, and phosphorus sources and impacts in particular.

My article, published in the May 2023 issue, was a very brief overview of the situation. Our routine data collection at fortnightly intervals over the last 53 years has been enabled by funding provided to UKCEH by the Natural Environment Research Council and is collected for scientific purposes. This funding supports the monitoring of a limited number of factors that are considered likely to affect the water quality and ecology of the loch. In addition, we have undertaken 10-yearly surveys of the phosphorus inputs to the loch from its 11 main inflows in 1985, 1995, 2005 and 2015/16. Each of these surveys has comprised weekly sampling over a one year period, and most of them have been funded by NatureScot, SEPA and PKC. We would have needed many, many pages to share all of the information that we have.

Here, I would like to address some of the concerns raised by your readers. For brevity, I have adopted a frequently asked questions (FAQ) approach. I am more than happy to provide additional information if required. The most important thing is that we understand exactly what is causing the water quality problems at Loch Leven. This will help everyone focus on delivering the management interventions required to deliver positive changes for people, nature and the environment.

FAQs

Q1: Does phosphate added to drinking water to reduce lead contamination from old plumbing systems increase the phosphorus input to Loch Leven?

A1: The best available data suggests that this process adds about 58 kg of phosphorus per year (kg P/year) to the loch – a very small proportion of the annual input from all sources, which is estimated to be about 10,500 kg P/year.

Q2: Is the loch too shallow to function properly?

A2: The loch is about 1.4 m shallower, and about 50 per cent smaller by volume, than before the sluice gates were built in the mid-1800s. As there has been little change in the amount of water entering the loch from its feeder streams since then, this will have almost doubled the flushing rate (the time required to completely renew the loch's water). This higher flushing rate will have improved water quality, not made it worse.

Q3: How can we be sure that phosphorus input from wastewater treatment works (WWTWs) fell between 1985 and 2015/16

if there is no record of the effluent discharged into the loch from overflow events?

A3: In the 10-yearly phosphorus loading surveys, phosphorus inputs to the loch were measured at weekly intervals over a one year period at the points where the 11 main inflows enter the loch. So, phosphorus inputs from all sources upstream of these points were included. Additional measurements were made upstream and downstream of WWTW discharge points so that discharges from these systems could be estimated under high and low flow conditions. In 2005, we also collected data from the Pow Burn every 2-hours between October and December (the three wettest months of the year) at the point where it enters the loch. This was to explore the impacts of storm events on phosphorus inputs from this inflow. We found that high rainfall events increased the phosphorus loading to the loch enormously over a very short periods.

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Q4: Measurements of phosphorus inputs to the loch are made every 10 years; if there is concern about pollution overflow events shouldn't they be measured more often?

A4: Our previous research has not been focused on short term inputs, although some data were collected on inputs during storm events in a PhD project than ran alongside the decadal phosphorus loading study in 2005. With storm events having increased in recent years, due to climate change, we would be keen to focus more on pollution overflows in the 2025 survey if sufficient funding can be found. It is very likely that CSO monitoring will have been installed by then, too.

Q5: Shouldn't samples be collected and analysed immediately before the 11 burns enter the loch to identify which burns carry the most phosphate?

A5: In the 10-yearly surveys, we measured phosphorus inputs from these 11 inflows at weekly intervals over a 1 year period. We also estimated the corresponding contributions from industrial and WWTW sources by comparing phosphorus loads upstream and downstream of their discharge points. Please note: It is important to consider inputs of all forms of phosphorus, not just of phosphate.

Q6: Could the burns carrying the most phosphorus be sampled at 1km intervals moving steadily upstream to give a picture of where most phosphorus enters the water system?

A6: In theory, yes, but this would be a massive undertaking for the whole catchment and does not form part of our routine monitoring of the loch. To-date, such data have been collected for the Gairney catchment, only, as part of the 2015/16 nutrient loading study. This was as part of an investigation into the potential impacts of septic tanks on the Gairney Water.

Q7: Could poultry farms be a large source of nutrient inputs to Loch Leven?

A7: This has not been looked at in any detail, but the data that we hold currently do not suggest that poultry farms are a major source of phosphorus. However, if sufficient resources are available, we will review this during the 2025 phosphorus loading study.

Q8: Shouldn't a single value stating the phosphorus input to the loch be prefaced by "estimated"?

A8: We agree that this single value is an estimate. It is derived from the river discharge and phosphorus concentration values measured at weekly intervals during the phosphorus loading surveys. It is not usual to state this explicitly in a summary document, but we will do so in future to avoid confusion.

Q9: Isn't it misleading to quote values for reductions in phosphorus inputs to the loch without a complete picture of what all the phosphorus inputs are?

A9: Each of the loading surveys have quantified phosphorus inputs to the loch from each of the 11 main inflows using comparable methods. These data provide information on the total inputs to the loch, but they do not identify their upstream sources.

Q10: How can CSO contributions be estimated without data on frequency, extent and composition of discharge?

A10: Yes, ideally, but in the absence of such data, estimates can be derived from the 10-yearly monitoring data by applying a source apportionment model to the measured values for phosphorus concentration and inflow discharges. However, given current concerns, the collection of more detailed data would enable these contributions to be estimated more accurately.

Q11: How were WWTWs upgraded to reduce phosphorus discharges?

A11: When the main WWTWs were 'upgraded' in the 1990s, a third level of treatment (known as "phosphate stripping") was introduced. This reduced the amount of phosphorus being discharged from these systems by 80 to 90 per cent. This is evident in our monitoring data.

Q12: Why was there a massive increase in phosphorus input from diffuse sources between 1995 and 2005?

A12: The phosphorus input to the loch from diffuse (land based) sources was much lower in 1995 than in 1985 or 2005 because of the unusually low rainfall, and therefore very low levels of runoff, in 1995. This needs to be taken into account when comparing these values.

Q13: Couldn't the apparently consistent phosphorus concentrations in winter combined with elevated phosphorus concentrations in summer be accounted for by changes in loch volume and rainfall?

A13: The data suggest that summers are now characterised by sudden releases of soluble reactive phosphorus from the sediments under warm calm conditions. These appear to be driving the current rise in summer average phosphorus levels. It is unlikely that changes in loch volume or rainfall are causing this phenomenon.

Q14: Increases in housing must have increased the phosphorus inputs to Loch Leven; how can it be said that it hasn't?

A14: The increase in housing within the catchment will have increased the phosphorus inputs to Loch Leven, but the data suggest that this is unlikely to be the main reason for the recent increase in in-loch phosphorus levels and algal blooms. For example, phosphorus inputs from housing were probably very similar in 2022 and 2023. However, 2022 was marked by persistent algal blooms and very low water clarity whereas 2023 has seen some of the highest water clarity levels ever recorded.

Q15: Is Dr May using repeated reference to climate change to increase her teams' ability to secure research grants?

A15: No. Our routine data collection over the last 53 years has been enabled by funding provided to UKCEH by the Natural Environment Research Council. This funding supports the monitoring of a limited number of factors that are considered likely to affect the water quality and ecology of the loch. Focusing on the facts, we have found that climate change has resulted in an increase in the loch's water temperature over the years and that



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Letters

this has increasingly become an important explanatory variable in terms of observed changes in the loch.

Q16: Why does the Loch Leven data portal show data for only 5 years? Why haven't the long-term data been included?

A16: The aim of the recently launched Loch Leven portal is to share summary information with local stakeholders that will help them understand the recent decline in water quality and its potential causes. Data from the last five years are displayed alongside long-term average values for key variables that have been calculated from data collected between 1968 and 2022. Over the coming months, as time and resources permit, we will add more historical data and a data download facility to the portal to ensure that our long-term data are freely available to everyone. We will also add links to, or copies of, relevant reports and publications, and update our news tab at regular intervals. In the meantime, some of our older data can be downloaded from the UK Environmental Information Data Centre at <https://catalogue.ceh.ac.uk/documents/ac973b0d-2c99-4e00-8931-22aa0881006d>.

Dr Linda May
UK Centre for Ecology & Hydrology

The Pygmy Plan

Re (A) Letters: Einar Hilmarsson, Milnathort (Newsletter, June 2023)

I appreciate that repeated reference to climate change may help Dr May with her and her teams ability to secure research grants. However I think it would be better for the loch and community if efforts were focused on the boring task of collating more robust, high quality analysis of all input streams and in particular undertaking robust analysis of the CSO events so that we can discuss this issue using facts rather than hearsay.

Mr. Hilmarsson's point illuminates a problem which goes far beyond the issue of sewage being pumped into Loch Leven, alas. This is the ever-spreading 'bloom' of, 'climate emergency' and 'nature crisis' – to quote the Scottish Government's National Planning Framework 4.

This 'framework' bears comparison with some of the 'planning' prevalent in the emergent Soviet Union, from the 1920s on, as later copied in the Peoples' Republic of China, from 1949. As stated in the 'Ministerial Foreward' ... 'Planning is a fully devolved function of the Scottish Government'.

Across 160 pages, the word 'climate' is printed 195 times; while the word 'sewer' appears 5 times. Once in the body, on page 75 '...manage all rain and surface water through sustainable urban drainage systems (SUDS), which should form part of and integrate with proposed and existing blue-green infrastructure. All proposals should presume no surface water connection to the combined sewer...'

Once in Annex B, section 5, on page 105 'A nature-based approach to surface water management has the potential to deliver multiple health, wellbeing, economic and climate adaptation and emissions reduction benefits and it may free up sewer capacity.'

And thrice in the Glossary, under 'Flooding from all sources': 'Pluvial Flooding – occurs when rainwater ponds or flows over the ground (overland flow) before it enters a natural or man-made drainage systems (e.g. a river or sewer/drain). It can also occur when drainage systems are at full capacity. It is often combined with sewer flooding and groundwater flooding; Sewer Flooding – occurs when the sewerage infrastructure has to deal with loads beyond its design capacity. This occurs most often as a result of high intensity rainfall events...'

The Scottish Government's reticence on the 'sewer crisis' might appear strange, notwithstanding, for example, the 'sewerage emergency' articulated in an article published in the *The Scotsman* (21 May, 2023); 'Sewage to fill 19,000 swimming pools spilled into Scottish waters in 2022.'

But it is not so strange, when one considers the deeper game; Flood Risk Management.



Gelly Burn, Kinross

The question is not whether there exists the problem (UK wide) of sewage 'overflowing' into water-courses, but who is going to pay to fix it. Which commensurately, raises the question of who is to blame.

The answer in Scotland is the combined Scottish Water/Local Authority 'agreements' permitting the use of old, under-maintained sewers for all and any new developments' storm-water run-off. The devolved Scottish Government owns/controls both Scottish Water and the Local Authorities.

What about SEPA? it may be asked.

SEPA is a 'non-departmental agency of the Scottish Government'; that is, answerable to ministers only.

So, from the Scottish Government down, through SEPA, Scottish Water and all the local authorities, there exists a vested interest in not revealing the true cause of the sewage crisis; that is the cost of fixing it, which they would prefer to spend elsewhere.

While they have struck on an expedient, alternative cause of the sewage crisis; the fact, they say, that due to 'climate change', half of Scotland is going to be under water in a few decades time. And so, all local authorities must make provision for 'Flood Protection Schemes' – which, by the way, can be used to disguise their 'sewerage-crisis' schemes.

Now revisit the article in the May *Newsletter*. On p25; Dr May, Scottish Water (x2), SEPA, and Local PKC councillors (x2). Dr May, on cue, is quoted as saying that the '...main cause likely to be the internal release from sediments due to climate change.' Three cheers for Mr Hilmarsson.

While, on the same page, 'Robert Wills from PKC Planning spoke about the ongoing work preparing Local Development Plan 3. Flooding prevention was a major factor in the Council thinking. Scottish Water confirmed they are currently unable to monitor the number and volumes of sewage discharges into Loch Leven...' This statement is a variant of the Minister's letter, extracted in the May *Newsletter*.

Such sophistry, while they all know that Scottish Water have completed a S16 Assessment of the Kinross sewer network. Perhaps they didn't like its findings?

Re (B) Local Farmer's Letter (name and address withheld) (Newsletter, June 2023)

'When, oh when, will all the agencies realise that waterways must be kept relatively unobstructed?'

Sections 18 and 59 of the Flood Risk Management (Scotland) Act 2009 place duties of watercourse assessment, and clearance and repair on local authorities.

Local authorities have a duty to assess watercourses and carry out clearance and repair works where such works would substantially reduce flood risk. They produce schedules of clearance and repair works and make these available for public inspection.

But, as with sewerage networks, it seems that local authorities have given-up on their statutory duty to 'assess, clear and



South Queich, Kinross

repair' the watercourses in their area; in PKC's case, from dredging the Tay, to clearing burns.

In August 2020, there occurred significant flooding in Perth town centre. One year later, PKC published a report, which included the real reason. Following the flooding of 11 & 12 August 2020, officers from the Council's flooding team were immediately deployed to investigate. The high rainfall also generated a considerable response in some watercourses, with the Craigie Burn in Perth, the Alyth Burn, the South Queich in Kinross as well as other small watercourses being particularly affected. Flooding in some parts of Perth was also exacerbated by three of the flood gates around the South Inch flood storage area not being closed.

One was as a result of human error (due to a training issue) and a lack of time to initiate the checking process which is usually followed during the gate closure procedure. The other two gates were inundated by water in the short time it took staff to arrive rendering it unsafe to approach these gates. The requirement to close the gates was triggered by a surface water flood event rather than a river warning. They had insufficient warning.

That report cited a report by SEPA, 6 months earlier, which included 'On Saturday 8 August the Scottish Flood Forecasting Service indicated that 'property flooding and damage, and disruption to travel and infrastructure are possible' for three consecutive days from Monday 10 August to Wednesday 12 August. Similar and updated guidance on Sunday 9, Monday 10 and Tuesday 11 August in the Flood Guidance Statement were issued highlighting the possibility of significant impacts.

The South Queich, the Clash Burn and the Gelly Burn in Kinross were all cited as being 'particularly affected', during that rainfall event. Which assertion has been endlessly repeated by PKC to promote Flood Prevention Schemes in Kinross - or should that be 'sewerage crisis' schemes?

The water backs-up during 'extreme weather events', arising from 'climate change' and so 'flood protection schemes' are required.

**'... the pygmy plan
Is one note each and the tune goes out free'**

William Empson, Sonnet, 1940

John Shedden, Kinross

Environmental Volunteers Required

ARE YOU AN environmental professional, but perhaps your work doesn't extend to your broader interests and you would like to have a go at making a difference in your local area as a volunteer?

We would love to have some more enthusiasts to help our Raingardens Challenge in the following ways:

- a) An ecological background (however distant in your education and career) to help draft bids for funds, write landscape management advice (in dialogue with experts; you will learn as well as achieve), habitat documentation if not full surveys, draft information for signs and website dissemination, etc. Something, not everything, would still be a real help.



- b) Experience of sustainable drainage – we need to be able to influence developers and their consultants to push harder for really good SUDS features in our area; sometimes it is inadequate, poor or non-existent in the absence of professional scrutiny by anyone. We'd like to develop some training for local enthusiasts to review planning applications (better still the pre-application dialogue) to try and raise aspirations and standards. There is also interest at our schools and local businesses now. Could you help?

This is a great way to add to your CV in areas not covered by the day job, even if in a very small and modest way.

Finally, even if you do not fit our two professional categories above, but would like to be involved, please do get in touch. It's important we build a broad community base and there's plenty of scope for as little or as much involvement as you may wish.

Contact: kinrossshirecivictrustsecy@gmail.com

Brian D'Arcy (Kinross Raingardens Challenge)

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HM King awards BEM medal to BNB co-founder Annie McCormack

MANY CONGRATULATIONS TO Annie McCormack of Broke not Broken on being awarded a British Empire Medal (BEM) in HM The King's Birthday Honours List.

The British Empire Medal (BEM) was established in 1922. The BEM is awarded for meritorious civil or military service, worthy of recognition by the Crown. The BEM was awarded to subjects of the United Kingdom until 1992, after which time it lay in abeyance in the United Kingdom. It was specifically re-instated in June 2012, for HM The Queen's Diamond Jubilee, specifically to reward and honour those who work in the charitable and voluntary sectors.

Annie's co-founder Clare Slight was, as an Irish National, earlier awarded an Honorary BEM. Now, both of them have very properly and rightly been recognised.

Annie McCormack, said, 'Although starting life as a food bank, Broke Not Broken (BNB) has evolved and developed a range of projects, based on working with and for our community. I am accepting this honour on behalf of the whole charity and the hard work everyone has put in to create something very special. It is very humbling indeed. We love doing what we do, and we love how much of a difference we can make by doing small meaningful things for people that we live beside. Honours are not what any volunteer does the work for, but it's lovely to acknowledge the hundreds of thousands of hours of time that goes into all the volunteering across the country making Scotland a better place



for everyone to live in. It is so lovely to share this with Clare Slight who started the charity almost 10 years ago and remains a valued and active trustee.'

Readers will recall Broke Not Broken Kinross received The Queen's Award for Voluntary Service in 2022, which recognises outstanding work by volunteer groups to benefit their local communities. This is the highest award given to volunteer groups across the UK, to recognise exceptional service within their communities.

All of us in the Kinross community send congratulations on this royal recognition, Annie McCormack BEM. We're proud of you!



GLENFARG COMMUNITY TRANSPORT GROUP



Kinross-Glenfarg					
Monday to Saturday	55	55	55	55	55
	NotSch				
Kinross	0845	0945	Every Hour	1645	1800
Campus	0853	0953	" "	1653	1808
Milnathort, Church Street	0855	0955	" "	1655	1810
Glenfarg, Greenbank Road	0905	1005	" "	1705	1820
Glenfarg-Kinross					
Monday to Saturday	55	55	55	55	55
	NotSch				
Glenfarg, Greenbank Road	0810	0910	Every Hour	1610	1710
Milnathort, Church Street	0820	0920	" "	1620	1720
Campus	0822	0922	" "	1622	1722
Kinross	0830	0930	" "	1630	1740
	NotSch				
	Does not operate on school days until mid-May				



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PKC CALL LAST ORDERS ON BEER GARDEN



DISBELIEF HAS STRUCK KINROSS at the announcement by the Kinross Beer Garden that they are being forced to close on Saturday 15 July due to having been served an Enforcement Order by PKC Planning. They have been instructed to remove the bar, marquee, toilets and seating by Thursday 20 July.

The Enforcement Order says, 'The marquee is sited in an area with significant amenity value within the Kinross Conservation Area and is immediately adjacent to a designated Garden and Designed Landscape. It does not contribute positively to the surrounding environment. There are a number of residential receptors and a public road in close proximity to the site. The amenity of those receptors will be compromised by the development through disturbance caused by noise and lighting, lacking proper mitigation.'

It also states one of the reasons for closing as 'the development is less than 4 years old' – they were about to celebrate their fourth birthday (17 July). Planners say they have received 'complaints regarding the marquee, associated structures and their intended use as an events area...'

Jamie Montgomery, Director of the Kinross Estate Company told the *Newsletter*, 'We were obviously shocked to be informed by PKC Planning Department last week that we must shut down and remove all elements of the Beer Garden by 20 July. Although it was originally conceived during the Covid pandemic to permit people to meet up in a socially distanced environment, we have continued staging it during the summer months in the two years since the restrictions were lifted because all the feedback indicated that people wished it to continue. Since going public today with the closure order, we have been blown away by the strength of the support from the local community and, on the back of that, we will almost certainly lodge an appeal in the hope that the Kinross Beer Garden can gain a reprieve.'

As far as we are aware there has never been an issue with the Beer Garden. Local residents showed their support immediately by signing a petition www.change.org/p/save-your-beer-garden.

Observers have also commented that the Beer Garden is regularly cleared of litter and looked after by all who use it. It is well-supported by the local community and provides the only sizeable outdoor catered space in Kinross. Many others have enjoyed seeing the Market Park used to such an extent following the pandemic and have said what a great opportunity it has provided for live music and social get-togethers.

According to the enforcement order '*...the marquee is sited in an area with significant amenity value...*'. Many Kinrossians have commented on how perverse it seems that this amenity area will no longer be used or enjoyed. The electricity supply is also to be removed.

Cllr Dave Cuthbert said, 'As the Chair of KLEO, I would be hugely disappointed if the electrics were taken out of the Market Park. They make the events we put on there possible. We are planning a large market in the Market Park in August and we were planning to include the Beer Garden in our event. Hopefully, a solution can be found quickly.'

Cllr Neil Freshwater added, 'It's one of the few community spaces that brings people together in the milder months and there does seem to have been a huge number of objections to the closure. Of course, planning and licensing matters do need to be properly considered and so I hope that there can be a constructive dialogue between the owners, community and PKC planning officers to find a resolution.'

'One option could be for a proper planning application to be submitted so that the beer garden's long-term future can be given full consideration. I am involved in a community pop-up pub elsewhere in Cleish which has been a huge success and I have been following with the interest the plans for a Glenfarg community pub, who also run a pop-up beer garden, so I know how important these spaces are to the community.'

Cllr Willie Robertson added, 'I am well aware that many Kinross-shire residents and visitors have greatly enjoyed meeting there to socialise. However on checking on the Council's planning portal it appears that the site does not have a valid planning consent to operate as a beer garden. A planning application was lodged for this last year but for some reason it was withdrawn.'

'The rules were relaxed on the use of outside spaces for hospitality during Covid, but these relaxations are now no longer in place so all businesses who want to use outside spaces such as the Market Park for this purpose must apply for planning consent. Hopefully the owners of the site will do this promptly.'

Cllr Richard Watters added, 'I am both shocked and surprised by this news and will discuss it with council officers to understand the reasoning behind the notice. Since this is a planning issue and I sit on the Council's Planning Committee, I am unable to comment further according to the Councilors' Code of Conduct.'

Who Owns The Market Park?

THE MARKET PARK IS privately owned and maintained by Kinross Estate Company who, for many generations, have allowed community events to be staged in the Market Park – almost always free of charge. The Beer Garden is just the latest in a long list of events that have been able to use the Market Park in ways that benefit the Kinross community.

We hope that a solution will be found soon.

Summer at The Court House

Mon - Wed: Open 9am - 5pm,
Kitchen 9am - 3pm

Thur - Sat: Open 9am - Late,
Kitchen 9am - 3pm / 5pm - 9pm

Sunday: Open 10am - 5pm,
Kitchen 10am - 4pm



The Court House



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menus here



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ANOTHER NEW BIN?!?!

CHANGES TO OUR BIN collections are coming soon, with the introduction of a new grey-lidded wheelie bin. Each household will receive one new wheelie bin.

Currently we have a 2 week cycle for bin collections with general waste collected on week 1 and recycling collected on week 2.

The new service will see a move to a 4 week cycle with general waste collected on week 1, paper/cardboard collected on week 2, general waste collected on week 3 and cans/plastics collected on week 4. There will be no reduction to general waste or garden and food collections.

The delivery of the new bins begins from 31 July and deliveries may take up to 3 months. This means that those that get bins delivered first will have a wait before they can start using them. You can continue to use your blue lidded bin as usual until you receive a letter regarding the new service.

These changes to household recycling arrangements aim to reduce contamination and help contribute to PKC's corporate priority of tackling climate change and supporting sustainable places. Processing general waste is extremely expensive. It has extremely detrimental environmental factors and PKC is trying to move to becoming carbon neutral, which will only be achieved by reducing general waste output.

What Goes In Your New Bin?

FUTURE POSSIBILITIES INCLUDE glass – it is being considered, however, large amounts of glass recycling are likely to be removed from council collections due to the upcoming national Deposit Return Scheme which is to be introduced on 16 August 2023.

Films, flexible plastics and foil are also under consideration.

The new service is expected to start in early November. Residents moving onto the new service will receive a letter around a month before the changes are implemented with information about the new bins and information on changes to collection dates.

Why Is This Necessary?

PKC SAY THAT splitting the waste out over 2 containers will achieve:

- Consistency to recycling services across Scotland
- Bringing down contamination levels
- Better quality materials for recycling as fibres which are easily contaminated by liquids or food remnants left on cans and plastics are kept separate and clean
- The possibility of accepting new materials for recycling

The recycling process becomes much easier when there aren't as many materials mixed together, and it is expected that



this reduction to the cost of sorting recyclates will help ease budget pressure. Under the current legislation (Environmental Protection Act 1990 s.46) The waste collection authority may, by notice, require an occupier to place the waste for collection in receptacles of a specified kind and number.'

This is why PKC is not required to carry out a consultation process regarding the introduction of the new bins.

It is recognised that the new recycling system may not be convenient for everyone. Many have already expressed frustration and anger that they have no place to store a fourth wheelie bin. An online form will be created for those who want to report issues with storage.

PKC say they have endeavoured to provide the most appropriate service to reduce contamination, environmental impact and waste disposal costs in order to benefit everyone. Residents will be required to keep the new bins within the grounds of their property and present bins to the kerbside for collection, as they do currently.

THE BIG PLACE CONVERSATION - WHAT & WHY?

- Are you able to get where you want without using a car?*
- Do the houses in your area meet people's needs?*
- Can you get to good quality parks and nature?*
- Are the shops and services that you need in your place?*

BE PART OF THE CONVERSATION! People who work or live somewhere know it best so are the best judge of what is good and what could be better. This is the chance to tell PKC what you think and this will help make decisions about how land is used in the future.

Make sure you participate in the online public survey to include your views in The Big Place Conversation. The main purpose of the conversation and survey is to shape the next Local Development Plan within Perth & Kinross which will run till 2037 so it is important that you make your views known. Everyone can participate.

You can access the survey here: <https://consult.pkc.gov.uk/communities/bigplaceconversation/>

The survey is open until 31 August 2023.

GLENFARG SHOP TO CLOSE?

THE OWNERS OF THE shop that became a community lifeline during the pandemic have made the sad announcement of its impending closure - unless another aspiring shopowner takes it over.

Owners Russell, Mark and Joe were sad to say that after 13 years they are going to sell the shop and their house with it.

They told their customers, 'The cost of living crisis, energy crisis, interest rate rises, overhead price hikes and constant additional add on charges from our suppliers – it's felt like we just ended up throwing good money after bad.' They thanked the 'fantastic, supportive loyal customers and families in the village'.

A local resident told us, 'I really hope someone will take over the shop and keep it going.'

Glenfarg residents will face a hefty hike to the nearest retail outlet if they find themselves short of milk or bread (or even



the *Kinross Newsletter*) of an evening. The nearest shop will be Bridge of Earn, Milnathort or even Strathmiglo.

Grocery retailers up and down the country are finding it difficult to trade under the effects of the cost of living crisis, where the price of all essential goods and services has risen since the pandemic. Small shopkeepers are feeling the worst

effects, with many openly calling for help from the government, while many more have simply given up the ghost and shut up shop.

It's to be hoped that a valuable local resource such as the Glenfarg Village Shop, which has been a loyal supporter of the *Newsletter* for many years, can find new owners and keep trading.

Church News

New Elders At KPC




New elders Jim & Isobel are welcomed by Rev Alan Reid and Session Clerk Jaffrey Weir.

Kinross Parish Church of Scotland had a special service of Ordination and Admission of Elders on 11 June. Isobel Watt was ordained as a new elder and Jim Smith, who had been an elder elsewhere, was admitted to the Kirk Session.

THE MICHAEL BRUCE ANNUAL SERVICE

THIS YEAR'S SERVICE commemorating the life of Michael Bruce, 'The Gentle Poet of Loch Leven', will be held at 6.30pm on Sunday 2nd July in Portmoak Parish Church. The service will be conducted by The Rev Dr Robert Calvert and the guest speaker will be author and publisher The Rev Dr Jock Stein.

The service of commemoration will conclude with the laying of a wreath on the poet's grave by Dr David Munro, MBE, Chairman of the Michael Bruce Trust which aims to keep alive the memory of Michael Bruce (1746-67).



The Michael Bruce Memorial in Portmoak Parish Kirkyard

DR DONALD DUNCAN BEQUEST COMMITTEE

THE ABOVE COMMITTEE HAVE for many years provided bursaries for educational purposes for applicants whose parents were resident in Kinross at the time of their birth and who have received at least 3 years education in the County of Kinross (primary or secondary school). Applications are welcome from anyone meeting these criteria and who are to undertake further education. This includes attendance at University, College, or other establishments as long as the Committee is satisfied as to the course or training in question. This includes full time or part time studies. Awards may be given for one year and subsequent years at the discretion of the Committee.

Please note that a maximum of five awards will be given to any applicant.

Applications must be lodged by 30 September 2023 to be considered at the committee meeting to be held later in the year. Application Forms can be obtained from Andersons LLP, Solicitors, 40 High Street, Kinross KY13 8AN or by emailing mail@andersons-kinross.co.uk



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ALMOST SHOWTIME!



A COLOURFUL ROSETTE, the opportunity to win a trophy for the mantelpiece, a few pounds in prize money – these are the prizes on offer at Kinross Show but the ‘feel good factor’ seems to be the reason why exhibitors who get involved return year on year to the well-established competitions, which are designed for all of the community (not just farm animals). If you have not entered before, please do take a look at the Premium List and get involved. You will be made to feel very welcome and maybe even win a prize.

The Flower Show schedule (printed on the next page) has been revamped for this year to reflect the changing trends in gardening. It retains the popular flower classes and pot plants but now has a bigger focus on growing produce. If you have rhubarb outside your window, potatoes in the vegetable patch or tomatoes in the greenhouse then there is a competition for you.

Children can compete too! It’s so exciting for them to work on a mini project, drop it off in the Flower Marquee and return after



judging at 11.30am to see how they have got on. A decorated wellie or garden in a seed tray can be as simple or complex as their mind and imagination allows.

Fancy Dress is open to all children under 12 years of age with or without a pony, with judging commencing at 1pm.

Dog Show – Bring your dog for a great day out in the fresh air and your canine companion can enter the novelty or trophy classes. Entries will be taken on the field at the Dog Show Marquee from 10.30am until 12.30pm. Judging starts at 1pm prompt.

Toss the sheaf – This competition was reintroduced a couple of years ago and it takes place in the main ring towards the end of the afternoon. If you are a gym enthusiast this might be for you but whilst strength is important, technique usually triumphs so it’s definitely worth giving it a go at least once in your life?

Entertainment Stage – whilst this is not a competitive stage,

KINROSS SHOW

RSPB Loch Leven

Saturday 12 August 2023, 8.30am – 5.30pm

Tickets available from Kinross-show.co.uk

In advance: £13 for adults, U16 free

On the day: £15 for adults, U16 free

FREE PARKING & BUS TRAVEL

it was created to provide an opportunity for local artists and up and coming entertainers to perform. Slots are still available.

If competing is not for you then there are other ways to get involved. Spaces are still available for outside Trade Stands and in the Arts and Crafts Marquee.

Individuals or businesses are invited to sponsor a class, this is a good way to keep the spirit of competition alive and ensure access to all the health and social benefits of taking part.

Volunteers are also required for car parking and on the show field. If you can spare a couple of hours then please do get in touch.

For more information on all of above please visit the Kinross Show website and keep an eye on the Kinross Show facebook page.

Next month look out for all the information on what’s on during the day at Kinross Show, food and drink, main ring entertainment and everything you need to know to plan a fantastic day out.

SPRING START ✿ SUMMER MAINTENANCE
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GARDENING IN FIFE & KINROSS FOR 15 YEARS

KINROSS FLOWER SHOW –

Convenor: Mrs Claire Paton, Lethangie, Kinross

Committee: Margaret Kilpatrick, Alice Getley,
Dr. Julie Savin & Kirsty Gray.

Judges: Alec Cruickshanks

The Trophy Presentation will take place
within the Flower Show Tent at 3.30pm on Show Day.

Prize Winners will collect their prize money from within the
Flower Marquee.

ENTRIES

ACCEPTED ON SHOW FIELD UNTIL 9.00PM ON FRI 11 AUGUST
AND FROM 7.30AM UNTIL 9.30AM ON SAT 12 AUGUST.

£1 per Adult Exhibit and 50p per Child Exhibit.

Flower Marquee Open to the Public from 11.30am.

Entries can be uplifted at 4.00 p.m.

Prize Money: In all Classes 1st - £3, 2nd - £2, 3rd - £1

Judging commences 10.00am prompt

CAIRNS CUP - the most points overall, + Rosette.

BALADO SALVER - the most outstanding entry in Classes 1
to 15 + Rosette.

FISHER BOWL - most points in Dahlias.

CAESAR TROPHY - Sweet Peas

THE GAVINE LINDORES TROPHY for the best Single Rose
(Class 13).

THE SCOTT-DAVIDSON CUP presented by the late W.
Scott-Davidson for the winner of Children's Class 28.

LENA GRAHAM QUAICH (*small*) winner of Children's Class 33

LENA GRAHAM QUAICH (*large*) winner of Children's Class 34

THE MAISIE PIRIE CUP + ROSETTE and £3 for the most
outstanding exhibit by a child under 8 yrs

THE CATHIE PIRIE CUP + ROSETTE and £3 for the most
outstanding exhibit by a child age 9 to 14 yrs

MAWCARSE SALVER – Best Exhibit Overall in the Show

SPECIAL PRIZES

PATON PRIZE – For best exhibit in the produce classes -
£20 voucher

CLASS 12 - Voucher presented by Mrs. C Paton

FLOWER SECTION

Class 1. Pot Plant – Flowering, any type

Class 2. Pot Plant – Begonia

Class 3. Pot Plant – Fuchsia

Class 4. One Vase – 4 spikes herbaceous – one distinct variety

Class 5. Vase of Mixed Herbaceous

Class 6. Three Vases Annuals – 3 distinct varieties

Class 7. Vase – 4 stems Antirrhinums

Class 8. Vase - 3 Dahlias (*Decorative*)

Class 9. Vase - 3 Dahlias (*Cacti*)

Class 10. Vase - 3 Dahlias (*Pompom/Ball*)

Class 11. Vase of 6 Sweet Peas (*single colour*)

Class 12. Vase of Mixed Roses (any variety)

Class 13. Best Single Rose (any variety)

Class 14. 4 Marigolds to be displayed on a board

Class 15. 4 Pansies/Violas to be displayed on a board



CHILDREN'S CLASSES

Rosettes for 1st, 2nd, 3rd places will be
presented in Children's Classes 16 to 26.

Class 16. Bowl of Floating Flowers
any size of bowl, any number of flowers (*8 and under*)

Class 17. Bowl of Floating Flowers
any size of bowl, any number of flowers (*14 and under*)

Class 18. A Farm Animal Made From Vegetables
(*8 and under*)

Class 19. A Farm Animal Made From Vegetables (*9-14 yrs*)

Class 20. Arrangement of Garden Flowers in a Jam Jar
(*8 and under*)

Class 21. 'Garden in a Seed Tray'
not exceeding 40cms x 25cms, natural material only. (*8 and under*)

Class 22. 'Garden in a Seed Tray'
not exceeding 40cms x 25cms, natural material only. (*9-14 yrs*)

Class 23. 'Model Farm in a Seed Tray' – 'Models Allowed'
(*8 and under*)

Class 24. 'Model Farm in a Seed Tray' – 'Models Allowed'
(*9-14 yrs*)

Class 25. A Decorated Wellington Boot (*8 and under*)

Class 26. A Decorated Wellington Boot (*9-14 yrs*)

**ALL WELLINGTON BOOTS TO BE DECORATED
TO CELEBRATE THE CORONATION**

VEGETABLE SECTION

All Vegetables to be presented washed and in Good condi-
tion. Paper Plates will be provided

Class 27. 3 Courgettes (*any size*)

Class 28. 3 Onions, White.

Class 29. 3 Onions, Red.

Class 30. 4 Potatoes – White (*named*)

Class 31. 4 Potatoes – Coloured (*named*)

Class 32. 1 Cucumber.

Class 33. 6 Tomatoes (*large*)

Class 34. 6 Tomatoes (*cherry*)

Class 35. 3 Carrots

Class 36. 1 Cauliflower

Class 37. 1 Cabbage

Class 38. 3 Beetroot

Class 39. 6 Pods of Peas.

Class 40. 6 Pods Broad Beans

Class 41. 3 Leeks

Class 42. 3 Small Turnips

Class 43. 4 Stalks Rhubarb

ALL YOU NEED TO KNOW



ALLOTMENT SECTION

Class 44. Box of Mixed Vegetables

Class 45. Box of 6 Distinct Vegetables (*named*)

FRUIT SECTION

All Fruit to be presented washed in Good Condition
Paper Plates will be provided

Class 46. Plate of 12 Strawberries

Class 47. Plate of 12 Raspberries

Class 48. 12 red Currant Strings

Class 49. 15 Blackcurrants

Class 50. 12 Gooseberries

Class 51. Any Other Seasonal Fruit (*figs/peaches/apple*)

EGG SECTION

All Eggs must be washed and polished.
Paper Plates and Shavings will be provided.

Class 52. 3 Hens Eggs Any Variety (*Age 12 and under*)

Class 53. 3 Hens Eggs Any Variety (*Age 13 to adult*)

Class 54. 3 Duck Eggs (*Open to all*)



KINROSS SHOW
KEEP GOOD LOVE

Entertainment Stage

Saturday 12th August 2023

Can you?...

- Do stand up?
- Sing?
- Play an instrument?
- Dance?

Get in touch to book your slot
kinrossshow@gmail.com

Glenfarg Apartments

upscale your home, streamline your life!

Are you downsizing from a large family home, perhaps as semi or full retirement beckons, and with adult children long flown? Make sure you check out the stunning selection of luxury two bedroom apartments on offer at Glenfarg Apartments.

Here, the spacious and light filled apartments, priced from £229k, are packed to the brim with an impressive "upscaling" specification - beautiful, contemporary kitchens, together with sumptuous bathrooms & en-suites.

One of the downsides of the older family home is the constant maintenance, coupled with the high cost of tradesmen. Dispense with all that here and enjoy an easier pace of life. There's no compromise on the features that add convenience either. And with all apartments having a second bedroom, you can still have the grandchildren to stay!

Clearly, low maintenance, hassle free living is what this development is all about – but it's fully energy efficient living too, with fitted solar panels, together with double & triple glazing to lock in heat and keep your bills low.



After all, you want more money to spend on all the other things you've always wanted to do in your retirement!

Make an appointment to view and find out more about our tailored incentives and additional value added upgrades which are available to those who reserve before the end of July. Make that move and enjoy a new life at Glenfarg Apartments!



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This exceptional development of spacious two-bedroom homes boasts secure underground parking and a lift to all levels. The design of each unit puts an emphasis on bright, generous living spaces as well as elegant kitchens, sumptuous bathrooms and usable outside space in the form of enclosed glass balconies. Each of our luxurious apartments are insulated way beyond current buildings standards and fed with a unique off-grid Calor gas supply.



Starting prices from £229,000

Book your private appointment now
Call 01738 441 825 or visit glenfarghomes.co.uk

*If you reserve an apartment before 30th August 2023 we will pay all your gas and electricity bills for 12 months after you move in to a maximum cost of £3000.00. £1750 is the predicted annual bill for an average purpose-built apartment, based on current energy price guarantee rates and customers with 2013 median usage, paying for dual fuel by direct debit. Source: UK Government.

GLENFARG
apartments

BROKE NOT BROKEN – FIGHTING CHILD POVERTY

OVER THE PAST WEEK new figures were released by Ending Poverty Commission showing that 5900 children in Perth and Kinross live in Poverty, a significant increase since the 2020 figure of 5155. We need action to support not only the children in families on limited income but the whole families themselves.

BnB are working really hard to secure funding for the projects they know make a difference to the lives of Kinross-shire children and to their families. They include the school uniform bank, and the Tuesday Trips where they fund coaches, lunches and entry to different locations within an hours drive of here. At the moment while they have funding for the school uniform bank, they only have funding so far for one trip during the summer instead of the six they usually do. If anyone has any funding leads please let them know.

Broke not Broken told us, 'Some important community events have happened over the past couple of months including Milnathort School Fayre, our Referral Agents Open day and our Volunteer Garden Party.



Volunteers event with Fiona, Helen and Katie, volunteer co-ordinator

'The referral open day is an important event for us to share plans projects and learning with the people and agencies who refer clients into our services. It is a chance to meet face to face, many of whom we have never met, and hear their feedback about our process and projects.

'The volunteer garden party gave us the opportunity to come together as volunteers and learn a bit more about each other in a more relaxed setting than in between deliveries and pack packing! We got a lovely day for it and got to enjoy the garden at the back of The Beacon.'

School Uniform applications are open. Within a week they have received 67 applications. There is funding in place from Perth and Kinross Warm Welcome fund. If you would like to volunteer to help please get in touch. Donations of uniform can be dropped off on Monday 3 July at The Colts Pavilion in Donaldson Park.

The women's group have benefited from some relaxation and mindful techniques thanks to Zoe Tod and also attended Kidnapped at Perth Theatre and Menopause the Musical at Alhambra Dunfermline. They rounded off the session with an excellent quiz compiled by one of the group.

The group would like to thank local groups for supporting them so well. Loch Leven Church donated £500 towards the school uniform bank. Kinross Cycling Club donated £300 and Rotary Club of Kinross donated £300. Food donations were received from a community street barbeque and Kinross Colts collected Easter eggs which were distributed in food parcels. This was such a thoughtful thing for all the young people, coaches and parents to do for their community. Thanks are also extended to everyone who drops something into the food dropoff points in Sainsburys and Keystore, or who makes any financial donation.

To support or volunteer get in touch on admin@brokenotbroken.org or check the website www.brokenotbroken.org.

Volunteers event with Susan, David and Sandy



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CONTRIBUTORS

Please send your item well before the deadline whenever possible



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Forensic / analytical work

With over 40 years experience in the construction industry Martin Richardson of MPR Consultants is a highly qualified and experienced construction consultant ideally placed to provide advice, prepare reports and provide impartial expert witness evidence.

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Enjoying a cream tea are Mimi Oliver, Matthew Oliver, Anna Donachie and Matthew Donachie

Portmoak Gala

JUNE 2023 SAW the return of Portmoak Gala which last ran in 2019. The sun was shining and the community came out to show their support. It couldn't have taken place without the support of the community, sponsors, the committee, and the attendees. The Gala Committee we would like to thank all those who helped make it a success.

There were lots of fun filled performances

kicking off with a procession which included a Royal party, Portmoak Primary pupils and children from the toddler group. The fun continued into the evening with live music including an incredible set by KYTHE.

The committee said, 'We look forward to having a bigger and better gala day next year and hope to see many of you there. A special mention for Capercallie Films who captured the day perfectly. Our heartfelt thanks to everyone who showed their encouragement and support.

Portmoak Festival

AFTER THE AMAZING RETURN of the Portmoak Community Gala it was the turn of the Portmoak Festival. This year it was decided to have two weeks of events.

The hall was decorated with bunting and an exhibition of artwork done by Portmoak pupils. The Primary 6 class were to study wildflowers as part of their John Muir award and the other classes were very happy to make wildflower pictures using different media. We had P1/2 children cutting, tearing paper, painting and sticking to make their wildflower meadows. Other crafts were felting, watercolour, zentangle and weaving. It made a magnificent display and was voted the best ever. Thank you Mrs MacGillivray, Anna, Linda, Norma and Gillian and especially the teachers who made time in their busy timetables for the organisers to work with the children.

Also on display was a quilt made by ladies of the Kinross Handcraft Circle. It will be finding a permanent home soon. Margaret and Fiona had crocheted, sewn and knitted flowers and sewn them on a quilted background

made by Mary. The school classes came the second week and enjoyed seeing their art work framed and on display.

There was another opportunity to be creative with a series of workshops called 'Women who Whittle' put on by the Community Woodland Group. Those who attended had great fun and whittled a stick under the supervision of Kiri to make a mushroom shape. It could be a keyring or a small ornament. Thanks to Michael and Lesley for organising this.

The Pudding Club was on for three nights, and was as popular as usual. Thank you Gerri, Fiona, Andrea and the other pudding organisers for the effort you all put in.

A cookery demonstration by Sarah Rankin was a sell out and thoroughly enjoyed by everyone. Alison Robertson was an excellent M.C. and kept the evening moving along and Sarah was a very entertaining speaker. Everyone got a taste of the cured trout.

Cream teas took place during the second week. Guests could enjoy the art, buy crafts or the Portmoak Community Woodland Calendar for 2024 or try a craft. Organised by Gillian, Linda, Anna and Norma, it was a fine chance to catch up. Joanne did a great job standing in for Avril this year and had plenty of willing helpers.

Portmoak babies and toddlers had a busy time with their health and wellbeing theme, family yoga, a sports day as well as Dynamic Dance. Ladies badminton had a try it day and hope to have found at least one new member. There were the usual park runs at the larder to work off all the puddings and scones.

A new event was the Community Climate Cafe organised by Alison Robertson and Louise Batchelor. No one quite knew what



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to expect but the group managed to keep talking till after 9pm.

The event was chaired by Louise Batchelor. Joanna Lockhart gave her thoughts from an architect's point of view. Most of the talk was about solar panels, heat pumps and electric cars. People were able to talk about their own experiences, good or bad, and contacts were made.

The Jazz in the Orchard event was the day the heavens opened, leaving very wet grass and the threat of midges so it adjourned to the hall. The last event was the jazz night with local jazz musician

Dave Batchelor. Many thanks to all who contributed.

A spokesperson explained, 'Elizabeth keeps us right with our finances and insurance, Beth collected the fabulous raffle prizes and Stuart does lots of technical things especially producing the ever changing programme. Pat and John keep the hall looking immaculate as usual.

'There are pudding makers, scone bakers, table movers and many more so thank you all. Special thanks should also go to all who donated raffle prizes to our grand raffle. They were very much appreciated.'

PKC Award New Waste Recovery Energy Scheme

PKC HAS AWARDED a ten-year £50m waste treatment contract to Paprec Energies Binn Ltd. From August, they will work in partnership to treat residual waste and turn it into energy.

Each year, 40,000 tonnes of non-recyclable waste collected in P&K is sent to landfill. This material will be banned as new Scottish landfill regulations come into force at the end of 2025.

Cllr Richard Watters, Convener for the Climate Change & Sustainability Committee said: 'Through this contract the Council has sought to find a sustainable alternative for our residual waste and one which will also meet the Scottish Government's ban on landfilling biodegradable municipal waste.'

A new £90m facility is being developed at the Binn Ecopark in Glenfarg. The facility will be operational by 2026, will generate heat and electric power and could power an extended private renewable energy grid into Perth. The facility will supply heat using processes at the Eco Park, including horticultural systems.

Councillor Grant Laing, Leader of PKC said: "This will secure local jobs and provides further economic and community benefits

including the creation of a generous Community Benefit Fund.'

Sébastien Petithuguenin, CEO of Paprec said, 'PKC's ambition to transition waste from landfill into the circular economy is a clear way to answer to the challenges of this century.'

TRACKS SURVEY

AS PART OF TRACKS ongoing efforts to raise funds for further upgrade of the Loch Leven Heritage Trail, they are collecting data about how the trail is used. They would greatly appreciate your completion of a survey found at [Kinross-tracks.org.uk](https://kinross-tracks.org.uk).

Your response will help them understand who visits the trail and why. Comments and suggestions are welcome. The short survey takes five minutes to complete and no personal data is collected.

Posts have been installed displaying the **TRACKS** donation 'QR' code at the main entrances to the Trail. These were paid for with a grant from the Kinross-shire Fund and made by the Kinross Wooden Products Company. <https://kinross-tracks.org.uk/donate-to-tracks/>

SUMMER CARE

- 2nd July** **Caring for each other** @ Loch Leven Community Campus (10:30am)
Richard Gibb (LLC) & Rob Packham (Guest from KYTHE)
- 9th July** **Picnic** @ Kirkgate Park (12pm)
- 16th July** **Caring for our health** @ Loch Leven Community Campus (10:30am)
Dr Alison Dunn (LLC) & Annie McCormack (Guest from Broke not Broken)
- 23rd July** **Walk** @ Falkland Estate (10:30am)
- 30th July** **Communion Sunday** @ Loch Leven Community Campus (10:30am)
Robin Kent (LLC)
- 6th August** **Morning: Joining** @ Kinross Parish Church for the end of Family Week (10:25am)
Afternoon: Walk @ Burleigh Sands (2pm)
- 13th August** **Does God care about us?** @ Loch Leven Community Campus (10:30am)
Graeme Gunn (LLC) & Lyndsay Stobie (Guest from CHAS)
- 20th August** **BBQ and live music: Church** @ The Green Hotel outdoors (11:30am-1:30pm)
- 27th August** **Communion Sunday** @ Loch Leven Community Campus (10:30am)
Chris White (LLC)

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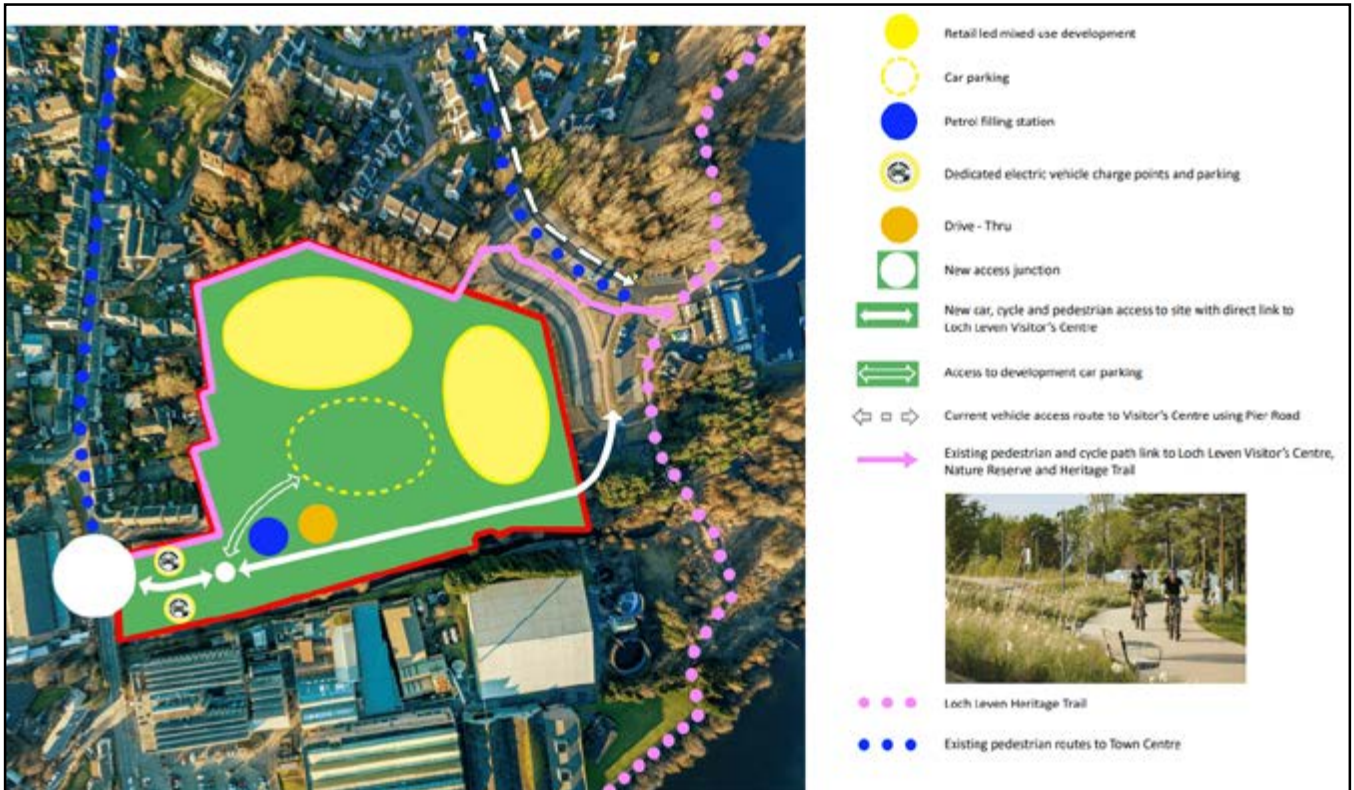
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BCA To Become Loch Leven Gateway?



THE FIRST EXHIBITION AT the Mill-bridge Hall took place in June from developers London & Scottish Property Investment Management about their proposed retail park for the former BCA site. There was a chance to look at the plans in more depth.

Their new retail and community hub would be known as Loch Leven Gateway.

The developers also attended the May KCC meeting and discussed the possible creation of a new link road down to the loch as part of their plans. A planning application will be submitted around August, with building work estimated to be complete by 2025.

Local residents raised their concerns about litter, lighting and worries about

unauthorised access to a large empty car park.

As with all large scale developments, there are varying opinions. While many welcome a low cost supermarket in Kinross others are concerned about traffic, the impact on local businesses and there is, of course, environmental concern for Loch Leven. The developers say they are in discussion with PKC about flood mitigation measures.

They say, 'Our proposals will work in tandem with SEPA and the Council's proposed flood mitigation scheme to erect defence walls along the banks of the Quiech Burn. Measures will be incorporated to alleviate pressure on local drainage systems and watercourses such as Sustainable Urban Drainage systems, rain

gardens and soft landscaping. This will create an attractive environment around the Retail Park and enhance biodiversity.

Cllr Freshwater commented, 'It was good to see that some of the suggestions that came out of a discussion between the proposed developers, ward councillors and community councils had been taken on board such as access to the Boat House at Loch Leven, should the application go ahead.'

More information can be found at www.lspim.co.uk. Feedback forms can be found there and returned to: Kinrossregeneration@lspim.co.uk

No date has yet been set for the second public consultation event, however this is likely to be around mid/end August.

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VOTE

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KINROSS RESIDENTS ARE being urged to check their electoral registration details or risk losing their chance to vote on decisions that affect them.

Roy Christie, Electoral Registration Officer said, 'Keep an eye out for important updates from the Electoral Registration Officer. The annual canvass is our way of making sure that the information on the electoral register is accurate and up to date. To make sure you don't lose your say at upcoming elections, simply follow the instructions sent to you.'

'If you're not currently registered, your name will not appear in the messages we send. If you want to register, the easiest way is online at www.gov.uk/register-to-vote.'

The letter sent to each household will contain a flyer regarding Voter ID. If voting in person at a UK Parliament election you will need to show photo ID. You can use a range of different forms of ID, including your passport, driving licence or National Entitlement Card.

If you don't have an accepted form of photo ID, you can apply for a free voter ID document known as a Voter Authority Certificate. The requirement to show photo ID currently only applies to a UK Parliament by-election, but will apply to a UK Parliament general election from October 2023.

You do not need to show photo ID at Scottish Parliament or Scottish council elections. For more information or if you wish to apply for Voter ID please visit [www.electoralcommission.org.uk/voter ID](http://www.electoralcommission.org.uk/voter-id).

Residents with questions about their

registration status can contact the Electoral Registration Officer for Perth & Kinross Council. Call 01738 630303 or email perth@tayside-vjb.gov.uk.



Give Us A Wave!

THANKS TO THE Cycling Without Age project and the wonderful volunteers, the Trishaw passengers have been enjoying some warm and sunny days

out and about in Kinross – as well as some rain!!

This photo was taken on a beautifully warm (but not too hot) day. Bert and Eleanor (out on a ride with

Petra) were really pleased to see Angus cows in Lethangie instead of sheep! Make sure to give the riders and passengers a wave when you see them out and about!

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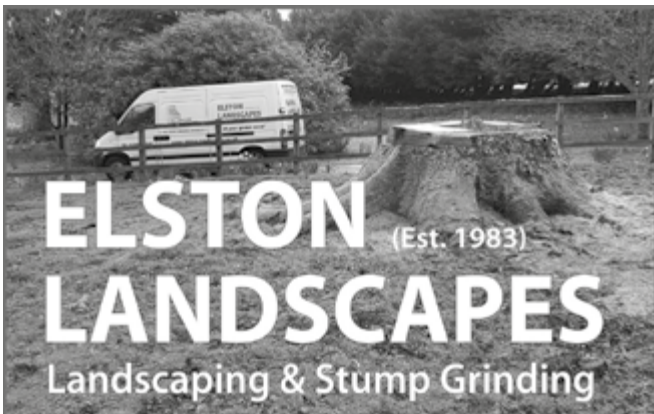
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For the gooseberries

300g gooseberries
75g caster sugar
10 heads of elderflower

For the custard

450ml whole milk
80g caster sugar
4 egg yolks
1 split vanilla pod seeds removed,
or ½ tsp vanilla paste
25g cornflour
2 leaves gelatine

For the pastry case

200g plain flour
100g cold cubed butter
2tbsp cold water
25g caster sugar
1 egg yolk (reserve the egg white)
Pinch salt

METHOD

For the gooseberries

Wash and trim the gooseberries and add to a pan with the sugar. Cook down on low for about 10 – 15 minutes or until softened and broken down. Mash with the back of spoon if needed and leave to cool.

Dunk the elder heads in cold water to wash and remove the leaves by dragging a fork along the stems. Add to the cooled gooseberry compote.

For the custard

First, make the custard. This is set custard which will hold when the tart is cut so has the addition of gelatine. Soak the gelatine leaves in cold water.

Beat the egg yolks, sugar and cornflour together with the vanilla until light in colour and slightly thickened. Heat the milk and add a small amount to the egg mixture before adding the rest of the milk slowly, whisking all the time.

Once all combined, return the custard to the pan and heat gently until thick enough to coat the back of your wooden spoon. Squeeze out the gelatine leaves and whisk into the custard off the heat. Pour into a

GOOSEBERRY AND ELDERFLOWER custard tart is the perfect way to celebrate the best of the season and as soon as the elderflowers came out, I hot-footed it down to my friend Lyndsay's fabulous kitchen garden to ransack whatever I could.

This cold tart is a taste of summer with the richness of custard, floral sweetness of the elderflowers and the zingy hit of the gooseberries. The gooseberries will need cooking down as eating them raw can lead to upset tummies and the tartness in the early season can be a bit of challenge!



Gooseberry and Elderflower Custard Tart



container and cover the surface with cling film to stop a skin forming and chill.

For the pastry case

Make the tart pastry by mixing the flour and salt with the butter using your fingertips to create breadcrumbs. Cream the egg yolk and sugar in another bowl and add to the mix using a little cold water to bring it together if needed. Turn out the pastry and shape it quickly into a thick round and cover with cling film before chilling for about 30 minutes. Blind bake in a greased and

lined 20cm cake tin for 12 – 15 minutes at 190°C/170°C fan/ Gas 5. Remove the baking beans and paper and brush the base with a little egg white and return to the still hot oven for another minute or two.

Once cooled, spread a layer of the gooseberry compote on the base of the tart case and spoon the custard on top. Add another layer of compote on top of that and sprinkle with light brown sugar and crushed hazelnuts. You can use crushed ginger biscuits if you don't do nuts. Chill before cutting.

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Weavers Gait Play Park

Residents of the Weavers Gait Development next to Lathro Farm are understandably concerned that the play park promised for their development has not yet opened.



When I started to investigate the issue, I discovered that the story behind the play park is incredibly complicated. When the original application for the development was put in, back in 2015, the play park was to be constructed in the first phase of the development, just off Acremoar Drive at the top of the hill.

The condition attached to the original application said that the play area was to be laid out and equipped within six months of the occupation on the site. However, in 2017, a new application was submitted and this moved the play park to a new location, this time it was to be in the phase two area of the development, with a temporary play park to be built adjacent to the surface drainage pond at the end of Latch Dubh Lane. A new condition for this application said that the temporary play park was to be made operational within six months of the occupation of the first residential unit in phase two of the site.

I do not know for sure when the first house was occupied in Drumeuther Way, which I am guessing is the first residential unit in phase two. However, I am pretty sure it was much more than six months ago. I have asked that officers treat this apparent breach of planning seriously and take enforcement action immediately.

I have also asked that the position with the final play park be looked at now, as the condition set in yet another planning application, in 2019, said that the approved play area shall be designed, laid out and equipped in accordance with the planning authority's current criteria for play area provision and be available for use prior to the occupation of the one hundredth dwellinghouse hereby approved."

I do not know the exact number of houses now built and occupied in phase two of this development, but I imagine that there must be almost 50 houses now completed. Given the speed of build out, I have asked officers to inform the developer, that this condition will be enforced to the full extent of the law.

Enhanced Rear Gardens / 3m Buffer Strip

Residents of Lathro Park have told me that they were promised a 3m buffer strip at the back of their properties. I understand that this was to allow them to maintain their fences and hedges.

The drawings which were approved, show a fence 3 metres from Lathro Park rear fences, with a hedge to be planted between the two fence lines. This is described on the drawings as 'Enhanced Rear Gardens / 3m Buffer Strip'.

The new houses are now being built and it would appear, that the developer has decided to simply make the gardens longer and not to put in the fences which are shown on all the plans relating to the site. On contacting the developer, they have told me that the '/' means that they can build either a buffer strip OR build enhanced gardens. They went on to tell me that they will rescind one of these plans, which clearly shows the fences. I have not been able to establish what rescind means, but I have asked officers if they would instruct the developer to put forward new drawings, wherever the fences are shown as being constructed. I await a response.

Having sought legal advice on the interpretation of the '/' in the description, I have been told that it can either mean 'or' or it can mean 'and'. Given the ambiguity, officers are of the opinion that they cannot enforce the erection of the fences (despite them being shown on all the drawings).

I have asked for a second opinion, on the basis that I believe a 'reasonable person' would interpret the drawings as showing that

a buffer strip was to be built, between the two fence lines. This may appear to be a small problem, but it isn't for the residents of Lathro Park neighbouring the new houses and I think it again reflects badly on the developer and the Council. I am now starting to look more closely at the other conditions attached to the numerous planning consents on this site, as I have a suspicion that there are more issues that need addressing.

Councillor Dave Cuthbert

Councillor Neil Freshwater

Former BCA Site

IT WAS INTERESTING to visit the exhibition at the Millbridge Hall regarding the proposed retail park for the former BCA site. I had a good chat with one of architects who talked through the plans.

It was good to see that some of the suggestions that came out of a discussion between the proposed developers, ward councillors and community councils at the end of last year had been taken on board such as access to the Boat House at Loch Leven, should the application go ahead. Like all developments, particularly of this scale there are differing views. On the one hand many people believe the opportunity for a low cost supermarket in Kinross is long overdue. On the other, residents are concerned about traffic and the impact to businesses on the High Street.

I look forward to watching how this progresses and listening more to people's views.



Congratulations To Annie McCormack BEM

I WAS DELIGHTED to read that Annie, who chairs the charity Broke Not Broken has been awarded the British Empire Medal (BEM) in the King's birthday honours list. Many will know the fantastic work the BNB does in the Kinross-shire area and Annie is a driving force behind it. Many congratulations and well deserved!

Residents Connecting To New Fibre Broadband

SOME RESIDENTS AROUND the Hatchbank Road area are now able to sign up for superfast broadband following the ongoing fibre installations. If you think you will be connected it is worth going online to your chosen provider and seeing if you can sign up, if you have not already been contacted. The Council have agreed to provide a small amount of funding to keep Gigabit Kinross-shire website going which can support exploring options for remaining not-spots to find hybrid solutions.

Broadway Broadband

SOME OF YOU have been in touch voicing concerns over the Broadway going into administration. The company provides wireless broadband to many households including myself. Customers should have received an email from the administrators stating that it is business as usual, in the hope a buyer is found, but if you have any concerns please get in touch. I was sorry to learn of the news, particularly as Broadway came along and invested in our community to provide high speed rural broadband when other companies would not.

Councillor Neil Freshwater

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Councillor Willie Robertson



Local NHS Dental Provision: Many people are becoming increasingly worried about being able to access an NHS dentist locally. In light of this I contacted both out dental practices on 5 June – please see the correspondence below. I am very disappointed to report that both of them have completely ignored my letter. I am still hopeful that they will respond. Good oral health is very important and should be available to everyone regardless of their financial situation.

Good morning.

I have been contacted by several constituents who are concerned about the difficulty in accessing an NHS dentist in Kinross. One of them wrote to our MSP Jim Fairlie and he has now replied - please see below. Can you please let me know if your practice is going to avail itself of the funding Mr. Fairlie refers to? I am hoping that this funding would enable Kinross-shire residents to continue to access NHS dentistry locally.

Many thanks, Cllr. Willie Robertson

Dear Sir,

Thank you for copying me into the email you sent regarding your concerns with the removal of NHS Dentist provision from Kinross and I am sorry with the delay in getting back to you but my office has experienced a large influx of correspondence.

As you may be aware, Dental practices are similar to GP practices in that the provision of service that they provide is up to each individual practice as they are private practices who have contracts with the NHS. So in this case, it would be up to the practice in Kinross to decide how many places they offer for NHS provision. However, I share your concerns that people within Kinross are now not able to receive NHS dental services locally.

I have already raised this matter directly with NHS Tayside and have raised the matter within the Scottish Parliament.

The Scottish Government and I recognise the challenges facing the sector and are working on the introduction of national payment reform with a new, modernised system that will provide NHS dental teams with greater clinical discretion and transparency for NHS patients.

We have put in place tailored solutions for health board areas where dental access is particularly challenging by expanding Scottish Dental Access Initiative grants to help with setting up new practices or extend existing ones. The Scottish Government has also made available an enhanced recruitment and retention allowance of up to £37,500 over three years.

When I raised this in Parliament this week, the minister announced that they recently expanded the Scottish dental access initiative grant support to Kinross. Which is an attractive and unique financial support package has been offered to incentivise the setting-up of new practices or the extension of existing practices. There is the potential of up to £100,000 being offered for the first surgery, with £25,000 per additional

surgery. I am hopeful that this will encourage future practices to be set up so the people of Kinross-shire can have access to NHS dental services locally.

Official statistics, published by Public Health Scotland, show that more than 95% of the Scottish population is registered with an NHS dentist. Considerable progress has been made in NHS dental services and oral health improvements – progress that was interrupted by the unique challenges of the pandemic. Statistics now show a significant recovery in NHS dental service provision following the relaxation of infection prevention and controls in April last year.

In my capacity as Convenor of the Covid-19 Recovery Committee, we have agreed to an enquiry into the impact that Covid has had on dental practices but also to enquiry into the reasons to why NHS dentists are going private or leaving the profession all together. This will be done to help shape the debate and aim to inform further policy decisions that impact the dental sector.

However, it is undeniable that Brexit, which all main Westminster parties are now signed up for, has had a significant impact on recruitment of health and social care staff. The rate of EU and EFTA dentists joining the register has halved since the EU referendum without a clear increase in rest-of-world registration. The Nuffield Report 'Health and Brexit: six years on' published in December 2022 describes the UKs workforce of qualified dentists as being "a particular concern". The report states that before the EU referendum, consistently well over 500 dentists trained in the EU workforce. This dropped sharply around the time of the referendum, to around half its previous level, and has never recovered.

Whilst Scotland continues to outperform England when it comes to number of dentists per head despite the incredibly challenging pandemic period, with disruptions to the education and training of dentists – we need to find a way of ensuring that we have an immigration system that is not just humane but meets our social and economic needs.

It is clear, and it is becoming clearer every day, that Scotland will not find either of those things as part of the Westminster system of government. The route to both is through Scotland becoming an independent country.

Thank you again for getting in touch regarding this important issue.

Kind Regards, Jim Fairlie MSP.

Overgrown Hedges: This is the time of year to check that your hedges or shrubs aren't overgrowing on to pavements and public paths. If pavements are even partially blocked by overgrown vegetation it makes life difficult for users of mobility scooters and people pushing prams etc. so please keep your hedges trimmed.

Councillor Willie Robertson

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Councillor Richard Watters



Big Place Conversation and Tourism

Following on from my column in the June edition of the Newsletter regarding the 'Big Place Conversations' taking place throughout the area, I discussed with the Kinross Partnership and council officers the possibility of holding an event focused on tourism, allowing the views of tourism to be incorporated within the council's future strategies, such as the Local Development Plan and Mobility Strategy. The officers have agreed to collaborate with the partnership to develop a 'Focus on Tourism' Big Place Conversation at the end of September. This will provide an opportunity for local businesses, organisations, and individuals to express their opinions on the future of tourism in Kinross-shire.

Electric Vehicle Charging Network

A £1.465 million plan to supercharge electric vehicle charging in Perth and Kinross was passed at the last Climate Change and Sustainability committee, creating an accessible EV charging network that meets the needs of users across Perth and Kinross, particularly those in rural areas. To achieve this, the Council is planning mini rapid charging hubs in strategic locations. These will be supported by a range of local fast chargers in towns and rural areas. In total, there will be three mini hubs, 40 fast chargers installed in rural areas and another 40 in Perth. A further six rapid charging units will be added to existing sites: three at the South Inch hub in Perth and three in Kinross.

The estimated total cost of installing the new chargers is £1.465 million. A significant proportion of the funding is expected to come from the Scottish Government's Electric Vehicle Infrastructure Fund, with the remainder from private investment. This is a long-term project, but it is important to plan for rising demand. Improving network coverage will make driving electric vehicles more efficient and sustainable, regardless of location.

Additionally, I am pleased that the Council has committed a further £250,000 in this year's budget to enhance the provision of EV charging points across the Council area.

Waste Management

I recently attended the signing of a significant 10-year contract worth £50 million to treat residual waste and turn it into energy. The Council has appointed Paprec Energies Binn Ltd and from August, both will work in partnership to manage the waste through thermal treatment, energy recovery and recycling solution.

Currently, around 40,000 tonnes of non-recyclable waste is collected in Perth and Kinross each year and sent to landfill. This material will be banned from landfill as new Scottish landfill regulations come into force at the end of 2025.

The new Energy from Waste facility is being developed locally at the Binn Eco Park in Glenfarg. This energy from waste solution offers a safer and less environmentally damaging way of treating unavoidable non-recyclable waste that previously went to landfill, It secures a solution that will reduce carbon emissions in line with our Climate Change Strategy.

However, waste avoidance must be the main priority and we all need to do our part to reduce, reuse and recycle as much as possible.

Mens Shed - Swansacre Building

I was delighted to attend the official opening of the 'Mens Shed' Swansacre building along with our MSP, Jim Fairlie and Cllr Cuthbert. One of my highlights as a Councillor was the day that the University of Highlands and Islands announced that the Mens Shed had been successful in their bid for the building, bringing an end to a long process and starting a new process of turning the building into a 'shed'.

Councillor Richard Watters

Liz Smith, MSP



I HOPE *KINROSS NEWSLETTER* readers are enjoying the summer months. It is now the parliamentary recess until September, meaning there is no Chamber business and MSPs spend their time within their constituencies and that provides us with many more opportunities to support local events and agricultural shows. Of course, these events would not happen without a huge number of volunteers and I want to thank everyone who gets involved.

I also want to thank those across Kinross-shire who got in touch with me about the Dewars Centre. My colleague Murdo Fraser MSP introduced a motion to the Scottish Parliament to debate the concerns over the proposed closure of the facility which has now thankfully been saved for at least a year.

The Dewars Centre is not only the historic heart of Curling in Scotland, but has also been central to the numerous successes we have witnessed on the international stage, and many of our highest-level players have used the facility to train. Some of these notable successes include gold at the Men's World Championships for the first time since 2009, silver for both the Men's and Women's sides at the World Senior Championships, and of course, the extraordinary gold medal success of Eve Muirhead's team at the Winter Olympics, all of which have happened in the last year.

The Dewars centre is equally important for grassroots sport and is an important inter-generational social hub. The sporting facilities it provides are crucial for the physical and mental health of its many users across Perth and Kinross. We all subscribe to the goal of increasing national health and wellbeing and the recent surge of sport facilities closing will only exacerbate the growing health problems we are witnessing. That is without mentioning the knock-on effect these decisions have on overall sporting attainment, the economic consequences, and the inevitable rise of anti-social behaviour among young people.

I am so glad we have been able to save the facility from closure, but this is just one high-profile case among many. It is clear from the evidence provided at the Cross-Party Group on Sport - which I convene - that there are growing concerns among the sporting sector about the impact these closures have on grassroots sport. I implore the Scottish Government to think very carefully about its current approach and to properly re-evaluate its approach to grassroots sport.

Liz Smith, MSP

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Jim Fairlie, MSP



THIS MONTH IN THE Scottish Parliament I asked the Scottish Government to provide an update on the challenges faced by NHS dentistry following the disappointing news that the last NHS dentist is to close at the end of July in Kinross.

Whilst the practice is set to go private it is clearly an issue for many people who would like to access coverage of a very important health service, with many being now having to travel to Perth or further north to get a dentist appointment under the NHS. My question to The Minister for Public Health and Women's Health, Jenni Minto, was to ask what more the Scottish Government can do to improve access to NHS dentistry in rural areas, including those in my constituency.

The Minister responded that the Scottish Government is working apace to move forward with a modernised system of payment reform that will provide longer-term sustainability for the sector and encourage dentists to provide NHS care.

The new system provides greater clinical freedom to dentists through a high-trust and low-bureaucracy model and is part of a Government commitment to provide sustained and improved equitable national access to NHS dentistry by 2026.

Furthermore, the Government is working closely with NHS boards, to help them develop tailored solutions to address local access issues.

The Minister confirmed that they have expanded Scottish dental access initiative grant support to Kinross, which is an attractive and unique financial support package to incentivise the setting-up of new practices or the extension of existing practices. This is a potential of up to £100,000 being offered for the first surgery, with £25,000 per additional surgery.

I welcome the Government's action, and I hope that it helps provide a solution towards returning a NHS dentistry practice in Kinross.

As I write this I am looking forward to attend the Open Day at Kinross and District Men's Shed this coming weekend and learn all about their outstanding community project. The concept of the Men's Shed originated in Australia, as a solution to promoting social interaction and reduce depression that was often experienced by retiring men. Over the years the idea has travelled overseas and is now widespread across Scotland, including locally.

The Men's Shed is a place designed to make men feel at home, where they can come together to work, play or just hang out with others. There's no pressure to create anything or provide help, but there are a range of activities such as railway modelling, photography, boat renovation, restoring garden benches, wood-working, cycle repairs and converting cycles to electric cycles.

Age Scotland research demonstrated that 76% of members surveyed agreed their physical health improved, and 79% felt that their mental health improved as a result of shed involvement, and MSPs have highlighted this impact during several member's debates in Parliament over recent years. The Kinross and District group also do many projects for charitable groups and the community, and I'm also interested to hear about that side of their work.

Jim Fairlie, MSP

John Nicolson, MP



'FIRST OF ALL, ARE you ok?' That was Holly Willoughby's knuckle biting excruciating opening to camera, addressing her 'This Morning' audience at home when she returned to the studio sofa, Phil-less.

As I write, the papers are filled with gossip. What does Eamonn think of Holly, and why is Holly hurt by Phil? I'm getting emails from constituents furious about the airtime devoted to hot air when there's a war in Ukraine and a cost of living crisis at home.

So should we care about the presenter stooshie, with one set of TV stars slagging off their colleagues? In my view, absolutely not. Because it's not the story.

The real story centres around the toxic work environment which seems to exist at ITV, with multiple allegations of bullying, and serious questions about vulnerable staff safeguarding. The programme's editor was doorstepped by a journalist and asked for comment. 'You know what I think is toxic? Aubergines!' I think he thought it was funny. It wasn't. It was surreal. He was asked a serious question, and responded with arrogance. An ITV executive later told me the response was 'ill judged.'

I sit on the Commons Culture and Media Select Committee and we've summoned the Chief Executive of ITV to appear before us. She has already announced a barrister led inquiry into bullying claims. I suspect she may try to deflect questions by saying she's waiting for the KC's report. But I won't be having that. I've already used social media and the press to ask whistleblowers to contact me, in confidence, to tell me about their experiences. I've had a substantial number of replies. There's a recurring theme – folk bullied and belittled at work and complaints going unaddressed. Those complaining often end up leaving whether willingly or unwillingly.

Folk sometimes see the media as a glamorous career. And it can be. But for every high paid Huw Edwards or Fiona Bruce there are hundreds of freelancers working long hours on minimum pay. Or, if they're young unpaid 'work experience'. That encourages disproportionate numbers whose parents can help them out. As a result the media is too often led, especially at the upper levels, by privileged privately educated men. Indeed the current Chair of the BBC secured his job after donating hundreds of thousands of pounds to the Conservative Party and having helped facilitate a loan for Boris Johnson – the Prime Minister who then appointed him. When this was revealed he was forced to announce his resignation.

I'm a big fan of public service broadcasting. We don't want to slip down an Americanised route with channels like GB News and TalkTV filling the air waves with angry intolerance. As we try to counter disinformation in what's sometimes called the world of 'post truth politics' we need trustworthy news sources.

So to answer Holly's question, yes I'm ok. But are her junior colleagues? We need to detoxify the working environment in much of the media. Whether for jobs, exports or news it's a vital part of our national life.

John Nicolson, MP

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WATER SAFETY

THE LOVELY SUMMER WEATHER is here which makes us spend more time outdoors. We must consider risks to safety so here are a few tips to help have a safe and enjoyable summer.

Everyone wants to see our countryside and enjoy our waterways and coastline particularly with swimming pools being closed.

But please remember, any area of water, including lochs, reservoirs, canals and rivers can hold hidden dangers (this is particularly pertinent for those who might wish to swim to the islands found on the Tay as it passes through Perth).

With many stretches of water in the county being located in remote areas, help will often be some considerable time away, so take responsibility for your own actions and make sensible decisions to stay safe around waterways.

Be responsible and enjoy a safe summer by:

- Being aware of the dangers when out hillwalking, cycling or near areas of water. Think about the risks and plan to minimise them.
- Never underestimating the current, temperature or depth when in water.
- Never get into the water alone and don't go swimming after drinking alcohol.
- If you get in trouble in water, float to live.

You can find out more about inland water safety from our partners Scottish Water.

To get more information about how to enjoy sea sports and Scotland's coastline safely, get advice from the Royal National Lifeboat Institution (RNLI) and HM Coastguard, and general advice about water safety is also available from the Royal Society for the Prevention of Accidents (RoSPA).

If you see someone in difficulty or at risk at sea or along the coast always dial 999 and ask for the Coastguard.

UPDATES

A BLACK DOG TRECKER trailer that was stolen from a property at Hayfield Road, Glenfarg about 1am on Saturday 17th June 2023 was recovered later that morning by police near to the Path of Condie.

RECENT INCIDENTS

BETWEEN 2PM ON Wednesday 14th June and 2pm on Friday 16 June 2023, a blue Ford Kuga that was parked in the street on Green Park, Kinross was damaged with a dent to the driver's door and scratches to the wheel arch (CR/113838/23)

About 3:30pm, Wednesday 7 May, two males were seen to break windows at a property in Green Road, Kinross by throwing stones at them. They also damaged a Fiat Ducato Campervan which was parked nearby. They were seen to leave the area in a black Ford Focus. Suspect 1 is described as a white male, aged 35-40 years old, average build, about 5'9" wearing a purple hooded top and black tracksuit bottoms. Suspect 2 is described as a white male, muscular build, over 6', wearing a camouflage jacket and blue jeans. (CR/105269/23)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Rogue Traders – Who Should I Call?

...if I feel threatened, unsafe, or suspicious of a caller?

- Contact the police immediately on 999

...if I see something suspicious in my area, or want more advice about bogus callers?

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious....**if I want to contact the police anonymously?**

- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at www.crimestoppers-uk.org

...to find out more about home safety services?

- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

Police Scotland – Local Community

Telephone 101 for non-emergencies

Community officer for Kinross-shire: **PI Lesley Macdonald.**

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Mark Craig.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Craig Stephen.**

Police Scotland Twitter can be followed on twitter.com/policescotland or [@Kinross](https://twitter.com/Kinross).

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Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

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This is a free phone number, which any member of the public can contact at any time if you have information relating to a criminal activity of any sort.

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Sunshine on Rachel House



CHAS fundraiser Lyndsay Stobie at the sculpted arch

IT'S THURSDAY MORNING. Sunshine is bouncing off the walls and windows of Rachel House. Birds are singing. After a long, cold spring, flowers are bursting with pent-up energy.

'You chose a good day to visit,' a smiling Lyndsay Stobie says as she opens the front door to the Kinross hospice for children.

As welcomes go, it could hardly be warmer. Yet many people (including Lyndsay herself) admit to feelings of uncertainty on their first visit. That word 'hospice' casts an end-of-life shadow. But, as I'm about to discover, the building, the blossoming garden and the dedicated staff and volunteers who work here, are full of cheerful life. Like the children whose families enjoy comforting respite here, some of them for many years to come. Defying stereotypes, their stories are as uplifting as they are moving.

Why am I here? I'm visiting Rachel House because this year Pond Cottage is fundraising for the inspiring and desperately needed work of CHAS through our Scotland's Gardens Scheme events and activities.

And I want to know more about an unexpected personal connection between Rachel House and Pond Cottage. A welcoming invitation from community fundraiser Lyndsay Stobie included intriguing information. Almost 30 years ago – when the *Daily Record* was campaigning to raise money for what was then Scotland's first hospice – the Montgomery family of Kinross House gifted four acres of tree-sheltered land to CHAS to build Rachel House. That was in December 1994, and by an odd chance, just a year previously Ray and I had

bought our ten-acre slice of woodland and wetland from the Montgomery family – a little over two miles north of Kinross.

Like Rachel House, Pond Cottage is surrounded by fine old trees bequeathed by the Kinross Estate. But, while we overlook a pond created a century ago (probably for duck shooting), Rachel House and its garden catch glimpses of Loch Leven Nature Reserve. Today the great expanse of water is sparkling with sunlight.

By another lucky chance, Thursday is a day when gardening volunteers are at work, digging, weeding and planting. Lyndsay leads me through the garden to meet them, along a path lined with spring bulbs, through an arch framed with cherry blossom, past playful touches – sculptures and painted signs – among the plants.

Children's bedrooms are on the ground floor opening to green space with play equipment and swings designed to take wheelchairs. We pass the beautifully planted quiet space around the three peaceful rooms reserved for end of life care. At the other end of the garden a secluded area is popular with teenagers getting a rare chance to hang out.

There's evidence that children were actively involved in the building designed by Alan Marshall in 1994. It pro-

vides rooms for eight children with 24 hour one-to-one nursing care. There's separate accommodation (and chance of a night's sleep) for parents and siblings, a hydrotherapy pool, and comfortable common rooms for dining and socialising.

'Families have such different needs,' says Lyndsay, 'for some coming here is a lifeline, there's medical and social support, financial guidance. But it's also a chance to make things happen. To have fun.'

The garden is for rest and fun. In an important sense it is a chance to live a normal life. Many families live in deprived areas, most do not have time to spend in gardens or public parks. 'It's not easy to get out when you're looking after a child with a life-shortening condition,' says Lyndsay.

We round a corner. Two volunteers, Jo Brown and Angela Taylor, are digging behind a handsome sandstone wall marking



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Volunteer helper Pam Paxton

the old Kinross estate. It's another cheerful sight. In a developing kitchen garden, raised beds grow crops for the hospice, healthy young espalier apple trees, (donated by Kinross Order of St John to celebrate the Queen's platinum jubilee) promise autumn fruit. Rachel House gardening volunteers are looking forward to the return of a head gardener after two years without one, but clearly they have not been idle.

Jo and Angela have just planted rows of potatoes. 'Earlies, second earlies and main crop,' says Jo, straightening up. She got to know CHAS as a Sunday School teacher bringing groups of young people to visit the hospice and applied to become a volunteer when she retired. 'I was quite nervous the first time I brought a group of children here. Now sometimes people ask me, how can you work there? They just don't know how happy this place is.'

It's a recurring theme of our conversations. Another volunteer, Pam Paxton, weeding by the front gate, has been part of the Rachel House team for almost ten years. She wanted to help in the garden when she retired from her admin career but was asked

to start in reception. 'I wasn't sure about working in the house but walking through the door for the first time I felt it was such a warm and happy place.'

Angela applied to help in the garden after becoming redundant from Lloyds Visa Centre during lockdown but she had known about CHAS since the pioneering campaign which began in 1991. Her friend's sister, Lorraine Dickson, had to travel to Yorkshire for respite with her young son, Marc. She joined forces with another mother, Nancy Blaik, making the same journey with her son Daniel. 'They wondered why there were several hospices in England and none in Scotland,' Angela tells me later.

It's a remarkable story (to be told more fully later), a 'mission impossible' which quickly led to the founding of CHAS. With support of the *Daily Record*, a fund-raising appeal raised £4m towards the £10m building cost, the rest followed within 13 months. Scotland's first children's hospice was named Rachel House after Rachel, Lady MacRobert, in recognition of a £2 million donation by The MacRobert Trust.

'It was the fastest built hospice in the UK,' says Rami Okasha, CHAS chief executive, with a smile, on my second visit to the garden two weeks later.

Fund-raising is a constant fact of life for a charity providing high quality, multi-disciplinary 'life and death affirming' care for a growing number of children and families facing the reality of life with life-shortening conditions. Medical advances mean longer lives for more children with

terminal illnesses (recent CHAS research estimates more than 16,000 children aged 0-21 are in need of specialist care). Each year CHAS needs to raise £21.5 million to fund care across Scotland, including two hospices (Robin House opened in Balloch, West Dunbartonshire in 2005) plus a growing outreach programme of specialist care in hospitals and at home. The Scottish Government gives £7m which leaves £13m to raise from fundraising activities and generous sponsorship.

Volunteers are an essential part of this effort. Working in hospices, family homes, or online from their own homes, they bring all kinds of skills and experience. Not least Craggan the golden retriever, a much-loved part of the Therapet team – with his own website page.

Volunteers also provide an invaluable link with local communities. Numbers have declined since the pandemic but there are more than 800 across Scotland and currently 102 volunteers in Kinross, 43 in Rachel House and 59 in the two shops in Kinross High Street.

Sunlight is casting dappled shadow across the lawn as we finish our cups of tea. On my second garden visit, we've seen the early potatoes are already sprouting. I ask Rami if there's a message he wants to emphasise. As CEO his tweets often convey urgency with optimism. CHAS is firmly resolved in its vital mission – to reach every family in need of help. It is hugely demanding and yet immensely satisfying work.

'There's a wonderful camaraderie between staff and volunteers,' says Rami. 'Although hospices deal with sadness they are also places of huge fun. I think we owe a huge thank you to all our volunteers and their incredible gifts of time and ingenuity. We need them and want them to enjoy being here.'

There are so many stories to tell. We're looking forward to learning more as we fundraise towards the inspiring work of CHAS so please don't hesitate to get in touch for information.

Fay Young



Rachel House



A MODEL EXAMPLE

Dollar Museum contains a scale working model of the old Dollar railway and mine workings, over 3m in length, built by local enthusiast Mick Rice. Here he tells us about the pitfalls of mine modelling

DOLLAR STATION

THE MINE MODEL was started in the first Covid lockdown period in March 2020. The first task was to design the station and its buildings, the goods-yard and associated trackwork.

Due to the size of the model and the need to incorporate as much relevant material as possible, “N” gauge was decided upon. The has a scale of 1:148 or 2mm / foot. Most of the buildings were scratch built and then painted and weathered. The track and crossing points as well as signals, locomotives, wagons, vehicles and people were purchased. The display case the model had to fit in was 1.6 x 0.6M in size.

The station in the model was dated 1963, just before the line was closed to passenger traffic, although the track was used until 1973 to carry coal from Dollar Mine. The goods yard was replaced with houses and is now Strathdevon Place.

The only part of the station remaining is the curved platform edge and the track-bed is now a cycling and walking route called The Devon Way. There is a scale model lo-

comotive and wagons moving from east to west in the model. This model was installed in the museum later on in 2020.

DOLLAR MINE

I STARTED TO design the mine model in the Autumn of 2021. This involved the layout of the rail tracks, roads, mine tunnels and associated mine infrastructure. The 2 tunnels Dollar #4 and Dollar #5 were sunk going south from the mine site at Westerton at an angle of about 30° and were 1000’ (350M) long and at the bottom of the shaft were 600’ (200M) deep and directly under the Devon River.

The layout was researched using archive photographs and other material held at Dollar Museum as well as advice from the Scottish Mining Museum south of Edinburgh and most importantly eye witness accounts of former mining employees still living in Dollar. This model has been displayed in Dollar Museum since Christmas 2021.

STATION & MINE JOINED

THE TWO MODELS were always intended to be joined as one model and an unfortu-

nate water leak at the museum over Christmas 2022 allowed the Trustees to carry out some re-organisation to the interior fixtures to enable this to happen. It was relocated downstairs adjacent to the main permanent display of the Devon Valley Railway.

This combined model is now over 3M in length and nearly a meter wide. The model now has a functioning LED lit underground display with representations of the coal face cutter, hydraulic roof supports and conveyors, as well as personnel. There is also a computer-controlled system of wagons being hauled up the ramps and into the mine building complex. The main-line locomotive and wagons can now travel from Dollar Station the length of the model to Westerton Crossing.

To see this model and its supportive displays as well as lots of other local material, visit the museum at the top of East Burnside and at the entrance to the Mill Green.

The museum is open from Easter to Christmas on Saturdays from 11.00 to 13.00hrs and 14.00 to 16.30hrs and Sundays from 14.00 to 16.30hrs. Entry is free.

TRACTORS FOR STEPHEN



I WENT DOWN TO the Stephen Lyon Charity Shop on the High Street to meet with Jackie Lyon, Stephen's mum. She was smiling broadly as she showed me a letter she had received from Stephen Leckie, Lord Lieutenant of Perth and Kinross which she had quite rightly put in a frame. Holding it tightly she told me, 'I'm so proud of it!'

The letter commends all the work in the community by the charity that Jackie set up in September 2020 after the loss of her son Stephen to suicide. The charity has been going for almost three years now and is reaching more and more people, offering emotional and practical support for those who have been affected by suicide or experienced suicidal thoughts.

Jackie summed it up: 'We work to give them reasons to live.' From teenagers as young as 14, they can help with home visits and one-to-one sessions in children's own homes. The health centre and PKC mental health team now signpost clients to the organisation and get them much needed local help. Jackie is delighted that they have linked up with PKC to work with them on delivering workshops about suicide prevention.

The charity shop has had a revamp and has a welcoming vibe. Jackie told me that it is a hub run by service users, and not just a shop. It offers retail experience and mentoring to young people who want to gain some work experience: it's also a place they can meet friends and socialise.

Recent local fundraising events include the popular Vintage Tractor Run in May. Jackie told me, 'The staff and volunteers are very thankful to the drivers of the vintage tractors for supporting us. Although the weather wasn't great in the morning by the afternoon the sun was shining. The run supported us as well as the Guide Dogs for the Blind. I want to thank them for considering us as a local charity to support.'



Jackie was excited to tell me about the The Baton of Hope UK Tour which starts its journey this month, and visits 12 cities across the nation along the way. The journey starts in Glasgow and ends in Downing Street two weeks later.

The Baton of Hope has fast become the biggest campaign for suicide prevention, and is endorsed by a number of public figures including the late Queen Elizabeth II. Organisers hope to impact the lives of thousands along the way, and raise awareness for those affected by suicide as well as pre-

vention initiatives. There is a clear message: Where there is hope, there is a real opportunity to save lives.

The Baton is carried by notable personalities, leaders, and people with inspiring stories of hope. Jackie is honoured to be carrying it for Stephen.

Meanwhile back in Kinross, there will be an August Fun Day in memory of Stephen at Kirkgate Park. This involves the now annual Superhero walk around the loch. There will be lots of stalls in the park, races for children, Beat the Goalie and lots of other activities on Saturday 5 August, as well as the opportunity to see lots of superheros!

Hannah Phillips

Photos by Val Fenton

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THE AWARENESS KEY



WINNING WAYS

by Jo Middlemiss

WHAT IS KEY TO understanding yourself and others? I'm going to begin a series of short articles to encourage reflection and personal growth with a consideration of awareness – being present in every moment.

A professor was invited to deliver a series of lectures in America. To reach the staff accommodation, he tried to take the lift to the third floor. He pressed the button marked '3'. The doors closed, but nothing happened. He tried again, still nothing. He pressed the button to open the doors- Still nothing. He punched buttons '1' and '2' - still no result. He felt panic beginning to rise. On the verge of pressing the emergency button, he made a final try with button '4'. Much to his relief, the lift set off and deposited him on level 4, after which he walked down to his destination. On reporting the "fault" he was asked, "But don't you have the key?" Sure enough, when he checked the keys he had been given, there was a small one marked 'Elevator'. It would give him access to those floors not normally open to the public. He had the key, but he did not know it.

I heard this story recently, and it struck me as a very strong and appropriate metaphor for how we often look at what is going on our lives. We have the keys, but do not know it, or the keys are easy to find, but we don't know where to look.

Over the next few articles, I would like to develop the key metaphor, and consider what keys can unlock our understanding of ourselves and of others. The first is AWARENESS.

Recent years have seen a dramatic rise in all things spiritual and alternative, including reiki, reflexology, and hypnotherapy. This interest seems to cross the intellectual, class and ethnic differences in society. One of the arguments against this trend from the traditional religions is that it encourages selfishness and introspection. It seems to me that it is far more about trying to understand oneself, in order to be less selfish and introspective, but also to feel that solutions come from within rather than being imposed from the outside. If it is important to mention God - and I believe it is - then it is only important because God has to be within every cell of our body, and therefore within every cell of the bodies of others. That is why the Indian greeting "Namaste" is so gentle, yet utterly appropriate: "The God within me greets the God within you."

Without awareness, change, growth and development are impossible. Without it, we cannot know our strengths and weaknesses. We cannot be sensitive to the needs of others and,

as Anthony De Mello says in his wonderful book, we stay asleep for most of our waking lives.

Priorities And Perspective

How many of you have experienced the sudden shock of a car accident, burglary, death of a loved one, or partner losing their job? This is a tiny list of the many things that can make a dramatic impact on our lives. While you live through the aftermath, you possibly describe yourself as numb. However, I would venture that you are actually numb to the unimportant things of life. You are probably very much aware of the things that really matter. A sense of priority and perspective comes into everything. You just know that such things as dirty windows, not having everything you want, work, politics, or whether or not you were invited to this or that event are suddenly not important any more. Your concentration zeroes in on love and pride, consideration and gratitude. You swear that you will not lose this clarity and sense of purpose but, life being life, this precious sense often slips out of your grasp without you even noticing.

Deciding to be aware is the starting point of the journey. Keep not only your eyes and ears open, but also your other senses - especially your sixth sense, that part of you that knows what is going on, beyond the usual knowing. Think about:

A new mother who always seems to know when her baby is crying, despite the crying of many other babies.

Stepping into your workplace and instantly sensing the atmosphere, friendly or otherwise.

Asking yourself, with curiosity rather than criticism, what might have caused a strong reaction either in you, or in others.

The sudden instinct to make contact with someone.

This is a way of walking alongside yourself, as you live your life, and just gently observing your way of being. Don't beat yourself or others up about perceived mistakes, just be an observer - 'the watcher of the thinker'.

The awareness key does not take you out of circulation, but encourages you to be fully present in every moment. You will find your awareness grows simply because of your intention to be aware. From the position of awareness, understanding follows and you learn to flow with life, rather than being rigidly fixed to one point.

Jo Middlemiss MBE



ARE YOU TICK AWARE?

LYME DISEASE WAS ONLY recognised as recently as 1993 and is caused by a bacteria known as *Borrelia burgdorferi* which sounds like something you would catch in a drive-through. The bacteria are transmitted to humans through the bite of an infected tick. These ticks are found all over the UK but are particularly common in Tayside and the Central Highlands, in woodlands, long grass and open countryside. Although Lyme disease can occur at any time of year, it is more common in summer and early autumn.

The Big Tick Project in 2016 found that one third of dogs studied had ticks attached which can then be transmitted to their owners.

The importance of awareness of the disease lies in the ability to prevent tick bites, as there is no current vaccine against Lyme disease. The following advice may help:

- *If walking, running, cycling or even playing golf, wear long sleeved shirts and trousers tucked into socks.*
- *Use insect repellent on exposed skin*
- *Check yourself, family members and pets for ticks at the end of a day spent in woodland or long grass areas*

Tick Removal

Ticks, if found, are best removed with special tick removal tweezers available at pharmacies or veterinary surgeries. After removal, the area of skin should be cleaned with antiseptic or soap and water.



DO NOT try to burn ticks off or douse them with alcohol.

When To Contact The Surgery

If you are not sure if you have removed all of the tick, please contact the surgery, you may be asked to send a photo of the area.

A number of people bitten by ticks develop a distinctive rash sometimes up to three weeks after being bitten.

If the affected person also develops fever and muscle aches, you should contact the surgery or Out of Hours Service.

Again, a photograph will be helpful to the clinician in deciding how to deal with the situation.

Treatment of Lyme disease is beyond the scope of this article, but remember prevention is key so be 'tick aware'!

NHS INFORM

for everyday questions about health

FINDING THE RIGHT HEALTH and care information can make a real difference to how people manage their wellbeing. Making information accessible, quality assured and up to date helps people to make positive choices.

NHS inform (www.nhsinform.scot) is Scotland's dedicated resource offering up-to-date facts on health, services and campaigns. It also has a wealth of information available online, over the telephone or via webchat:

- *Tests and treatments*
- *Illnesses and conditions*
- *Injuries*
- *Healthy living (including stopping smoking, screening and keeping active)*
- *Care, support and health rights*

One of the many great features of the website is that people can personalise the information that's relevant to them using the 'Info for Me' tool. Of course, there is always the option to talk to the health information team by telephone or using webchat.

Want to try the service? Visit: www.nhsinform.scot or call: 0800 22 44 88

TRAVEL VACCINATIONS

IF YOU ARE TRAVELLING abroad and require travel health advice and/or vaccinations, you can contact the Vaccination Service at NHS Tayside on 01382 423108 or by emailing tay.traveltvaccines@nhs.scot.

The helpline team will be happy to provide non-clinical information and advice to patients prior to travelling.

They can also direct patients to the vaccinator team who will administer any required travel vaccines.

Kinross Hub July Calendar



The sessions are drop-in but if you prefer an appointment time, please phone the number detailed for the agency you wish to connect with, or contact:
Shona 07896 280843 shona.fowler@nhs.scot Declan 07557 488902 declanjones@pkc.gov.uk

Mon - for info only	Tue - for info only	Wed	Thu	Fri
3 rd	4 th	5th 10am to 12pm drop-in for HomeStart Breast Buddies group 01738 638847	6th 10am to 12.30pm Welfare Rights will offer support and advice for accessing benefits and ensuring income maximisation 01738 476900 welfarerights@pkc.gov.uk 1pm- 3pm MindSpace Info on supporting mental wellbeing. 07928 859628 or 01738 631657	7th 10am to 12.30pm Shona Fowler, Project Worker Community Connecting/Signposting 07896 280843
10 th	11 th	12th 10am to 12pm drop-in for HomeStart Breast Buddies group 01738 638847 2pm - 4pm 1.30pm to 3.30pm CATH will support with form filling – PIP, Universal Credit etc 07955333163	13th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 1.30pm – 3.30pm PKC Employment Support Team Job advice and help those who have learning disability, acquired brain injury, mental health issues, autistic spectrum, sensory loss and physical disabilities. 07788 389859	14th 10am to 12.30pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902
17 th	18 th	19th 10am to 12pm drop-in for HomeStart Breast Buddies group 01738 638847 2pm -4pm PKC Social Work for signposting and support. 01577 867300	20th 1pm – 3pm Declan Jones, Social Prescriber - Community Connecting/Signposting 07557 488902	21st 10am to 12.30pm Karen from PKC Skills & Employment offers support & advice re CVs, Job search, support after redundancy etc. 07867 351268
24 th	25 th	26th 10am to 12pm drop-in for HomeStart Breast Buddies group 01738 638847 1.30pm to 3.30pm CATH will support with form filling – PIP, Universal Credit etc 07955333163	27th 10am to 12.30pm Broke not Broken Danielle will be there to offer advice, connecting to support and also for foodbank referrals. 07518 913107 2pm to 4pm Louise from PKC Housing Team for housing advice and signposting to their service. 07917 552231	28th 11am to 1pm Social Security Scotland offering advice on their benefits –Adult Disability Payment, Carers Allowance Supplement, Child Disability Payment, Funeral Support Payment, Best Start Grants etc. 0800 182 2222

LOCAL ADVICE HUB

THE ADVICE HUB is a partnership between Kinross-shire charity Broke not Broken, P&K Health and Social Care Partnership and Loch Leven HC. It provides a much-needed local drop-in facility to support people with community connections, signposting to benefits services, foodbank support, mental health agencies and community organisations.

If you are experiencing financial difficulty during this time or feel you need support/advice please call Shona Fowler on 07896 280843 to have a chat or email shona.fowler@nhs.scot

If you wish to connect with Broke not Broken directly Danielle is in the advice hub on Thursday mornings or can be contacted on 07518 913107 or email admin@brokenotbroken.org

Declan Jones, the social prescriber, will connect you with local community groups, supportive exercise sessions, walking groups, green/nature prescribing activities, volunteering, learning opportunities or help you link with another agency. Declan can be contacted on 07557 488902 or declanjones@pkc.gov.uk

These are just examples so please contact us if there is anything else you need or want to discuss with us. We're always available for a friendly, informal chat.

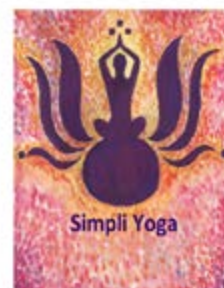
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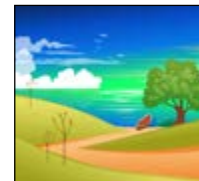
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But what exactly is hypnotherapy? Elaine, who is passionate about the benefits of hypnotherapy, says it is a very long established safe and natural therapeutic technique. She explains how we work on two levels, our conscious and subconscious. We make decisions, think and act with our conscious mind, while our subconscious mind controls out habits and holds the key to our behaviours, emotions and memories. It holds the programmes of our behaviours, good and bad.

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mind will be in a profoundly relaxed state and our subconscious mind remains alert and receptive to positive suggestions – so that positive and life enhancing suggestions can be incorporated into our new behaviour – overcoming problems and limitations in our minds.

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When you choose Hypnotherapy with Elaine, you can expect an individual, friendly, and confidential service. Whether you prefer face-to-face sessions, in her comfortable Kinross location or in your own home, or if you prefer the convenience of online sessions, MindTr!p Hypnotherapy will be there to support you every step of the way.

Take the first step towards a happier, healthier you by contacting Elaine for a free online consultation or just call to find out more. Discover the power of your own mind with MindTr!p Hypnotherapy and unlock your true potential.

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To find out more or schedule your free online or phone consultation, contact Elaine on 07545 138436 or email mindtr!phypnotherapy@gmail.com Or at the website www.mindtriphypnotherapy.co.uk.

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ARTEFACTS & CURIOS

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council News from the May Meeting

Present at the meeting held on 23 May were CCLrs L McKay, W Freeman, E Leslie, H Phillips, C Collins, Cllrs D Cuthbert, W Robertson and Cllr R Watters, 35 MoP, clerk Mrs C Aird

Apologies CCLrs T Stewart and M Wilson, Cllr N Freshwater and Police Scotland.

Police Scotland Report

Police Scotland advised that since the last meeting there had been 96 calls to the police from the Kinross area. There had been 11 crimes recorded within this period.

01/05/2023 Drug Driving (Park & Ride, Junction Road, Kinross)
Subject to live enquiry

Officers continue to carry out speed checks across the area, with four drivers being spoken to.

Community team activity, on 3 May 2022 PC Samson held a talk with a modern studies class at KHS.

Andy Robertson and Team, London & Scottish Property Investment Management re proposal for former BCA site (Planning Application: 23/00005/PAN)

CCLr McKay welcomed representatives from LSPIM. Mr Robertson thanked the CC and advised that processes were already underway with PKC in terms of a PAN being submitted. Mr Robertson presented a history of both his organisation and work previously carried out by them across the country.

LSPIM are looking to regenerate the site, providing employment both in the construction phase but also with a range of retailers, with the ultimate aim of reducing expenditure leakage to other areas, reducing CO2 emissions, helping PKC to achieve their Net Zero target, providing new linkages to both the Loch and the High Street, while noting that there are currently a number of constraints including ground contaminations, asbestos in the buildings and flooding problems. Mr Robertson advised that PKC were currently looking into a flood mitigation scheme and they will work with them on this.

Mr Robertson advised of key milestone dates including public consultations between 14 June and mid-July, planning application submission around August 2023, with building work estimated to be complete by 2025 (construction will not commence until all funding is in place).

A member of the public questioned the flood defence scheme in respect of building a retaining wall and Mr Robertson advised that this work was about a wider area of flood defence, with SEPA not allowing anything to be built which would make the system worse. It was noted that a petrol station was proposed and the public enquired about EV points, with Mr Robertson advising that with all applications, a minimum of 30 EV points must be provided.

The audience also raised concerns about litter and were advised that it would be part of the contract with retailers that litter would be collected by their employees and about lighting (would not be on 24 hrs).

Concern was also raised about the removal of the bollards and were advised that BCA had removed them. Concerns about access to the car park would be looked at and Mr Robertson agreed to do something about this to allay fears.

Cllr Watters asked whether LSPIM would work with residents with regard to safeguarding the quality/buffer and the impact of same, with Mr Robertson confirm he heard their concerns and would be happy to work with them.

The audience also raised concerns with the current drainage system and suggested a rain garden/creative landscape be provided. Mr Robertson confirmed he was happy for the

community to raise concerns/challenges and whilst he could not promise the company could deliver everything, he was willing to listen to suggestions.

Another resident raised an issue with regard to the lack of pavement and speeding issues on the B996 and Mr Robertson confirmed that his modellers would advise him on the possible solutions to this.

Mr Robertson and his colleague advised that public consultation events would be held (14 June). A bigger team would be present to allow as many questions/concerns to be raised and discussed as possible. A microsite was currently being prepared and would be available through the LSPIM website <https://www.lspim.co.uk/>.

Matters Arising

Members were advised that the Myer Park sign will be moved as soon as possible.

Kinross Town Centre

Tour of town centre – a tour had been held earlier in the day with a number of concerns raised including the car park at Millbridge Hall, 'give way' signs at the junction of Burns Begg Street and the High Street (these have been ordered but no date for erection had been agreed).

Parking Restrictions At Montgomery Street

Restrictions can be updated as required. It was agreed to keep the 1-hr restriction for the shops, and there was concern about the lack of disabled parking in the area. It was agreed that Cllr Watters would discuss the matter with PKC officers and report back.

Other areas of concern centred around the introduction of a one-way system along Springfield Road (southbound, although Northbound would be better if the retail park is approved) – PKC are to look at this, as well as better signage to car parks. There was also concern raised with a lack of pavement and overgrown hedges (owners to be requested to cut back) and signage re pedestrians crossing in Gallowhill Road. There was also a request to make crossing safer at schools and the introduction of a crossing in Argyll Road, with Cllr Watters advising that a safer route to school should be seen as a priority. It was also suggested that a build out be put in near the Lathro crossing/walkway. VAS would be fitted soon.

There was also a need for a dropped kerb to be installed at Persimmon Homes along with a pavement at the woodland between Milnathort and Kinross.

Cllr Watters will discuss these points with PKC.

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Planning Matters

Planning Applications Received

23/00590/LAW erection of a garden studio (proposed), 3 Hopefield Place, Kinross

23/00323/FLL siting of combined heat and power unit (CHP) and erection of steam boiler enclosure, transformer and compound, radiator, low temperature hot water boiler enclosure and fencing, Todd And Duncan Ltd, Lochleven Mills, High Street, Kinross

23/00613/FLL extension to dwellinghouse, 4 Renton, Drive, Kinross

23/00625/FLL Change of use of agricultural land to storage and distribution (class 6), siting of 54 storage containers, formation of vehicular access and associated works at Land 250 Metres South Of Jettrigg, Kinross

23/00648/LBC installation of replacement windows at 1st Floor, 111 High Street, Kinross

Planning Applications Determined

23/00590/LAW erection of a garden studio (proposed), 3 Hopefield Place, Kinross, approved

23/00274/FLL alterations to dwellinghouse, 11 Talla Park, Kinross, approved

23/00316/FLL alterations to garage to form garden room and associated works, Gellybank Cottage, Kinross

22/02196/LAW siting of 2 caravans and a storage container for residential use (existing), Residential Caravan, Queich Place, Kinross, approved

23/00593/FLL erection of a dwellinghouse at Land 20 Metres South West Of Braeside House, Hatchbank Road, Gairney Bank, Kinross, approved

23/00367/FLL Alterations and extension to dwellinghouse Green Gates 12 Station Road Kinross, approved

22/02230/FLL Installation of replacement windows at Glen Luke, 3 High Street, Kinross, approved

22/01044/AML erection of a dwellinghouse (approval of matters specified in conditions of 20/01371/IPL) Land 40 Metres West of Berryknowe, Hatchbank, approved

22/02181/FLL erection of an office/workshop building, formation of car park and associated works Land 150 Metres North West of Unit C, Kinross Business Park, Clashburn Close, Bridgend Industrial Estate, Kinross, approved

Other Planning Matters

22/00623/FLL erection of 16 dwellinghouses (revised design and change of house type) Land 300 Metres North West Of Lathro Farm Kinross.

Cllr Watters advised that PKC had treated this as a local amendment to a major application so went through without discussion. He also advised that another application was being submitted, this time being treated as a major application, but the PKC officer was arguing that this should also go through without any clause or conditions being applied to the application.

It was agreed that both these applications, and the concerns around them, should be escalated to a higher level.

Reports From CC Representatives

Cllr E Leslie advised that she was still awaiting further information regarding the IT devices which had been promised to local schools.

Cllr W Freeman advised that an email had been received regarding "Managed for Wildlife Trials - Biodiversity Monitoring" and the need for volunteers to monitor Davis Park and Kirkgate Park to identify if they have demonstrated enhanced biodiversity in comparison to the nearby mowed areas. Cllr McKay urged volunteers to come forward to monitor the areas, particularly because of an increase in the number of ticks and it was agreed that the information would be added to the Facebook page.

Cllr Freeman confirmed that he would represent the CC at the Kinross-shire Local Committees meeting on Thursday evening.

Cllr McKay was pleased to see the planning application for the golf driving range at Burleigh Sands, although expressed concern

if the facility was to get busy, particularly around traffic build up. There had been a meeting of LLCC Management Group where it had been agreed to look at accessibility for less able-bodied people. Cllr McKay again raised the issue of the goalposts being used by the Colts and left on the pitch. This continues to cause local residents health concerns and she asked if it was possible for these to be moved to another area of the pitch. Cllr D Cuthbert agreed to raise the issue with Andy Williams at a meeting on Wednesday. Mark Ruskell MSP had agreed to attend the July meeting to discuss concerns with the Loch, and it was agreed to invite David Cairns and Catch to this meeting.

AOCB

A member of the public raised an issue about the number of HGVs using Gallowhill Road to access the Persimmon Homes site. They had emailed Persimmon Homes providing photographic evidence supporting their complaint and while he had received a response, he asked if the CC could do anything to help in the matter. Members urged the community to keep reporting such instances, copying in PKC's planning officers, as well as the ward councillors. Cllr Watters agreed to forward all such emails to both Sean Panton and Mary Barr at PKC.

Boundaries Scotland is undertaking its Second Review of Scottish Parliament boundaries, with a consultation on constituencies running from 17 May to 17 June 2023 inclusive. More information can be found on the Boundaries website <https://boundaries.scot/>

The next meeting of Kinross Community Council will be held on Tuesday 25 July 2023 at 7.30 pm

Portmoak Community Council News from the May Meeting

Present At The Meeting on 9 May were Cllrs R Watters, D Cuthbert, N Freshwater, W Robertson; Cllrs A Miller (Chair), D Morris (Vice-Chair) S McGregor ((Secretary), A Davidson (Treasurer), D Paterson, K Donaldson; and 2 members of the Public.

Matters Arising

Kinross-shire Committee Update

Cllr D Cuthbert confirmed Minutes of the last KLC had been circulated. Suggested Agenda items for the next meeting included wind turbines, and pollution in Loch Leven. The wind turbines were discussed at a recent PKC Committee meeting attended by Cllrs, though the planning for the turbines was a DPEA decision and not a PKC decision. PKC Committee acts as a stat consultee.

The next KLC meeting date is 25/05/23 and would be in-person at Kinross Community Campus . Either the Chair or Vice-Chair would attend. Cllrs R Watters and D Cuthbert would be arranging a workshop type session with all Councillors to decide on how the KLC it is working and how it can be improved. The Chair commented that the draft of the KLC Review Report has been submitted. Cllrs to meet with the author of report. Once report is complete, it will be circulated. Cllr R Watters raised the issue of



the need for a log of actions arising from KLC meetings as there are a lot of actions even outstanding from first KLC meeting. An action log would need to be reviewed systematically and items ticked off. Cllr N Freshwater commented that other Local Area Committees are now going ahead. Cllr D Cuthbert confirmed that PKC have agreed three other local area committees will be formed. KLC is still being assessed. The assessment will help inform how new committees are formed for best practice.

The Chair agreed to the need for an Action log, pointing out the first actionable point from the inaugural KLC meeting 15 months ago was Bowhouse speed limit signage, which remained unactioned. The Chair had been continually asked by Bowhouse Residents why it is taking so long. The Chair asked the Cllrs why the weight of 6 Community Councils voting on this action did not accelerate the project within PKC? Cllr D Cuthbert commented that this was the purpose of the proposed action log with dates for completion of projects and KLC can only really recommend items to other committees. Cllr D Cuthbert expressed opinion that a rethink about community engagement was due. More weight being given to decisions reached following Community engagement. Cllr R Watters reiterated that KLC was not intended to be a talking shop and that it was intended as a device for implementing change within Kinross-shire.

Road Safety Action Update

There was a discussion about the Road projects priority list from PKC which included many items requested over many years and by different CCs and members of the public. The PKC Roads Officer had suggested each Kinross-shire CC ratify their lists before the next KLC meeting. Portmoak CC had reached out to the other Ward 8 Kinross-shire CCs to suggest creating a fully resolved and consolidated list for each area, that could then be taken to the KLC for voting on as a complete list of prioritised road projects across Kinross-shire and it could then be voted on by the KLC members.

At the time of this PCC meeting, some response had been received from other CCs regarding this proposal but not all of them. PCC had also suggested that public comments/requests made directly to PKC should be referred to PCC for community discussion and comment, prior to being added to the road projects priority list.

The Chair invited attendees to comment on some outstanding items on the list of priorities for Portmoak:

TRO of waiting restrictions at Buchan Avenue: the Vice-Chair believed this to be a request for painting double yellow lines at Buchan Avenue, Kinnesswood to restrict parking around Portmoak Primary school. The details of this TRO needed to be verified.

New Gullet Bridge Warning Signs: Right of way from one side or the other. PCC believed this was a priority.

Build-Out At Buchan Avenue, Kinnesswood: The Vice-Chair thought this was another Portmoak School item of which there were 3 on the list. The Vice-Chair thought this should be batched with other School items for verification.

Priority System relocation at Leslie Road, Scotlandwell: The Chair had been speaking with local residents and did not think anyone had recently requested a relocation of the priority system. Cllr D Paterson thought there had been an incident that had raised comments. Agreement that this item should be removed from the Priority List.

Puffin Crossing Main St, Scotlandwell: The Chair proposed this should be removed from the list as it was a high value item and enforcement of 20mph was more crucial than a puffin crossing. Cllr D Paterson agreed. Cllr W Robertson agreed in principle.

Footway: Scotlandwell to Church: this item was ongoing. Agreement to retain this on list as a high priority.

Footway: Portmoak Hall to Kinnesswood: it was agreed that this pertained to the pinch point on the pavement at Woodmarch, may need a priority route or build-out. Retain on list. There was agreement the path was sufficient otherwise along this stretch.

Footway from Auchmuir Bridge to Scotlandwell: R Watters recalled the residents wanted an extension to the Fife footpath to

connect the Auchmuir Bridge houses. There was agreement that this may not be a current deliverable priority.

The Vice-Chair raised two further road safety issues: 1. The problem with the path Lochend – LLHT: Cllr W Robertson confirmed N Mainprize and D Stubbs of PKC Greenspace have had discussions around the issue. A meeting with landowner is proposed to resolve issues. The Vice-Chair commented on the need for some bollards on the road to make the current roadside path safer. W Robertson agreed that the current situation was very dangerous, and the meeting with landowner would hopefully drive towards a positive outcome.

2. A Resident had emailed PCC about issues with B9097. Residents requested options for paths along the B9097 as walking and cycling on the road was very dangerous as the traffic volume has increased and travels at high speed. The issue of high-speed overtaking and blind summits not signposted was also discussed. Due to the high traffic volume and increased HGVs the road surface is breaking up and is very poor. PCC agreed these items were all relevant and flagged that the Westfield traffic was not yet even at peak flow. There has to be some form of agreement of who is responsible and who needs to contribute to make the road better. Cllr W Robertson said there was a route action plan for the B909.

The Vice-Chair commented that all the residents' concerns had been raised at the planning stage, but that Fife Council had failed to discuss the problems with PKC and PCC, all the mitigation measures could have been resolved at planning. PKC Planning had done nothing to action these measures, despite pressure from Cllrs and PCC at the time. M Strang-Steel (former PCC Chair) commented that Fife Council Planners had requested PKC estimate a lump sum to be paid from Fife Council to PKC as mitigation funds to carry out extra maintenance. PKC named a figure of £100k which, by most accounts, seemed insufficient. The Vice-Chair requested the Cllrs to request confirmation that the sum had been paid to PKC, also whether the funds had been ring-fenced for the B9097. The Chair raised his concerns about promised route action plans. In a note on 25/03/23 from PKC Roads Officer, he had stated there were no current route action plans and insufficient staff to create Route Action Plans at present due to other priorities of work. The Chair believed PKC needed to make an onsite plan to ensure the road is up to standard and safer.

Cllr N Freshwater had spoken to D McKeown and confirmed Westfield signage would be completed by the Summer.

The Chair concluded it was apparent there was/is nothing being done currently to address the issues on the B9097, and as a result, no positive information could be offered to update the resident's email request. The Chair felt the issue should be escalated to the KLC. Cllr W Robertson said there would be an update from Roads at the next KLC.

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New Matters

Kinneston Estate, near Scotlandwell. Long Term Forest Plans:

The Chair had reviewed the plans and had no specific issues with these. The proposals of increased biodiversity, creation of other walking routes, and a managed forest plan were considered positive. The Vice-Chair thought it was positive that PCC were being consulted. One or two items to be discussed, such as informal paths that are already created, but The Vice-Chair agreed with the Chair in thinking the forest plan appeared a positive land use.

PKC winter provision 2022-23 – Resilience Plan: The Secretary had circulated the documents from PKC to the PCC members noting the comments that there was a 'finite budget'. The Chair commented there was not much to add except to say that it was hoped that winter provision, treatment and service is not subject to reduction around Portmoak.

Reports

Police Reports

Speedwatch update: The secretary had no further updates at present. N Freshwater asked that PCC share the list of potential volunteers with the Fossoway Speedwatch group. There is also the possibility to share equipment if the minimum numbers can be met.

Planning

New Applications

23/00492/FLL Formation of balcony, 8 Bishop Terrace, Kinnesswood

23/00438/FLL Alterations and extension to dwellinghouse, and formation of parking area, Briarbank The Cobbles Kinnesswood

The Vice-Chair commented that the previous application had been withdrawn. There were currently disputes about land ownership and rights for parking within the lane adjacent to the property. The Vice-Chair would approach the residents again to enquire if PCC representation was required. The Chair agreed to have another look at the planning.

Existing Applications

22/01191/FLL Erection of 16 dwellinghouses (3 with detached garages, one with detached garage/ancillary accommodation), formation of 6 plots for affordable dwellinghouses, formation of SUDS pond, landscaping and associated works, Land 100 Metres South East Of Cragton Villa Rost Gardens Scotlandwell

SEPA had removed their objection for peat removal on basis that ground is a peat soil, not pure peat, which meant a Peat Management Plan was not required for the site. The issue of flooding has not been addressed. PCC were disappointed that SEPA had not requested a more thorough and competent ground investigation.

Planning Decisions

Progress with Developments

Westfield Community Liaison Committee: Cllr K Donaldson provided comment; There were fewer construction vehicles travelling on the roads. Heavy duty cranes had been installed.



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ACCREDITED PROGRAM

Previously requested signage was not yet completed as discussed earlier in meeting.

Westfield Paths Feasibility Study: The Vice-Chair confirmed a report has been issued. The VC had attended a meeting on 27/04/23 with Hargreaves and CC members from Fife and members of Fife Countryside Trust. The Vice-Chair would like to see a project manager employed to ensure the actions of the report move forward quickly and had voiced this request to Fife Countryside Trust.

Paths Group Update: no updates this month due to volunteers having limited time. Some issues had been reported regarding signage at top of Cobbles and PKC Greenspace were looking into this to ensure all signage was correctly in place.

Treasurer CC Accounts

Some monies received had been paid into old PCC accounts, not the new Credit Union accounts so Treasurer has been dealing with rectifying the mistake.

PCC Account balance: £ 634.94

Michael Bruce Way Account balance: £1,679.74

Treasurer needs to action payment for hall for PCC April meeting. Secretary to pass Zoom invoices to Treasurer for remuneration payment.

Councillors' Reports

The Chair thanked the Cllrs for their time in all coming to the PCC meeting.

Cllr D Cuthbert: Flagged the Big Place Conversation for LDP3. It is very important that CCs buy into the LDP3. On this item **Cllr R Watters** flagged that in the Cllrs calendar there were no consultations happening in Portmoak. The Chair asked why PCC had not been contacted. The Secretary confirmed a letter had been received from the Planning & Development team but this was a flag that the Development team at PKC would reach out to CCs to make arrangements at a later date but no further communication had been received.

AOB

PKC Public Consultation

Let's Talk Transport: <https://consult.pkc.gov.uk/communities/lets-talk-transport/> available for public to make comment.

'Good Food Fund' via PKC <https://www.pkc.gov.uk/pkgrantsdirect> closing date for applications: **29/05/23**. Apple press, Portmoak School.

D Paterson: regarding Planning Application 22/01191/FLL and the SEPA report on peat soil. Cllr D Paterson though he might have core samples, and drilling logs from work that his company had done at one time at the application site.

The next meeting of Portmoak Community Council will be on 11 July 2023, in-person.

Milnathort and Orwell Community Council

News from the May Meeting

Present At The Meeting held on 11 May were Cllrs P Britton, M Thompson, A Wanless, K Heneghan, A Macrae, Cllr D Cuthbert, Cllr Watters

Apologies Neill Bingham (Chair), Cllr Neil Freshwater and Cllr Willie Robertson, 2 members of public

Police Matters

Officer Comments

From 13 April 2023 (last meeting) there have been 22 calls to Police from the Milnathort area and 1 crime recorded on Police systems.

Crimes Of Note (since last meeting 13/04/2023)

21/04/2023

Theft of scrap metal (Stewart & Smart) Subject to live investigation

Traffic Statistics

Community officers are aware of regular areas where there are complaints about speeding in and around Milnathort. These are

all on our speeding matrix and we will continue to make efforts to carry out speed checks across the area during our patrols.

Large Planning Applications

Craighead Windfarm, near Carnbo

Cllr David Cuthbert commented that this application is not to be reviewed by PKC planning process as it is being reviewed by the Scottish Government, however PKC will review and submit comments as part of the consultation.

Former BCA site Kinross

No update, however the developers have been invited to present at a future meeting.

Driving Range

Currently in pre-application process to council, and engaging with the public.

Local Cemetery Provision

PKC officer will come to 25 May Kinross-shire Liaison Committee (KLC), to present on cemetery provision. They will present on what is planned which can be questioned by those in attendance.

Matters Arising

Loch Leven Pollution

Cllr Richard Watters commented that the Loch visibility appears to be good with visibility being up to 3-4m in depth, and it also appears that the fishing is good.

Loch Leven management group meet at end of month. Dr Linda May has been awarded funding to look at climate change and impact on Loch Leven and land use around the loch and the effect on the Loch, and mitigation.

Cllr David Cuthbert commented that this topic will be added to the August agenda of the KLC and hopes to have SEPA and Scottish Water to attend.

Actions From Previous Meetings

Damaged wall at Burleigh Kevin commented that he approached the community payback team, but they cannot do it, as they have no one skilled to build dry walls. Cllr David Cuthbert commented that Tayside Contracts provide a community fund, so Kevin will explore.

Footbridge at Lathro/new path in need of repair/damaged gate:

Cllr Richard Watters commented that PKC officers have visited and discussed with Persimmon who will install a new crossing, fix the path and improve to prevent flooding.

Access gate that is broken: Persimmon agreed to add a feature gate at South Street, but have asked for us to help decide on the type of gate. Kevin will provide some input.

Access thru Fleming Court is outside the plans, so PKCllr Watters will speak to the farmer/landowner if they can leave the gate open to help those travelling back and forth to the primary school.

Correspondence

PKC have informed us that there are diseased Ash trees in Donaldson Park, these will be removed over the next few weeks and will be replaced by alternate species. If residents would like to suggest some alternate species then please get in touch with your suggestions.

Roads

Various roads around Loch Leven will be closed on Sunday 14th May due to the Half Marathon

On 12 June 2023 for a period of five days parking on both sides will be temporarily prohibited on the following roads:

A91 Stirling Road, Milnathort from its junction with Mill Lade (311865, 704703) to its junction with the A922 South Street (312055, 704710), a distance of 190 metres or thereby.

A922 South Street, Milnathort from its junction with the A91 Stirling Road (312055, 704710) to its junction with Church Street (312027, 704656), a distance of 60 metres or thereby.

Wester Loan, Milnathort from its junction with the A91 Stirling Road (312055, 704710) to its junction the private access to the property 17 Wester Loan (312057, 704784), a distance of 75 metres or thereby.

Planning

Applications

23/00513/FLL Alterations to dwellinghouse at 10 Balfour Crescent, Milnathort

Update from Milnathort Primary School

There is continued engagement with the community officers, the pupils have been asked to participate in a competition to name a new e-bike for the police.

Summer fayre, at MPS on 3 June. Please come along and support, MOCC will have a stall.

Grounds and gardening group started to help enhance the grounds. There is currently a job opening for a new crossing patroller; for those interested please get in touch with the school

Core Paths Update

Infill of type 1 and whin dust have been put down across a number of the core paths, thanks to all the volunteers for coming out. Waymarking will be started soon.

A local resident has informed Kevin of an incident affecting one of our Core Paths.

The resident was walking with their dog along the Heritage Trail near Old Orwell Churchyard, one evening recently. As they turned a corner on the Path, a motorbike and a quad bike raced towards them. The motorbike had to brake violently, skidded and just missed them. The riders never stopped and just rode off. Apart from scaring her and her dog, the Path surface was torn up and had been broken through.

We realise this is partly a police matter, but the community council will speak with PKC to determine if some explicit signage prohibiting those modes of transport on the Core Path would be useful.

Councillors' Reports

Cllr David Cuthbert: LDP3 is currently in discussion and there are Big Place Conversations being held across PKC.

Cllr Richard Watters: A motion was put forward at full council for Lucinda Russell to recognise her success – this has resulted in giving her the freedom of the city due to her contributions to the local community. It was passed unopposed.

Planning enforcement is now online.

Motion on single use vaping ban proposed as 10% of kids vaping, and there the level of waste is unacceptable. Zero waste Scotland will recommend to the Scottish Parliament on what options there are.

AOB

Q. Is there any more information on the potential job losses and reduced hours at Kinross recycling centre?

A. Cllr Watters responded that there were no details on what the outcome of the review of the recycling service due to the budget announcement from PKC.

Drew Smart – Glenfarg bus service are struggling to fulfil their runs, volunteer drivers required.

The CC would like to congratulate Lucinda Russell on the success of Corach Rambler in the Grand National.

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Community Council News

The next meeting of Milnathort and Orwell Community Council will be on 13 July 2023, 7.30pm at Milnathort Town Hall

Fossoway Community Council News from the June Meeting

<https://www.fossoway.org/community-council>

Present At The Meeting on 6 June were Councillors S Bruce-Jones, G Pye and N Marchant (Chair); Assoc. Councillor C Farquar; Councillors D Cuthbert, W Robertson and R Watters; 23 members of the public (MoP);

Apologies: Councillor T Duffy; Assoc. Councillor A Cheape; Councillor N Freshwater

Police Report

A caravan was set on fire on the A977 between Blairingone and Powmill on 6 May. Investigations continue. Speed checks have been carried out throughout the area, including Carnbo, but no tickets were issued this month.

Matters Arising

Road Safety in FDCC Area (Including A977 Mitigation and Carnbo)

Councillor Marchant had requested a report from Councillors on the recent traffic surveys in our district. Councillor Cuthbert received a report from Daryl McKeown that the Carnbo survey showed just under 3500 vehicles per day with a mean speed of 43.9mph and a the 85th percentile speed was 52.7mph. A further survey will be done once the 30mph limit is in place. Councillor Cuthbert has asked Mr McKeown to look into more mitigation measures, perhaps including a Puffin crossing, also to investigate the small size of the bus shelter and the difficulty of accessing it safely.

Councillor Freshwater had passed on a complaint from a MoP about damage to cars due to stones flying from grass cutting machines, however the responsible officer has assured him that guards are permanently fitted to their machines and they have not received any reports of such damage.

The Carnbo school bus driver has been told to turn in Pitcairn Lane rather than the previous place for safety reasons, and this was implemented within a couple of days.

Community Speedwatch

We still only have enough volunteers for one team which is disappointing. For our district we need at least 12 volunteers. There are continuing reports of speeding through our villages, and this would surely help. Councillor Duffy had a meeting with members of Milnathort CC. They have some interest from members of the public in their area to commence the Speed Watch Programme. Glenfarg has also expressed interest. As the equipment should be either in Kinross or Milnathort to make it accessible to the other areas in Kinross-shire, it was thought to make sense if Milnathort would take the lead on this. They will start with an information morning for all those in the whole of Kinrossshire who are interested.

Wind Farms

The Developers of the proposed Brunthill site, E Power Ltd, have notified this CC of the dates of their public exhibitions and we encourage everyone to attend: 28 June 3:30pm – 6:30pm Milnathort Town Hall

The developer has also sent us a map of the proposed turbines.

<https://www.energyconsents.scot/ApplicationDetails.aspx?cr=ECU00004654>

Mike Barnacle has been trying to get NPF4 modified to resolve inconsistencies with other plans, but it's too late now. He has also spoken to Friends of the Ochils about safeguarding the landscape, however Councillor Robertson responded that the problem with controlling Wind Farms in the Ochils is that there are already turbines operating and so a precedent has been established.

Community Development Trust: The Trust has been incorporated and established its charitable status. Membership is also increasing without any further advertising. An anonymous vote is being held to decide whether the Trust should continue to consider leasing or renting Blairingone School or to let it go to a

third party. Councillor Cuthbert noted that the Kinross Local Committee has oversight of Community property purchases; Mike Barnacle said that the Trust is cognisant of the timescales.

Local Place Plans: The final face-to-face event will be held on 11 June from 13:00 to 16:00 at Moubray Hall, Powmill. We encourage everyone to attend as this is your chance to contribute to the development of LDP3. To date we have hosted two events which highlighted the challenges of living and working in a rural location with limited infrastructure, unfortunately they were not well attended. We also met with pupils of Fossoway Primary School who wanted more open spaces with trees to play in and build tree houses. They also wanted a sheltered area for when weather is bad. There will be a further online meeting on 28 June between 18:30 and 20:30. Email developmentplan@pkc.gov.uk for connection details. Information gathering will continue until July, and will then be collated by FDCC. The next phase is Finding Solutions (September – October) which will lead into creating the Local Place Plan.

New Business

Sainsburys ATM

Councillor Marchant has confirmed with Sainsburys that the ATM is staying.

Consultations

PKC: The Big Place Conversation – Let's Talk Transport

PKC are currently developing a Mobility Strategy that will set out their vision for managing and developing the transport network over a minimum period of 10 years. Stage 1, commonly known as a main issues report, highlights the current issues and opportunities.

The CC will make the following comments:

As the strategy is not planned to be finalised until the end of 2024 implementation will not start until 2025. We are concerned that any actions may not be in time to impact the Scottish Gov 2030 net zero target.

One issue is the complex and large number (over 30) of policies and strategies across PKC and Scottish Government that all have different timelines. Not consolidating and streamlining these would be a missed opportunity.

Table 6 shows that commuting is the main reason for travel but this data predates Covid and hence may now be incorrect.

Table 7 shows information regarding railway station car parks but does not indicate daily spare capacity which is a known issue at some stations and could discourage commuting by train.

The majority of data infers that people shop and use healthcare within P&K, however as a rural community on the edge of Fife and Clacks many of our residents use facilities in other local authorities. A known issue is connectivity of transport across local authorities.

Willie adds that there is a no overall public transport strategy for Scotland so that, for example, buses don't connect with trains, and different bus companies can't enter bus stations owned by different companies. Councillor Watters notes that it's because they have to pay.

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Local Living and 20 Minute Neighbourhood: Draft Planning Guidance

Local living and 20 minute neighbourhoods are intended to help to deliver the healthy, sustainable and resilient places required to support a good quality of life and balance our environmental impact. This guidance has been published to assist anyone with an interest in these local living and 20 minute neighbourhoods. It provides further detail to support the National Planning Framework (NPF4) policy framework on these items.

The guidance sets out the benefits and context, what local living looks like and the key considerations, and the ways in which to support it. It aims to encourage, promote and facilitate the application of the Place Principle and create connected and compact neighbourhoods which prioritise liveability, and environmental, social and economic sustainability. **Closing date: 20th July 2023.**

Scottish Government Review of Permitted Development Rights – Phase 3

The Scottish Government is carrying out a review of permitted development rights (PDR) as part of our wider planning reform programme. The PDR review is being taken forward in phases, with each phase focussing on specific development types. Phase 3 of the review considers PDR in relation to renewables equipment, thermal efficiency improvements, development by electricity undertakers, reverse vending machines (Money back on bottles) and the temporary use of land for shooting ranges. [https://www.gov.scot/publications/scottish-government-review-permitted-development-rights-phase-3-consultation/](https://www.gov.scot/publications/scottish-government-review-permitted-development-rights-phase-3-consultation/Closes%2023%20August%202023) **Closes 23 August 2023**

Second Review of Scotland Boundary Changes

Cllr Watters said that there are no changes in P&K

Meetings Attended

Cllrs Duffy and Marchant attended Big Place Conversation events with PKC at Fossoway Primary School, Wilkie Hall Crook of Devon and Carnbo Village Hall.

Cllr Duffy attended the Kinross-shire meeting, standing in for Cllr Bruce-Jones. The three main points discussed were the Road Safety Update; provision for cemetery expansion and the use of commuted sums for affordable housing. The Carnbo 30mph is still on track to commence by July – August. The Roads department will work with Community Councils to get the correct priorities on the top of the list. There are currently 950 projects on the list. All over Kinross-shire we need more places for burial. Bereavement Services is looking at the current provision of cemeteries; what we will need in the coming decades and where that may be.

When developers build, the expectation is that 25% of the properties are affordable. Current expectation is that they will be built on-site. If it that is not possible, off-site and if that is impossible, a commuted sum (related to land value) is paid to the council, to be used for affordable housing. Currently all this is built in Kinross and Milnathort; however, the rural areas also need affordable housing to enable young people to stay in the area and older people to stay in the community. The Council has around £0.5M for this purpose; suggestions for sites and projects are very welcome.

Cllr Cheape attended a meeting of the Kinross Fund on 5 June. Grants were awarded to Portmoak Film Society and King George V Playing Fields. There were no applications from Fossoway.

Community Council Business

As announced at the last meeting, Angus Cheape was co-opted to the CC – Proposed: Cllr Pye; Seconded: Cllr Bruce-Jones.

Cllr Duffy has announced her intention to retire at the next AGM. Currently we have five voting members (including Cllr Cheape) but with the departure of Cllr Duffy we will be down to four, which means that Fossoway CC urgently needs new members. We need a minute-taker (who could be an associate member, only responsible for the minutes) but we also need a person who will look after the email, the correspondence and the Facebook Page. Without your commitment we will struggle to do the work necessary.

TRAFFIC NOTICES

TEMPORARY PROHIBITION OF DRIVING, PARKING AND LOADING

U123 GALLOWHILL - KINROSS

In order to permit Scottish Water works on the above section of road a temporary traffic regulation order will be prepared. It is to be effective from 24 July 2023 for a period of nine weeks. These works will be done in phases.

C498 GELLYBANK FARM - GAIRNEYBANK

In order to permit water pipe connection works on the above section of road a temporary traffic regulation order will be prepared. It is to be effective from 9 August 2023 for a period of seven days.

P&K Councillors' Reports

Cllr Cuthbert: Kinross is 15 years ahead of the rest of PKC as far as development is concerned, but now it's spreading elsewhere, so there is an increasing number of planning applications outwith Kinross-shire.

Cllr Robertson: Reminded landowners that hedges next to roads need to be kept cut back, to make it easier for pedestrians. The Aldie Road path has thistles growing through the tarmac – Currently there is no paths group in Fossoway and they would be able to look into this. Mike Barnacle replied that the CDT will hopefully spawn a Path Group shortly.

Cllr Watters: A paper on grass cutting and rewilding has been created – more areas will be allowed to re-wild with paths cut through. Collecting grass cuttings helps to improve the quality of the grass relative to weeds. It would be great if communities could help with this. PKC are developing a strategy for Electric Vehicle charging.

Planning Matters

DPEA Appeal 21/02133/AML, PPA-340-2151 <https://www.dpea.scotland.gov.uk/CaseDetails.aspx?ID=122826> No decision yet.

Planning Applications

23/00491/FLM Formation of leisure development comprising erection of 124 holiday accommodation units, community hub with reception/leisure/retail areas.

There was an extensive and lively debate about this application. The community is split on whether this development is completely unnecessary and will have a serious impact on the SSSI and the surrounding landowners, or whether the site is an eyesore, creates traffic and litter problems and the development will address those issues. The Cllrs were consequently unable to determine during the meeting how the CC should respond and will seek further information and formulate their response after the meeting.

Cllr Watters said that during the PAN he had asked for a study of the rare orchid that is found in the SSSI and wondered if this was covered in the application.

Planning Decisions

23/00290/FLL Formation of equestrian arena and associated works at Kingswood, Drum, Kinross KY13 0UN. The application was approved the CC had made no comment. There were several conditions including that the riding arena hereby approved shall be for private equestrian use only and shall not be for commercial use.

AOCB

A MoP asked if a direction sign could be installed on the A977 pointing to Craighend Road, which lies just to the west of Powmill. Cllr Robertson will request this to be added to the works list.

There is no meeting in July. The next meeting is on Tuesday 1 August, Crook of Devon, 7.30pm. All are welcome!

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A bit about me...

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline and our two year old son, Calum. I'm a time-served joiner with 17 years' experience.

Kinross Camera Club

kinrosscameraclub.org.uk/wp/
www.facebook.com/KinrossCClub



We are a small, friendly, sociable club and we welcome new members throughout the year. If you have an interest in photography (whether you are a beginner who has just picked up your camera or have many years of experience), you will find a warm welcome.

Our season runs from September to April and offers a broad mix of excellent speakers, instructional talks, entertaining club nights, competitions and helpful practical sessions. For the 2023/24 season we plan to schedule a combination of both Zoom meetings and also in person meetings in the main hall of Kinross Church Centre. The Zoom meetings are ideal for any members who are unable to attend in person. Our regular in person club nights take place on Thursdays at 7.30pm at the Kinross Church Centre, 64 High Street, Kinross, KY13 8AJ.

Full details of our exciting new schedule will be available soon so please check out our website and Facebook page.

In the meantime if you have any questions and would like to know more about our club please drop an email to our secretary at secretary@kinrosscameraclub.org.uk.

Rotary Club of Kinross and District



The Rotary year is coming to a close and we are planning activities and areas where we want to make a difference.

Jo Middlemiss and Brian Timms represented the club at the Annual Rotary Conference which was held in Perth this year. They were once again reminded of the amazing work that Rotary is capable of both Internationally and locally: Peacebuilding and conflict prevention; Disease prevention and treatment; Water, sanitation and hygiene; Maternal and child health; Basic education and literacy; Community economic development; Supporting the Environment

The Rotary Foundation spends over \$1 million per day on district, global and disaster recovery grants. It has the lowest expenses of any charity; 91p in every £1 goes direct to the cause.

Rotary clubs in Scotland are carrying out projects all over the world and details of two of them in Nepal were shared; one concerning water and the other helping young women banished from life and school during their period time.

The presentation from Ukraine was particularly impressive and poignant, reminding all that these really are people suffering the most catastrophic assault on their way of life.

There was also a talk on the eradication of polio worldwide and another on the hidden problem and challenges of unpaid carers right here in our midst.

The Rotary Club of Kinross and District is determined to make a contribution in these areas this year. In summary, rotary changes, improves and saves lives every minute of every day! Thanks to the generous donations and the support of the people of Kinross-shire in our various activities, we can all make a difference.

Primary Schools Quiz

We are proud of the excellent efforts made by Portmoak Primary School at the District Final in Aberdeen on 17 June. They performed well throughout and represented Kinross-shire brilliantly!

Recent Meetings

On Monday 5 June, the remarkable, indefatigable Kenny Simpson from Tayside and Strathearn Help for Ukraine (T&SH Ukraine) charity gave an inspiring and moving talk about what his team of volunteers have achieved since the war started in February 2022.



'Photographer's Reflection' by Margaret Stewart

The need is still immense, and this was before the dam was blown up! The charity send out big lorries full of all sorts of donated supplies from their warehouse in Errol to Poland where they have contacts who take it and disburse further to the many points of need in Ukraine itself. So far they have delivered 12 HGVs and 52 vans full of aid and 220 tonnes of supplies on 1200 pallets, valued at over £1.7M.

Contact for donations, which they still need desperately, is online at www.tash4ukraine.weebly.com.

On Tuesday 13 June, associate member Archie Hipwell gave us further insight into his 'Life as a Smallholder' with his Cockairney Shetland flock, including showing and producing wool, meat and artisan products. He spoke about producing and using a wool crop, emphasising how household use of wool can make a significant difference in reducing carbon emissions, meanwhile using and maintaining traditional crafts.

We will be meeting much more informally during July with coffee morning for fellowship and planning. You are most welcome to join us in this forum, or maybe come along in August when we restart our busy agenda in our club.

A Rotarian is a person:

- Who digs wells from which they will never drink,
- Who vaccinates children they will never meet,
- Who restores sight for those they will never see,





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Kinross In Bloom 200 Club

June Draw

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3	No 17	John Dryburgh
4	No 10	Teresa Bowstead

- Who builds houses they will never live in
 - Who educates children they will never know
 - Who plants trees they will never sit under
 - Who feeds hungry people, regardless of race, religion or politics
 - Who makes limbs so people can walk half a world away
 - And who knows that there is real happiness in serving others
- You could be a Rotarian.

Contact secretary.kdrc@gmail.com for details.

Kinross in Bloom

With the warm weather we had a lot of watering to do at the polytunnel, both inside and out, to make sure the plants were ready to be planted out. It took a lot of work to get the planters emptied, topped up with new soil and fertiliser before they were planted out. On a wet Sunday morning the hanging baskets were put up (a huge thank-you to Murray and the boys from the Rugby Club for their help in doing this). At the same time, our volunteers were out and about and the planters have all been planted!

Now, thanks to our team of volunteers, we just have to water and feed throughout the next four months. Again, we would like to thank the many volunteers who give their time to water. With 60 baskets and over 60 planters, it can be a take a while!

Our next meeting will be at 7 on Wednesday 5 July and anyone can attend. If you would like to help in any way (formally or informally) please contact susan.mitchell50@gmail.com.



Kinross and District Inner Wheel

www.innerwheel.co.uk



The last meeting of the club before our summer break was a lunch at the Kirklands Hotel, at which the new president and committee took office.

The retiring president reported on a varied and interesting programme since January, thanked her own committee and wished the new one a successful year from September.

The treasurer reported that the club has raised over £1000 to donate to the charities we support; a wonderful effort considering we are still recovering from the effects of Covid-19. We also welcomed two new members.

We look forward to a peaceful summer with perhaps some outdoor events until we meet again in September. If you would like more information, please contact jennymac101@icloud.com.

Kinross Centre

It has been great to see the sun shining and some warm weather; dare I say, too hot on occasion. As always here at the Kinross Centre our service users continue to be entertained with a full range of activities. They also enjoy a wonderful freshly cooked three course meal prepared daily on the premises. We have all the usual activities, which are very well attended, from curling to singing groups, crafts and many more.

We have had a few trips to the Bo'ness steam train this month and we would highly recommend a visit. It was very interesting and nostalgic. With the old compartments, it was like being in an Agatha Christie movie.

St Johnstone football club have been visiting the centre and sharing their football memories which is enjoyed by all who attend. The club has now on a summer break and will resume on Friday 4 August.

The barge trips for the summer months are still going strong. They are just wonderful and relaxing; the scenery and wildlife along the canal are amazing. We set off from Ratho and sail along the canal. We all really enjoy the experience, watching people walking, canoeing and running along the banks. The next trip is on 3 July.

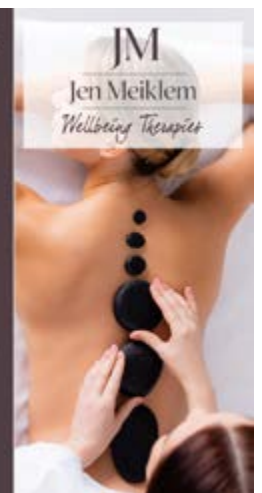
The coffee bar has been very busy recently and, as well as our regulars, it has been nice to see visitors to the area coming in and enjoying the service. As always, a massive thank-you goes to all the hard-working staff, volunteers and committee at Kinross Centre. We don't know where we would be without you all! Please note we will be closed on Monday 17 July due to a new kitchen floor being laid. Sorry for any inconvenience this may cause.

We would love you to be involved. *If you would like further information, please contact Nan Cook on 01577 863869.*

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Kinnesswood in Bloom

Anyone who has passed through Kinnesswood in the last few weeks will have seen our members working hard to paint, replant, revamp and generally make the village look its best. Our next task will be to paint the lamp posts; not all of them, but the bottom bits as, once we started looking, it was amazing how many had flaking paint! Being in Britain in Bloom certainly sharpens your awareness. PKC will provide the proper paint for lamp posts.

The main renovations in the bus shelter have been completed. Thank you to Matt Mills for such a lovely job and well done to all those who sanded and painted. It is looking fabulous and there are more plans for historic pictures and new artwork to be installed.

One area which has had a makeover is the heather garden at the bottom of Backdykes. Many large stones were removed, and compost added to the area, before the heathers were planted. This turned out to be a two day, rather than one day, task.

The little figures will be going out soon. We have revamped some of the figures from last year to reflect our local heritage and there will be a new set of figures; a family group of adult, two children and a dog which has been named 'Poppy' by younger Portmoak Primary School pupils. They reflect the wellbeing enjoyed by people in the area, from children playing, walking the dog or just enjoying the wonderful outdoors and opportunities it brings. Pupils have written about their area and what they enjoy about living here and some of these will be displayed round the village.



Thank-you to all the friends of KIB who have supported us with £1422 received so far. This is very generous and most welcome.

The bug hotels are filling up nicely with twigs, moss and broken pots. We hope the younger children will have a chance to visit by the end of June. Rory has created a living roof for the one at the wildflower verge.

Watering has been a big issue over the last few weeks and we are trying to make things easier by installing a water butt at Benarty view. Anyone who can help with watering would be very welcome. The polytunnel also needs watering over the summer so anyone willing to do a turn, please contact John or Norma.

We had an open hour at the polytunnel on 9 June. Parents and local folk enjoyed seeing what was growing there and in the raised beds. They had some very enthusiastic guides among the children. The mushroom compost has worked its magic this year and vegetables are all growing well.

The new tyre planter feature at the entrance to the school looks fabulous and makes for a cheery entrance. The pupils of Portmoak have been planting out sunflowers and other flowers raised in the polytunnel. Meanwhile, inside, the crops of sweetcorn, tomatoes, salads and cucumber are doing well and we hope for a bumper crop of grapes in the autumn.

The Primary 6 pupils were presented with the information board which was done as part of their John Muir Award. Patsy identified local flowers and researched their properties. The children also painted individual wildflowers under the tuition of Gillian Ross. These were photographed by Stewart Niven and passed on to Gordon Vance who designed the board. The artwork completed by all the children in the school was on show at the hall during the Portmoak festival and much admired by visitors. Thank-you to everyone who contributed to this lovely project.

We have a countdown on our Facebook page. By the time you read this, it will be four to five weeks before the judges arrive!

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Kinross Summer Market

There is no market in July but, like last year, we are organising another bigger summer market at the Market Park on Saturday 26 August from 10am–3pm. This market will be a community event to celebrate summer with a great variety of food, drink and craft stalls and there will hopefully be some great entertainment from local musicians too!

If you would like to book a stall space at this market please send an email to info@kleo.org.uk.

All the farmers' market stalls are fully booked but there is still space for bringing your own gazebo stall. We can provide a trestle table if needed. The fee for a stall space is £35 or £20 for community groups and charities.

The markets on 23 September and 28 October will be located back on the High Street. The Festive Street market is on Saturday 25 November.

Comedy Night

This will take place on Saturday 9 September from 8pm at Milnathort Town Hall. It will be an evening packed with laughs from comedians Viv Gee, Iain Hume, Pearce Higgins, Chris Thorburn and Patrick Rolin Bar at venue. Tickets cost £11 and are available on our website.

Dougie MacLean and Siobhan Miller Winter Festival concerts

These two-award winning Scottish singer-song writers will perform as part of this year's Kinross-shire's Winter Festival. Dougie MacLean's concert will be on Friday 8 December at 8pm, tickets are £23. Siobhan Miller's concert will be on Friday 17 November at 8pm, tickets are £15. Both concerts will take place at Loch Leven Community Campus. Tickets are available at Morgans Solicitors and Estate Agents in Kinross, Light Up My Heart in Milnathort or on our website.

Leven Voices and Kacophony Orchestra

Community choir Leven Voices and the Kacophony Orchestra are on a summer break now. Sessions from Leven Voices will start again on 5 September (Kinross Parish Church) and the Kacophony Orchestra will start on 6 September (Loch Leven Community Campus).

More Information

For more details about KLEO events visit our website or email info@kleo.org.uk

Kinross High School

Le Foot et La Francophonie

Félicitations to Will Carmichael, Lucas Mackenzie, Oliver Jackson, Elise Sinclair and Ellie Murray who were runners up in this year's Le Foot et la Francophonie national final. Following the pilot last year, Le Foot was rolled out nationally in 2022-23, engaging over 40 schools, from Shetland to Stranraer. The finalists took part in the live event at the University of Strathclyde on Thursday 1 June.

After presenting their football-themed videos in French, the teams performed football drills and were put through their paces in a range of drills. Kinross High School were declared the very close runners up. The judges particularly liked the creativity in the Kinross video and Will's character, Ehdü.

Well done to these KHS pupils for representing the school so well at Strathclyde University in the final of a National Competition!

Chess Success

Congratulations to the 16 pupils who took part in the recent Kinross Chess tournament. The final was fought between Euan Bell

and Gregor McCloskey, with Euan winning the trophy.

APEX Programme

Our annual programme for those not on study leave saw around 15 pupils take part in a variety of employability skills training. Thanks to KYTHE for supporting with the superb PX2 programme and to all our employer partners for supporting with work experience. Mock interviews with Kinross Rotary club were excellent and a great way for the young people to demonstrate how much they had learned and how much their confidence had increased.



Chess Champion Euan Bell

Alton Towers Trip

40 pupils and 3 staff braved the scares of Alton Towers as part of the S3 universal excursion offer. All had a great time and came home with smiles and tired eyes!

KHS in Paris

This year all S3 pupils had an opportunity to take part in a residential excursion. One of the most popular destinations was Paris and Disneyland. 43 young people and 6 teachers travelled there in May.

The city is a beautiful place. There was time to visit the Sacre Coeur, Eiffel Tower, take a trip on the Seine and, of course, shop on the iconic Champs Elysees!

Disneyland was celebrating its 30th anniversary. After a day of roller coasters and rides, we were treated to an incredible fireworks and drone display.

Even a long (20hr) bus trip home did not dampen spirits. Throughout the trip our pupils were a credit to our school and their families.

London Trip

Early in May a group of Performing Arts pupils went to experience the West End and other attractions associated with music and theatre.

We travelled to London by train and enjoyed using the underground.



Clubs & Community Groups

We explored central London and saw Trafalgar Square, some of the decorations for the King's Coronation as well as a river cruise on the Thames. We also enjoyed a flight on the London Eye and a walk around Whitehall and Downing Street. In the evening, we went to see 'Wicked' at the Victoria Apollo.

The next day we went to visit the three very different theatres within the National Theatre. Pupils got an insight into how they all work for different types of performances. We also had a tour of the costumes, props and set studios to see lots of different people at work including joiners, painters and costume makers. In the evening we saw 'Mamma Mia' at the Ivor Novello Theatre; a very different show to 'Wicked'.

It was a great trip which was enjoyed by the pupils and staff and it was a pleasure to take such a lovely group away.



Chemistry

All the Higher Chemistry students are taking part in the Royal Society of Chemistry's Chemical Analyst challenge. The competition involves forensic science to solve a puzzle. All teams have to enter their findings into the Royal Society's computer system and the winning team from each region gets a trip to compete in the national final in London. We all have our fingers crossed!

County Sports

Kinross High School won County Sports in June (photo opposite). We took 46 athletes up to Perth who were all amazing and we won the overall trophy by 5 points! Well done to all the competitors.

Loch Leven Library

www.culturepk.org.uk

Tel: 01577 867205.

Email lochlevenlibrary@culturepk.org.uk.

Opening Times

Monday	10am-1pm*
Tuesday	10am-7pm
Wednesday	10am-6pm
Thursday	10am-7pm
Friday	10am-6pm
Saturday	10am-1pm & 1-3pm*
Sunday	Closed

*Reduced service with volunteers. Please make sure you have your library card with you if you wish to take out books.

Come along and join our fun storytime sessions with your child on Friday mornings. Sessions run weekly, every Friday at 11.30am-12noon. These drop-in sessions are for pre-school-age children and there is no need to book.

Bookbug sessions are held on Wednesday afternoons at 2-2.30pm and Saturday mornings at 10-10.30am. Booking is required.

Are you interested in reading and sharing your thoughts with likeminded people? Then why not join a book group? Our friendly Friday Book Group meets monthly on Fridays. The next meeting is on Friday 21 July at 10.30am.



IT support sessions

Are you struggling to make sense of the digital world? Would you like to learn more about your tablet, phone, laptop or any digital device? Why not pop into our IT support sessions for one-to-one support? You could learn how to send emails, download apps, surf the internet; topics covered will be specific to your needs. By taking the first step and booking a 45-minute, face to face session, it might just make a huge difference to your life. The sessions are monthly and anyone interested in attending a session can book a time slot by phoning the library.

Summer Reading Challenge 2023

Have you signed up for this year's summer reading challenge? Each year the event motivates over 700,000 children of all abilities to read for enjoyment over the summer holidays. The theme this year is Ready... Set... Read! and aims to keep children's minds and bodies active over the summer break. It is aimed at primary school aged children from those due to go to school in 2023 to those in their final year of primary, and this is how it works:-

- Children sign up for free through their local library and receive a fun pack.
- They set a reading goal and borrow books of their choice during the summer, collecting special stickers and incentives.
- Library staff and volunteers help children to discover new books that suit their interests and reading level and run a programme of free-themed activities in the library.
- Children who meet their reading goal and complete the challenge are presented with a certificate and/or a medal.
- Alternatively, children can take part online at <https://summerreadingchallenge.org.uk/>

Pop into any Culture Perth and Kinross Library to sign up!

Ready, Set, Read!

Crafty Circuits in the library with Horrid Henry!

On Thursday 27 July at 2-3.30pm, let's have some fun with Horrid Henry inspired crafts and activities. Suitable for primary school-aged children (under 8's will need to be accompanied by an adult). £3 per child. Booking is essential.

Let's Get Making!

On Thursday 3 August at 2-3.30pm, get creative in the library and



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Thursday: Toddler's group 9.30 - 11.00 am **
Thursday: Explorers (Primary school age) 6.00 - 7.00 pm **
** School term time only

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The Lord is good, a stronghold in the day of trouble: and He knoweth them that trust in Him
(Nahum Chapter 1 verse 7)

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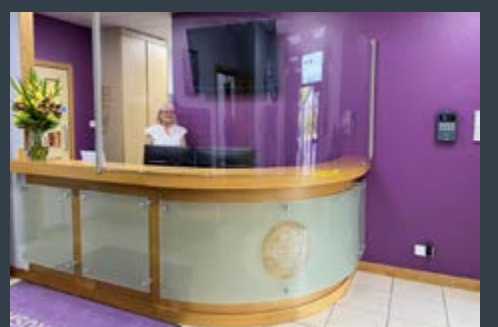
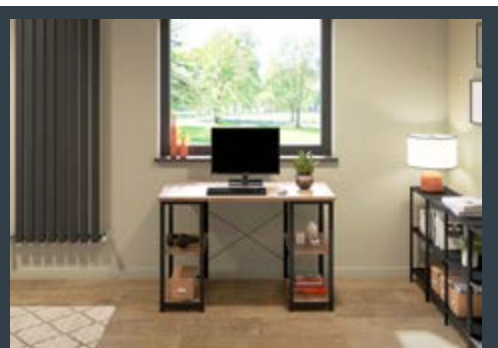
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Dragon Storm Author Visit

'In the land of Draconis, there are no dragons – until now...'

On Thursday 10 August at 2–3pm, follow award-winning author Alastair Chisholm to the land of Draconis for an event based on his new fantasy adventure series, Dragon Storm! Learn about the weird and wonderful dragon myths from around our world, how to draw dragons, and how to give them dragon names. Then help Alastair create a brand-new dragon and choose its special dragon powers! Suitable for children aged 7-11 (under 8's will need to be accompanied by an adult). £3 per person. Booking is essential either by contacting Loch Leven Community Library or online via Eventbrite.

Kinross and District Art Club

www.kadac.co.uk



What a glorious day it was for our first outdoor painting day of the summer! Mags Gray, one of our outdoor painting co-ordinators, welcomed around a dozen members to RSPB Loch Leven at Vane Farm to paint 'en plein air'. Members didn't have to look far to be inspired; in fact, they were spoiled for choice. The beautiful vista of the loch, the abundance of colourful wildflowers, the delightful waders and other birds tending their chicks, and the wonderful new upgraded buildings were all there to enthuse the artists and even more so than usual because of the sparkling day and warm temperatures.

Individual members chose shady spots around the reserve to sit, observe, draw and paint. As well as the art, members enjoyed a cheery camaraderie, which is all part of the enjoyment of the day. Club secretary, Glenys Andrews, popped along to take photos for the club website and archives. There was great fun making sure that everyone was 'snapped'. Members also tasted the delicious scones and cakes from the café whilst others enjoyed their picnics.

Many of the attendees went home with almost completed paintings; others chose to sketch and create small studies to enable them to create a painting at home. Everyone agreed that the day had been a resounding success.

Many thanks to RSPB Loch Leven staff for welcoming the group so warmly and being so accommodating. RSPB Loch Leven shares a birthday with KADAC (both created in 1967) so there is always a real kinship when the two come together.

A big thanks, too, to Mags Gray for organising the first outdoor painting day. We are now looking forward to the second outdoor painting day on Friday 14 July in Glenfarg which has been organised by Alice Mee, also an outdoor painting co-ordinator. Everyone is hoping for another sunny day. However, whatever the weather, it will be a grand day out too.



The club meets every week on Tuesdays and Fridays (2-4pm) in Millbridge Hall from January to May and August to December. The club restarts for the autumn term on Tuesday 22 August.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.

Mags Gray, outdoor painting co-ordinator, enjoying a shady spot to paint 'en plein air'



Lorna Douglas created a landscape painting inspired by the sparkling loch

Friends Group

This group was previously called 50 Plus. Coffee and chat at Millbridge Hall on Thursday 6 July at 2.00-3.30pm. Coach trip to Peebles on 20 August. Payment required.

Kinross Garden Group

In June the group had an excellent outing to Musselburgh where we visited Shepherd's House Garden in Eskbank; a small space absolutely deserving of being described as 'one of the best small gardens in Scotland'. If you do find yourself there, do visit Inveresk Lodge Garden (NTS) which is another lovely space just across the road!

Our next visit will be on 13 July to Dunninald Castle and gardens near Montrose. The bus will start from Milnathort at 10am. Members can pay for this trip by dropping off a cheque or cash for £28 (made out to Kinross Community Garden Group) to Ann Walker as soon as possible or by paying online.

The visit after this will be to Geilston Garden (NTS) near Cardross on 10 August. Payment for this is due by 30 July. There are some seats available on this visit.

For more details about the outing programme and about membership of the Kinross Garden Group contact Caroline Anderson on 01577 864589.

Kinross Cubs

The summer term is a busy term in scouting as our cubs have been doing a lot of activities, taking advantage of the lovely sunny weather. For our meeting in mid-May the cubs were out and about doing a photo treasure hunt around Kinross for the first part of the photographer activity badge. They all did a brilliant job finding the items on their list, even if some did improvise!

The following week the cubs had a great evening working on their air activities stage badge. A big thank-you to Emma who came along to talk to the cubs about aircraft and aviation. Also, the cubs were making paper aeroplanes and learning about the NATO alphabet.

It was campfire fun for the cubs at the end of May as they were roasting marshmallows and starbursts as well as making s'mores. Also, during the meeting the cubs were continuing to work on their local knowledge badge as they made a poster to promote Kinross.

The start of June was a busy time for the cubs. Firstly, they had a



brilliant evening at the scout paddlesports hub at Willowgate with a taster kayaking session and finishing the session by jumping into the water. Everyone had a great time!

The following evening it was back to the hall as the cubs were learning about environmental conservation. They learned about the correct bins for certain items to go in, made a poster about renewable energy and discussed how to save energy and water. We also had time to play the water relay game as the cubs worked in teams to try and save water, transferring it from one bucket to another.

To finish the meeting, we invested our new starts this term and also appointed a new sixer and seconder. Congratulations to Cameron, Emma, Tom, William, Charlie and Finlay (above) who were invested into the pack. Congratulations are also due to Rose and Innes who were appointed as the new sixer and seconder for the white lodge.

Finally, congratulations to Cameron who was presented with a special recognition award for working hard and being kind and helpful last term. Bravo!

If you would like to get involved with 1st Kinross Cubs, then please email kinrosscubs@hotmail.com for more details.

Kinross Squirrels

The squirrels have been out and about this term taking advantage of the better weather. We headed outside in mid-May to enjoy the sunshine. The squirrels enjoyed a scavenger hunt as they became nature detectives to explore Burleigh Sands. They did a fantastic job completing their challenge and found most of the items on their list.

The following week we were back at the hall for another great meeting making bug hotels and also drawing pictures of what we saw at Burleigh Sands the previous week. We also had time to discuss our Code of Conduct and play a game. Everyone had a great time!

The glorious sunny weather continued into June as the squirrels headed to RSPB Vane Farm for their weekly meeting. Whilst at Vane Farm the squirrels worked on their go wild badge which involved some pond dipping and a mini beast hunt.

It was all about teamwork for our next meeting as the squirrels met at Kirkgate Park. It was another glorious Friday evening in Kinross as the squirrels took part in a variety of team games for their all together challenge badge.

They showed great teamwork, working together to complete the challenges. To finish the meeting, we were delighted to formally invest our four new starts this term.

Congratulations to Violet, Ben, Finlay and Joshua (below) who were all invested into the drey.

Kinross Beavers

What a busy month it's been for the beavers! We kicked it off by climbing Bishop Hill along with the Portmoak cubs. It was a beautiful, still evening and everyone did a fantastic job, racing to the top with very little rest. After a short break it was back to the car park.

We were also delighted to present Charlie with a special recognition award for working hard and being kind and helpful at Beavers last





term and his moving on certificate and final beavers badges. Good luck for the next stage of your scouting journey at cubs. Bravo!

The following week saw the beavers involved in some very cool stuff indeed at Kinross Fire Station. A very big thank-you goes to the Scottish Fire and Rescue Service team members. The beavers had an amazing time; sitting in and looking around the fire engine, having a shot of the fire hose, learning about what fire fighters wear and fire safety among other things.

Kirkgate park was the meeting point the following week when the beavers worked on their cyclist badges. It was great to see everyone with their bikes and helmets. First, they learned about the different parts of the bike before they all rode out to the phoenix hide and back. Well done all!

After that, it was on to the final weekend. On the Friday night, we all rendezvoused at RSPB Vane Farm where the beavers took part in a scavenger hunt and pond dipping. It was a perfect evening in the summer sun. We were also delighted to appoint new lodge leaders and assistant lodge leader. Congratulations to Bruno, Oliver, and Matthew. We also welcomed Fraser, Callum, Matthew, Joni, Jacob, Alistair, and Murray into the lodge and they were formally invested into the colony. Well done to all.

The weekend didn't finish there as 18 Beavers headed to Cairneyhill scout hall for the summer camp. We had glorious weather for loads of games on Saturday afternoon before we settled down to pizza and chips for dinner. After helping to tidy up and do the dishes, the beavers got their beds ready and then settled back to watch a DVD. As Oliver G was celebrating his birthday that weekend, the beavers were treated to cake from Oliver's parents (thank-you so much!). After the DVD, it was teeth brushed and off to bed. On Sunday morning, it was up early for breakfast, a big tidy up and then lots more games before everyone got picked up at 11.30am.

On Sunday, during our sleepover at Cairneyhill, we were also delighted to appoint a new lodge leader and some new assistant lodge leaders. Congratulations to Sammi, Matthew and Thomas. Bravo!

KYTHE

Summer Activities

As the school holidays approach, the KYTHE team is gearing up for an exciting lineup of activities and events that will keep young people entertained throughout July and August. With a range of options to suit everyone's interests, KYTHE is here to make this summer one to remember.

Understanding the patterns of previous years, we have taken note of the low attendance during the first week of the school holidays when most families tend to go away to avoid the rush later in the month. Therefore, to recharge their batteries and prepare for the upcoming weeks, the KYTHE Hub will be closed, and the team will be taking a well-deserved break. This break ensures that they can return refreshed and ready to provide a fantastic experience for the rest of the holidays.



Week 2, starting on 11 July, kicks off with 'KYTHE Cooks', building on the positive feedback from the April event. Participants can look forward to an enjoyable cooking and baking experience. The feedback received was overwhelmingly positive, with one participant stating, 'I loved it, thanks – no way to make it better.' So, be sure to come along and join in the culinary fun.

Week 3 is packed with exciting away days, including ice-skating, bowling, and trampolining. Although the hub will be closed in week 4, the team are heading to the Magnitude festival at Lendrick Muir. All places are filled, but we hope the weather stays dry as camping in the wet is not fun!

In week 5, KYTHE links with Kinross Parish Church's ever popular family week, providing the senior activities. Finally, adventure week takes centre stage during the last week of the school holidays, offering a thrilling and popular programme. Booking in advance is essential for adventure week, so be sure to visit the KYTHE website at for details and to secure your spot.

While the hub remains closed during the first and fourth weeks, KYTHE ensures that the community remains engaged through the usual Friday drop-in sessions. Additionally, the mobile KYTHE team will be out and about, bringing the fun directly to different locations. Keep an eye on our website and social media channels for updates and more information about these mobile activities.

To stay up to date with all the events and happenings, make sure to check out the KYTHE calendar available online. It provides a comprehensive overview of the activities and allows you to plan ahead and make the most of your summer.

If you have any inquiries or require further assistance, do not hesitate to reach out to us at any time by emailing Jack@kythe.org.uk or Abbie@kythe.org.uk.

Common Grounds

[www.spanglefish.com/
commongroundscharitycafe](http://www.spanglefish.com/commongroundscharitycafe)



Coffee and teas at Common Grounds continue to be well attended and new friends are always welcome. Please call in on any Tuesday or Saturday between 10am–12.30pm for some excellent home baking!

Our chosen charity for June was Farm Field Schools which was started in 2015 in Kenya. This helps the poorest farmers with training and inputs (seeds and fertiliser) to increase yields from their land of an acre or less. Most see an increase of three or four yield which secures food for the family and enables the children to attend school. 200 farm schools have been sponsored so far lifting about 500 people out of poverty and also benefiting local communities. Money is now being raised to buy a second hand 4x4 as the present one is

15 years old and has done 173,000 miles! All money raised goes directly to Kenya where it is tightly managed.

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Fairtrade in Kinross-shire

The farmers in the Global South need our support more than ever because of the effects of climate change that they are facing when trying to grow the crops that we so enjoy eating and drinking. If you choose to buy Fairtrade tea, coffee, chocolate, sugar, wine, bananas and other products when you are shopping, you are helping them to have the resources to farm using sustainable methods, work together in cooperatives and take action to try to prevent soil erosion by planting trees. Please choose Fairtrade!



Crook and Drum Growing Together

We have now finished planting our 25 tubs and barrels around Crook of Devon and Drum with bright summer flowers. We are grateful to some local residents who have volunteered to water and maintain one or two of these each over the summer, which will be vital if the weather continues to be as dry as it has during June. More planting has also been added to the bed behind the pump installation on the village green.



Towards the end of the summer, we will be getting together with other local groups and the Tayside Biodiversity partnership to think about ways to enhance the biodiversity of the area, particularly focusing on plants for pollinating insects. If anyone would like to contribute to this project, or make suggestions, please do get in touch. We will also have a plant stall at the Gathering on 2 September, with some organic vegetables if there is a reasonable harvest, despite the early summer drought!

Please follow us on our Facebook page and the Fossoway Forum for the latest news of our activities. Contact Amanda James on 07963 476803 or by email at Amandajames1577@gmail.com.

Kinross Potager Garden

We have now completed six visits by pupils from P6 at Kinross Primary School, who have planted vegetables, and learned about how to make garden compost, and ways to make more plants, while also supporting nature. The school have kindly invited the volunteers to attend their end of term musical production. Many of the children were knowledgeable about plants and gardening, and they asked some interesting questions. We wish them a happy holiday period before they are invited back to the garden for a harvesting and tasting session around the end of August.

We were lucky to have a dry day, but not overly hot, for our coffee morning at the garden on 17 June. Thank-you to everyone who came along, and there was a lovely community atmosphere, with a lot of plant sales, and garden queries. We raised over £280 in donations for Marie Curie. Thanks also to Sally from Flamingo cards who supported us, to all the volunteers, and especially Mel from the Co-op and her daughter for helping with coffees, with some delicious cakes.



The volunteer group will continue to maintain the flowers and vegetables over the summer on Monday mornings, when you could call for a cuppa and a chat, and advice, or plant sales at reasonable prices. Our new neighbour will also kindly be opening the gates for visitors on fine days over the school holidays. They also brought us a newspaper cutting about the opening of the garden with the Beechgrove Garden in 1996, including their daughter in the photo! Another visitor is the granddaughter of the Kinross Council gardener who grew plants for the town on the garden site before Perth and Kinross Council was created. Thanks both for the interesting historical information.

If you would like to arrange a group visit to the garden, please do get in touch. I will also be doing a talk about the garden and our work with the children at a U3a meeting in early September. Also look out for notice of another coffee morning for Macmillan around the end of September.

Contact Amanda James, Garden Convener on 07963 476803 or amandajames1577@gmail.com.



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Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

www.ramblers.org.uk/kinross-ochil

Fresh air, exercise, good company and wonderful views. We offer all this and visits to some of the spectacular scenery and lesser known places that surround us. We are a friendly and relaxed group and, if you'd like to try a walk with us, you will be made very welcome.

Tuesday Short Walks

Unless otherwise stated, these walks are usually about two hours long and a fairly gentle four miles. We often follow the walk with a visit to a cafe, farm shop or pub, but this is entirely optional.

Tuesday 4 July, Covenanter's Tomb and Independence Day walk

A beautiful walk in the Fife countryside starting from Fife Zoo car park. This is a flat four miles on tracks and minor roads with the exception of a half mile stretch on the A91 along the grass verge. There is plenty of nature interest on the route including animals, birds, flora and fauna.

Tuesday 18 July, Water of Leith from Balerno to Slateford

Our first meeting point will be at Kinross Park and Ride. We intend taking a bus into Edinburgh, which will be followed by coffee in the West End, then a bus to Balerno High School from which point the walk starts. This is an easy route following the path of the old Balerno branch railway line to Slateford. The walkway runs parallel to the river through Currie, Juniper Green and Colinton before reaching our destination in Slateford. Our return home will be using the same two bus routes as before (bus back to Kinross around 3.20pm). It is advisable to bring a packed lunch and bus passes.

For further details of where to meet us for Tuesday walks, or for general enquiries, please contact Susan Tester on 01786 834535.

Weekend Longer Walks

Weekend walks are more challenging and of varied longer lengths. We advise bringing along a packed lunch and flask or drink. We also recommend that you have appropriate outdoor clothing and footwear.

Saturday 8 July, River Braan Circular

A scenic circular walk along the River Braan to Rumbling Bridge, returning via Ladywell plantation and Inver. Booking is essential. Please note that there is a £3 car park charge at Hermitage for non NTS members.

Sunday 23 July, Glen Quey and Auchlinsky Hill

From Castlehill reservoir car park, a walk to Glen Quey, then heading for Dollar and climbing up to Auchlinsky Hill before returning to the start.

For further details of where to meet us for weekend walks or for general enquiries, please contact Ken Staples on 07810 180283.

CATCH

Members of CATCH have been busy strengthening our network of connections with groups who will be stakeholders, or potential participants in the project, including a visit to the Glasgow All-Energy conference. The annual Loch Leven Catchment Area Management meeting also took place, led by NatureScot, and with a presentation by David Cairns of CATCH.

We have positive noises from the Scottish Government's CARES feasibility-study, but still await their initial report.

Milnathort Bridge Club



We are extremely fortunate in having so many willing members to assist in the running of the club. Yes, we have a dedicated committee to direct matters and set policies in place, but great credit must be given to the members who play their part each week. Help is always at hand for setting up the tables, putting out the equipment and clearing away at the end of the evening. There are now at least four competent computer wizards to set up the recording of results which are available at the end of play by just a click of a button! This time 12 months ago, we were totally reliant on one person to set up the computer. Behind the scenes, we also have our very own 'Mr Fix It' to attend to any table which needs attention. All this input by members enables the club to function in a relaxed manner and takes away the pressure of any one person feeling that, if they cannot attend, things will not happen.

This month congratulations go to Peter and Kathryn Edgerton who have become 'Club Master' under the SBU register of player status.

Results

This month Willie Young and Jane Smith have topped the poll each week while East/West have changed around. On 29 May it was a family partnership of Jim and Catriona Marshall, on 5 June Beryl Harley and Jean Bennet who took first place and, on 12 June, Liz Pottie and Jessie Mitchell were in the top spot.

For further information on playing bridge contact Gloria Wilson on 07961795812 or 01577 862553.

Guide Dogs Kinross

www.guidedogs.org.uk

It has been a busy time recently with lots of puppy cuddles of a large litter of goldies. The news is wonderful, as this little one has been donated by their very kind and generous owner to guide dogs





Women whittling wood workshop

and hopefully will become a life changing guide dog, or even part of their breeding stock. This is only the second puppy donated in 17 years, so we know how very lucky we are to be given such a donation. We are absolutely in love with this wee one and hope that we can bring you updates of how they get on in the future.

Next month we are having a stall at the summer market. We are looking for raffle prizes and would be very grateful if you would be able to donate a prize. Businesses and groups have already pledged support, but we would love to have a great raffle and raise lots for this wonderful charity. Please email me if you can donate a prize or would like to become involved with our group or volunteer for guide dogs. Contact She61@hotmail.co.uk.

Portmoak Community Woodland Group

www.portmoakcw.org.uk



Creativity and education were the themes last month as spring turned into summer and the woodland group took a break from tasks like birch pulling in Portmoak Moss and tree planting in the community orchard.

As part of the Portmoak Festival in the first half of June, we organised a women only practical activity called 'Women Whittling in the Wood', run by former countryside ranger, Kiri Stone. This involved working with birch wood to create mushroom-shaped key rings, while sitting under the shade of the trees in Portmoak orchard.

Kiri runs these events to encourage women to take part in a new and different practical activity. In this case there was a real mixture of young and old and most had never done anything of this type. She received many compliments, such as from Tina who said, 'Loved your workshop, would love to try more', and Andrea who commented, 'So much fun and relaxing with a group of women.' It was very successful, with 19 women over the two days.

Kiri organises other courses on this theme throughout Fife and Perth and Kinross and you can find her at *Woodswoman* on Facebook or email woodswomanworkshops@gmail.com.

On the first of the month, we welcomed P6 pupils from Portmoak Primary School, for an ecology study, as part of their John Muir Trust Award. Marje Smith, one of our members, devised and led their Ash Dieback Project, while fellow members, Lesley Botten and Michael McGinnes, helped to host the visit. It was an important opportunity to look at what has been happening to the ash trees

included in the young, mixed, native woodland, established in Kilmagad Wood 13 years ago. Ash trees are very common across the UK. In the Portmoak area they are found in most of our woodlands. Sadly, there is a disease called Ash Dieback, which is killing most of the ash trees in the UK, including Portmoak.

The pupils counted and marked the diseased trees in Kilmagad Wood, recording some of the disease symptoms and making measurements which indicate the health of each tree. Back in the classroom they have been using their observations, and the data which they collected, to suggest how many new trees might be planted to replace the dead ash. They will submit this information to the Woodland Trust, who own the woodland, and we look forward to seeing some of their findings.

Kinross-shire Partnership



Wednesday 7 June saw the last of this season's Kinross-shire Partnership Networking Breakfast meetings. Self-employed people and businesses from the area met at Loch Leven's Larder for a hearty breakfast, to tell others about their offerings and to listen to a frank and motivating talk from John Stephen of the Fresh Fish Place, the fish shop in Kinross High Street. John talked us through his career from working on the fishing boats as a boy and young man, having his own fishing boat then having a highly successful multi-marketing business. It unfortunately became a victim of the internet and a change in the public's buying habits, but he went on to open seven fish shops in under a year. He spoke about the highs and the lows, which most business people can relate to. It was a very inspirational story. The meeting started at 7.30am and was due to finish at 8.30am. However, all the attendees were still networking at 9am, the sign of a truly successful networking meeting.

We are having a break for July and August. Kinross-shire Partnership Networking meetings will resume on 6 September at Loch Levens Larder. If you would like to join our mailing list please email kpnetworkingbreakfast@gmail.com or text Richard Scott on 07999 510500.

Richard Scott and John Stephen (right), of The Fresh Fish Place



Portmoak Hall 100 Club

May Draw

1st	No 3	Katrina MacPherson, Kinnesswood
2nd	No 44	Sue Wilson, Kinnesswood
3rd	No 61	Alison Robertson, Kinnesswood



Arran Rempert-Wilson



Robbie Craig

Boys Brigade and Girls Association



The 1st Kinross Company held their annual display and presentation of awards at Kinross Church Centre on the evening of Friday 19 May with a good turnout of parents present. The Reverend Alan Reid started the proceedings with an opening praise song and prayer before the boys and girls from the Anchor, Junior and Company sections entertained with songs and games.

The Company has had a successful session with members gaining a number of badges and trophies over the session as detailed below.

Anchor Awards

Best Recruit: Noah Sharp

Best 2nd year: 3rd Harrison Mann, 2nd Dexter Baird and Callum Donnit, 1st Matthew Hill.

Best Anchor Overall:

2nd Charlotte Briggs-Constable, 1st Arran Rempert-Wilson.

Junior Awards

The Kinross Company came 21st out of 253 teams from around the world in the International Team Games Competition.

Battalion Swim Relay Trophy (Ritchie Memorial Shield); Molly Cruickshanks, Grace Mather, Catherine Savage, Lilliana Rempert-Wilson and Harry Cruickshanks.

5-a-side Football Runners Up; Molly Cruickshanks, Harry Cruickshanks, Joseph Bellingham, Joshua Sharp, Luke Bremner and Cailean Young.

Mini-Volleyball Trophy; Joseph Bellingham, Harry Cruickshanks and Robbie Craig.

Badminton Trophy; Joseph Bellingham.

Chess Trophy; Catherine Savage.

Bronze Awards; Cailean Young, Lilliana Rempert-Wilson, Robbie Craig, Luke Bremner.

Silver Awards; Grace Mather, Clara Almond, Harry Cruickshanks, Samuel Main.

Gold Awards and Promotions Certificates to Company Section;

Catherine Savage, Molly Cruickshanks, Drake Baird, Joseph Bellingham.

Best Squad Trophy;

Squad 3 – Joseph Bellingham, Grace Mather, Harry Cruickshanks, Samuel Main.

Citizenship Award (Neale Trophy);

Joseph Bellingham.

Best Junior Overall: 3rd

Samuel Main, 2nd Grace Mather, 1st Robbie Craig.

Company Section Awards

Battalion Evening Hike runners-up (losing by half a point): David Savage, Elizabeth Savage, Adelaide Almond and Anna Gilkison-Davies.

Badminton runner-up: Andrew Robertson.

Promotion to Lance Corporal: Adelaide Almond.

Promotion to corporal: Elizabeth Savage.

Best Member (Melville Trophy):

3rd David Savage, 2nd Elizabeth Savage, 1st Adelaide Almond.

Company section members are now looking forward to their annual summer activity camp at Scott Lodge in Glen Clova over the last week of July.

We look forward to seeing you soon but, unfortunately, due to roof repairs to the Guide Hall, we will be closed on Tuesday 4 and July. However, we will still be open on Saturday 8 and 15 July.



Adelaide Almond



Maitland's President accepting the quaiach from Orwell's President, Tom Reid.

Orwell Bowling Club

Bowling Green Avenue, Milnathort, KY13 9YN
01577 863739 orwellbowlingclub.weebly.com
Find us on Facebook

We have been enjoying excellent bowling weather and it is great to see the bowlers on the green taking advantage of the sunshine.

We recently played three friendlies but, unfortunately, we were less successful than we would have liked.

On Saturday 20 May we played our annual fixture against Maitland at home for a quaiach that was given to the club by a past member (Archie Downie) in 1994. After Orwell retaining the quaiach for almost a decade Maitland reclaimed the trophy by 42 shots to 58.

On Saturday 27 May we had another loss at home to Tillicoultry by 39 shots to 58. Finally, we visited Menstrie on Saturday 3 June and Menstrie were victorious by 52 shots to 64.

Congratulations to Nancy Findlay, Linda Reid, Sandra Fullerton and Jean Menzies who won the ladies Scottish senior rink and will represent district 9 at Ayr in July. The ladies county senior rink have also made it to the final and the ladies county triples reached the semi-finals.

Jim Whittet is flying the flag for the gents as he has reached the final of the senior Scottish singles. Jean Menzies and Graeme Duncan have also reached the final of the Scottish mixed pairs. Also, congratulations to our senior gents who have won the county senior triples league.

For more information, please visit our website. Contact details are above.

Dates For The Diary

There will be a fun quiz on Saturday 8 July at 7.30pm at a cost of £3 per person. Tickets are available at the bar or pay at the door. The Roy Dougray trophy takes place on Sunday 9 July and the Willie Dewar quaiach on Sunday 30 July. Our open pair will be on Sunday 20 August.

DISCOVER LOCH LEVEN ON FACEBOOK

To discover the myriad things to see and do in Kinross and the surrounding area, see **Visit Loch Leven**

Milnathort Golf Club

37 South Street Milnathort, KY13 9XA

01577 864069

www.milnathortgolfclub.co.uk

The senior mixed open pairs was held on Sunday 7 May and the results were as follows:- 1st scratch, Beverly Charnley and Mark Charnley; 2nd scratch, Jackie Sneddon and Ian Sneddon; 1st handicap, Karen Duke and David Beale; 2nd handicap, Dawn McKenzie and Graham McKenzie.

The open ladies senior greensome is on Wednesday 26 July and the junior open takes place on Friday 28 July.

Congratulations to Steven MacDiarmid and Murdo McHardy who represented Milnathort in the County Champion of Champions and finished sixth and fourth respectively.

Open Day Success

A huge thank-you to all the volunteers who helped make our Open Day on Sunday 14 May a huge success. The clubhouse was busy, the sun was shining, and we welcomed lots of visitors. Our new members are being signed up this week and we are sure you will all join us in welcoming them to our club.

Our 'Get into Golf' initiative is being held on Thursday mornings and evenings. If you are interested in learning how to play golf, or get back into playing, please contact the club for more information.

If you are interested in joining the club, we have a pro rata membership available.

Friday Supper Club

Our Friday supper clubs are still ongoing. Book in behind the bar or just come along, we are open until 7pm. We would like to welcome back John Gough who is joining Angela on the catering team.

World Cruise Cuisine

Back in 2017 the clubhouse staff created the S.S. MGC Cruise and it was a lot of fun! They took us to Provence, the Canary Islands, Rome and home to Scotland with some wonderful feasts and a bit of theatre! Well, she's back and ready to set sail for another around the world trip!

The first evening on Saturday 10 June was fully booked and they set sail for Paris. The next cruise is booked for 8 July and will set sail for Tenerife. Bookings can be made behind the bar and member guests are welcome at 6.30 pm for 7pm. Tickets are £15 per person and include a welcome drink and two course meal.

Milnathort Club Championship Finals

These were played on 18 June, details as follows- Junior Scratch, Luke Stewart v Liam Hannah (Winner Liam Hannah); Ladies Scratch, Lucy Moran v Lauryn Henry (Winner Lucy Moran); Ladies Handicap, Margret Johnston v Gaylor Hoskins (Winner Margaret Johnston); Gents Scratch, Iain Brown v Russell Melrose (Winner Iain Brown); Committee Shield, Iain Simpson v Cliff Megginson (Winner Iain Simpson). Results to follow.

More Information

If you are interested in any of the above, or for more information, please visit the club website.

Kinross Rugby Club

Youth Section

The mini and midi sections have had a great season 2022/23, with a good number of games played right across the board; from P3 playing touch rugby to our U13s and U14s turning out at Just Play Festivals, with two teams of roughly 18-19 players every week. Most of our games are regional and fixtures are kept local but other times we can travel further afield to Boroughmuir or Forfar.

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Recently a friendly game was organised at home with Bigger RFC, which was a great experience for all players and coaches as ex-Kinross 1XV player Euan 'Stumpy' Lawrie travelled up with an U13s tour side for a great game. We look forward to playing a return fixture in the future.

Player numbers at high school/midi level rugby has increased this year which is excellent as we progress our U14 team into the Inspiresport Caledonia U15/U16 league. A massive boost for us, which means Kinross rugby will have 3 age groups at midi rugby for the first time ever. As our P7s transition up to U13 and our current U13 up to U14, we can only strive to be better and build on our success. This is a great achievement for Kinross Rugby, and it is only through the dedication and commitment from all our coaches, parents and players over the last few years that we are now reaping the rewards.

On Saturday 10 June we hosted our end of season awards day and we are incredibly grateful to Luke Crosbie and Marshall Sykes from Edinburgh Rugby for coming along to help hand out trophies and medals to our players.



We were also thankful to Hazel Swankie from SRU for coming along and supporting the day and Sharon Thomas from the Lighthouse Perth, who spoke a little on young minds and mental health.

Thanks to all for a great season and we look forward to the next.

Contact Robert Allan, Youth Convenor, on 07831099315.

Kinross Road Runners

<https://kinrossroadrunners.weebly.com>

No sooner had we caught our breath after the Loch Leven half marathon (how many LLHM red t-shirts have you spotted over the last month?) than plans were underway for the sell-out Milnathort Dash on 22 June; our annual short distance event.

Starting at the town hall, the route headed straight up the hill at North Street. Not only were there prizes for the winners and age categories, there was also a 'race within a race' as prizes were awarded to the first male and female to reach the top of the hill. Who were our King and Queen of the Hill this year? Find out in next month's edition!

We had 20 runners participating in the Kinnoull Hill race which is the highest single club turnout by far. One in six finishers was a Kinross Road Runner. Congratulations to Stephanie Johnson who was second female, closely followed by Caroline Jones in third and also first female V40.

Our President Ann and husband Graeme headed to the Lakes to take part in the Keswick Mountain Festival. Graeme opted for the 10k while Ann took on the Keswick 25k clocking in at 4:22.34. Also on the hills at the Goatfell hill race on Arran, were Matt Newton (1:48.11) and Lucy Fraser (2:55.07).

Our runners have been at Dumyat for more hill racing, Dunblane 12k where David Scott was third overall and the Isle of Jura fell race; 28k over 2,300m of elevation over the Paps of Jura. A terrific result for Fiona Horsfield as she placed third female V40 in a time of 5:18.12 and our own mountain goat Matt Newton crossing the line a few minutes earlier in 5:12.53.



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The club was well represented at the Edinburgh Marathon Festival. In the half marathon, Tony Wallen clocked 1:43.13 followed by Brigid Wallen in 1:47.59. In the full distance, six members took part with some fantastic times as follows:- Iain Watson (3:07.20), Murray Speight (3:10.46), David Mudie (3:30.33), Stephen Jones (3:38.57), Claire Allison (4:02.30), Laura Reilly(4:03.39), Jim Reilly (4:24.10), Michelle Murray (5:08.11). Congratulations to them all.

The first Friday in June was a favourite event for the club, the Black Rock 5. This is a popular race for club and recreational runners alike which is why entries sold out within hours of it opening and 38 of those entries were snapped up by Kinross Road Runners. It's a unique road and beach run starting and finishing in Kinghorn and timed to coincide with a sufficiently low tide to enable runners to pass behind the Black Rock which is about 1km offshore from Burntisland. As competitors reached the turnaround point, feet wet and sand in their shoes, they were greeted by the delightful sound of a piper who had climbed atop the rock. What's not to like about this race? Especially as every competitor received a bottle of beer at the finish! Perfect for a warm, sunny evening and especially for Caroline Jones who, once again, picked up the first female V40 award.

To cap off a busy few weeks for the club, four runners took themselves off to Glen Lyon over the weekend of 3 and 4 June where there was an option of a 50km ultra marathon on Saturday or a 25km trail run on Sunday. Stephen Freeland braved the blazing sunshine and competed in the 50k race, finishing 18th overall in 6:13.49. On Sunday it was every bit as hot for the 25k where Millie Brown took second female in 2:27.31 whilst Martin Hill finished fourth overall in a time of 2:09.14 with Allan Kemp in fifth in 2:17.59. Great results.

We meet on Tuesdays for an organised speed training session

and Thursdays for a social run. The club welcomes all abilities so, whether you are new to running, experienced, looking for some new routes or even just to meet new faces, there is something for everyone. If you are interested, visit our website and get in touch.

Kinross Tennis Club

<https://clubspark.lta.org.uk/KinrossTennisClub>
Find us on Facebook

Club Events

Tres bien! Well done to all the players who took part in our very own French Open at the club. A total of 16 players took part in a French themed team challenge with lots of short doubles matches with a different partner every time. We had French wine, music and lots of nibbles to keep the players fuelled between nine rounds of matches. It was a great opportunity for club members to get to know one another and play some fun tennis in the sunshine.

Next up will be our Wimbledon weekend of fun competitions. Keep an eye on our Facebook page for details.

Summer Tennis Camps

We will be running two five-day summer camps this year and new players are very welcome! There are sessions for all levels and ages, from complete beginners to those looking for some matchplay, and all sessions will be delivered by fully qualified LTA accredited coaches. All equipment is provided and there are prizes for all participants! Single sessions and sibling discounts available.

The camps will run weeks commencing 24 July and 7 August at the time listed below.

9.30-11am Red Ball (5-7 yrs) Introducing the basics of the game on the mini courts with fun games and a little bit of friendly competition.

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11am-1pm Orange/Green Ball (8-10 yrs) Introducing the basics of the game over the bigger court through fun games with a little bit of friendly competition. There will also be lots of matchplay for more experienced players.

1-3pm Yellow Ball (11+ yrs) Full sized court with lots of games for new players and matchplay for our more experienced players.

Age ranges are for guidance only. If you are unsure which session to book your player into, please get in touch. If any sessions are cancelled due to weather refunds will be given. Spaces are very limited so please book as soon as possible by using this link and scrolling down to select your camp:-

<https://clubspark.lta.org.uk/SiobhanMacLeodCoaching/Coaching/Camps>

If you have any questions, please just get in touch with Siobhan MacLeod, LTA Accredited Coach on 07443223408, by email at kinrosstenniscoaching@gmail.com or via Facebook (@[kinrosstennisclub](https://www.facebook.com/kinrosstennisclub)).

If you have any questions you can contact our tennis coach, Siobhan, by texting 07443223408 or by email at kinrosstenniscoaching@gmail.com.

Kinross Volleyball

It has been a busy spell for local volleyballers with the Kinross Club entering two teams in Perth's Scottish Open Volleyball Tournament which took place over the last weekend of May on sunny Perth's North Inch. It was a worthwhile exercise giving the men's team and the junior mixed team valuable playing experience against teams from around the UK.

The club has moved the free Sunday afternoon 'Pop up and Play' grass volleyball sessions on the campus grass to Monday evenings at 7-8.30pm from June to August. Sessions move back indoors from September.

Two former club members, Mark Cathro and Connor Boyle, were selected to play for the Scotland men's team in mid-June as part of the small countries division finals which were held at the Oriam in Edinburgh. Both Mark and Connor started playing volleyball in Kinross at the age of 12 with Mark now playing for top Scottish side City of Edinburgh and Connor playing his volleyball in Finland.

Club coaches have been involved in an after-school primary transition programme at Kinross High School on Wednesdays



Men's team photo at the Scottish Open.

with a number of local Primary 7 pupils enjoying the sport for the first time.

Adult club members are looking forward to competing in the annual De Haan volleyball tournament in mid-August before the indoor coaching sessions resume at the campus in September.

KINROSS LADIES CURLING CLUB



Interested in playing curling (whether new or experienced)? Kinross Ladies Curling Club will give you a warm welcome.

Kinross Curling Rink

Regular Monday evening games
from September to April





For further information
please contact the club secretary at
kinrossLadiesCurling@gmail.com

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LOCAL VOLUNTEER OPPORTUNITIES

Fossoway and District Community Council

We seek to co-opt one or two members to the council. We are looking for individuals who would be willing to take on some admin tasks. Please phone Trudy on 07584 127906

The Fossoway Gathering

We would welcome volunteers who can help out on the day, 2 September 2023. Assistance with parking, selling raffle tickets, helping to take down the stalls and marquees: all help is welcome. Get in touch on fossowaygathering@gmail.com

The Potager Garden

A small community garden in Bowton Road Kinross. Contact Amanda James on 07963 476803, or amandajames1577@gmail.com

Broke not Broken

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty. Contact admin@brokennotbroken.org.

Greyhound Rescue Fife

Greyhound Rescue Fife at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. 01592 890583. www.greyhoundrescuefife.com

KLEO

(Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! Contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven

RSPB Scotland Loch Leven: We need volunteer fundraisers to help with pin badge boxes and bucket collections. Please get in touch on communityfundraisingScotland@rspb.org.uk.

Kinross (Marshall) Museum

The Museum Trust is looking for volunteers. If you would like to know more contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk

Swansacre Playgroup

A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start

Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights. Please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, billywhizkid78@gmail.com.

Common Grounds

A Charity Cafe staffed by volunteers on Tuesday and Saturday mornings from 10am-12.30pm in the Guide Hall, Church Street, Milnathort. Contact: Gaylor Hopkins 01337 860535 or Elaine Matthew 01592 840266.

Seamab

Seamab is a residential school that cares for some of the most vulnerable children in Scotland. For more information contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

SSAFA

The Armed Forces charity is always on the look out for new volunteers in a variety of roles: client case working (free training is provided), admin office roles, fundraising or PR/media work. Contact the Branch Secretary 07594 650900.

Kinross-shire Day Centre

We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). Pop in and speak to Nan or telephone 01577 863869.

Milnathort Town Hall Committee

We are looking for volunteers. For more information please contact us at milnathorttownhall1@gmail.com.

Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. Visit www.aberlour.org.uk/volunteer, or contact Shonagh on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKS

SPARKs allows adults of all ages who have support needs or disabilities to meet together with their carers. For more information call 01577 867216/867218 or 07769 243282/07896 280843.

Scotland's Gardens

Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900.

Duke of Edinburgh

The Kinross-shire Duke of Edinburgh Open Group has a wide range of adult volunteering opportunities available. Contact us at dofekinrossshire@gmail.com

Interested in Guiding?

Volunteer with Girl Guiding and help make a difference to the lives of girls. If you would like to volunteer call Alison on 07764 750212

Friends of CHAS Kinross

Do you enjoy meeting people? Making a difference? Planning fun and creative events? Then please think about Friends of CHAS – Kinross. They'd love for you to join them. If you'd like to learn more please contact community fundraiser Lyndsay Stobie at: lyndsaystobie@chas.org.uk or 07557 370746.

Kinross-shire Volunteer Group & Rural Outreach Scheme

Could you become a volunteer driver for Kinross-shire Volunteer Group & Rural Outreach Scheme? We deliver a vital service to help the elderly and disabled attend appointments. Contact David Aird 01577 830370 email: d.aird@outlook.com

Guide Dogs Kinross

We are looking for a volunteer coordinator to take over to help run our small fundraising group and fundraising volunteers. You will be made very welcome. Email she61@hotmail.co.uk

1st Kinross Cubs

1st Kinross Cubs is a part of the 1st Kinross Scout Group and offers the young children of Kinross-shire the opportunity to gain new skills and experiences under the guidance of the Scout Association. We have several volunteering roles available. Contact Daryl on 01577830346 or email kinrossbeavers@hotmail.co.uk

Kinross in Bloom

Volunteer group which provides and maintains floral displays to enhance the environment in Kinross. If you are interested in volunteering, please contact susan.mitchell50@gmail.com.

RSPB Scotland Loch Leven

Volunteer with the Education Team at RSPB Scotland's Loch Leven nature reserve! For more information, contact the Learning Officer on 01577 862355 or email lochleven@rspb.org.uk.

ORGANISATIONS: To add an appeal, email the Editor. Please let us know if you no longer need your appeal to be listed.

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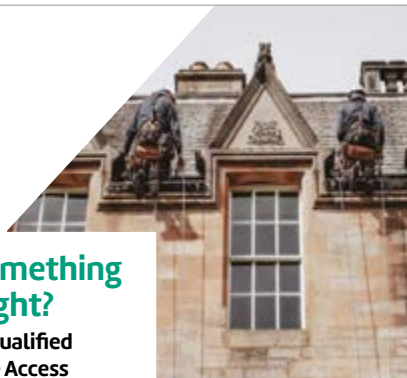
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NatureScot Loch Leven NNR



Buzzing With Activity

JULY IS ONE OF the busiest months on the reserve for visitors, and you can see why. The reserve comes alive at this time of year, and the weather is just pleasant enough to enjoy a walk or cycle around the reserve.

The first thing that springs to mind when I think of July is the insect life. This time of year is when Ringlets and Meadow Brown butterflies are seemingly everywhere, especially in our meadows. They can also be joined by the Common Blue butterfly, showing off its bright blue upperwing. There’s something about seeing blue in nature that is so magical. And speaking of blue insects, our Azure and Common Blue damselflies are also plentiful by our ponds, and can be joined by various Dragonflies as the season progresses.

Of course it’s not just the more obvious and brightly coloured insects that are about at this time of year. Many species of moth, beetle, fly and bee are buzzing about too. These insects are crucial to the food web as they provide a great food source for a variety of wildlife. This includes swallows and swifts which can be abundant at this time of year – keep your eyes to the skies and you’re bound to witness (or hear!) them over the reserve.

July is also a good month to see osprey – a magnificent bird of prey that we are lucky enough to see here in the summer. As we head into late summer, we can see multiple Osprey fishing on the loch, feeding up before they head back to Africa.

There are also more duck broods on the loch at this time of year and some are getting almost indistinguishable from their parents. However, tufted duck ducklings are just emerging now, and mute swan cygnets can still be seen around the loch (and are getting quite big now)!

As well as insect and bird life, the plant life is equally as good in July. National Meadows Day is celebrated at the start of July every year and this is a great time to get out and appreciate all the flowering plants that make meadows so important. We conduct our annual count of Lesser-Butterfly Orchids this month too, and after a slightly lower count last year we’re hopeful that our management will mean a better count this year!

We will be holding another Botany Walk at Burleigh on 4 July so

if that interests you then email LochLeven_NNR@nature.scot to book a place. Keep an eye on our social media channels (Facebook and Instagram and the blog) for other upcoming events, open days, and pop-ups as we will be holding them throughout the summer!

Lastly, as I mentioned before, July is a busy month for visitors so please make sure you read up on all guidance before heading out on the water or when camping so that we can keep this place special for wildlife!

Thank you!

Julie McDonald

Loch Leven National Nature Reserve Seasonal Officer

Weather



Recent Weather Reports From Kinross

May 2023

Total Rainfall	15.8mm/0.63in	
Heaviest Fall	6.3mm/0.24in	<i>(8 May)</i>
Total Sunshine	159.7 hrs	
Sunniest Day	10.8 hrs	<i>(30 May)</i>
Max Temp Average	16.25°C	
Highest Temp	22.4°C	<i>(30 May)</i>
Min Temp Average	3.98°C	
Lowest Temp	1.6°C	<i>(27 May)</i>

New Life On The Wing

AS WE MOVE INTO the summer months, it's hard to believe that we seem to be having a summer here in Scotland... with actual sunshine! This month, the reserve has been full of new life with baby lapwings, snipe and black headed gulls on the wetland and goldfinch, blue tits, and great tit young in the woodland and in the wildflower meadow. We have also had regular sightings of Marsh Harrier and Great Crested Grebe. We are very excited to be able to watch our swallows busy feeding their chicks up close on the TV in our visitors centre with the footage coming in from our new wildlife cameras. Out with our bird life, our wildflower meadow is now in full bloom, and we are looking forward to being able to open that to the public from July so our visitors can experience the gorgeous bursts of colour from our flora and fauna including species such as the small copper butterflies and Hares which have been spotted around the area.

Our volunteers have been busy this month helping us manage the vegetation growth around the Visitors Centre and pathways as well as planting some of the new wildflowers they have been growing throughout spring. They have also been rejuvenating our dipping ponds by pumping some water back into them to increase the water levels for the beasties living under the surface and supporting us with our predation watches and fence checks to ensure the young chicks on the reserve are as safe as they can be.

In the world of events, we have a busy summer fast approaching with a range of different events and activities for all the family! In addition to our Optics Weekend on the first weekend of July, we have a variety of new events filling our programme including Woodland Warriors on each Wednesday throughout July until the 2 August, Meadow Meanders on the 25 July and Discovering Pond and Discovering Minibeasts sessions throughout the holidays too. Daniel, our Visitor Experience Assistant in the team, will also be running some more Connecting to Loch Leven events on the 1 and 29 July which you can watch more about at <https://tinyurl.com/C2LLV>.



For more information about all our events, check out www.events.rspb.org.uk/lochleven.

Finally, we have a range of volunteering opportunities currently at the reserve including roles in both our Catering and Retail team, as well as opportunities in our Visitor Experience team as either a Reserve Guide, Visitors Centre, or Wild Challenge Ambassador volunteer. If you would like some more information about these roles, why not get in touch with the team at lochleven@rspb.org.uk. For more regular updates follow us on Facebook @RSPBTaysideFife.

Freya Playford

Photo: Great Crested Grebe by Darran Dixon

Loch Leven Castle

Castle Island, Kinross

Tel 07836 313769



LOCATED ON AN ISLAND in beautiful Loch Leven, this is one of Scotland's oldest castles, probably built in the early 1300s.

Mary, Queen of Scots spent a traumatic year in captivity here, when she miscarried twins and was forced to abdicate. She dramatically escaped in 1568.

The property is reached by boat, operated by Historic Scotland and departing from the fishery pier (Pier Road, KY13 8UF).

Due to limited capacity, it is recommended that all visits are booked online at www.historicenvironment.scot/lochleven-castle.

OPENING TIMES

17 May – 30 Sept: Daily, 10am – 5.30pm (last outward sailing 4.15pm)

1 to 31 Oct: Daily, 10am – 4.30pm (last outward sailing 3.30pm)

PRICES

Adult (16-64yrs)	£10.00
Concession (65yrs+ and unemployed)	£8.00
Child (7-15yrs)	£6.00
Family (1 adult, 2 children)	£20.00
Family (2 adults, 2 children)	£29.00
Family (2 adults, 3 children)	£34.00

Historic Scotland members travel free.

The Pier. Pic: Hannah Phillips



Farming



Not Much Fun In The Sun For Some

OLE, OLE, OLE, OLE... The Eighties song by The Merrymen has been going round in my head for days now as every morning when I check the ewes and lambs I say to them you 'party people' you must be 'feelin hot, hot, hot'.

This warm spell has been lovely but is challenging for stock, particularly the ewes who have a full fleece at the moment and who do feel the heat, so it will be a welcome relief when the shearers remove it during the first week of July.

In the high field, I've got 79 ewes with 126 lambs, during the heat of the day, I notice hardly anyone is out grazing, instead every one of them crowd under the shade of two old trees taking refuge from the sun. There are a few other trees in the field and a sheltered area at the side of a small coniferous wood but the shade of the old oak and beech must be far superior. The trees are over 40 ft high so I'm guessing could be 100 years old, their branches spread out wide and the leafage is dark and dense, the shade they offer to the ewes and lambs is a welcome gift during the sweltering days of the last few weeks.

In another field down the hill, there is no such luxury of a beech tree. In this field the hawthorn hedge, that has been allowed to grow a bit taller to provide shelter for the birds in winter, is the only shade available and I imagine it's a race for this spot as the sun comes up - the sheep equivalent of getting the best sun lounger and parasol at the pool on holiday.

On top of contending with the hot weather, the ewes in this field only had their lambs in May so are in full milk production and consequently very thirsty. In this field there are 65 ewes and 113 lambs but with no piped water or trough we transport water in a tank to them and fill the containers up regularly. During the hot spell we are delivering over 1000 litres a day to this group to keep them topped up with enough fluids to get through the day.

The heat makes both ewes and lambs very lethargic, they keep

their energy for moving to the water trough and graze during the later cooler part of the day. I wonder if it will have an impact on growth rates, or if the forecasted rain will come at just the right time to provide relief, rehydrate everything and get the grass growing again?

My daily checks are mainly focused on looking for couped ewes or fly strike and fortunately I've not found too much of either, just one ewe who had an attack of maggots but since it was caught early and treated she has made an excellent recovery, however, with no wool on that area we did apply a bit of sun cream to moisturise the skin and keep it protected.

It's not all fun in the sun for the sheep or the shepherd but with the ewes and lambs looking well and the long lambing having come to an end, maybe it's time to party and in the words of The Merrymen to get our 'Hands in the air for some celebration time'.

Fiona

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Gardening

Keep Watering!

WOW, SO FAR SUMMER'S been a bit of a scorcher, eh? It's lovely to see the sun for so long but it does increase the need to keep everything watered somewhat. I have three water butts. They're all empty. And at the time of writing this, I think it's rained exactly once in the last several weeks. Every silver lining has a cloud and all that!

The biggest task for this month, dare I say it, is watering, however you can. I'm usually a huge fan of my many, many patio pots, but this year I'm giving them a good water every two or three days to make sure they're getting the best start possible. I'm also feeding every week or so with liquid feed.

As your bedding plants grow and mature, it's important to dead head them regularly so that you get continuous flowers throughout the summer. You're not wanting your plants to divert their energy into producing seed heads just yet, so a once or twice a week session as you're watering will suffice.

As if there's not enough going on, June/July is the best time to sow your biennial seeds (grow this year to flower next year). Biennials fill the gap between when the spring plants die off and the summer ones start to flower, so well worth doing. My favourites are foxgloves, hesperis, lunaria and sweet williams. They're all dead easy to germinate and grow and hesperis and lunaria self-seed like crazy so you probably only have to grow them once to get years and years of colour. Sow and grow in exactly the same way as with annuals... seed tray, germinate, prick out and grow on.

If you can get a cutting or if you can find



Foxglove

them on offer, early summer flowering clematis are also a good bridge between spring summer flowering plants. I'm quite chuffed this year, the clematis below has flowered for the first time since I planted it four years ago, I thought it was dead!

There's one good thing about this hot weather – there aren't any slugs! I've seen whole regiments of snails – usually after the sun goes down, traipsing steadily over my hostas – but very few slugs.

In case anyone's wondering, the planting of my hundreds of bedding plants went really well, and I even enjoyed it. Everything's growing on nicely and there's just a few odd plants that I'm trying to find homes for. I'll take some pictures when things start to look good and there's lots of colour. I even planted up the front border with the promised grasses and lavenders. The only downside to the planting was that I

was doing it during the really hot spell at the start of June... lots of breaks to survey my handiwork were had!

This next month I will be mostly concentrating on watering and feeding and feeding and making sure my annuals continue to flourish. This will include the dreaded weeding to make sure no nasties are in there strangling my plants. I'll also be sowing some biennials – my four-year-old sweet williams are on their last legs, so I'll definitely be growing more of those. Spring bulbs will also be being thought about, I'm thinking some purple and white tulips would look nice in some pots.

That's it for this month folks. Have fun in the garden and pray for some rain... during the night with lovely sunshine during the day would be good!

Teresa Stirling



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Scottish Charity SC004968

64 High Street
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KY13 8AJ

Weekly Programme For July 2023

PLEASE NOTE: CENTRE CLOSED MON 17, DUE TO WORK BEING DONE

Monday	Hearing Aid Drop-In Clinic (3 July ONLY)	10am-12pm
	Barge Trip (pre-booked – 3 July ONLY)	10am-4pm
	Exercise Class	11.30am
	Games: Indoor curling, quizzes, Scrabble, dominoes	1.30pm
	'Stride for Life' Walking Group	2.00pm
Tuesday	Vision PK (4 & 18 July ONLY)	10-11.45am
	Exercise Class	11.30am
	Singing Group (11 July ONLY)	1.30pm
	Games: quizzes, Scrabble, dominoes	1.30pm
Wednesday	Day Trip (5 July ONLY)	10am-3.30pm
	Church Service	11.15am
	Reminiscence Group Garden Room	SUMMER BREAK
	Games: quizzes, Scrabble, dominoes	1.30pm
	Craft Group	1.30pm
Thursday	Chiropody Service (20 July ONLY)	10am-1pm
	Interactive Games	11.30am
	Games: Indoor curling, quizzes, Scrabble	1.15pm
	Art Group	1.30pm
	Exercise Class with Kenny from Live Active	2.00pm
Friday	Football Memories	SUMMER BREAK
	Exercise Group	11.30am
	Bingo	1.30pm
	Board Games	1.30pm



Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers

All activities subject to change.

PLEASE NOTE: CENTRE CLOSED MON 17, DUE TO WORK BEING DONE

KINROSS CENTRE

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Kinross-shire Churches Together



Kinross Parish Church

Church of Scotland (Charity no SC012555)

*Following Christ | Spreading the Word |
Serving the Community*

10 Station Road, Kinross KY13 8TG

Website: www.kinrossparishchurch.org

Facebook: Kinross Parish Church of Scotland

YouTube: Kinross Parish Worship

Instagram: kpcscotland

E-mail: office@kinrossparishchurch.org

Office Tel: (01577) 862570

The Church Office is open 10am-12noon, Mon & Fri. Otherwise operating remotely. Leave phone message or email.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Assistant Minister: Rev Austin Wicks

Ordained Local Minister: Rev Margaret Michie

Session Clerk: Jaffrey Weir

Contact the Church Office for our weekly email of events and Zoom details.

All events below are in the church unless otherwise indicated:

Most of our regular events have paused during July

Sundays

10.30am: Morning Service, gathering song about 10.25. Within the church there is a corner for parents with babies and toddlers or they can use the Upper Room and follow the service from there.

No Choir Practice in July - restart 13 August

Refreshments and Fairtrade Stall after the service most weeks.

Sunday Morning Services are also available live on YouTube and Facebook. Thereafter available to view on YouTube, Facebook and the church's website. Listen by phone on 01577 528270, or request a CD.

6pm: Sunday Evening Prayer, on Zoom

Tuesdays

10-11.30am: No Stepping Stones in July. Restarts 22 August

Wednesdays

11.15am Midweek Service, at the church centre.

1.30pm: Craft Group

OTHER SERVICES AND EVENTS:

July

Sun 2 10.30am: Morning Service, followed by informal Communion. No refreshments or Fairtrade stall after the service

Mon 3 8.00am: Silent Meditation

Sun 9 No Let's Sing in July: Next Let's Sing on 13 August

Sat 15 No All Friends Together in July. Next meeting 19 August

Sun 16 Afternoon - Social Walk: – see weekly email or website for details

Thur 20 9pm: Evening service of Compline

Sat 29 Deadline To Register For Family Week to guarantee a place (see below)

Sun 30 10.30am: Morning Service, to launch Family Week

FAMILY WEEK

Mon 31 July – Fri 4 August: Family Week – 'Big Top' Holiday Club. Registration now open – see website or contact church office. All age groups meet at Kinross Parish Church at 9.45am. Finishing at 12 noon.

Additional Family Week Events (meet at Kinross Parish Church):

Mon 31 2.30pm: Family Treasure Hunt

AUGUST

Tue 1 2.45pm: Seniors - Ice Skating



Wed 2 2pm: Family Film Afternoon

6.30pm: Seniors & P7 Film Evening

Thu 3 2pm: Seniors Circus Skills Workshop

4pm: P6/7 trip to Hollywood Bowl

Fri 4 6pm: Closing Celebration in church, with barbecue from 6.45pm

Fossoway, St Serf's & Devonside Church

Church of Scotland

(Charity number SC013157)

Church Road, Crook of Devon,

Kinross-shire, KY13 0UY

www.cleishandfossowaychurches.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassic soul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about 6 miles from Kinross. Come and join us, we would love to meet you.

Updates and changes to the dates below can be found on our church website <https://cleishandfossowaychurches.org.uk>



JULY

2 July

9.45am Sunday Morning Worship

Refreshments and Fairtrade available after the service

9 July

9.45am Sunday Morning Worship

16 July

9.45am Sunday Morning Worship

23 July

9.45am Sunday Morning Worship

30 July

9.45am Sunday Morning Worship

REFRESH THURSDAY

Refresh will be having a wee break over the summer months.

We won't be open in July & August but we will be back on 7 Sept.

FILM NIGHT

Fri 2 July 7.30pm in the Church Hall

Harriet (15)

At 7.30pm on Fri 7th July we will be showing:

I Wanna Dance With Somebody (PG-13)

This is a joyous, emotional and heartbreaking celebration of the life and music of Whitney Houston, tracking her journey from obscurity to musical super stardom.

Please join us for the film, some refreshments and a blether, all are welcome

FOSSOWAY BABIES AND TODDLERS

The group meets every **Friday 9.30-11.30am**, in Fossoway Church Hall. Join us for snacks, play and blether.

FOSSOWAY CREATIVE CRAFTS GROUP

Meets on **Monday evenings from 6.30pm** in the Church Hall.

Please bring your own craft and join us.

FOSSOWAY HOUSE GROUP

Our House Group usually meets every **Thurs evening at 7.30pm**. However, we will be having a break over the summer months and will be starting again in Sept.

For more details please contact Debbie Hill 01577 842268.

All are welcome at any of our meetings and services.

If you would like any more information please contact the
Rev Lis Stenhouse 01577 842128.

HALL BOOKINGS

If you wish to book our hall or meeting rooms,
please contact Mrs E Black 01259 742046

**Orwell and Portmoak
Parish Church
Church of Scotland**

(Charity number SC015523)

Interim Moderator – Rev Alan Reid

Telephone 01577 862952 Email: areid@churchofscotland.org.uk

Locum – Rev Dr Robert Calvert

Sunday Worship, and Junior Church: All children welcome.

10.00am Portmoak Church

11.30am Orwell Church

Joint family services are different in July with one in each church on the first 2 Sundays, as shown below.

Messy Church will not meet in July.

Dates For Your Diary

2 July Joint Family Service in Orwell Church at 10:30am
No morning service at Portmoak Church.

6 July Ashley House Service at 2pm

9 July Joint Family Service in Orwell Church at 10:30am
No morning service at Portmoak Church.

The Church Office and Shop is open 10-12pm, Mon-Fri.

Office email: orwellandportmoakchurch@gmail.com

Website: orwellportmoakchurch.org.uk



**Cleish Parish Church
Church of Scotland**

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Christine Maclure

Email: maclure19@gmail.com Tel: 01577 864826

Updates and changes to the dates below can be found on our church website : www.cleishandfossowaychurches.org.uk

We are very pleased to announce that our church building is open and we look forward to welcoming you to worship with us in Cleish Church.

2 July

11.15am Morning Worship. Traidcraft Stall

9 July

11.15am Morning Worship

16 July

11.15am Morning Worship

23 July

11.15am Morning Worship

30 July

11.15am Morning Worship

Our next Congregational Lunch will be held on Sunday, 6 August, after morning worship. Refreshments are served every Sunday after worship in the Young Room



**St Paul's Scottish
Episcopal Church
(Part of the Worldwide
Anglican Communion)**

Muirs, Kinross, KY13 8AY

Fr David Mackenzie Mills, Rector.

Tel: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

Our Sunday morning services begin at 10am, unless otherwise advertised. These are usually Sung Eucharists (worship with Communion). Our church bell rings from 9.45am.

We will provide regular updates on the website concerning our schedule of worship. Please do refer to it regularly.

Although we don't insist that people wear face coverings, you are very welcome to do so if that helps you feel safer in public spaces. We look forward to seeing you in person or online!

Our Meeting Room is available for hire at competitive rates.

Our services are also broadcast from the church building as livestreams via Zoom (please email us to be sent weekly links). The Liturgy outline can be followed on the website via the seasonal Sung Eucharist e-booklets and the weekly pewsheets.



Events and Services in July

Sun 2 Pentecost 6 (Proper 13)

10am: Sung Eucharist

Sun 9 Pentecost 7 (Proper 14)

10am: Sung Eucharist

Sun 16 Pentecost 8 (Proper 15)

10am: Sung Eucharist

Wed 19

10am: Midweek Meditative Holy Communion

Sun 23 Pentecost 9 (Proper 16)

10am: Sung Eucharist

Wed 26

10am: Midweek Meditative Holy Communion

Sun 30 Pentecost 9 (Proper 16)

10am: Sung Eucharist

Loch Leven Church

(Charity No: SC049050)

info@lochlevenchurch.com



Loch Leven Church meets at Loch Leven

Community Campus, at 10:30am each Sunday.

Our sermon series from July to August is 'Summer Care' and we'll be hosting the following services and events in July:

2 July: **Caring For Each Other** (10.30am Loch Leven Community Campus)
Richard Gibb (LLC) & Rob Packham (KYTHE)

9 July: **Picnic @ Kirkgate Park** (12pm)

16 July: **Caring For Our Health** (10.30am Loch Leven Community Campus)
Dr Alison Dunn (LLC) & Annie McCormack (Broke not Broken)

23 July: **Walk @ Falkland Estate** (10:30am)

30 July: **Communion Sunday** (10.30am Loch Leven Community Campus)
Robin Kent (LLC)

Everyone, of all ages, is very welcome to join any of these. To know more about us, please visit our Facebook page 'We Love Loch Leven', our website www.lochlevenchurch.com, or email us at info@lochlevenchurch.com

Kinross Christian Fellowship

Jesus answered, 'I am the way, the truth and the life.'

Sunday mornings we come together at the Millbridge Hall, Old Causeway, Kinross.



**DISCOVER LOCH LEVEN
ON FACEBOOK**

To discover the myriad things to see and do in Kinross and the surrounding area, see **Visit Loch Leven**

Church Information

Refreshments and a blether from 10am; pre-service prayer time at 10.15am with the service starting at 10.30am-ish.

As the Holy Spirit leads us, our service includes the reading of the Word, prayer, ministry, communion, praise and worship, and Bible-based preaching/teaching.

Everyone is welcome, all ages, so please come and taste and see that the LORD is good.

Alternatively you can join us interactively via Zoom:

Meeting ID: 895 3312 2460

Passcode: 461728.

We also have Bible Studies in small groups through the week; Mondays online via Zoom and Tuesdays in person.

Kinross Gospel Hall

8 Montgomery Street, Kinross
www.kinrossgospelhall.info Tel 07818 050785

Gospel Meeting Sundays 4pm. **Friends & Neighbours Teas** 1st & 3rd Sundays of the month. **Toddlers' Group** Thurs 9.30-11am; **Explorers** (Primary School) 6-7pm (both groups term time only). We look forward to seeing old friends and welcoming new ones. Everyone welcome.

The Newsletter on Facebook

We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter



Remembering IRENE ALLAN

The family of **Mrs Irene Allan** of Moss Grove, Kinross, who died in February, would like to invite her friends, colleagues and neighbours to join us in a celebration of her life. This will take place on 29 July on what would have been her 100th birthday. She lived for nearly 60 years in her house, before moving in May 2022 to Balhousie Ruthven Towers Care Home in Auchterarder.



She passed away there in February 2023 with her daughter Ivory at her side.

Our mother had an outstanding career as one of the first women to qualify as an architect in Scotland. She was a staunch Quaker and a committed campaigner who believed in action to bring change, particularly in the area of animal welfare.

Our get-together will take place in the Kirklands Hotel, Kinross, from 2pm to 4pm. Afternoon tea, vegan and vegetarian, will be provided. All are welcome, but please let us know by 17th July on fta4472@outlook.com or 0777 954 0244 if you would like to come. We look forward to an informal and relaxed occasion, with the family sharing recollections of our mother, and we hope that guests will join in with their own memories. Dress should not be sombre – come casual and colourful.

We (Frank, Matthew, Ivory and John) look forward to welcoming you.

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CAR BOOT SALE
1ST JULY
Kinross Loch Leven Health Centre Car Park
11am - 2pm



Scan here for Information or visit www.kythe.org.uk/news



For further information, or if you want to be involved, please ring 07933 387562

The Café where everything is FREE!

Fridays: 11.30am—1.30pm
@ Millbridge Hall, Kinross

- Soup
- Snacks
- Hot and cold drinks
- Home-cooked lunches
- Meals to take away

Come relax, sit down and enjoy our table service

The Talking Donkey is a Christian venture so there will always be people on hand to offer **Prayer for any need**

Girlguiding is the UK's leading charity for girls and young women. Join our team of 100,000 volunteers in the UK.

Volunteer with us

Inspire girls in your area by just being you!

- You could volunteer with Brownies, age 7+
- You could volunteer with Guides, age 10+
- You could volunteer with Rangers, age 14+
- You could volunteer with Air Cadets, age 16+

Our events, adventures and meetings empower girls to be their best and become confident.

Guiding is totally flexible. Every commitment counts, there is no level of commitment too small. You have the power to change the lives of girls and young women. You don't need any Guiding experience.

facebook.com/girlguidinguk
@Girlguiding
0800 169 5901

Your local Girlguiding contact is.. **Alison 07764750212**

To find out more visit www.girlguiding.org.uk/interested


Conversation Café

Every Tuesday 1pm-3pm
Milnathort Guides Hall,
Church Street, Kinross
KY13 9XH

Feeling a little isolated or a wee bit down?
On a recovery journey?
Drop in and join us for a cuppa and supportive chat.

For more information contact:-
Shona Fowler on 07896 280843 or shona.fowler@nhs.scot
Lauren McDonald on 07584 640005 or lmcdonald@hillcrestfutures.org.uk
Sarah McNaughton on 07385 491871 or smcnaughton@hillcrestfutures.org.uk

Supported by 'Broke not Broken', a local charity tackling the effects of poverty.



MOBILE LIBRARY 5, 19 July

(Fortnightly, Wednesdays)

Kinnesswood (Opposite Shop)	09.30 – 10:00
Portmoak Hall	10:05 – 10:20
Scotlandwell (Leslie Road)	10:25 – 10:50
Levenmouth Farm	11:00 – 11:20
Hatchbank Rd (Gairneybank, Kinross)	11:40 – 12:00
Powmill (Mill Gardens)	13:20 – 13:40
Crook of Devon (Village Inn)	13:45 – 14:45
Carnbo (Pitcairnie Lane)	15:00 – 15:30
Whyte Court (Kinross)	15:45 – 16:15

Contact us by phone on 01577 867205
or by email at lochlevenlibrary@culturepk.org.uk.

Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Advice line: **01738 450580**

Appointment line: **01738 450581**

Clients can access advice in the following ways:

- **By calling us** on 01738 450580 between 10am and 3pm any weekday. If the query is quick for us to deal with, we will do so and if it requires more time or research then we will arrange for an adviser to get back to them either via e-mail or with a telephone appointment.
- **Webchat** from our Perth CAB website www.perthcab.org.uk/ this is available from 10am each weekday, currently until 1pm but we hope to expand these hours soon
- **Via e-mail** to advice@perthcab.org.uk



Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (Senior Debt Adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

GRANTS FOR GOOD CAUSES

Kinross Community Council
Newsletter Limited (KCCNL),
Charity No. SC040913



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinrosscommunitycouncil.com website. Applications may be downloaded at www.kinrosscommunitycouncil.com/contact-us

Perth & Kinross School Term Dates 2023

In-Service Day: Mon 14 & Tues 15 August 2023

Term Starts: Wed 16 Aug 2023

Term Ends: Fri 6 Oct 2023

Autumn Holiday: Mon 9 – Fri 20 Oct 2023

100th BIRTHDAY AND DIAMOND WEDDING ANNIVERSARIES

Do you know a Perth & Kinross resident who is **celebrating their 100th or 105th+ birthday?**
Do you know a Perth & Kinross couple **celebrating their 60th, 65th or 70th wedding anniversary?**

PKC can arrange delivery of flowers or for a local councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

GRANTS AND FUNDING WEBSITES

www.pkgrantsdirect.com
www.foundationscotland.org.uk

Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live,



by making grants to a wide range of local charities, organisations and projects which make a positive difference to the community.

To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

STEPPING STONES

On holiday until Tuesday 22 August

Then weekly in
Kinross Parish Church
10-11.30am.

Stepping Stones is
for parents, carers,
babies and toddlers.

ALL WELCOME



Classified Ads

Middleton Mobility Scooter £800
Colt deluxe model. 1 year old. Black with leather seats and front basket. Can be used on either pavement or road. Speed up to 6mph. 28 stone maximum weight. Price negotiable for quick sale.

Combined Bosch Washing Machine/Tumble Dryer £100
Nearly new. Black.

Grey Leather/Chrome High Bar Stools each £20
Three available.

Round Stone Garden Table £30
Medium size. Black/grey.

**Contact details for above 4 items:
Karen 07710 634835**

Love Seat With Matching Footstool £65
Antigua range from Marks and Spencer. Quality conservatory furniture.

Ikea Storage Box £10
Wooden storage box with lid. 47cm cube, lid is 50cm square. Could be used as a toy box or coffee table.

**Seller details for above 2 items:
07794941011**

BROKE NOT BROKEN SCHOOL UNIFORM BANK

APPLY HERE

<https://forms.gle/Z85UnmUQ1qaD2YFE7>

WANT TO DONATE SCHOOL UNIFORM?

We will accept donations on **Monday 3 July** at The Colts Pavilion in Donaldson Park.

We are also going to be running summer trips over the holidays to different locations.

Please email admin@brokennotbroken.org, or call us on 07518 913107 if you feel you might need some support.

LET'S SING

NO MEETING IN JULY
Returns Sunday 13 August



Usual time 2.30-4pm in Kinross Parish Church.

Please come along to an afternoon of singing and a cuppa.

Everyone is welcome, including anyone who has dementia and their carers.

NEWSLETTER DEADLINES

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* Facebook Page for the latest information.

Issue	Deadline	Publication Date
August	Friday 14 July	Saturday 29 July
September	Friday 18 August	Saturday 2 September

DOLLAR MUSEUM STRAWBERRY TEA

This very enjoyable event is on Wed 19 July, 2.30-4.30 in the Burnside Hall.



There will be a raffle, stalls with home baking and Museum merchandise.

Entry is £5 and can be paid at the door.

KINROSS GARDEN GROUP

2022/23 Season

SUMMER GARDEN VISIT

Dunninald Castle and Gardens, Montrose

Thursday 13 July

Coach departs Thistle Hotel 10am

Cost £28

COMMUNITY RAINGARDENS PROJECTS

WE HAVE OPPORTUNITIES for participation in the community raingardens projects. Many options available, from watering newly planted/sown wildflowers to litter picking, to interpretative signs and planning new projects.

Plenty of scope for as little or as much involvement as you may wish.

Contact: kinrossshirecivictrustsecy@gmail.com

**MOBILE POST VAN AT
BUCHAN AVENUE,
KINNESSWOOD**

**MONDAYS 13.45 till 14.45
WEDNESDAYS 12.45 till 13.45**

Homes For Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



**KINROSS DELIVERY OFFICE
ROYAL MAIL**

**87 High St, Kinross KY13 8AR
PLEASE NOTE HOLIDAY OPENING TIMES
MAY BE DIFFERENT**

MONDAY	8-10am
TUESDAY	8-10am
WEDNESDAY	8-10am
THURSDAY	8-10am
FRIDAY	8-10am
SATURDAY	8am-12pm
SUNDAY	CLOSED

Baby & Toddler Groups

Monday

Milnathort Babies and Toddlers
Orwell Church Hall 9.30 -11am

Tuesday

Portmoak Babies and Toddlers
Portmoak Church Hall
9.45-11.30am

Stepping Stones

Kinross Parish Church 10-11.30am

Wednesday

Breast Buddies
Health Centre 10-12pm

Glenfarg Babies and Toddlers
Village Hall 9.30am

Muckhart Babies and Toddlers
Church Hall 9.30-11am

Thursday

Montgomery Toddlers
Kinross Gospel Hall 9.30 -11am

Friday

Loch Leven Babies and Toddlers
Masonic Hall, Kinross 9.30-11.30am

Portmoak Babies and Toddlers
Portmoak Church Hall 9.45-11.30am

Fossoway Babies and Toddlers
Crook of Devon
Church Hall
9.30-11.30am

*Please let us know
if you have any
info to add to this list.*



EMERGENCY CONTACT NUMBERS

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire, Ambulance & Coastguard Emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm) 01738 475000

Reporting non-emergency Road and Lighting faults (CLARENCE) 0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Community Councils

- Kinross:** Chair: Lynne McKay, 01577 531076
Email: kinrosscommunitycouncil@gmail.com
- Milnathort & Orwell:** Chair: Neill Bingham
Email: communitycouncilmilnathort@gmail.com
- Portmoak:** Email: portmoakcommunitycouncil@pkc.gov.uk
- Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com
- Cleish & Blairadam:** Sec: Patty Fraser, 01577 850253
Email: cleishcommunitycouncil@pkc.gov.uk

Kinross Community Councillors

Bill Freeman	64 Muirs	01577 865045
Lynne McKay (Chair)	5 Springfield Road	01577 531076
Hannah Phillips		07591 228884
Tom Stewart		
Michael Wilson	16 Acremoar Drive, Kinross	01577 861181
Emma Leslie		
Chris Collins		07970 998206

Have a look at our website www.kinrosscommunitycouncil.com

Portmoak Community Councillors

Andy Miller	Chair	E: Chair@portmoak.org
Dave Morris	Vice-Chair	
Ann Davidson	Treasurer	
Sue McGregor	Secretary	E: secretary@portmoak.org
Dave Patterson	Member	
Kenneth Donaldson	Associated Member	

Have a look at our website www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

Clr DAVE CUTHBERT (*Independent*)
Tel: 01738 475110
Email: dcuthbert@pkc.gov.uk
Address: 85 Bowton Road, Kinross, KY13 8EG

Clr NEIL FRESHWATER (*Scottish Conservative & Unionist*)
Tel (office): 01738 475108
Email: nfreshwater@pkc.gov.uk
www.facebook.com/neil4kinrossshire

Clr WILLIE ROBERTSON (*Scottish Liberal Democrats*)
Mobile: 07909 884042
Email: wrobertson@pkc.gov.uk

Clr RICHARD WATTERS (*SNP*)
Mobile: 07557 812513
Email: rwatters@pkc.gov.uk
Address: 2 High Street, Perth

John Nicolson MP

Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000

Email: john.nicolson.mp@parliament.uk

Twitter: <https://twitter.com/mrjohnnicolson>

Facebook: <https://facebook.com/JohnNicolsonSNP>

Instagram: <https://www.instagram.com/johnnicolsonmp>

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Jim Fairlie, MSP

Constituency office: 63 Glasgow Road, Perth, PH2 0PE
Telephone: 01738 620540

Email: Jim.Fairlie.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:
The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769
Email: claire.baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293
Email: murdo.fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993
Email: dean.lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826
Email: alex.rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468
Email: mark.ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762
Email: elizabeth.smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134
Email: alexander.stewart.msp@parliament.scot

KINROSS RECYCLING CENTRE

Bridgend Industrial Estate

Monday to Friday 9am-7pm

(last entry 6.45pm - all vehicles must be off site by 7pm)

Saturday & Sunday 9am - 5pm

(last entry 4.45pm - all vehicles must be off site by 17.00)

THE RECYCLING CENTRE WILL ACCEPT THE FOLLOWING MATERIALS

Bicycles	<i>separately</i>	Rigid Plastic Packaging
Books	Engine Oil	Rubble
Bras	Fluorescent, LED & Long Life Light Bulbs	Scrap Metal
Bulky Goods	Fridges & Freezers	Soil
Cans	Garden Waste	Stone
Car Batteries	Glass	Telephone Directories
Cardboard	Household Batteries	Textiles (Clothes & Shoes)
Cartons and Paper containers with metal ends	Large Domestic Appliances	Timber
Cooking Oil	Non-Recyclable Waste (General Waste)	Car Tyres (maximum two per day, strictly household only)
Electrical & Electronic Equipment (WEEE - remove & recycle batteries)	Paper	

Free compost available (subject to availability).

A maximum of 2 x 25kg bags per day

Diary

July

Sat	1	KYTHE Car Boot Sale (Health Centre Car Park)
Sat/Sun	1/2	Optics Weekend (RSPB)
Thurs	3	Let's Get Making!, library (booking essential)
Fri	4	Botany Walk, Burleigh (NatureScot)
Thurs	6	Friends Group: Coffee and Chat at Millbridge Hall 2pm
Sat	8	Discovery Day, Kirkgate Park 12pm
Sat	8 & 23	Kinross and Ochil Ramblers walks - see club entry
Thurs	10	Dragon Storm Author Event, library (booking essential)
Tues	11	Portmoak CC meets
Thurs	13	Milnathort and Orwell CC meets
Thurs	13	Garden Group visit to Dunninald Castle
Fri	14	Newsletter Deadline for August issue
Fri	21	Friday Book Group, library 10.30am
Tues	25	Kinross CC Meets
Thurs	27	Horrid Henry Crafts, library (booking essential)

August

Tues	1	Fossoway and District CC meets
Sat	5	Fun Day at Kirkgate Park (Stephen Lyon Organisation)
Sat	12	Kinross Show
Thurs	10	Garden Group visit to Geilston Garden (NTS)
Sat	26	Kinross Summer Market at the Market Park 10am-3pm

September

Sat	2	Fossoway Gathering
Sat	9	Comedy Night, Milnathort Town Hall

The Kinross Community Council Newsletter

is available from:

Greens of Kinross	High Street, Kinross	Buchan's Garage	Main Street, Kinnesswood
Baillies	High Street, Kinross	Shop	Main Street, Kinnesswood
Sainsburys	Station Road, Kinross	Fossoway Store	Crook of Devon
Giacopazzis	Lathro, Kinross	Fossoway Garage	Crook of Devon
Keystore More	Green Road, Kinross	Mona's Coffee Shop	Muckhart
Giacopazzis	New Road, Milnathort	Powmill Stores	Powmill
Stewart & Smart	Stirling Road, Milnathort	Loch Leven's Larder	Near Wester Balgedie
Heaven Scent	South Street, Milnathort	Glenfarg Village Shop	Glenfarg